

# **Care and Support Services Directory 2016/17**



The comprehensive guide to choosing and paying for care and support Support at home • somewhere to live • useful contacts





# LOWMOOR CARE HOME

Specialist in care of **mental illness** and **dementia care**, we specialise in caring for clients with difficult to manage behaviours. **Retained Dementia Quality Mark** 

Gold Standard End of Life Accredited and a Band 5 care home.

# Registered for residential and nursing care (42 beds).

- We offer separate 18-bed male (OAKS) and 10-bed female (CEDARS) units, providing nursing care for residents presenting with challenging behaviours, and a 14-bed unit providing nursing care for residents who have dementia or mental health conditions.
- 24 hours specialist nursing (RGN, RMN) care Staff with specialist training for dementia care
- Patients under mental health act section for mental illness also accepted

## Other features include:

- Short distance from town centre of Kirkby-in-Ashfield and Sutton-in-Ashfield
- Easily accessible to main bus route and train station
- Conservatory with tea-bar cafe for relatives & activities for clients
- Secure enclosed courtyard & tranquil garden area
- Familiar homely environment On site hairdressing salon Pet therapies used
- Every effort made to meet specialist dietary requirements, home cooked meals five star rating
- Wide range of activities offered by activities co-ordinators
- (arts, crafts, music therapy, board and table games, exercises etc.)
- Visiting clergy to attend to spiritual needs of residents
- Seasonal outdoor activities & trips arranged with participation of friends & relatives

# Come along and meet us, you're welcome anytime

Telephone: 01623 752288 Fax: 01623 237375 Email: lowmoorcarehome@msn.com Lowmoor Road, Kirkby-in-Ashfield, Nottinghamshire NG17 7JE















# NEWGATE LODGE CARE HOME

Prestigious **residential** and **dementia** care in a purpose built **Band 5** residential care home. 55 beds, all en-suite single rooms, many with showers, luxuriously furnished, safe homely environment.

- 'The Meadows' our 32-bed dementia therapy unit specialising in quality therapeutic care for those experiencing the many varied facets of dementia illness
- Respite and day care available

## **Incorporating Specialist features like:**

- Conservatory lounges
- 2 Passenger lifts giving easy access to both floors
- 4 dining rooms, with home cooking and
- 5 star rating
- Homely environment
- Residents smoking room
- Activities Co-Ordinator visits to local community luncheon clubs, Memory Café, shopping trips, arts, crafts, reminiscence, quizzes
- iPad
- Seasonal outings & outdoor activities
- Monthly entertainers

# First floor attractive indoor conservatory area – Fluffy Animal Therapy with our pet rabbits

• Professional, fully trained, experienced, caring and dedicated staff team specialising in

• Residential social care 23 beds ground floor,

- 'Bubble & Squeak'
- Gentle seated exercise sessions

dementia & residential care

called "The Willows"

- Reminiscence lounge & Visitors lounge
- Private meeting / conference room
- Tuck shop
- Secure private courtyard with fountain
- Hairdressing salon on site
  Multi-faith room monthly services from visiting clergy
- Short distance from Mansfield Town Centre, Bus and Railway stations

# Visitors and prospective clients are most welcome to visit, to meet staff & residents over light refreshments.

Telephone: 01623 622322 Fax: 01623 621200 Email: newgatelodgecarehome@hotmail.co.uk Newgate Lane, Mansfield, Nottinghamshire NG18 2QB

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All the listings in this publication of care homes, care homes with nursing and home care providers are supplied by

Nottinghamshire County Council

the Care Quality Commission (CQC) and neither Nottinghamshire County Council nor Care Choices can be held liable for any errors or omissions. The information contained in this Directory was correct at the time of going to print. The inclusion of advertisements for homes and agencies in this Directory does not act as an endorsement or recommendation by Nottinghamshire County Council.

To obtain extra copies of this Directory, free of charge, call Nottinghamshire County Council on **0300 500 80 80**.

**Alternative formats** 

This Directory is available electronically at **www.carechoices.co.uk**. There is also a Browsealoud option for those requiring the information in the spoken word.



For further assistance tel: 0300 500 80 80 or visit www.nottinghamshire.gov.uk

# Where can I get support?

As you get older, you may find that you are struggling with some of the daily tasks you used to do easily - like dressing, washing or getting out and about. This Directory gives you an idea of the range of support that is available in Nottinghamshire to

help you stay living independently at home. Some services to help maintain your independence are available at any time, without the need for any type of assessment. These options are outlined in this section.

# Nottinghamshire Help Yourself

The first place to look for support is: www.nottshelpyourself.org.uk which brings together a range of care and support providers with information about activities, events and groups all in one place. If you don't have a computer, you can

visit your local library where staff can help you find the information you need. Or you can phone Nottinghamshire County Council on: 0300 500 80 80 where our advisers can guide you through the options.

nottshelpyourself.org.uk

# Find health and social care support and information



Nottinghamshire County Council

0300 500 80 80

minicom: 01623 434993



Nottinghamshire County Council

For help and advice in Nottinghamshire

0300 500 80 80

www.nottinghamshire.gov.uk/adultsocialcare



- Welcoming clients for Residential and Dementia Care
- Highly qualified, caring and dedicated staff
- Hairdressing salon, Library, in-house Chiropodist, specialist treatment available on request
- Voluminous dining room and several lounges
- Conservatory and patio area
- Private and Social Services funded clients welcome

Westfield Care Home

Devon Drive • Mansfield • Nottinghamshire • NG19 6SQ Tel: 01623 427846 Fax: 01623 429874 Email: Lantraz@live.com www.westfieldcarehome.net

# "Home from home environment"

A beautifully decorated, purpose built Care Home with 45 beds. Delivering a high standard of Dementia and Residential Care is of paramount importance to us, in a friendly, caring and safe atmosphere. We are located near the Magistrates Court, just off Westfield Lane, on Devon Drive.

- Spacious single rooms and 2 double bedrooms ideal for couples, some with en-suite
- Landscaped gardens
- Recreational activities program and outings
- Nutritious and varied menu, with specialist diets catered for
- Excellent bus routes, close proximity of town centre

# Visitors are welcome at any time





The Limes Gare Home

Park Road • Mansfield Woodhouse • Nottinghamshire • NG19 8AX Tel: 01623 632681 Fax: 01623 622644 Email: Lantraz@live.com

# "Where care matters"

A luxurious purpose built Care Home with 40 beds, specialising in residential and dementia care within a safe, caring, warm environment.





- Welcoming clients for residential and dementia care
- Professionally trained and experienced, dedicated workforce
- Hairdressing salon, Library, in-house Chiropodist, specialist treatment available on request
- Spacious dining rooms
- Several luxuriously decorated lounges
- All en-suite bedrooms



- Private and Social Services funded clients welcome
- Patio area with landscaped gardens
- Recreational activities program and outings
- Nutritious and varied menu, with specialist diets catered for
- Excellent bus routes

Visitors are welcome at any time

# Meals at home service

County Enterprise Foods provides an award-winning service, delivering delicious, great value, hot and frozen meals to homes across Nottinghamshire. The service offers a fantastic range of over 70 meals. Dinners not only taste great, they are nutritionally balanced and made with fresh ingredients and seasonal vegetables.

## **County Enterprise Foods offers:**

- delicious hot and frozen meals;
- tasty breakfasts, dinners and teas;
- meals for special diets;
- free safe and well checks;
- home from hospital hampers; and
- free delivery.

The hot food service is perfect for saving you time and trouble, with friendly and helpful drivers delivering a hot, healthy dinner direct to you, ready for you to enjoy.

You may prefer the frozen food service if you like to eat in the evening or don't want daily deliveries. Simply reheat in a microwave, steamer or conventional oven to enjoy a tasty and nutritious meal.

The delivery team go the extra mile for customers, for example, plating your meal or bringing in their post. They provide free 'safe and well' checks when they visit and will call the office if you need help.

The service also offers home from hospital hampers. When you return from a stay in hospital, the last thing you need to worry about is shopping. Simply choose from the list of competitively priced, useful food items (for example tea, milk and butter) and they will be delivered to your home, along with your meal. Delivery is free.

For more information, please contact the team on: **01623 490015** visit: **www.countyenterprisefoods.co.uk** or email: **county.enterprisefoods@nottscc.gov.uk** 



## **Connect service**

If you have lost a loved one or your health is deteriorating, you may find that you are struggling with daily life or feeling lonely.

The Connect service can help you by finding information about local services, activities and opportunities. If needed, Connect staff can work with you around money issues, housing problems, health management and other things. This shortterm support will be tailored to your needs and will focus on achieving what you want in a way that suits you. If you, or someone you know, might benefit from the advice and support of Connect, phone:

Bassetlaw NCHA: **0115 844 3541** 

Ashfield, Mansfield and Newark and Sherwood Age UK: 01623 488217

Broxtowe, Gedling and Rushcliffe Metropolitan: **0115 939 5406** 

# Handy Persons Adaptations Service

The Handy Persons Adaptation Service provides the help and support you may need to keep safe and secure in your home with low cost but high quality essential adaptations and small practical jobs.

The service is available to Nottinghamshire residents aged 60 or over or who have a disability. The work is carried out by professional traders who have been approved by 'Checkatrade' in partnership with our Trading Standards Service.

The traders will carry out small jobs or minor adaptations to your home to reduce the risk of a fall or help you remain living independently. Jobs range from fitting grab rails or half steps, to changing light bulbs and putting up shelves. Often, very small jobs such as fixing loose carpets can prevent a fall and avoid a lot of unnecessary distress.

There is a nominal £15 fee for some works and you can have up to four hours of handyperson work. For more information about the service or to access the

scheme, please contact us on: 0300 500 80 80 or email: enquiries@nottscc.gov.uk



# How do you choose a reliable tradesperson?

Checkatrade are committed to helping and protecting consumers by finding traders they can trust and rely upon, that's why we support the Think Jessica campaign who also work to protect the vulnerable in their homes.

We understand that it can be difficult finding a reputable trade, which is why since 1998 Checkatrade has been a FREE service giving you the background information you need to make a confident decision when inviting trades into your home.

Our trades and services have been vetted to high standards. In fact a minimum of 18 considerations are carried out including ID, references, insurance, qualifications and professional memberships. Then we monitor their work on an ongoing basis by collecting feedback directly from you, their customers. Checkatrade.com Where reputation matters

So when you're thinking about choosing your next tradesperson, take the guess work out of your decision and don't be the victim of a rogue trade.

FIND US AT www.checkatrade.com





Checkatrade

In Partnership with **Nottinghamshire County Council** 

# Short-term support in your own home (known as reablement)

If you are struggling with everyday tasks at home (for example getting dressed or washed) or if you have had an accident or illness, our reablement team may be able to help you to regain skills and confidence so you can live as independently as possible. Reablement is a period of free short-term support and our team of staff can help you by:

suggesting different ways of doing things;

- offering small items of equipment to make tasks easier: and
- telling you about other kinds of help you could get and different ways you can pay for it.

For more information, visit: www.nottinghamshire. gov.uk/adultsocialcare or phone: 0300 500 80 80.

# Making life easier in the home

You can find information on mobility aids, such as scooters and stair lifts, as well as advice on where to buy them, from the Disabilities Living Centre.

The centre has a comprehensive range of equipment on permanent display including beds, chairs, bathing and showering equipment, wheelchairs, scooters, stair lifts and small equipment.

There is also information on all the equipment on display, and a comprehensive range of leaflets and brochures on many other items, facilities and services for people with disabilities.

An appointment is essential if you wish to visit, so

please telephone the centre to arrange one.

