



Easy Read version:



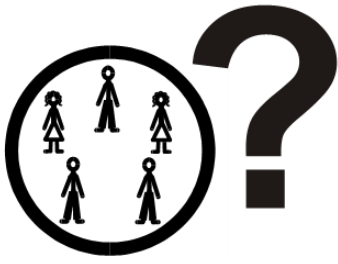
Living at home safely for longer



This document tells you about the support adults can get to stay longer at home.



Nottinghamshire County Council wants to make sure that you have support at home. This support should help you to stay independent.



Who can have support?



Nottinghamshire County Council will try and help people who have an illness or who have disabilities, and may need support.



What support is available?



We will give you advice and information about options to stay safely at home for a longer time.

Some of these options are:



Equipment and Technology

These can be big or small pieces of equipment that would help you to remain independent at home. This can also be personal alarms and devices that monitor health conditions.



'Connect' Service

This a group of care providers that provide information, advice and support around care needs, housing, finances and being involved in the community.



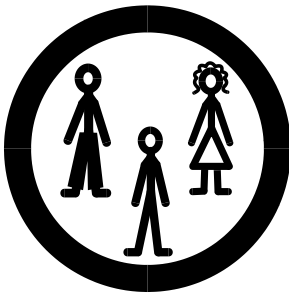
Handy Persons Adaptations Scheme

They will do small improvements and agreed DIY jobs to make your home more accessible for you. For example putting up grab rails.



Meals at home service

Nottinghamshire County Council will provide a hot healthy lunch. They can also make home from hospital hampers.



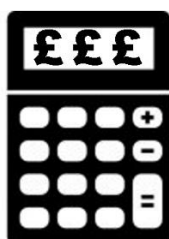
Carers

If a family member or friend helps you at home we can also provide support to them. You will need to contact the Council for this.



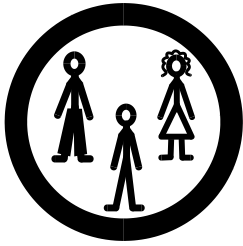
Short term Support

This is support that will help you with learning skills and helping you to do it yourself at home. This can be called **Reablement**.



Personal Budget

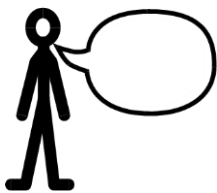
This is money to help you meet and care for your long term support needs. If you do get some money after an assessment, this is called a **Personal Budget**.



If you can't talk to us about the support you want, you can get someone to help you. If you do not have friends or family to help then you can be referred to an advocate.



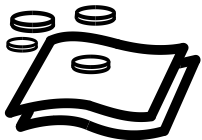
Advocates are people who are nothing to do with the Council but can help you say what you want to say.



You will need to tell the Council worker so they can contact the advocacy service.



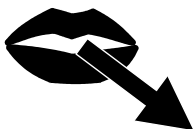
What does it cost?



Most people will have to pay something but the amount depends on you and your needs. You can talk to a Council worker more about this.



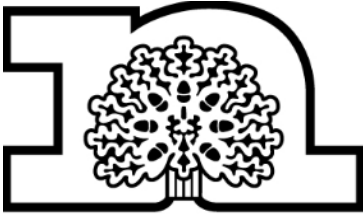
What happens if I get better or get worse?



If your situation changes, you need to inform us. We can then review your needs and see if you need more or less help.



Who do I contact?



Nottinghamshire County Council



Phone Customer Services on

0300 500 80 80



Email:

enquiries@nottscc.gov.uk



Website:

www.nottinghamshire.gov.uk

www.nottshelpyourself.org.uk



Minicom:

01623 869598



Tell us if you need the information in another language or format.