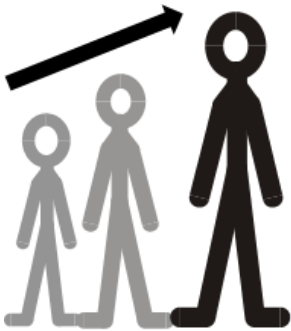




Easy Read version:



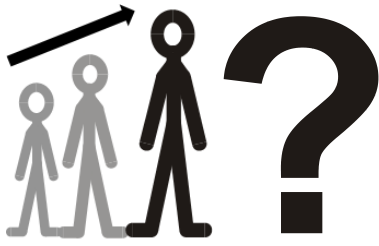
Preparing for adulthood



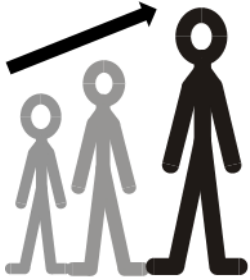
This document explains about the support that is provided for people moving into adult services. This can be called a transition.



This document tells you about the transition from children's services to adult services.

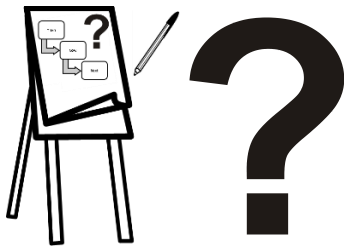


What is a transition?



In social care, this means the time when a young person moves from using children's social care services to getting support from adult social care services.

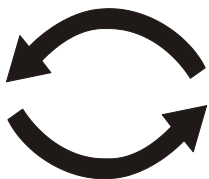
It is important to try and plan this well so you have the right support.



Why is planning needed?



Nottinghamshire County Council wants to try and help young people prepare to lead a healthy, safe and fulfilling life in adulthood.



Sometimes things change and services and support might not be the same for adults as it was for children.



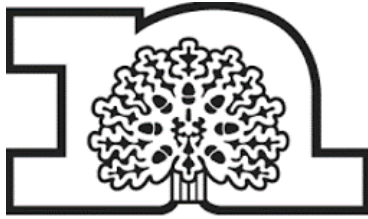
There could be a change in funding, benefits and costs.



You might want something different as an adult.



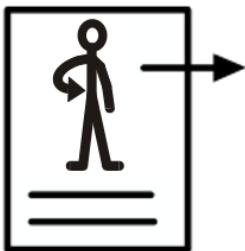
Can I have help?



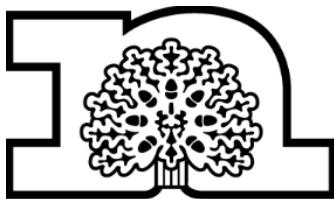
Nottinghamshire County Council have a Transitions Team. They are social workers and community care officers who provide planning, assessment, advice and support for young people preparing for adulthood.



The team works with young people who have to have an impairment and require support that can't be helped with community services already in place.



You need to be 14 years old to have a **referral** for support. This means you have to talk about your needs and tell them why you need support.



You should contact the Council's Customer Service Centre - they will try and help you with your problems.

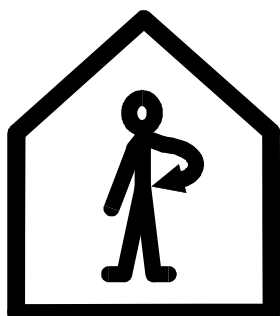
Telephone: 0300 500 80 80

What can I get help with?

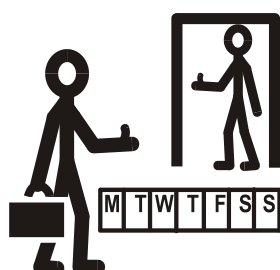


The transitions team can provide information and advice or support with:

Being independent



Short breaks



Social activities

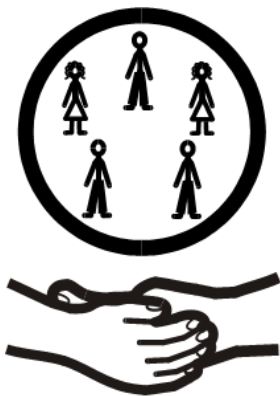




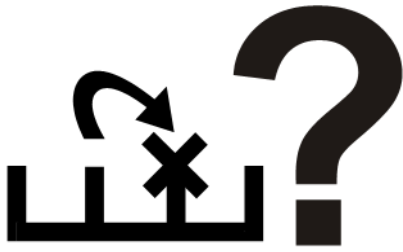
Finding the right support



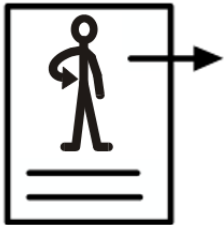
Support for family carers



Keeping people safe



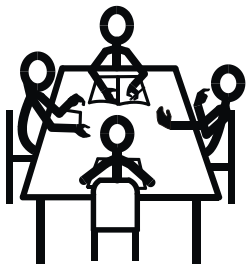
What happens next?



Once a referral has been accepted by the Transitions Team. You will be allocated a worker who will then get in touch with you.



Their job is to help you with planning for the future. They will help create your plans with you.



The worker might attend some meetings to help learn about your support needs and what you are interested in.



The Council has a new transitions path, which will give you step by step information about changing from children's to adult services. These are called the **Transitions Protocol and Pathway**.

Go online and in the web browser type:

<http://www.nottinghamshire.sendlocaloffer.org.uk>

This will take you to the web site.



Who do I contact?



Nottinghamshire County Council



Phone Customer Services on
0300 500 80 80



Email:
enquiries@nottscc.gov.uk



Website:
www.nottinghamshire.gov.uk
www.nottshelpyourself.org.uk



Minicom:
01623 869598



Tell us if you need the information in another language or format.