# **Disabilities Living Centre**

Middleton Court, Glaisdale Parkway, Glaisdale Drive West, Nottingham NG8 4GP Open Monday to Friday, 9am to 3pm (appointment only) Tel: 0115 985 5780 Web: www.dlcnotts.co.uk

You may also be able to find useful information on www.nottshelpyourself.org.uk





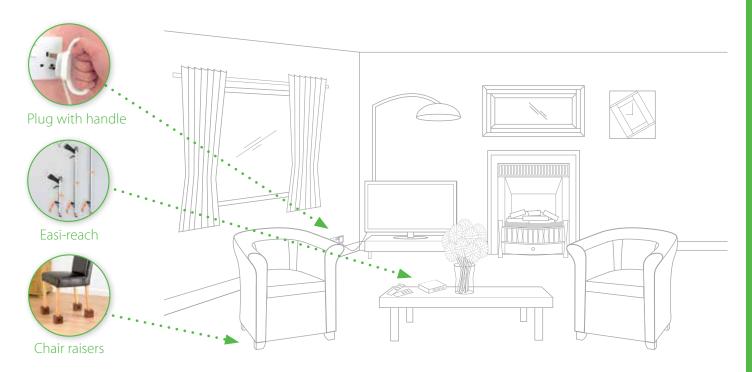
Nottinghamshire County Council

For help and advice in Nottinghamshire

0300 500 80 80

www.nottinghamshire.gov.uk/adultsocialcare

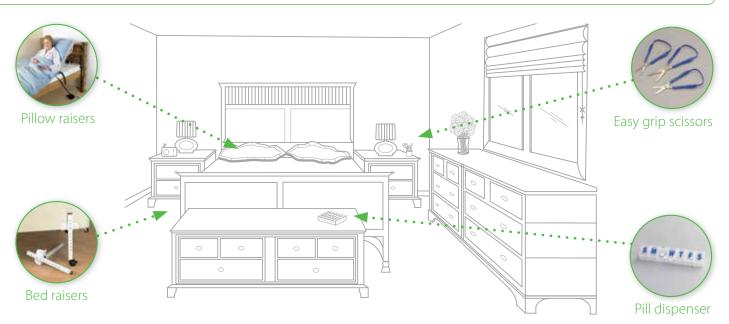
# Making life easier in the home - In the living room



WHAT IS DIFFICULT FOR YOU?	SIMPLE SOLUTIONS	COMPLEX SOLUTIONS
GETTING IN AND OUT OF CHAIRS Standing up from sitting is difficult	<ul> <li>Block of foam in chair base</li> <li>Buy ready-made chair raisers if your chair is too low</li> <li>Buy a new chair – get professional help to make sure the height is right</li> <li>Take regular, gentle exercise</li> </ul>	• Buy an electric riser chair
<b>OPENING AND CLOSING WINDOWS</b> Can't reach the windows Not secure to leave windows open	<ul> <li>Move any furniture out of the way</li> <li>Install/purchase a fan</li> <li>Purchase a gadget to open/close window</li> </ul>	<ul> <li>Remove the window opener</li> <li>Install environmental controls or air-conditioning</li> <li>Install new windows</li> </ul>
<b>CONTROLLING THE HEATING</b> Can't reach the controls for the fire or heating	<ul><li>Change the switches</li><li>Fit a timer switch</li><li>Purchase a standalone heater</li></ul>	<ul> <li>Move the heating controls</li> <li>Install new or additional heating system</li> </ul>
<b>SWITCHING LIGHTS ON AND OFF</b> Can't reach the switch The switch is difficult to use	<ul> <li>Install a light switch toggle</li> <li>Purchase a socket extension</li> <li>Purchase handi-plugs</li> </ul>	<ul><li>Move the light switches</li><li>Replace the light switches</li><li>Install environmental controls</li></ul>
KEEPING WARM Insulating your home Affording the fuel Carrying the fuel	<ul> <li>Replace the fire with a heater</li> <li>Apply for the winter fuel payment</li> <li>Use a trolley to safely transport the fuel</li> </ul>	<ul> <li>Get a grant to insulate your house</li> <li>Change to a cheaper heating system</li> <li>Change to an easier-to-use heating system</li> </ul>
WATCHING TV Hearing the sound of the TV	<ul><li>Use subtitles</li><li>Purchase wireless headphones</li></ul>	<ul> <li>Request an assessment for a hearing aid</li> <li>Install a room loop</li> </ul>

For further assistance tel: 0300 500 80 80 or visit www.nottinghamshire.gov.uk

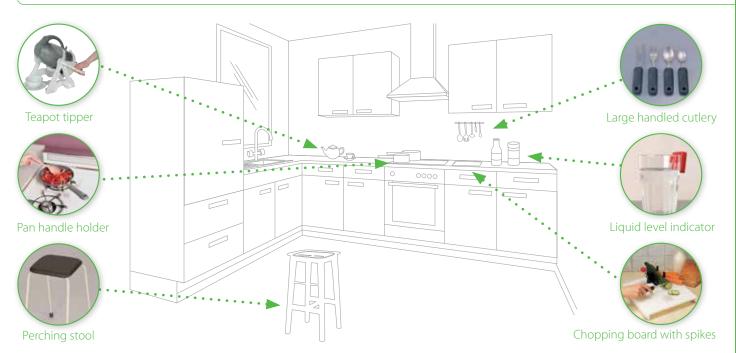
# In the bedroom



WHAT IS DIFFICULT FOR YOU?	SIMPLE SOLUTIONS	COMPLEX SOLUTIONS
GETTING IN AND OUT OF BED Standing up from sitting on the bed	<ul> <li>Learn new techniques for moving safely</li> <li>Purchase a leg lifter</li> <li>Raise the bed</li> <li>Fit grab rails</li> </ul>	<ul> <li>Use a transfer board</li> <li>Install a hospital bed</li> <li>Buy an electric adjustable bed</li> <li>Use a mobile hoist or a ceiling track hoist</li> </ul>
SITTING UP IN BED, TURNING OR ROLLING OVER Bed is too soft Bedding is too heavy Nothing to lean on	<ul> <li>Change bedding</li> <li>Learn new techniques for moving safely</li> <li>Purchase a pillow raiser</li> <li>Change the mattress</li> </ul>	<ul> <li>Buy a bed cradle/bed ladder</li> <li>Use a bed lever</li> <li>Buy a specialised mattress</li> <li>Install a drop-down rail</li> <li>Install a over-bed pole</li> </ul>
<b>KEEPING WARM IN BED</b> Checking the safety of your electric blanket	<ul> <li>Buy a heavier duvet</li> <li>Buy thermal clothing</li> <li>Contact an electrician about any electrical blanket safety concerns</li> </ul>	
GETTING DRESSED Difficult to reach all of your body	<ul> <li>Learn new techniques for dressing</li> <li>Buy simple gadgets: long-handled shoe horn; elastic shoe laces; dressing stick; button hook; stocking aids</li> <li>Contact (see key below) regarding an assessment of needs</li> </ul>	• Consider home support
<b>CUTTING YOUR NAILS</b> Can't reach your feet Hard to hold scissors	Buy easy grip scissors	• See a podiatrist
<b>TAKING YOUR TABLETS</b> Opening bottles Remembering to take tablets	<ul> <li>Ask your pharmacist for an easy to open bottle</li> <li>Keep a note when you have taken a tablet</li> </ul>	<ul> <li>Get a pill dispenser with days and times on</li> <li>Get an automatic pill dispenser</li> <li>Ask someone to prompt you</li> </ul>
<b>READING THE TIME</b> Seeing the clock to tell the time	Buy a clock with larger numbers	Buy a clock that 'speaks'

Nottinghamshire County Council's Customer Service Centre on 0300 500 80 80.

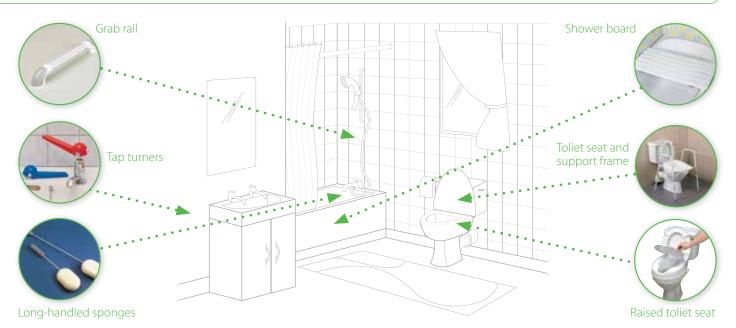
# In the kitchen



WHAT IS DIFFICULT FOR YOU?	SIMPLE SOLUTIONS	COMPLEX SOLUTIONS
<b>REACHING CUPBOARDS</b> Cupboards are too high or low Cupboards are too deep Cupboard doors are too heavy	<ul> <li>Re-arrange things in cupboards/on surfaces</li> <li>Buy an Easi-Reacher or Handi-Reacher</li> </ul>	<ul> <li>Alter the spring in the door closers</li> <li>Lower or raise the cupboards</li> </ul>
USING TAPS AND SWITCHES Taps or switches are too awkward Can't reach taps or switches	<ul><li>Fit tap turners</li><li>Purchase Handi-Plugs</li></ul>	<ul> <li>Change switches</li> <li>Raise or reposition taps</li> <li>Fit lever taps or new taps</li> <li>Alter the kitchen</li> </ul>
CUTTING, CHOPPING, PREPARING AND COOKING FOOD Work surface too high or low Hard to grip packets or jars Hard to grip a knife Pans or kettles are too heavy to lift	<ul> <li>Sit at a table</li> <li>Consider kitchen gadgets including: knife with a thick handle; chopping board with spikes; pan handle holder; teapot tipper; lid gripper</li> </ul>	<ul> <li>Use a food processor</li> <li>Purchase a perching/high stool</li> <li>Buy a trolley</li> <li>Change the height of the work surface</li> <li>Make space under the work surface for your knees when sitting</li> </ul>
<b>MOVING AROUND THE KITCHEN</b> Not enough space	Re-organise the furniture	<ul> <li>Review mobility equipment used</li> <li>Adapt the kitchen</li> <li>Consider the suitability of the kitchen</li> </ul>
EATING AND DRINKING Cutlery is hard to grip Food/plate keeps slipping Can't carry food to table Can't lift cup	<ul> <li>Use large handled cutlery</li> <li>Use a non-slip mat</li> <li>Use a lightweight insulated cup</li> <li>Use a cup with two handles</li> <li>Contact (see key below) regarding an assessment of needs</li> </ul>	<ul> <li>Buy a trolley</li> <li>Consider home support for meal times</li> </ul>
LAUNDRY AND IRONING Washing machine is too high or too low Putting up ironing board	<ul> <li>Install a wall-fixed ironing board</li> </ul>	<ul> <li>Raise/lower the washing machine</li> <li>Change the washing machine or iron</li> </ul>

Nottinghamshire County Council's Customer Service Centre on 0300 500 80 80.

# In the bathroom



WHAT IS DIFFICULT FOR YOU?	SIMPLE SOLUTIONS	COMPLEX SOLUTIONS
WASHING HANDS, FACE AND BODY Turning the taps Standing at the basin Basin is too low or too high Can't reach all parts of the body	<ul> <li>Install tap turners</li> <li>Purchase a long-handled sponge</li> <li>Purchase a flannel strap</li> <li>Contact (see key below) regarding an assessment of needs</li> </ul>	<ul> <li>Install lever taps or new taps</li> <li>Purchase a stool</li> <li>Raise or lower basin</li> <li>Consider home support</li> </ul>
HAVING A BATH Turning the taps Stepping into the bath Risk of slipping in the bath Getting up out of the bath Washing your back	<ul> <li>Have a strip wash</li> <li>Purchase a non-slip mat for the bath</li> <li>Install tap turners</li> <li>Buy a long-handled sponge</li> <li>Use a half-step</li> <li>Install grab rails</li> <li>Use a bath board or bath seat</li> </ul>	<ul> <li>Install lever taps or new taps</li> <li>Install a bath lift</li> <li>Use a mobile hoist</li> <li>Use a ceiling track hoist</li> <li>Replace the bath with a shower</li> <li>Convert the bathroom to a wet room</li> <li>Consider home support</li> </ul>
<b>DRYING YOURSELF</b> Floor is slippery Room is too cold Difficulty in drying your body	<ul> <li>Heat the bathroom safely</li> <li>Use a non-slip mat</li> <li>Purchase a towelling gown</li> </ul>	<ul> <li>Change the floor covering</li> <li>Purchase a hot air body dryer</li> </ul>
USING THE TOILET Toilet is too high or too low Difficult to clean yourself Flush lever is awkward Toilet is hard to get to	<ul> <li>Install a raised toilet seat</li> <li>Use a combined toilet seat and support frame</li> <li>Install a flush lever extension</li> <li>Contact (see key below) for a needs assessment</li> </ul>	<ul> <li>Review mobility equipment used</li> <li>Adaptation to bathroom</li> <li>Consider home support</li> </ul>
<b>CLEANING TEETH</b> Gripping the toothbrush Standing at the basin	<ul> <li>Purchase a toothbrush gripper</li> <li>Purchase an electric toothbrush</li> <li>Use a stool</li> </ul>	
HAVING A SHOWER Difficult to stand for long shower Shower too high Shower controls are awkward Shower is slippery	<ul> <li>Have a strip wash</li> <li>Use non-slip mats</li> <li>Purchase a half-step</li> <li>Contact (see key below) for a needs assessment</li> </ul>	<ul> <li>Use a shower board</li> <li>Use a shower chair or stool</li> <li>Replace shower controls</li> <li>Consider home support</li> </ul>

Nottinghamshire County Council's Customer Service Centre on 0300 500 80 80.

# Care and Support Assessment

We suggest that initially you look at the information on pages 4 to 12. There are a number of services available to help you which are listed on: **www. nottshelpyourself.org.uk**/ We have also given details of some services you can get without assessment.

If, after exploring these options, you feel you may need more support than these can offer, then you might need to have a Care and Support Assessment. This will allow you to explain the things you are finding hard to achieve and we will discuss with you how we might be able to help you. The aim of the assessment will always be to help you regain or maintain a level of independence and we will work with you and your existing support network to try to achieve this. We will carry out the assessment in the most appropriate way depending on your needs; this could be over the telephone or at one of our clinics. If other methods are not suitable, we will arrange to complete your assessment in your own home.

