



**29 June 2017**

**Agenda Item: 2**

**Children's Trust Executive Sponsor: Dr Kate Allen**

## **INTEGRATED HEALTHY CHILD AND PUBLIC HEALTH NURSING PROGRAMME 0-19 YEARS : HEALTHY FAMILIES PROGRAMME**

### **Purpose of the Report**

1. To update regarding the mobilisation of the contract for the integrated Healthy Child and Public Health Nursing Programme for 0 to 19 year olds, to be known as the Healthy Families Programme.

### **Information and Advice**

2. Commissioning responsibility for children's public health nursing services for 0 to 5 year olds, delivered via Health Visiting and the Family Nurse Partnership Programme (for first time teenage mums) transferred from NHS England to Nottinghamshire County Council on 1<sup>st</sup> October 2015. These changes brought together commissioning responsibility for all children's public health nursing, offering an opportunity to integrate services more effectively in order to improve outcomes for children, young people and families, and improve value-for-money.
3. A procurement process took place across 2016 to commission an integrated Healthy Child and Public Health Nursing Programme combining care previously provided by Health Visitors, School Nurses, the Family Nurse Partnership Programme and the National Child Measurement Programme. The three year contract for the service known as the Healthy Families Programme commenced on 1<sup>st</sup> April 2017 and is delivered by Nottinghamshire Healthcare NHS Foundation Trust.
4. A broad programme of stakeholder engagement took place to inform the development of the new service model. This was phased and included findings from a range of activities:
  - a) Findings from engagement with almost 1000 children and young people in relation to the Young People's Health Strategy for Nottinghamshire in 2015, and from a review and consultation regarding Public Health Nursing Services for school age children completed in 2014/15, to shape priorities for the integrated service model development.
  - b) Stakeholder engagement: the new model of an integrated service was informed by engagement at the 'front-line', at events with parents in children's centres, with front line practitioners, via events held for the public health nursing workforce (health visitors and school nurses), and with operational level managers and colleagues via locality based multi-disciplinary meetings.

Engagement took place at a strategic level with the Health and Wellbeing Board, the Children's Trust Board, Public Health and Children and Family and Cultural Services Senior Leadership Teams within Nottinghamshire County Council, Clinical Commissioning Groups across Nottinghamshire via clinical executive, clinical innovation or clinical cabinet groups, with clinical networks such as the Children and Young People's Health Network, maternity leads, the Early Years Integrated Commissioning Group (ICG), with local commissioners and with NHS England commissioners.

- c) Consultation: a formal consultation sought views from stakeholders including parents, carers, clinicians, professionals and partner organisations, on the proposed integrated service model, informed by engagement. The consultation was live from 21<sup>st</sup> March 2016 to 18<sup>th</sup> April 2016 and advertised on Nottinghamshire County Council's consultation page, circulated across our networks, shared via social media and supported by distribution of posters to encourage completion by parents and carers including a free-phone number for those who preferred to complete over the phone.
5. The contract value for this service reduces over the initial three year contract in line with the reduction in the national public health allocation, announced in the Comprehensive Spending Review in November 2015. The Healthy Families Programme model streamlines service delivery and releases capacity enabling these budget reductions to be met whilst maintaining quality and improving child and family outcomes. There is an option for four annual extensions to the contract.

### **Healthy Families Programme**

6. Nottinghamshire County Council and Nottinghamshire Healthcare NHS Foundation Trust have worked collaboratively across a period of mobilisation, from October 2016 to 31<sup>st</sup> March 2017, to ensure the new model was implemented as seamlessly as possible.
7. The Healthy Families Programme introduces a streamlined pathway of care with practitioners working with families rather than defined age groups, reduces duplication and promotes early intervention aiming to prevent escalation of issues more effectively.

### **Healthy Family Teams**

8. Public health practitioners support all children, young people and families in 20 locally based Healthy Family Teams. Teams have the knowledge and skills to work with all children and young people from the age of 0-19 and all children, young people and families will receive care from this service from before birth to their late teens.
9. Each multidisciplinary team has a combination of Nursing and Midwifery Council qualified public health practitioners and support workers with a range of skills who are able to work together to assess public health needs and provide appropriate support to children, young people and families in their local area. Specialist Public Health Practitioners lead the Healthy Family Teams comprised of Public Health Practitioners, Assistant Public Health Practitioners, Healthy Child Assistants and Screening Assistants with clearly defined roles and responsibilities.

- 10.** Workforce transformation and development is supported by a comprehensive competency assessment framework and training plan which is closely monitored by service managers and professional service leads.
- 11.** Healthy Family Teams are located in clearly defined geographical areas that relate to local communities and incorporate families of schools. There is equitable provision across Nottinghamshire and the capacity of the service has been aligned to population need. Capacity modelling is based on a combination of factors including the Government's Income Deprivation Affecting Children Index (IDACI), strategic needs assessment, local intelligence based on experience of delivering services, and has been agreed between commissioner and provider. The most deprived communities have the highest level of need and vulnerability and this is reflected in the Healthy Family teams by a greater proportion of highly skilled practitioners. Underpinning the model is the principal that all children, young people and families will receive the support they need, when they need it, regardless of where they live in Nottinghamshire.

