



# Community Learning Disability Teams

## Local Teams

The Community Learning Disability Teams (CLDT) are made up of a wide range of social workers and health professionals who provide specialist assessment, advice, treatment and support services for adults with a learning disability and their carers.

The team works in partnership with health services, support providers and other services within Nottinghamshire.

Across Nottinghamshire County Council, there are seven community teams based in:

Ashfield  
Bassetlaw  
Broxtowe  
Gedling  
Mansfield  
Newark  
Rushcliffe

## Referrals

In the first instance, new contact for Adult Social Care should be made with the Customer Service Centre 0300 500 80 80 who will try to resolve any concerns the person may have. If they are unable to help, the person may be referred onto a more appropriate service.

To access the service, the person has to have a learning disability, be over 18 years of age or in transition from children's services or education.

Assessments, support plans and agreements for funding will be made where necessary. Each team has a duty worker who can make contact with urgent cases.

Some people may already have involvement and support from a local CLDT. If this is the case, the person may be able to talk to a professional they already know, or a duty worker, to help access other services and support.

Referrals for support from the health professionals can be made via a person's GP, from support providers or community services. They will also need to contact the Customer Service Centre.

In some cases the person may be referred onto another team or professional where the support may be better suited or specialised.

## Support

Where someone accesses the service, each team will try and help people with a learning disability to lead a healthier, safer and more fulfilling life.

The social care professionals will try and encourage someone to be as independent as possible. This may be done through using existing community services, short term support and/or assistive technology.

The CLDT social care team can provide information and advice or support with:

- Being independent
- Jobs and Work
- Education
- Day Services
- Short Breaks
- Social Activities
- Finding the right support
- Support for family carers
- Dealing with Safeguarding concerns

The CLDT health professionals can provide information and advice or support with:

- Psychiatric services helps with mental health needs
- Community learning disability nursing helps with physical health and access to health services
- Psychology services helps with feelings and emotions
- Speech and language therapy helps with communication and swallowing difficulties
- Occupational therapy helps with daily living skills including self-care
- Physiotherapy helps with balance and movement skills

## Appointments

Appointments will need to be made before meeting with a person, as there are no drop in facilities. The local team where possible will contact the person before any appointment.

It is important to attend arranged appointments; however, if this is difficult alternative plans can be made. Someone from the local CLDT may see someone in their home, at a day service, in the community, at an office or in hospital.

Once a referral has been made or an appointment booked, the person (or carer) must contact the Customer Service Centre to let them know if the situation has changed.

## Contact information:

Customer Service Centre  
Phone: 0300 500 80 80  
(Calls cost 3p a minute from a BT landline. Mobile costs may vary).

Email: [enquiries@nottscg.gov.uk](mailto:enquiries@nottscg.gov.uk)  
Website: [www.nottinghamshire.gov.uk](http://www.nottinghamshire.gov.uk)  
Website: [www.nottinghamshirehealthcare.nhs.uk](http://www.nottinghamshirehealthcare.nhs.uk)

Minicom: 01623 869598

Phone 0300 500 80 80 if you need the information in a different language or format.