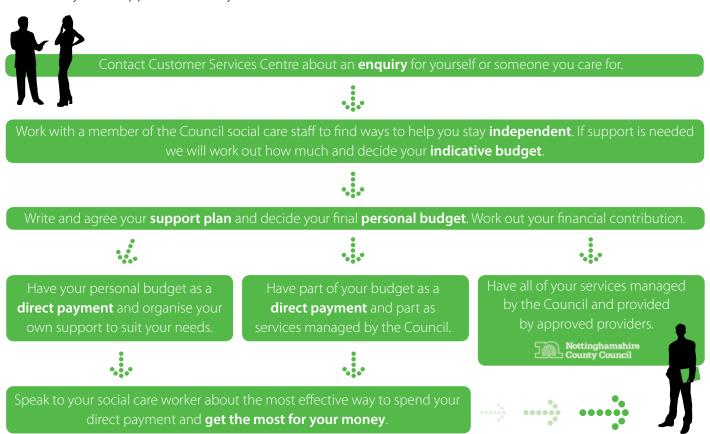
We follow the Care and Support (Eligibility Criteria) Regulations 2014, issued under the Care Act 2014, when deciding who is eligible to receive community care support funded by the Council. The regulations are there to ensure that all councils make decisions about who gets help in a similar way.

If you are eligible for support, we will:

- encourage you to find solutions to your problems, if possible, by providing you with information and advice;
- consider, with you, how other people around you can help (for example, family members, friends and local organisations);
- provide help for only as long as it is needed to enable you to become, and stay, as independent as possible in your own home; and
- meet your eligible needs in the most costeffective way.

Please contact us on: **0300 500 80 80** for information and advice on Care and Support Assessments.





For further assistance tel: 0300 500 80 80 or visit www.nottinghamshire.gov.uk 13

# Will I have to pay towards my care?

Most people will have to make a contribution towards the cost of any care or support they receive. This is so that we can concentrate our limited resources on people with the most need and provide support to as many people as possible.

A member of staff will talk to you about your financial circumstances to decide how much you will need to pay towards your services.

If you are eligible for a personal budget, and you choose to take all or part of it as a direct payment, your benefits will not be affected and it is not counted as income for tax purposes. For more information, see below.

# How would a personal budget be paid to me?

There are three ways to receive a personal budget:

**1. Direct payment** – this is a cash payment we give you (if you are eligible) so that you can buy the support you need yourself. A direct payment gives you the most flexibility and control over your support. You also have more responsibility for arranging your support.

**2. Mixed personal budget** – you can receive part of your personal budget as a direct payment and arrange some of your support yourself and ask us to arrange the rest with a managed personal budget.

**3. Managed personal budget** – we will arrange the services that meet your support needs for you. A managed personal budget is less flexible than a direct payment but you have less responsibility to arrange your support.

## Which is the best option?

For many people, the best option is a direct payment. This allows you much more freedom to arrange the services you want, from the companies or carers you prefer, at times that suit you. Having a direct payment means that you can buy services from companies that we don't have contracts with. You can also use the money to employ a personal assistant to give you support when you want it.

To help you understand how a direct payment could work for you, we have collected some examples of how people in Nottinghamshire are using direct payments at the moment.

## Case study

"Can I just say that the help our aunt is receiving from the personal assistant (PA) is of great benefit to her? The direct payment system seems to be working for us.

"My aunt now has structure to her day. The PA ensures that our aunt takes her medication and supplies her with hot meals. The PA has gained my aunt's confidence and is able to assist with some personal care, which we weren't sure she would accept initially. It takes some pressure off us, as both myself and my brothers work and have families, so it's difficult for us to be there as often as my aunt needs. However, it is comforting to know that someone we can trust is helping our aunt and is able to liaise with us and alert us to any concerns."

This is the view of a family member whose aunt has dementia and receives a personal budget via a direct payment.



For help and advice in Nottinghamshire

# 0300 500 80 80

www.nottinghamshire.gov.uk/ adultsocialcare

# **Case study**

Miss R is 24 years old with a physical disability and is a wheelchair user. Miss R lives with her mother in Nottinghamshire, but she wanted to attend university to complete a degree.

When living with her mother during the holidays, she doesn't require any paid support, as her mother meets all her needs.

Following her assessment, she was able to identify very clear outcomes in her support plan: to feel safe, to get up and ready for her day at university, to be comfortable during the day and night, to have a clean and tidy home and to be able to enjoy a meal.

It is essential to Miss R that she is able to have flexibility in how and when her outcomes are met. She needs to be able to call on support as required, but have time to herself and an element of freedom and independence.

Miss R has chosen to have her personal budget as a direct payment. Miss R has been very happy with the support she has been able to purchase with her direct payment. It has given her the choice and control she needs to live her life independently and enjoy her life at university. She is now in her final year.

# If I were to have a direct payment, what would I need to do?

Direct payments are designed to give you more choice over your care; however, there are some things that you will need to do, such as open a separate bank account or use a pre-payment card, and keep a record of how you have spent the money (bank statements/invoices).

## Would I have to manage everything by myself?

No. You are not expected to manage all of this on your own. If you need additional help, we can give you contact details of direct payment support services. You may need this support if you are employing your own staff.

# Where can I get more information about direct payments?

You can contact us on: **0300 500 80 80**. If you are eligible and decide to have all or part of your personal budget as a direct payment, we can provide you with more information in the form of fact sheets.

## What happens if I don't want a direct payment?

Some eligible people may not be able to have, or may not want a direct payment. If this is the case, we will arrange the care and support services you need from our approved list of providers.

It is up to you how you choose to have your personal budget. If you have a direct payment and then change your mind, you can stop it at any time.

# Arranging services on your behalf

If you pay for your own care, and you want us to help arrange community-based services on your behalf, there is a £100 charge for this 'brokerage' service. It may include things like:

ringing round providers to discuss your requirements;

- taking you to visit a provider;
- negotiating rates with providers; and
- arranging taster sessions.

# Staying safe and well at home

If you are assessed as being eligible for services from Nottinghamshire County Council (see page

13 ), there are a number of options to help you stay safe and well at home.

# Telecare and Assistive Technology

Assistive Technology enables help to be requested in an emergency and may be useful to you if you feel vulnerable in your own home. Sensors around the home can automatically detect falls, fires, flooding, extreme temperatures, bed wetting and epileptic seizures, and can also tell if you have left your home at night-time, which can be useful for people with dementia.

If the sensors are triggered, an alert is either sent to a carer in your home or, alternatively, can be sent (via a special box attached to your phone line) to trained operators at a 24-hour monitoring centre. Staff at the monitoring centre will try to contact you immediately to find out more about your situation, and, if necessary, can arrange a suitable response, such as calling an ambulance or asking a friend or relative to pop round to check that you are OK.



If you have problems with your memory, other Assistive Technology can be used to prompt you to carry out daily living tasks, such as taking your medication.

If you have dementia, it is sometimes difficult for other people to know how well you are managing at home. As part of your assessment for long-term support, we may use activity sensors around the home to detect your movements (there are no cameras). Information from the activity monitors can help professionals and families to better understand how your dementia is affecting your independence and ensures that the most appropriate care is provided to help you stay in your own home.

For more information, visit: **www.nottinghamshire. gov.uk/adultsocialcare** or phone: **0300 500 80 80**.

# Case study

Sinead Northey, 18 from Rainworth, has benefitted from a range of alarms and devices to help her become more independent and reduce the support that she receives from her parents, Catherine and Richard.

Sinead has an acquired brain injury, which affects her short-term memory and has given her epilepsy. She carries a sensor that detects if she has a fall and includes a button to raise the alarm if she is unwell. She also has a sensor under her mattress which informs her parents if she is having a seizure.

Her independence has increased with the use of an alarm device, which reminds her of daily tasks such as going to bed and brushing her teeth, and an automatic pill dispenser which prompts her to take her medication.

Catherine said: "The equipment we have been given has made such a difference to all of our lives.

"Sinead's short-term memory is very poor so I used to constantly remind her to do everyday tasks, which was very exhausting.

"Now she is doing these things with less support, which is great for her independence and selfesteem. She now takes a shower on her own thanks to the reminder alarm so I no longer have to keep checking on her, which affected her privacy.

"I used to have get up throughout the night to check she was OK but I have a greater peace of mind and a better night's sleep knowing the alarm will go off if she has a seizure."



# Getting urgent support at home

Our 24-hour 'telecare' response service provides access to temporary home care support in emergencies, via a lifeline or the sensors mentioned on page 16. Care staff will typically be at your home within 45 minutes of being requested by your lifeline monitoring centre.

The care staff can help with a wide range of occasional emergency issues, for example:

- assistance with toileting, including helping you, or a carer to clean up following a toileting accident;
- guiding you safely back home if sensors have alerted that you have wandered at night into the immediate area outside your home;
- an emergency check-up visit if the lifeline monitoring centre cannot contact you following a call for help; and
- a reassurance visit if you are still feeling very

anxious, following an alarm call to the lifeline monitoring centre.

Once the service has been set up, you can call for help 24-hours a day by using your lifeline pendant or, if you have telecare sensors, these can automatically call for help if they detect you are at risk at home.

For more information about the costs of the service and how to have an assessment, phone: **0300 500 80 80**.



# Home. There's no place like it.





**The service provided was excellent** and enabled me and my sister to know that our father was being properly cared for, particularly important as we both live some distance away. I would have no hesitation in recommending Home Instead." Mrs N – Ruddington

Call us on: 0115 9226116 • 0115 9677303

Or visit: www.homeinstead.co.uk/nottingham

Being able to live at home can be one of the most important comforts in an older person's life and because family and friends can't always be there, Home Instead Senior Care are here to help.

Our Caregivers take great pride in helping our clients to lead a more comfortable and confident life and offer a variety of services tailored to their individual needs.

From an hour a day, to full time care, our service is available 24 hours a day, seven days a week.

Personal Budgets, Direct Payments or Private Funding arrangements

# Services include:

- Companionship
- Light housekeeping
- Local transportation and errands
- Meal preparation
- Respite Support
- Convalescence support
- Shopping
- Personal care
- Specialist dementia and Alzheimer's care and much more

# UKHCA





Visit www.carechoices.co.uk for further assistance with your search for care

# Assessment beds

If you have been in hospital following illness or an operation and are now medically fit to leave, you may still need some support before you can return home. Assessment beds offer you short-term support, usually in one of our care and support centres. During your stay, you will receive help with dressing, washing and any other tasks you're struggling with. We will help you adapt if you have lost any skills following your illness or operation. As your strength comes back, we will gradually reduce the level of support until you are ready to return home. If you are unable to return home, we will work with you to consider other options, such as going to live in extra care or residential care.

# Intermediate care

Similar to assessment beds, intermediate care also supports you following illness or an operation. However, this short-term service is provided jointly with Health. A multi-disciplinary team, including therapy, nursing and social care staff, will work with you to help you rehabilitate.

# Support at home (home care)

If you are an older person or have a physical disability, learning disability or mental health needs, you may be eligible for home care support.

Home care staff can help support you with daily activities such as getting in and out of bed, getting dressed and going to the toilet. On top of this, they may also help with daily living or domestic tasks like laundry, shopping and some meal preparation. The aim of support in your own home is to increase or maintain your independence so that you can remain living at home for as long as possible. The amount of support you require may reduce over time as you regain your ability to do things for yourself; we will work with you to review the level of support you need to stay independent in your own home.

If you have been ill or have just come out of hospital, you may benefit from short-term home care support (see page 8).

Home care services can be provided by:

- independent agencies;
- voluntary agencies; or
- individuals.

Home care can be paid for using a direct payment if you have one (see page 14 for more information).

If you have been assessed as being eligible for support, we will work with you to look at the best options to meet your care and support needs. If you need a personal budget to pay for your care, this will be based on your support plan. The amount of care you receive weekly will depend on your needs (worked out with us, as described on page 13). Carers must be specially trained in areas such as manual handling, first aid and food hygiene. They will also need to have had background checks with the Disclosure and Barring Service (DBS), previously known as Criminal Records Bureau checks.

Some agencies offer a night sitting or even a livein service and some are also registered as nurses agencies, meaning they can provide registered nurses if needed. All home care organisations that provide personal care must register with, and be inspected by, the Care Quality Commission (CQC), which ensures that quality standards are met by the service and that staff are appropriately trained to do their job.

Phone: **0300 500 80 80** for more information about home care and the assessment process. See pages 19 to 29 for information about home care agencies in Nottinghamshire or visit: www.nottinghamshire.gov.uk/adultsocialcare

# Home care providers

All domiciliary agencies listed below are registered by the regulatory body, the Care Quality Commission (CQC). However, Nottinghamshire County Council has contracts with certain providers with whom they trade regularly; these are indicated below.

