

Action Plan for Confidence in presenting myself at interview



Name:

Date:

What actions are you going to take after this session?

- 1.
- 2.
- 3.

Think about

What do you need to do to ensure you have a good interview?	When will you do this?	What barriers/challenges could there be and how will you overcome these?	How will this make a difference to you?	What resources or support will you need? (maybe a mentor or your line manager)
1.				
2.				
3.				