### **Universal offer**

- 12.** The Department of Health's Healthy Child Programme (HCP) continues to be delivered. Each family receives a schedule of universal checkpoint reviews:

- Antenatal contact (in pregnancy)
- New baby review
- 6 to 8 week review
- 1 year review
- 2 to 2.5 year review (joint with early years education settings)
- School entrant health check (parent questionnaire)
- Year 7 health check (parent/child questionnaire)
- Teenage health check (young person's questionnaire)
- Transition to adulthood (health and wellbeing information pack)

- 13.** Bookable Healthy Child sessions for parents/carers of babies, pre-school and primary school age children replace the drop-in weighing clinics and further expand the availability of one to one support for families with both universal and targeted needs. All babies will continue to be weighed according to the HCP schedule and the drop-in weighing clinics, previously offered in addition to the scheduled weighing of the HCP, have been replaced by self-weighing facilities and a rapid-access appointment system for any concerns. There will be drop-in sessions for young people in or near each secondary school including provision of sessions in school holidays. The offer to young people attending these clinics has been extended to include additional public health interventions such as pregnancy testing and Chlamydia screening. There will be a focus on 'making every contact count' (MECC) in all clinics held across the 0-19 age range.

### **Targeted work**

- 14.** Where children, young people and families need additional support, appropriate care ranging from brief interventions to evidence based time limited programmes of support will be delivered by the most appropriate member of the Healthy Family Team.
- 15.** Targeted offers or pathways of care have been developed for key topics such as continence, sleep, behaviour concerns, language and communication, emotional

health, and hearing and vision concerns. The role of Public Health Practitioners in the Concerning Behaviour Pathway remain unchanged. For young people an extended targeted offer will be available in the ten highest need communities.

16. The continence offer of the Healthy Families Programme is delivered in line with the National Institute of Clinical Excellence (NICE) guidance. This level one continence provision includes advice and support to help promote 'healthy' bladders and bowels, delivering time-limited toilet training programmes, up to a maximum of 16 weeks, reviewing input and output charts and introducing first line treatments such as toileting and fluid/diet advice, treatments for bedwetting e.g. enuresis alarm.

### **Safeguarding and quality**

17. Safeguarding remains a priority of the Healthy Families Programme for families where there are safeguarding concerns, the Healthy Family Teams will continue to provide a targeted and intensive service, and Nottinghamshire Safeguarding Children Board procedures remain fully embedded in clinical practice.
18. Practice liaison meeting with primary care services continue to be held. All key partners and settings will have a named public health practitioner in the Healthy Family Team and a duty telephone number, specific to each locality, supports rapid access.
19. Signposting, referral and joint working with children's centres and other key partners will continue to be provided. The Healthy Families Programme works in partnership with other organisations and services as part of a joined-up children's health, social care and early year's system coordinating provision to ensure the needs of children, young people and families remain central.
20. Quality and performance of the Healthy Families Programme continues to be managed by commissioners as part of the contract management process. An outcomes framework monitors performance against key health and wellbeing outcomes for children, young people and families, and is structured around the Department of Health's high impact priority areas for public health nursing services. A comprehensive quality schedule mirrors the vigour of NHS safety, governance and clinical effectiveness processes and is supported by a programme of quality visits and a transparent and collaborative approach between commissioner and provider.

### **Next steps**

21. Commissioner and provider continue to work in partnership to ensure the new model, representing large scale workforce transformation, is implemented safely and as seamlessly as possible.
22. An ongoing programme of communications keeps stakeholders apprised of developments and a core offer for children, young people and families will be widely promoted.
23. Performance management and quality scrutiny continue as part of contract management processes which also drive ongoing service developments across the life of the contract.

## RECOMMENDATION/S

- 1) The Children's Trust Executive is asked to note the information provided regarding the commissioning of children's public health nursing services as an integrated 'Healthy Child and Public Health Nursing Programme' for 0 to 19 year olds, known as 'The Healthy Families Programme'.
- 2) The Children's Trust Executive is asked to share information held within this paper across their professional networks as appropriate

**Kerrie Adams**  
**Senior Public Health and Commissioning Manager**

**For any enquiries about this report please contact:**  
**Kerrie Adams**  
**Kerrie.adams@nottsc.nhs.uk**

## Background Papers

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

Integrated Healthy Child and Public Health Nursing Programme 0-19 years –  
Tender Outcome, 29 September 2016

<http://ws43-0029.nottsc.nhs.uk/dmsadmin/Meetings/tabid/70/ctl/ViewMeetingPublic/mid/397/Meeting/3914/Committee/507/SelectedTab/Documents/Default.aspx>

Healthy Child Programme and Public Health Nursing – Commissioning Plans,  
Public Health Committee, 19 May 2016

<http://www.nottinghamshire.gov.uk/dms/Meetings/tabid/70/ctl/ViewMeetingPublic/mid/397/Meeting/3698/Committee/507/Default.aspx>

Integrated Healthy Child Programme and Public Health Nursing – Commissioning  
Proposals, Public Health Committee, 17 March 2016

<http://www.nottinghamshire.gov.uk/dms/Meetings/tabid/70/ctl/ViewMeetingPublic/mid/397/Meeting/3697/Committee/507/SelectedTab/Documents/Default.aspx>

Healthy Child Programme and Public Health Nursing – Commissioning Plans,  
Public Health Committee, 12 May 2015

<http://www.nottinghamshire.gov.uk/dms/Meetings/tabid/70/ctl/ViewMeetingPublic/mid/397/Meeting/3500/Committee/507/Default.aspx>

Nottinghamshire School Nursing Review and proposed new model, September  
2014 – implications for commissioners (including Appendices 1-3) available at  
[www.nottinghamshire.gov.uk/schoolnursing](http://www.nottinghamshire.gov.uk/schoolnursing)

Nottinghamshire School Nursing Review – implications for Commissioners,  
Children’s Trust Board 6th November 2014

<http://www.nottinghamshire.gov.uk/caring/childrenstrust/about-the-childrens-trust/childrenstrustboard/?entryid217=431744&p=2>

Family Nurse Partnership Progress Report – report to Children Trust Board – 19  
November 2015

<http://www.nottinghamshire.gov.uk/care/childrens-social-care/nottinghamshire-childrens-trust/childrens-trust-board-meeting-archive>