Ashfield and Mansfi CARE UK HOMECAI Nottingham Commu Sutton-in-Ashfield Fel: 0333 999 7628	RE	<b>Broxtowe</b> <b>DIRECT HEALTH</b> Nottingham Tel: 0115 896 4005	OP YA
Bassetlaw and New COMFORT CALL LT Newark Fel: 01636 858675 Bassetlaw Fel: 01909 768196	ark	Gedling and Rushcl AGINCARE UK Nottingham Tel: 0115 920 4948	iffe OP PD SI YA
Other registered	domiciliary agencies		Advertisers are highlighted
<b>A-2-E</b> Mansfield Tel: 01623 821534	OP PD MH SI YA	<b>AGINCARE UK</b> – <b>NOTTS COUNTY</b> Nottingham Tel: 0115 920 4948	OP D PD LDA MH SI YA AD
Loughborough Tel: 01509 881595 ACCESS 2 CARE NO	GENCY – WEST LEAKE OP D PD LDA SI YA TTINGHAM LTD	<b>AGINCARE UK</b> – <b>SPRING MEADOW</b> Nottingham Tel: 07525 868327	/ EXTRA CARE SCHEME OP D PD SI YA
Nottingham Tel: 0115 859 6074 ACE CARE 4 U LTD Nottingham Tel: 0115 970 5832	OP D PD SI YA Advert page 20 OP D PD MH YA	AGINCARE UK	USE EXTRA CARE SCHEME OP D PD MH SI YA
<b>AGE GRACEFULLY I</b> Nottingham Tel: 0115 929 8633	TD Advert page 20 OP D PD MH SI YA AD	AGINCARE UK – WOODVALE EXTRA Nottingham	A CARE SCHEME
AGINCARE UK - CRICKETERS COU Nottingham Tel: 0115 928 6862	RT EXTRA CARE SCHEME OP D PD SI YA	Tel: 0115 928 6862	OP PD SI YA OMICILIARY CARE SERVICE OP D PD LDA MH SI YA
AGINCARE UK - HILTON GRANGE Nottingham Tel: 07525 868331	EXTRA CARE SCHEME OP D PD SI YA	ALLIED HEALTHCAI Nottingham Tel: 0115 975 0885	

# Supporting Independence

Providing a home support service with a difference. We offer a culturally appropriate and flexible care service tailored to individual needs.

## Our diverse team of well trained support workers can assist you with:

Personal Care - Help with washing, bathing, dressing etc.

- Social Care Assisting with outdoor activities such as doctor/hospital
- appointments, shopping etc.
- Domestic Care Assist with cleaning, laundry, Ironing etc.
- Meal & Dietary Care Food preparation in your own home, assistance with feeding etc.

To discuss our full services and your personal requirements call us on:

0115 9705832 or email info@acecare4u.co.uk

# www.acecare4u.co.u

ACF

# Age Gracefully Home Care Provider

- Domestic Support
- Personal Care
   Respite Care
- Outings and Socialising
- Specialist Support
- Palliative Care Dementia Care
- Physical Mobility
- Hospital discharge and re-enablement

# Call us on: 0115 929 8633

"Independent living with bespoke care needs" Assisted Home Living

Assisted Home Living introduces support workers enabling people who would perhaps have had to move into a nursing or residential home to remain in the comfort of their own homes.

Phone: 01777 817720 or 07545 525 626 Fax: 01777 817720 Email: Sarah@assistedhomeliving.co.uk Address: 5 Laycock Avenue, Gringley On The Hill, Doncaster, South Yorkshire, DN10 4SA Office hours are 09.00 - 17.00 Monday to Friday Out of hours and weekend please ring 07545 525 626

> Call: 01949 829307 This Directory's helpline 0800 389 2077 – information on choosing and paying for care

# **CARE VISITS AT HOME**

Good Old Fashioned Service



# We offer everything from:

iebird

- personal care
- getting up and helping to bed
- assisting with medication cleaning or social visits

Support for older people, adults with learning disabilities, physical disabilities and/or mental health issues.

For many people the questions about care don't arise until, suddenly, there is a need.

Call us on:

01159 333 114 Rushcliffe & Melton office

01636 673920 Newark & Sherwood and Bassetlaw office

www.bluebirdcare.co.uk



# We provide Support At Home

Belvoir Home Care is an independent care provider. We provide a flexible service supporting people in their own home. We support people with Dementia, Alzheimer's Disease, Physical Disabilities, Mental Health problems and those who need End of Life Care.

- · Companionship,
- Light Housekeeping,
- Meal Preparation,
- Personal Care,
- Transportation,
- Sit in Service

and

Night Care





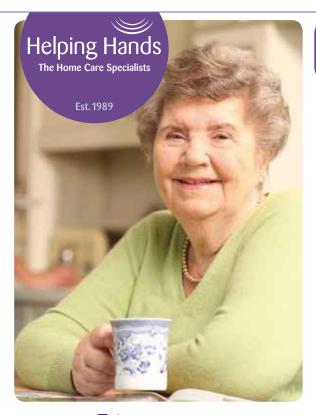




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Other registered domiciliary	agencies continue	d Advertisers are highlighted
AMG NURSING AND CARE SERVIO – NOTTINGHAM	CES	CALVERTON SUPREME HOME CARE Nottingham Tel: 0115 912 0196 OP D PD MH SI YA
Nottingham Tel: 0115 982 7121 <b>OP D PI</b>	D LDA MH <mark>SI Y</mark> A	CAREMARK (BROXTOWE & EREWASH)
APT CARE LTD Nottingham Tel: 0115 837 5115 OP D PD LD	A MH SI YA AD	NottinghamAdvert page 30 & 31Tel: 0115 943 6064OP D PD LDA MH SI YA
ARCHANGEL HOME CARE Nottingham		CAREMARK (GEDLING & RUSHCLIFFE)NottinghamAdvert page 30 & 31Tel: 0115 837 5230OP D PD LDA MH SI YA AD
	OA MH SI YA AD	CAREMARK (MANSFIELD)
ARNOLD ROAD, 514 Nottingham Tel: 0115 960 8091	P PD LDA SI YA	MansfieldAdvert page 30 & 31Tel: 01623 404550OP D PD LDA MH SI AD
ASSISTED HOME LIVING		CAREWATCH (NEWARK) Mansfield
Doncaster Tel: 01777 817720	Advert page 20 OP D PD YA	Tel: 01623 862333 OP D PD LDA MH SI YA
AXIS RECRUITMENT LTD Nottingham		CATHERINE TAM AGENCY Nottingham Tel: 0115 968 3888 PD LDA MH YA
	DA MH SI YA AD	CCA TRAINING LTD
BEAUMOND HOUSE Newark Tel: 01636 610556	OP YA	NottinghamTel: 0773 047 3961OP D PD MH SI YA
BELVOIR HOME CARE		CHARLESWORTH 247 LTD Worksop
Aslockton Tel: 01949 829307 <b>OP</b>	Advert page 20 D PD MH SI YA	Tel: 01909 476722 <b>OP D PD MH SI YA</b>
BELVOIR HOME CARE		CHESTNUT GRANGE
Nottingham Tel: 01949 829307 <b>OP D PI</b>	Advert page 20 D LDA MH SI YA	Newark         OP LDA YA
BESPOKE HEALTH & SOCIAL CARI	E	CHOICE SUPPORT NOTTINGHAM
Nottingham Tel: 07718 424390 <b>OP D PD LI</b>	DA MH <mark>SI YA AD</mark>	Nottingham Tel: 0115 978 9557 LDA
BETHEL HEALTHCARE SERVICES I	TD	CHURCH STREET, 19-23
Nottingham Tel: 07821 433174 <b>OP D PE</b>	D LDA MH <mark>SI Y</mark> A	Mansfield Tel: 01623 840000 OP PD LDA SI YA
BLUEBIRD CARE (NEWARK AND S Newark	HERWOOD) Advert page 20	CLIFTON VIEW LTD Nottingham Tel: 0115 984 2021
Tel: 01636 673920	OP D PD SI YA	COMFORT CALL (NEWARK)
	Advert page 20 D PD LDA SI YA	Newark Tel: 01636 679467 OP D PD LDA MH SI YA AD
BRACKEN VILLA		COMFORT CALL (NOTTINGHAM)
Nottingham Tel: 01777 719720	LDA YA	NottinghamTel: 0115 975 1441 <b>OP D PD LDA MH SI YA AD</b>
Service User BandsOPOlder people (65+)DMHMental healthSI	Dementia Sensory impairment	PD Physical disabilityLDA Learning disability, autismYA Younger adultsAD People who misuse alcohol and drugs

For further assistance tel: 0300 500 80 80 or visit www.nottinghamshire.gov.uk 21



# Do you need a Helping Hand?

If you are looking for an **alternative to residential care** or just **extra support** for you or a loved one - then we're here to help - **from 30 minutes per week to full-time Live-in Care**.

Our **Nottinghamshire care team** has been providing award winning quality home care since 1989. We offer a home care service which enables you or a loved one to remain at home with compassion and dignity.

Our local Carers can assist with personal care, companionship, housekeeping or even to provide a break to an existing family member or care-giver.





To find out how we can help you, call: **0115 828 1868** or visit: **www.helpinghands.co.uk** 



## Provídíng care the way you want ít.

Infinity Care@Home Ltd is a CQC Registered company providing domiciliary care services, supporting people to live an independent life in their own homes. Bespoke care packages can be provided for the

following services: • Personal care

Dementia care

Palliative care

- Respite care
- Medication assistance
   Shopping
  - Meal preparationCompanionship/social
  - activities

T: 01623 743759 E: enquiries@infinitycareathome.co.uk





"We Take Good Care Of You In Your Own Home!"

At First Class Care we treat everyone as an individual, and put together a bespoke care package tailored to their needs. We know how important it is to stay within your own home, and we are here to help you achieve this. First Class Care realise how important it is to recieve one-to-one care that is right for you.

Our services include: • Residential Assessments • Short-Term Live In Care

- Domestic Care
- Social Care
   Live In care/Companion Services
- Compassionate Palliative Care
- Respite Care
   Holiday Care Help
- Holiday Care Help
   Care Packages available from 30 minutes, 24/7, <u>365 days a year.</u>

Contact Our Caring Support Team on Tel: 07985 333959 or 0115 860 2258

www.firstclass-care.co.uk mandy@firstclass-care.co.uk



Other registered	domiciliary agencies continued	k	Advertisers are highlighted
Doncaster	ESTMORELAND HOUSE)	DIRECT HEALTH (NORTH Mansfield	
Tel: 07551 157243	OP D PD LDA MH SI YA		D PD LDA MH SI YA AD
COMFORT CALL (W Worksop	ORKSOP)	DISABLED CHILDREN'S S Mansfield	SUPPORT SERVICES
Tel: 01909 768196	OP D PD LDA MH SI YA AD	Tel: 01623 433433	PD LDA SI
COMPANY AND HE	LP AT HOME	<b>DKM HEALTHCARE LTD</b> Nottingham	
Tel: 01777 860886	<b>OP D PD LDA MH SI YA</b>	Tel: 07758 649066	<b>OP D PD LDA MH YA</b>
COMPASSION CARE	LTD	DUNCAN MACMILLAN H	
Nottingham Tel: 0115 989 2610	<b>OP D YA</b>	(TRUST HEADQUARTERS Nottingham	)
COMPASSIONATE C	ARE TEAM LTD	Tel: 0115 969 1300 <b>OP</b>	D PD LDA MH SI YA AD
Torworth Tel: 01777 711129	OP D YA	<b>EBS INSTANT CARE</b> Nottingham	
CONTRACT CARE A	GENCY LTD	Tel: 0115 984 1961	OP D PD LDA MH SI YA
Nottingham Tel: 0115 981 1058	OP D PD LDA MH YA AD	EVRO RECRUIT	
		Nottingham Tel: 0115 924 4634 0	P D PD LDA MH SI YA AD
CORNER HOUSE RE Mansfield	SIDENTIAL CARE HOME	EXTRA HELP CARE LTD	
Tel: 01623 657117	PD LDA MH SI	Nottingham	Advert page 22
CROSSING CHURCH	I & CENTRE, THE	Tel: 0115 928 4858	OP D PD LDA SI YA AD
Worksop Tel: 01909 723589	<b>OP D PD LDA MH SI YA</b>	FIRS RESIDENTIAL CARE Nottingham	HOME, THE
CROSSOVER CARE	TD	Tel: 0115 966 5055	<b>OP D PD LDA MH SI YA</b>
Nottingham		FIRST CARE DCA	
Tel: 0744 585 1691	OP D PD LDA MH SI YA	Worksop Tel: 01909 479222	<b>OP D</b> PD <b>SI YA</b>
CROSSROADS CAR	E EAST MIDLANDS – ICE	FIRST CLASS CARE LTD	
Nottingham		Underwood/ Nottingham	Advert page 22
Tel: 0115 962 8920	OP D PD LDA MH SI YA	Tel: 0115 860 2258	OP D PD LDA YA
CROSSROADS CAR		FITZROY SUPPORT AT HO – NOTTINGHAMSHIRE	OME
Mansfield		Newark	
Tel: 01623 658535	OP D PD LDA MH SI YA	Tel: 0115 784 1840	LDA YA
<b>DIGNITY – INNOVA</b> Mansfield	HOUSE	FOREVER INDEPENDENT Nottingham	
Tel: 01623 626252	<b>OP D PD LDA MH SI YA</b>	Tel: 0115 837 6656	<b>OP D PD SI YA</b>
DIRECT HEALTH		FREE SPIRIT SUPPORT SE	RVICE
Nottingham Tel: 0115 924 7030	OP D PD LDA MH SI YA AD	Retford Tel: 01777 712601	OP D PD LDA SI YA
Service OP Older User Bands MH Men		PD Physical disability LDA Learnin	<u> </u>
User Darius Men	tal health <b>SI</b> Sensory impairment		who misuse alcohol and drugs



## T: 0115 9455 639 E: info@theservicetree.co.uk W: www.theservicetree.co.uk

## **Our Services**

- Home Care
- Companionship Services
- **Personal Care**
- Social Day Care
- Supported Outings
- Family Support
- Dementia Care Specialists
- Advice and Support for Carers

We don't stop laughing because we get old, we get old because we stop laughing. **77** 

The Service Tree is an established care provider delivering services to clients at home in Nottingham and Rushcliffe.

