



School Menu Spring - Summer 2018

Week 1

Week commencing
26 Feb, 19 March, 23 April,
14 May, 11 June, 2 July,
23 July



ST JOHN'S
CHURCH OF ENGLAND
ACADEMY



MONDAY

MAIN COURSE

Sunshine pizza with roast new potatoes

Milk Gluten



OR

Cheesy tomato pasta, garlic slice

Milk Egg Gluten, Milk Gluten



DESSERT

Honey cake & custard

Milk Egg Gluten



TUESDAY

MAIN COURSE

Hot dog in a roll with jacket wedges

Soya Milk Egg Gluten



OR

Vegetarian hot dog in a roll with jacket wedges

Soya Milk Egg Gluten



DESSERT

Chocolate & orange cookie & milkshake

Gluten, Milk



WEDNESDAY

MAIN COURSE

Chicken pasta bake & garlic slice

Milk Egg Gluten, Milk Gluten



OR

Jacket potato with cheese, baked beans or tuna mayo with mixed salad

Milk, Fish, Egg



DESSERT

Butterscotch tart

Milk Gluten



THURSDAY

MAIN COURSE

Roast gammon, pineapple, gravy, roast potatoes & mashed potatoes



OR

Quorn roast, stuffing, gravy, roast potatoes & mashed potatoes

Milk Egg Gluten



DESSERT

Raspberry swirl sponge & custard

Gluten Egg Milk



FRIDAY

MAIN COURSE

MSC fish goujons & jacket wedges

Fish Gluten



OR

Jacket potato with cheese, baked beans or tuna mayo with mixed salad

Milk, Fish Egg



DESSERT

Fruit flapjack

Gluten



AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



School Menu Spring - Summer 2018

Week 2

Week commencing
5 March, 26 March, 30 April,
21 May, 18 June, 9 July,



ST JOHN'S
CHURCH OF ENGLAND
ACADEMY



MONDAY

MAIN COURSE

Vegetarian sausage roll & gravy, jacket wedges

Celery Milk Gluten



OR

Cheese & tomato parcel, new potatoes

Milk Gluten



DESSERT

Meringue nests with strawberries

Egg, Milk



TUESDAY

MAIN COURSE

Nottinghamshire sausage in onion gravy, mashed potatoes & Yorkshire pudding

Gluten, Gluten Egg Milk



OR

Quorn sausage in onion gravy, mashed potatoes & Yorkshire pudding

Gluten Egg, Gluten Egg Milk



DESSERT

Carrot cake & custard

Milk Egg Gluten Sulphur Dioxide



WEDNESDAY

MAIN COURSE

Spaghetti Bolognese

Gluten Egg Fish



OR

Jacket potato with cheese, baked beans or tuna mayo with mixed salad

Milk, Fish Egg



DESSERT

Cornflake tart & custard

Milk Gluten Sulphur Dioxide



THURSDAY

MAIN COURSE

Roast turkey, stuffing & gravy, roast potatoes & mashed or new potatoes

Gluten



OR

Roast Quorn, stuffing & gravy, roast potatoes & mashed or new potatoes

Gluten Egg Milk



DESSERT

Raspberry ripple ice cream roll

Soya Milk Egg Gluten



FRIDAY

MAIN COURSE

MSC fish portion, oven chips

Fish Gluten



OR

Jacket potato with cheese, baked beans or tuna mayo with mixed salad

Milk, Fish Egg



DESSERT

Honey & oatmeal cookie & milkshake

Gluten, Milk



AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu Spring - Summer 2018

Week 3

Week commencing
12 March, 16 April, 7 May,
4 June, 25 June, 16 July



ST JOHN'S
CHURCH OF ENGLAND
ACADEMY



MONDAY

MAIN COURSE

Quorn dippers
& jacket wedges

Milk Egg Gluten



OR

Cheesy bean pie

Milk



DESSERT

Cheese crackers
& apple wedge

Gluten Milk



TUESDAY

MAIN COURSE

Venison burger
in a bun
& jacket wedges

Soya Milk Egg Gluten



OR

Quorn burger
in a bun
& jacket wedges

Soya Egg Milk Gluten



DESSERT

Strawberry mousse
& shortbread finger

Gluten Milk



WEDNESDAY

MAIN COURSE

Mediterranean chicken
pasta
& garlic slice

Milk Egg Gluten, Milk Gluten



OR

Jacket potato with
cheese, baked beans
or tuna mayo
with mixed salad

Milk, Fish Egg



DESSERT

Bakewell tart
& custard

Milk Egg Sulphur Dioxide



THURSDAY

MAIN COURSE

Roast gammon &
Yorkshire pudding, roast
potatoes & mashed or
new potatoes

Gluten Egg Milk



OR

Quorn roast, Yorkshire
pudding & gravy, roast
potatoes & mashed or
new potatoes

Gluten Egg Milk



DESSERT

Strawberry cupcake

Milk Egg Gluten



FRIDAY

MAIN COURSE

MSC fish fingers
& Noisette potatoes

Fish Gluten, Milk



OR

Jacket potato with
cheese, baked beans
or tuna mayo
with mixed salad

Milk, Fish Egg



DESSERT

Magic chocolate pudding
& chocolate sauce

Milk Egg Gluten



AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served