We assist our service-users with daily living, taking care of the tasks they may struggle with through illness, disability or simply a life-style change. We are very proud of our friendly, highperforming team, who are great carers and great company.

Our goal is to make your life easier so if you're not sure if we provide the service you are looking for, just ask...the answer is usually yes.





We are regulated by the CQC

Magnolia

Cembracing

Enterprise House, 14-16 Bridgford Road, West Bridgford NG2 6AB

# Magnolia

105 Catfoot Lane, Lambley, Nottingham NG4 4QG Email: support@magnoliacare.co.uk

Tel: 07870 435611 / 07811 318263 Our flexible services can be tailored to meet the needs of people who are in receipt of Direct Payments, Personalised Budgets or privately funded support. We provide services for people with learning and physical disabilities, the elderly and people with mental health problems who wish to live independently within their own homes.



## Services we offer include:

- Personal care
- Support with vocational activities Assisting with finances Community support/Attending appointments
- Enabling independent living Shopping
  - Respite care Getting up or going to bed service
- Enabling social opportunities Domestic help/cleaning
- Maintaining a tenancy Regulated by the Care Quality Commission
- Household tasks, DIY and garden maintenance

# KarVonEtte's Ltd Care your needs are met

- We provide our service users with person centred planning, ensuring that their needs,
- wishes and preferences are met. Available 24 hours a day, 365 days a year. All staff have enhanced CRB, full background check and trained to the highest standard.
- Personal Care, washing, bathing, showering etc.
- Domestic duties, Laundry, ironing.
- Food preparation, feeding, shopping etc.
- Exercising and basic care of pets.
- Escort service, sittings, waking night service and sleep over service. Privately funded and direct payment service users
- accepted.

49 Wood Street, Mansfield, Nottinghamshire NG18 IQB Tel: 01623 432388 Email: yvette@karvonettes.co.uk



# RADCLIFFE HOME HELP SERVICES CARE IN THE COMMUNITY

Radcliffe Home Help Services supports people in their own homes, improving their quality of life every day. See below how we can help you:

## Personal Care

Whether washing, bathing, showering, getting ready in the morning or assisting you prepare for bed our personal care service can help.

## Social Visits / Companionship

Services range from simple social calls to check everything is ok through to 24 hour sitting services including meal preparation.

## Respite Service

Our respite service can provide a wide range of support and can be tailored to your personal situation. We assist you in supporting your loved ones.

Shopping Services

Medication Management We can be there to ensure medication is taken at any time of the day, seven days a week. We'll even collect repeat prescriptions for you.

## Hospital Recovery Support

We provide excellent aftercare for the duration of your post operative recovery. Our team will support you until you are fit and well.

## Freshly Cooked Dinners

Whether breakfast, lunch, dinner or just a snack nothing tastes better than a meal freshly prepared in your own kitchen.

Cleaning & Laundry

Call our friendly office on: 0115 9335433 Email: Donna@RadcliffeHomeHelpServices.co.uk www.RadcliffeHomeHelpServices.co.uk



Our care is comprehensive

needs in mind. Whatever

individual needs, Olive Care

your circumstances and

can provide a solution.

and flexible with your

# **HOME CARE SERVICES** WE OFFER:

- Personal care
- Domestic care
- Companionship
- Support with daily living
- Respite care
- Holiday/Excursion care
- Care from hospital

## Tel: 01159 23 35 85

Email: info@olivecare.co.uk Web: www.olivecare.co.uk Olive Care RTEC, Pavilion Road, West Bridgford, Nottingham NG2 5AW

# Notts Homecare

- Personal Care
- Sitting Service
- Shopping Service
- Meal Preparation
- Domestic Support
- Dementia Care

# **Professional homecare** you can trust.



Telephone: 01623 862491 • www.nottshomecareltd.co.uk

Regulated by the Care Quality Commission ageuk

Advertisers are highlighted	1	domiciliary agencies continued	Other registered
COMMUNITY SUPPORT	<b>OFFICE</b> Nottingham		<b>FUTURE HOME CAR</b> – <b>NOTTINGHAMSHI</b> Mansfield
OP PD LDA MH SI Y/	Tel: 01949 837227	OP D PD LDA MH SI YA	Tel: 01623 412710
OP D PD MH SI Y/	INCLUSIVE CARE Nottingham Tel: 07841 432170	OP D PD MH	<b>GC HOME CARE</b> Nottingham Tel: 0115 840 4624
HCARE – NOTTINGHAM			GIVECARE (NOTTIN
OP D PD LDA MH SI YA AI	Nottingham Tel: 0115 993 4282	OP D PD LDA MH SI YA	Nottingham Tel: 0115 962 6682
LDA Y	<b>IVY HOUSE</b> Worksop Tel: 01909 500653		<b>HATZFELD HOMEC</b> Newark
	J & K KEYCARE	OP D PD SI YA	Tel: 01636 700077
OP D PD SI Y/	Nottingham Tel: 07771 357911		HEADQUARTERS Nottingham
ΓΙΑ HOME CARE TEAM		OP D MH YA	Tel: 07584 449604
OP D PD MH Y/	Nottingham Tel: 0115 876 3222	Advert page 22 OP D PD LDA MH SI YA AD	HELPING HANDS Nottingham Tel: 0115 828 1868
HE DIAMOND CENTRE	JEPPS CARE LTD – T Nottingham		
OP D PD LDA MH SI YA AI	Tel: 01623 700389	EST BRIDGFORD	<b>HELPING HANDS W</b> Nottingham
LTD	JIGSAW HORIZONS	OP D PD MH SI YA	Fel: 0115 828 1536
OP D PD LDA MH SI YA AI	Mansfield Tel: 01623 662200		HIDMAT CARE LTD Nottingham
	JOY2CARE LTD	OP D PD SI YA	Tel: 07487 749996
OP D PD SI Y/	Nottingham Tel: 07954 587187	NIOR CARE	HOME INSTEAD SEN
AD OFFICE	<b>JRH SUPPORT – HE</b> Nottingham	OP D YA	3eeston Fel: 0115 922 6116
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RE LTD	JUBILEE HEALTHCA Nottingham	Advert page 17 OP D PD LDA SI YA	Nottingham Tel: 0115 922 6116
OP D PD LDA MH SI Y/	Tel: 0115 874 9364	NIOR CARE RETFORD AND	
ERVICES	K & S HOME CARE S		GAINSBOROUGH Retford
OP D PD MH SI Y/	Nottingham Tel: 0115 880 0300	<b>OP D PD LDA MH SI YA</b>	Tel: 01777 712629
	KARVONETTES Mansfield		HOMECARE PLUS Nottingham
Advert page 24	T-1 01(22 422200	OP D PD SI	Tel: 0115 911 3370
Advert page 24 OP D PD MH SI Y/	Tel: 01623 432388		
	KCL CARE LTD Nottingham	GROUP – NOTTINGHAM	<b>HUMAN SUPPORT (</b> Nottingham

User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol and drugs



# ANYTHING IS POSSIBLE

...WHEN YOU HAVE REAL CHOICE & CONTRO

Inspired by our own personal experiences we're here to help those who've chosen self-directed support manage their **Personal [Health] Budget**.

## 1. Third Party Arrangement

- An alternative to traditional domiciliary services. We employ on your behalf the staff you choose.
- Your budget is held in a separate client deposit account, you make the decisions on how it is used to achieve your agreed outcomes.
- 2. Direct Payment Support Service
  You employ your own Personal Assistants with our knowledge
- and expertise to support you with your legal obligations.
- which include support with recruitment, payroll and accounts.

Contact us to discuss which option is best suited to you. T: 0115 815 7010

E: info@solosupportservices.co.uk

For more information visit www.solosupportservices.co.uk



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Email: gelorman@workwisehealthcare.co.uk

www.workwisehealthcare.co.uk

Tel: 01623 642853

SureCare<sup>®</sup>

For life's journey

WHAT ARE THE CARE OPTIONS? HOW WILL I KNOW WHICH TO CHOOSE? WHAT IF MUM DOESN'T AGREE?

VISIT THE NEW CARE SELECT WEBSITE WWW.CARESELECT.CO.UK

CAREselect

CALL CARE SELECT FOR MORE INFORMATION: 08003892077

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Other registered	domiciliary	adencies continued

KNIGHTS HOME CAR Doncaster	E SERVICES LTD	<b>MENCAP PORTLAND</b> Nottingham	AND OXBOROUGH SERVICES
Tel: 01427 891483	<b>OP D LDA MH SI YA</b>	Tel: 0115 847 9434	LDA
<b>KRYSTAL CARE LTD</b> Nottingham Tel: 0115 978 4589	OP D PD SI	<b>MUMS HELPING HAN</b> Nottingham Tel: 0115 942 0028	IDS LTD OP D PD LDA MH <mark>SI</mark> YA AD
<b>LEDA HOMECARE</b> Worksop Tel: 01909 512550	OP D PD MH SI	<b>NASH HEALTHCARE I</b> Nottingham Tel: 07792 327334	LTD OP D PD LDA MH YA
LEYMAR HEALTHCAR	۲. ۲.		ERVICES LTD (NOTTINGHAM)
Newark Tel: 01623 360193	OP D PD MH SI YA	Nottingham Tel: 0115 960 7900	OP D PD LDA MH SI YA
<b>LMT SUPPORT CARE</b> Nottingham Tel: 07786 376648	OP D PD LDA MH YA	<b>NEW BROOK HOUSE</b> Nottingham Tel: 0115 978 3742	OP D PD LDA MH SI YA
MAGNOLIA DOMICIL	IARY CARE LTD	NEWARK REGIONAL	OFFICE
Nottingham Tel: 07870 435611	Advert page 24	Newark Tel: 01636 611363	OP D PD LDA MH SI YA
MANSFIELD REGION Mansfield Woodhouse Tel: 01623 651987	AL OFFICE OP D PD LDA MH SI YA	<b>NOTTINGHAM</b> Nottingham Tel: 0115 954 0167	OP PD SI YA
<b>MEARS CARE</b> Nottingham Tel: 0115 845 6595	OP D PD LDA MH SI YA AD	<b>NOTTINGHAM</b> Nottingham Tel: 0115 815 7010	OP D PD LDA MH SI YA AD
		NOTTINGHAM ASSU	RED HOME CARE LTD
MEARS HOMECARE L Mansfield Tel: 0333 999 7628	OP D PD LDA MH SI YA AD	Nottingham Tel: 07974 685094	OP D PD SI YA
MENCAP CENTRAL N	OTTS SERVICES	NOTTINGHAM CITY O	COUNCIL SHORT BREAKS
Worksop Tel: 0207 454 0454	LDA	Nottingham Tel: 0115 883 8280	PD LDA SI YA
MENCAP CHILDREN'S (EAST MIDLANDS)	S SERVICES	NOTTINGHAM DCA Mansfield	
Worksop Tel: 0808 808 1111	LDA	Tel: 01623 709890	LDA
MENCAP – NEWARK I Newark	DOMICILIARY CARE AGENCY	NOTTINGHAM DOMI Nottingham Tel: 0116 247 3900	CILIARY CARE SERVICE OP PD LDA MH SI YA
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MENCAP NORTH NO		<b>SERVICE</b> Nottingham	
Tel: 01909 712255	LDA	Tel: 0115 920 4433	<b>OP PD LDA YA</b>

Service<br/>User BandsOPOlder people (65+)DDementia<br/>DementiaPDPhysical disabilityLDALearning disability, autismMHMental healthSISensory impairmentYAYounger adultsADPeople who misuse alcohol and drugs

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<b>POLKADOT CARE LI</b> Nottingham	GIONAL OFFICE	NOTTINGHAM REGIC Nottingham
Tel: 0115 959 6137	OP D PD LDA MH SI YA	Tel: 0115 960 3264
PREMIER CARE	GIONAL OFFICE	NOTTINGHAM REGIO
Mansfield Tel: 01623 810100	<b>OP PD LDA MH SI YA</b>	Nottingham Tel: 0115 870 0316
PRESTIGE NURSING	PPORTED LIVING (DCA)	
Nottingham Tel: 0115 870 9330	<b>OP PD LDA MH SI YA</b>	Nottingham Tel: 07793 616717
PRIDE & JOY HOME	RE DOMICILIARY SERVICES	NOTTINGHAMSHIRE
Nottingham Tel: 07896 267842	LDA MH YA	Nottingham Tel: 0115 976 0441
<b>PURE OFFICES</b> Nottingham Tel: 01623 726177		<b>NOTTS HOME CARE I</b> Worksop/Nottingham Tel: 01623 862491
<b>QUALITY LIFE UK</b> Loughborough Tel: 01509 767879	OP D PD LDA MH SI YA AD	NURTURECARE LTD Nottingham Tel: 07842 074280
RADIS COMMUNITY (MOORFIELD COUR Southwell	HE OP D YA	<b>OLD VICARAGE, THE</b> Doncaster Tel: 01302 745707
Tel: 01636 814325		OLIVE CARE
RADIS COMMUNITY	Advert page 24 OP D PD LDA MH SI YA AD	Nottingham Tel: 0115 923 3585
Tel: 0115 943 0604	OLUTIONS	PATHWAY CARE SOL
RAINBOW CARE SER – 2A KEMPSON STR	LDA YA	<b>HEAD OFFICE</b> Nottingham Tel: 0115 947 3142
Tel: 0115 921 2555		PERCURRA
<b>REACH HOUSING &amp;</b>		Nottingham
Sutton-in-Ashfield		Tel: 0844 544 7780
Tel: 01623 559299	N	PERSON 2 PERSON Nottingham
REACH LEARNING D	<b>OP D PD LDA MH SI YA</b>	Tel: 0115 850 4096
Tel: 01636 919946	UPPORT TEAM	PERSONALISED SUP
REAL LIVES COMMU		– <b>NOTTINGHAM</b> Nottingham
Nottingham Tel: 07772 127691	OP D PD MH SI YA	Tel: 0845 196 0061
REAL QUALITY CAR		PERSONALISED SUP - NORTH NOTTINGH
Nottingham		Mansfield
Tel: 0115 854 7093	OP D PD LDA MH SI YA	Tel: 0115 844 3541
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This Directory's helpline 0800 389 2077 – information on choosing and paying for care 28

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Nottingham		Tel: 0115 876 3222	YA
Tel: 0115 852 8000	OP D YA	SOCIAL CARE SOLU	TIONS (NOTTINGHAM OFFICE)
RED HOMES HOMECAR	RE AGENCY	Hucknall	-
Newark		Tel: 07788 576656	OP D PD LDA MH SI YA AD
Fel: 01636 678423	OP D YA		ARE SOLUTION (SOJ) C.I.C
REDBANK HOUSE Retford		Nottingham Tel: 07830 735352	OP D PD LDA MH SI YA AD
Fel: 01427 880716	LDA YA	START SERVICE	
REDCLIFFE HOUSE			ING & RUSHCLIFFE LOCALITY
Mansfield		Nottingham Tel: 0115 917 5800	OF
Fel: 01623 635599	LDA YA	START SERVICE	
RESPECTFUL CARE			ASHFIELD LOCALITY
Nottingham	OP D PD LDA MH SI YA	Sutton-in-Ashfield	
Fel: 07912 675521	OP D PD LDA MH SI YA	Tel: 01623 434000	OF
RESPECTFUL CARE		START SERVICE	
Mansfield Fel: 01623 665011	OP D PD LDA SI YA	– NEWARK AND BA Newark	SSETLAW LOCALITY
		Tel: 01623 520520	0
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Fel: 0115 914 2609	<b>OP D</b> MH	Loughborough	Advert page 20
RIGHT AT HOME (NOTT		Tel: 01509 260001	OP D PD LDA MH SI Y/
West Bridgford		SUTTON IN ASHFIE	LD
Fel: 0115 880 0911	OP D PD SI YA	Sutton-in-Ashfield	LD/
SCOPE INCLUSION EAS	T MIDLANDS	Tel: 01623 512850	
Nottingham		TAILOR MAID CARE Nottingham	SOLUTIONS LID
Fel: 0115 942 0060	PD LDA YA	Tel: 0330 223 3855	<b>OP D PD LDA MH SI YA</b>
SERVICE TREE LTD, THE		VICTORIA COTTAG	E RESIDENTIAL HOME
Nottingham	Advert page 24 OP D MH YA	Nottingham	
Fel: 0115 9455 639		Tel: 0115 966 3375	OP D
SEVACARE – NOTTING	HAM	VITASCARE	
Nottingham Fel: 0115 924 4682	<b>OP D PD SI YA</b>	Nottingham Tel: 07446 276581	PD LDA MH SI YA
SHERWOOD PRIME CAI			
Norksop		VP COMMUNITY CA Nottingham	
Tel: 01909 512127	<b>OP D PD SI YA</b>	Tel: 0870 850 4265	<b>op pd lda mh si ya ad</b>
SILVER SERVICE CARER	S LTD	WESTMINSTER HO	MECARE LTD (NOTTINGHAM)
Newark		Nottingham	
Tel: 07906 115755	OP D PD LDA MH SI YA AD	Tel: 0115 982 1331	OP D PD LDA MH SI YA AC
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Service<br/>User BandsOPOlder people (65+)DDementiaPDPhysical disabilityLDALearning disability, autismMHMental healthSISensory impairmentYAYounger adultsADPeople who misuse alcohol and drugs



The mark of excellent care



# Excellent quality home care and support

- Help with washing & dressing
  - Shopping & meal preparation
    - Prompting with medication
      - Support with daily routines
        - Overnight support and live-in care
          - Respite services
            - Socialising and leisure activites
            - Accessing the community

# Contact Caremark today

# Gedling & Rushcliffe 0115 837 5230

gedlingandrushcliffe@caremark.co.uk

# Mansfield 01623 404 550

mansfield@caremark.co.uk

# Broxtowe & Erewash 0115 943 6064

broxtoweanderewash@caremark.co.uk

# Home care agency checklist

These questions may be useful when considering using the services of a home care (domiciliary) provider to help you build up a picture of how your care needs will be met in your own home.

Agency 1	f n/h
Agency 3	£p/h

# Agencies

What experience does the agency have in your particular field of need? Can they supply references for you to check?

1\_\_\_\_\_ 2 3 How long has the agency been operating? 1..... 2 3 ..... How many care workers would the agency assign to care

for you and would you see the same one every day? If not, how does the staff rota operate and what happens if your carer goes on holiday or is sick? Will you be notified in advance that a different care worker will be attending?

1	
2	
2	

How can you contact the agency in an emergency or outside office hours?

How hard or easy would it be to make a complaint and how are things then put right?

If this is a private contract, ask for a copy of the agency's contract terms and read these carefully with someone you trust. Get as much help as you can going over it and ask any questions you may have before signing anything. The Citizens Advice Bureau or Age UK could help with this.

You will have a care plan drawn up by the agency which

the care workers will work to. Ask how often this plan will

1 .....

outside office flours.	
1	2
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3	

1

## **Care Workers**

You should expect your personal preferences, dignity and privacy to be respected. Discuss this with the agency and ask how the most suitable care workers for your particular care are chosen. Can you talk to them before deciding?

1	2
2	3
3	Care workers must be checked with the Disclosure
Care workers should be fully trained or be in ongoing	and Barring Service (DBS) and have a criminal records
training. Ask the agency about their policies on this.	disclosure – make sure this is the case.
1	1
2	2
3	3

# Paying

If your care is arranged privately, you should check the fee rates charged and be clear exactly what the payment you make covers. It may be helpful to get a quote from at least three agencies prior to making your decision and to agree

a final price with the agency.

be reviewed by the agency.

1	
2	2
3	3

# Looking after someone

If you provide unpaid support to help an adult live at home, you are a carer. Carers may be caring for an older person, someone who has a long-term physical illness or disability, a learning disability, mental health issue or substance misuse problem.

Caring may mean helping with practical tasks such as washing, dressing, taking medicines, shopping or laundry, providing emotional support, keeping an eye on someone to make sure that they are safe or looking after someone when they go out. Caring may have an effect on them, for example their



health, work, social life, finance, education, family and personal life. It is important that carers know what help is available to help the carer balance their caring life with a life of their own.

# Carers hub

We pay Carers Trust East Midlands to run the Nottinghamshire Carers Hub to provide support to carers. This includes free advice, information and support to all carers. Carers Trust may be able to help in a number of ways, for example telephone or face-to-face advice, information about local support

Carer's assessment

Carers who regularly care for someone are entitled to a carer's assessment to look at the impact that caring has on the carer and to make sure that their own needs are addressed. For information regarding assessments, phone us on: **0300 500 80 80**.

If a carer needs some help for the person that they care for, and/or they want a regular break from caring, the person that is being cared for may need an assessment.

# Carer's personal budget

If a carer is eligible for extra help, this will be

groups where carers can meet other carers, and information about events and training courses. For more information, please contact Carers Trust on: 0115 8248824, email: hello@carerstrustem.org or visit: www.carerstrustem.org

determined through their carer's assessment. Eligible carers may be offered a carer's personal budget, which may be used towards a day out or to buy equipment, for example.





Nottinghamshire

For help and advice in Nottinghamshire

0300 500 80 80

www.nottinghamshire.gov.uk/ adultsocialcare

# Carer's breaks

Carers sometimes need a break and this may be provided in several ways:

- the cared-for person may wish to go into a care home for a stay;
- a carer can move into the home to provide homebased respite care; or
- family-based respite care can be provided, where the cared-for person moves into another family's home for a short time.

The best option will depend on the carer's needs, the urgency of the situation and personal choice and cost.

The person being cared for will need to have an assessment to see if they are eligible for this service and they are likely to have to pay towards the cost of the short break.

For more information about short breaks for carers, contact us on: **0300 500 80 80**.

# Carer's emergency card

The carers' emergency card is a free small card that identifies carers in an emergency situation. It will alert anyone finding the card to the fact that the person is a carer and that someone they care for may require assistance. Once issued with a card, in the event of an emergency, the carer will have peace of mind that there is a 24-hour system in place to ensure that the person being cared for is looked after by the people that the carer has chosen. To apply for an emergency card, please phone: **0300 500 80 80**.

# Crisis prevention support

We fund a scheme enabling the person being cared for to be looked after on a short-term basis in their home should their carer have an unforeseen or emergency situation. Examples of when the service can be used are when the carer:

- is too ill to provide care for a short period of time;
- needs to attend the funeral of a family member/ friend; or
- has a hospital appointment or is due to be admitted to hospital themselves.



## There is no charge for this service.

Bassetlaw Comfort Call: **01909 768196** 

Broxtowe Direct Health: **0115 896 4005** 

Gedling Agincare UK: **0115 920 4948** 

Mansfield and Ashfield Mears: **0333 999 7628** (crisis prevention is temporarily provided by Comfort Call Newark: **01636 679467**).

Newark Comfort Call: **01636 679467** 

Rushcliffe Agincare UK: **0115 920 4948** 

For more details, visit: **www.nottinghamshire.gov.uk/ adultsocialcare** These contact numbers are correct at time of printing. A list of up to date information is available on: **www.nottshelpyourself.org.uk** or can be obtained by phoning: **0300 500 80 80**.

# Somewhere to live

While we will always work with you to help you stay in your own home for as long as it is safe to do so, sometimes this is not possible and you may need

to consider other living arrangements. Some other options available to you are listed in this section.

# **Shared Lives**

Shared Lives aims to help people experience ordinary life with real relationships. It is a scheme where carers are trained to look after older people, people with physical disabilities, learning disabilities or mental health needs. The support is mainly provided in the carer's home.

It is a regulated service for people who:

- need support to live in the community;
- are over 18; and
- are eligible for social care services.

Shared Lives can be delivered in several different ways:

- sharing or living in a carer's home and getting support with everyday life. This can be for a short period of time or it may be for months or years;
- daytime support where you have regular support sessions in the carer's home and out in the community; and
- outreach support where you live in your own home and the carer provides help where needed so you can live independently.

If you are eligible and Shared Lives is suitable for

your needs, we will try to match you with a carer. This means you get a chance to find out about the carer and they can find out about you to make sure everyone is happy before any support starts.

If you are eligible for Shared Lives, you may have a personal budget to pay for support. You will have to pay towards your living costs if you live with a carer or stay with them in their home.

Contact us on: 0300 500 80 80 or visit: www.nottinghamshire.gov.uk/sharedlives to find out more.





Nottinghamshire

For help and advice in Nottinghamshire

# 0300 500 80 80

www.nottinghamshire.gov.uk/ adultsocialcare

# Day Care Services for Adults, Specialised in Physical/Learning Disabilities & Complex Needs





















Our service & facilities have been designed to meet the specific needs of adults (Age 18 upwards) with Physical & Learning Disabilities. Our clients includes those with complex needs & severe physical & learning disability needs such as oral suction, jejunostomy tubes, gastrostomy or naso gastric tubes, hydrocephalus, blind loop syndrome, mild autism, epilepsy, spine bifida, tracheotomies to name but a few.

We offer a Hydro Pool; Interactive Cinema room incorporating our Flasma system which images projected by this intuitive and highly flexible system respond to the smallest gesture or movement, enabling clients to easily interact and generate immediate, real-time audio-visual experiences. Cognitive ability is stretched as they learn about the world, follow instructions and select appropriate answers. We also offer a Snoezelen room; Waterbed room; Art & Crafts room; & Treatment rooms. Along with our newly refurbished 1st floor development, we now also offer Music room; Computer Suit; Smart Board room; Refreshments area with internet TV; Dining room; Therapy Kitchen & our Immersive room. We have recognised the importance of an active rather than a passive sensory room experience is just as important. Gesture controlled interactive technology allows empowerment for users to truly transform their environment and be immersed in a complete multisensory experience. Sensory Environments bring the whole world into the room & give the user the chance to actively explore a world beyond their reach.

For more information call **01623 557 560** or email **info@everysensation.co.uk** 

Free Hydro Pool and Day Centre passes available (conditions apply)

# Extra care housing

Extra care housing is high-quality accommodation where you can live as independently as possible, with the reassurance that care staff are on-site 24-hours a day, seven days a week.

Extra care housing is an extension to traditional supported housing and each extra care scheme is different. However, each provides you with your own front door, as well as offering a range of flexible services and facilities on-site that you could use, including communal areas.

## Extra care housing offers:

**Privacy, independence and security** – you have the freedom to live your life how you wish, in your own home with your own front door; you can come and go as you please.

**Control and choice** – you keep complete control over your finances. Dependent on the accommodation on offer within each scheme, you can rent, buy or part own your home.

**Support and flexibility** – support is on hand to help you with everyday care and support tasks. The support provided is tailored to your own situation and changes according to your needs.

**Stability** – if your needs become greater, you don't have to move to get more support as the care offered by the on-site care team can change according to your needs.

**Sense of community** – communal areas allow you to easily socialise with other residents and join in group activities.

There are now 11 extra care schemes in Nottinghamshire:

- Westmorland House in Harworth
- Abbey Grove in Worksop
- Vale View in Newark
- Moorfield Court in Southwell
- Hilton Grange in Edwalton
- Cricketers Court in West Bridgford

- Spring Meadows in Cotgrave
- St Andrews in Mapperley
- Bilsthorpe Extra Care Scheme in Bilsthorpe
- Poppy Fields in Mansfield
- Darlison Court in Hucknall

In addition to the existing schemes, as part of our commitment to improving choice and support for older adults, we continue to develop further extra care schemes to increase the number of available places across the county.

Within each designated extra care housing scheme, we have nomination rights to a number of units of accommodation to be used as an alternative to residential care.

To be considered for one of our extra care housing schemes, you will need to be assessed by the Council as being eligible for social care support and requiring extra care accommodation. Residents will usually be aged 65 years and over, although in some circumstances, we may consider younger people for extra care housing.

For further information, call us on: 0300 500 80 80 or visit: www.nottinghamshire.gov.uk/adultsocialcare



# Residential care

Before you think about residential care, please take time to look at the other options that are available to help you stay living independently at home. You may find that equipment, an adaptation to your home or support with washing and dressing means that you can stay in your own home for longer.

First, visit: **www.nottshelpyourself.org.uk** or phone: **0300 500 80 80** for details about a range of services which can help you.

There are also other options for somewhere to live when you can no longer stay at home, such as shared lives or extra care (see page 35).

If you are considering moving into residential care, you will need to have an assessment which will determine the level of your needs and whether you are eligible for social care support. This is strongly advised, even if you are funding the cost of your own care. Firstly, it will ensure that you have taken advantage of our expertise – we will be able to provide information and advice and possibly suggest alternative ways to meet your needs (which have been outlined in the sections above). Secondly, if you are moving into a care home and funding your own care, and your assets fall below the self-funder threshold of £23,250, you need to be aware that the Council will not automatically fund the full cost of the care home you are living in. In this situation, we will undertake a Care and Support Assessment and may not fund your care if you do not have assessed eligible needs. Or, if you have assessed eligible needs, we may only be able to contribute less than the cost of the care home you have chosen.

If you are considering residential care for yourself or a family member, please contact us on: **0300 500 80 80**; we will be happy to assist.



# Types of homes

There are two types of care home:

# Care homes (personal care only)

If you can no longer live independently and safely at home and need greater security and care, subject to an assessment, a care home offering personal care only may be the best option. Personal care includes bathing, feeding, dressing and help with moving but it must be paid for if your capital/savings exceed £23,250. See page 47 for more information on paying for your care.

# Care homes with nursing

Care homes with nursing provide the same personal care support as a care home, but with fully-trained nursing staff available 24-hours a day. If you think

you may need nursing care in a home, you will need to be visited by a member of our social care team to work out what care you will need. This visit might be in your own home, or in hospital if you've been ill, or in a care home. You will be fully involved in planning your care needs.

If a care home providing nursing care is the best solution for you, we will give you information to help you find a home which meets your care requirements. The nursing care part of your fees is paid by the NHS to the home directly; the current amount is £112.00 per week for the lower rate and £154.14 per week for the higher rate. See page 51 for more information. Check with us for up-to-date figures.

# Quality in care homes

Our staff visit each care home for older people every year and assess a range of factors; including how effectively managed the service is; how people are protected, if they are supported by competent staff; what their experience is like and whether care is focused around the person's needs and wishes.

Judgements on each standard are made following collection of evidence and are used to give each home a quality rating, with band one being the lowest quality and band five the highest. For further information on quality banded fee rates, see page 50.

The Care Quality Commission also inspects and reports on standards in care homes, see page 55 for more information.

# What happens if my relative lives outside Nottinghamshire?

If you are considering choosing a home outside Nottinghamshire because it is nearer to your family or friends, then you may still be eligible for a financial contribution towards your placement. We will be able to give you more information about this during an assessment.

# What happens when a council has suspended its agreement with a care home/care home with nursing?

While all care homes/care homes with nursing are required to be registered with the Care Quality Commission (see page 55), if we are contributing to your care fees, then we will have a separate agreement in place with the care home/care home with nursing. This is to ensure that the Council and the management staff at the care home/care home



with nursing know exactly what is required from the service. Occasionally it may be necessary to temporarily suspend placements into a care home/ care home with nursing. This may be done for a variety of reasons:

- to look into information of concern;
- to allow time for improvements to be made; or
- to take the pressure off a care home/care home with nursing if it is experiencing a problem.

Sometimes a care home/care home with nursing may voluntarily cease admitting people so that staff can make necessary improvements.

While a placement suspension is in place, no further Council-funded placements will be made to the care home/care home with nursing and further alternative placements should be sought.

If there are serious concerns about a care home/ care home regarding nursing, residents and/or their relatives/carers will be informed of the situation.

# Nottingham Care Village

Residential, respite, day care and care for people with dementia 🕐 0115 920 9328 🖂 info@nottinghamcarevillage.co.uk

# www.nottinghamcarevillage.co.uk

Following a multi-million pound refurbishment, Nottingham Care Village, situated in the idyllic countryside setting of Lambley, close to Nottingham City Centre, comprises a 58 bedded care home with 8 assisted living apartments. Our spacious bedrooms with en-suites, are furnished in state of the art décor.

- Person Centred Care from professional caring staff
   Well stocked library for quiet time
- Nutritious Home Cooked Food
- In-house hair salon and treatment room
- Daily activities programme
- All rooms have WiFi facilities





# DUAL REGISTERED CARE HOME



A prestigious purpose built care home offering luxurious standards of accommodation and facilities, particularly for social services funded residents as well as private residents.

# **Distinctive features:**

- Highest quality nursing, residential and dementia care
- Achieved high quality care rating by Social Services and the Care commission
- 36 en-suite and companion bedrooms
- 4 lounges! Dining rooms
- Specially adapted shower and bathrooms
- Tranquil and safe gardens
  - Town centre location close to all amenities
- Highly trained staff with Registered General Nurse as manager
- Active daily proprietor involvement
- Excellent selection of home cooked meals and family atmosphere
- Access to Internet café including laptop to surf the web in the privacy of your room
- Room decorated and carpeted according to your choice before you move in.

We warmly welcome visitors to come and enjoy a cup of tea/coffee with our staff and residents at any time.

> Tel: 01623 631163 www.mansfieldmanor.co.uk info@mansfieldmanor.co.uk

# Care homes checklist © 2016 Care Choices Ltd Home 1 £ Home 2 £ Home 3 £ First impressions 1 2 3 • Are staff warm, friendly, polite and respectful? 0 00 • What arrangements are there for religious

First impressions	123
<ul> <li>Are staff warm, friendly, polite and respectful?</li> </ul>	000
<ul> <li>Do the residents seem happy, active and sociable?</li> </ul>	000
• Does the home feel homely and welcoming?	000
<ul> <li>Is the home fresh, clean and comfortably furnished?</li> </ul>	000
Accommodation	123
<ul> <li>Are bedrooms single or shared? Is there a choice?</li> </ul>	000
<ul> <li>Can you decorate and arrange your own room?</li> </ul>	000
• Can you bring your own furniture and TV?	000
<ul> <li>Is there a call system for emergencies?</li> </ul>	000
• Can you control the heating in your room?	000
<ul> <li>Can you lock your room/is there a secure place for valuables?</li> </ul>	000
<ul> <li>Is there a separate dining room? Bar?</li> </ul>	000
• Are there both adapted showers and baths?	000
• Does the home have the right adaptations and equipment to meet your needs?	000
<ul> <li>Are all areas safe and accessible (eg for wheelchair users)?</li> </ul>	000
<ul> <li>Is there adequate provision for sight or hearing difficulties?</li> </ul>	000
<ul> <li>Are the grounds/gardens attractive and/or quiet?</li> </ul>	000
Life within the home	123
<ul> <li>Are there any rules and restrictions (eg going out, returning)?</li> </ul>	000
<ul> <li>Can you choose when to get up and retire every day?</li> </ul>	000
• Are residents involved in decisions on life in the home?	000
<ul> <li>Can you make and take calls in privacy and comfort?</li> </ul>	000

<ul> <li>Is alcohol served or permitted?</li> </ul>	000
• Are there smoking and non-smoking areas?	000
What arrangements are there for religious     observance (eg are places of worship	
nearby/is there a prayer room)?	000
Can you handle your own money?	000
Does a hairdresser/chiropodist visit?	000
• Does the home provide its own transport?	000
<ul> <li>Do staff have appropriate language skills/ knowledge?</li> </ul>	000
Are the staff formally trained?	000
<ul> <li>Is there an adequate number of staff on duty day and night?</li> </ul>	000
<ul> <li>Are visitors welcome at all times? Can they stay overnight?</li> </ul>	000
May your visitors join you at meals?	000
How much choice do you get about meals?	000
<ul> <li>Is the food varied and interesting?</li> </ul>	000
<ul> <li>Can the home cater for your dietary needs (eg Black and Minority Ethnic diets)?</li> </ul>	000
<ul> <li>Can you eat snacks or drinks at any time? In your room?</li> </ul>	000
Can you continue to pursue your hobbies?	000
<ul> <li>What activities and entertainment are organised?</li> </ul>	000
Are outing as and baliday (sarranged)	
<ul> <li>Are outings and holidays arranged?</li> </ul>	000
At what costs? £ £	
	000 123
At what costs? £ £ £	
At what costs? £ £ £	123
At what costs? £ £ £ £ Fees and contract terms • How much are the fees? Do they cover all the services available?	<b>123</b>
<ul> <li>At what costs? £ £ £</li> <li>Fees and contract terms</li> <li>How much are the fees? Do they cover all the services available?</li> <li>Under what circumstances will the fees alter?</li> </ul>	<b>123</b> 000 000
<ul> <li>At what costs? £ £ £</li> <li>Fees and contract terms</li> <li>How much are the fees? Do they cover all the services available?</li> <li>Under what circumstances will the fees alter?</li> <li>Can you retain your own room if away?</li> </ul>	<b>123</b> 000 000 000

For further assistance tel: 0300 500 80 80 or visit www.nottinghamshire.gov.uk 41

# Specialist dementia care

Usually, the initial point of contact to access care services is your GP for health care solutions. For most other services you can contact us (for most other services) on: **0300 500 80 80**. Your GP, as well as discussing your concerns, will be able to refer you to the Memory Assessment Service in your area. This service will be able to carry out a series of tests which will establish the nature of your condition and advise whether treatment is possible. You will also be able to access the Dementia Advice and Support Service which can give advice about dementia and local support services.

If the time comes when remaining at home is no longer possible, the benefits of moving into a care home may need to be considered. Differentiating one care home from another can be difficult but the quality and quantity of staff training is especially important, along with the turnover of staff, as continuity of relationships in this type of home is critical. Advice on choosing care homes for people with dementia is available from the Alzheimer's Society: **www.alzheimers.org.uk** or Age UK: **www.ageuk.org.uk** and a checklist is included on page 45 to help when making your decision. We have also introduced the Dementia Quality Mark to recognise high-quality dementia care in care homes.



# Dementia Quality Mark

The Dementia Quality Mark (DQM) was introduced to set the standard for high-quality dementia care in older people's care homes within Nottinghamshire. It is awarded to care homes that have evidenced that they provide a high standard of care to people living with dementia.

Criteria that the homes have to meet to achieve the award include: having a positive attitude towards dementia; allowing people with dementia emotional and physical freedom; ensuring daily routines are carried out, and providing meaningful activities and stimulation.

Care homes that are awarded the DQM receive an enhanced payment for residents living with dementia identified as requiring more specialist care.

More information about the DQM and a list of current homes with the DQM can be found at: http://notts.cc/1oTbaXv



# End of life care

Although the subject of dying is often painful to contemplate, it is essential that you and your relatives discuss your wishes as you near the end of your life. Good planning for all your needs should mean that if you choose to, you can remain in your home or care home in your last days and not have to be admitted to hospital.

When choosing a service, you should consider its end of life care philosophy and policies. Enabling people to die in comfort and with dignity is a core part of providing care, and the way care professionals approach the process will be incredibly important for you, your family and carers.

The service should have an open approach to end of life care. It should initiate conversation with you and your family and work with your GP to ensure your needs and wishes are discussed and planned for. An end of life care plan should also be drawn up, as it is vital to establish your preferences and choices.

You could use the Preferred Priorities for Care (PPC) document to help with outlining your wishes. The PPC document is designed to help you prepare for the future and gives you an opportunity to think about, talk about and write down your preferences and priorities for care at the end of life. Search for 'PPC document' online to find a copy that you can fill in.

It is also important to know that all health and social care staff must be trained in communication regarding end of life care and will be trained in assessing the needs of individuals and carers.

It is worth asking care providers whether they are working towards The Gold Standards Framework. This can be used in various settings, for example hospitals, primary care and care homes, to improve the co-ordination and communication between different organisations involved in providing care for someone near the end of their life.

For more information about end of life care, and for links to other useful organisations, visit: **www.nottinghamshire.gov.uk** 

For information about what to do following a bereavement, see our Bereavement Guide at: **www.nottinghamshire.gov.uk/registrars** or phone: **0300 500 80 80** to request a copy.

# WHAT ARE THE CARE OPTIONS? HOW WILL I KNOW WHICH TO CHOOSE? WHAT IF MUM DOESN'T AGREE?

# VISIT THE NEW CARE SELECT WEBSITE WWW.CARESELECT.CO.UK

CAREselect

CALL CARE SELECT FOR MORE INFORMATION: 08003892077

Avery | Care With A Difference

# Nottingham's Premium Care Community



Avery Healthcare invites you to the city's premium care community, where outstanding care is delivered alongside luxury hotel style living. The community comprises two high quality retirement and care homes, Acer Court (recently rated as Good in all categories by the CQC) and the recently opened Alder House, which share the same values for excellence and deliver the same first class care.

Life is centred on resident Well-being, which includes a comprehensive range of activities at both homes; enjoy a life full of experiences within the daily calendar of events both inside the homes, in the community, and on trips out.

Both homes offer hotel standard en-suite rooms, quality restaurant style dining, quiet lounges and lovely landscaped gardens for relaxing in, including the delights of an aviary. They share the use of a cinema, enjoy company in the tea shop and travel together to events in the dedicated Avery minibus. There are also larger companion rooms, and apartments, available for couples wishing to stay together whilst one or both of the residents receives care.

An active and fulfilling life, supporting your independence, but secure in knowing support is always on hand.

# Come and see for yourself.

# **Acer Court Care Home**

Please call the Home Manager, Catherine Antoniak

# on 0115 8956248

or see our lovely home life at
f www.facebook.com/AcerCourtCareHome

# Alder House Care Home

Please call the Home Manager, Paul Quirk

# on 0115 8959898

or see our lovely home life at f www.facebook.com/AlderHouseCare

Acer Court Care Home & Alder House Care Home

172 Nottingham Road | Nuthall | Nottingham | Nottinghamshire | NG8 6AX | www.averyhealthcare.co.uk

# Residential dementia care checklist

Things to look for in care homes specialising in dementia. Please use in conjunction with the care homes checklist on page 41.

Home 1	£p/w
Home 2	£p/w
Home 3	£p/w

#### Residents

The best indication of a good home is that the residents appear happy and responsive.

- Are there rummage boxes around the home to stimulate residents?
- Is there good interaction between residents and staff?

## Access

If the person with dementia needs or is likely to need equipment or adaptations you may want to check:

- There is adequate signage and cues for different parts of the home such as dining room and bathroom.
- The home's policy about locking external doors.
- Is there a safe garden area available?

# Manager/head of home

A manager who is caring as well as efficient can make all the difference to a home.

- Does the manager have a knowledge of dementia and can they deal with difficulties that may arise in an understanding way?
- Is there a full assessment at home before a resident is admitted?

#### Staff

It is important to note whether staff seem friendly and caring towards residents and whether they treat residents with respect.

- Do they have any training and experience in dementia care?
- Will the person with dementia have a member of staff particularly responsible for their care?
- Is there a member of staff you can talk to about your own worries about the person with dementia?
- Do staff follow an individual and person-centred approach to providing care?

## **Bedrooms**

You may want to find out whether the person with dementia can have a single room and whether:

• Residents are encouraged to bring in some of their own furniture and possessions to increase familiarity.

## Activities

Residents should be stimulated without feeling stressed.

- Are reminiscence activities available?
- Are residents able to compile memory boxes?
- Do staff compile life story books including photographs and mementoes?

#### **Toilets**

Check whether:

- There are enough toilets within easy reach
- Staff are trained to spot the signs when someone needs to go to the toilet
- Staff are cheerful and tactful about helping residents use the toilet and changing them if they are incontinent

#### Meals

Meal times can play an important part of the day.

- Do meal times appear to be a relaxed and enjoyable experience?
- Do staff approach support at meal times in a flexible manner?
- Is there a variety of food available throughout the day (eg finger food)?

# Health

- Which doctor or doctors can residents see?
- Can a relative stay overnight if a resident is unwell?
- What happens if residents need help with taking medication?

# Nottinghamshire Care Association

Nottinghamshire Care Association (NCA) is a notfor-profit organisation that represents a wide range of independent care homes throughout Nottinghamshire and Nottingham City.



Nottinghamshire Care Association

# What do independent homes have to offer a resident?

## Choice

Independent homes range from small, comfortable and homely through to five star hotel-style luxury, with a vast range in between. Our members' homes come in all shapes, sizes and locations, nearly every town has an independent care home. Although, in Nottinghamshire, all nursing homes are provided by the independent sector.

# Uniqueness

Our members' homes each provide their own unique service, but all enable older people to enjoy what is best for them. For example: those who felt isolated in their own home gain companionship; people who were struggling to cope alone receive 24hour help; and others who may have felt like they were a burden can find themselves much more independent.

# **Caring staff**

However it is our staff who make the difference: that smile on their face that makes those around them smile and feel valued; being dependable and sensitive to the needs of others also brings renewed confidence; offering help with the things that are hard to do which makes a difference to residents' lives and results in an important and highly fulfilling role; being on hand 24/7.

# High standards

Independent care homes provide care that is over and above the Care Quality Commission's Fundamental Standards – caring about every aspect of residents' lives including health, diet, exercise, hobbies and social activities. They aim to ensure that all residents continue to enjoy life whilst receiving the very highest standard of care. All homes provide personal services and registered nursing homes also provide 24/7 qualified nursing care. Some homes also provide dementia care, learning disability support and other specialist care.

# Quality

Our members are passionate about providing good quality. All independent homes are registered with the Care Quality Commission (CQC) and are subject to stringent inspections by the CQC, the local councils, fire officers, the health and safety executive, environmental health officers and, for nursing homes, by the NHS-CCG. Unsurprisingly our members have a vested interest in providing a high-quality service to their residents. Independent government quality reports on every home can be found on the CQC website: www.cqc.org.uk

# Good value

Accommodation and care charges vary according to the service offered and required – but all homes aim to provide good value for money. You may be surprised by how little high-standards of care cost. Although higher quality care often does cost more.

Details of the financial support available can be found elsewhere in this Directory. However specialist independent financial advice should always be considered.

# Website

If you are looking for a care home in Nottinghamshire why not visit one of our members' care homes? Our website provides some useful information to assist you in choosing an independent care home: www.nottinghamshirecare.org.uk

If you go to the 'Looking for Care' section of the website there is a database of all homes to search.

# Activities of the NCA

The NCA represents individual companies, groups of homes, individuals and charities in the independent care home sector.

The NCA is committed to helping care providers to give the best possible service to the vulnerable

# Nottinghamshire Care Association continued

people they care for – working in partnership with others to make this a reality. The NCA promotes the care sector by lobbying politicians for the benefit of residents, members and staff. We lobby for equal, fair and consistent support of residents whether they are in the independent or publicly owned care homes. The NCA works with the statutory authorities to negotiate economic levels of fees from the government and local authorities. We also work with the Care Quality Commission, the local councils and NHS to raise standards and encourage training and development of staff.

#### Chris Allison, Chairman

Nottinghamshire Care Association Ltd Telephone or fax: **0115 824 2322** Email: **info@nottinghamshirecare.org.uk** Web: **www.nottinghamshirecare.org.uk** 

# Financial arrangements for care

# Do I need to pay for my own care?

If you are moving into residential care and your capital, which includes your savings and your other assets, is more than £23,250, you will be expected to pay for the full cost of your care and support.

The value of your home will be included in the calculations unless your partner, a relative who is over 60 or incapacitated, or a child under 16 who you or a former partner have legal responsibility for, still lives there.

If you are receiving care in your home, the value of that home is not taken into account when assessing your capital, but you are still required to pay the full cost of your care if your capital (not including your home) is more than £23,250.

If your capital is less than £14,250, the amount you need to contribute towards your care and support costs will be assessed on your income only. If it falls between £14,250 and £23,250 a sliding scale operates, whereby you contribute £1 per week for each £250 you have above the lower figure, plus a contribution from your income.

If your capital is less than £23,250, or is likely to fall below that level in the near future, please contact us on: **0300 500 80 80** before you arrange your care and support. We will be able to assess your needs for care and discuss with you what help is available to arrange the necessary financial support. If you move into a care home with nursing, the nursing part of your care will be free of charge. Your nursing care requirements will be determined by a nurse, who will visit you to carry out an assessment before you go into the home to ensure that this is the best place for you.

Full details of how your contribution is assessed are available at: **www.nottinghamshire.gov.uk**/ **adultsocialcare** or you can call us on: **0300 500 80 80**.

Please note that these figures may change during the lifetime of this Directory.



# Monarch Healthcare

# Offering Residential, Nursing & Specialist Dementia Care

for Older People and Adults aged 50+

# www.monarchhealthcare.co.uk

# ....Care You Can Rely On

We understand how confusing it can be choosing a care home for yourself, or a loved one. Selecting a Monarch Healthcare home gives you peace of mind in knowing you are choosing from the best.

Our dedicated team of nurses and carers are specially trained to discuss your requirements, and to advise you accordingly. You are welcome to visit for a short break, enjoy a meal in our restaurant, or join in our fun social programme.

In this new chapter of your life we will help you live it to the full, understanding how important it is for you to continue making your own choices and to feel valued -



Kingfisher Court - Residential Home



Clifton Manor - Nursing Care Home



....You can rely on us to care.



Parkside - Nursing Care Home



Clifton Manor - Care Home

Every aspect of care is given the highest attention to detail. Décor and furnishings are designed for appeal and comfort and we offer a choice of bedrooms and suites, finished to your liking.

We expect hotel standards in housekeeping and catering. Trained chefs are employed to prepare appetising and nutritious meals, with menus selected in consultation with clients.

A varied social programme offers entertainment, outings and activities to cater for all interests and hobbies. We are always searching for new ideas and places to visit, and welcome your suggestions.

Most importantly, we promise to care for the person you love, as you would yourself.



For more information, or to request a brochure, please contact the home, or head office, on tel: **0115 984 4839** email: **info@monarchhealthcare.co.uk** 



Autumn Grange

0115 984 4839

Linden Road, Creswell Worksop Notts S80 4JT Tel: 01909 724098

**Clifton Manor** Rivergreen, Clifton Notts NG11 8AW Tel: 01159 848485 / 845859

**Croft** 43/44 Main Street Stapenhill, Burton on Trent, Staffs DE15 9AR Tel: 01283 561227

> Haddon House 32-34 High Street Clowne, Chesterfield Derbyshire S43 4JU Tel: 01246 811106

Kingfisher Court Sturgeon Avenue Clifton, Notts NG11 8HE Tel: 01159 405031

#### Parkside

Olive Grove, Forest Town, Mansfield, Notts NG19 0AR Tel: 01623 655341

Pinxton Manor Church Street West Pinxton, Notts NG16 6PX Tel: 01773 819191

> Poplars Rolleston Road, Burton on Trent, Staffs DE13 0JT Tel: 01283 562842

Rutland Manor 99/109 Heanor Road Ilkeston, Derbyshire DE7 8TA Tel: 01159 440322

Woodlands Butterley Hill, Ripley, Derbyshire DE5 3LW Tel: 01773 744919

# Seeking financial advice on paying for care

If you are paying for your own care, then meeting the care costs from limited capital whilst not knowing how long care might be needed, can be worrying. Despite this, many people do not seek appropriate financial advice to understand how best to meet the costs; as interest rates remain low it would be prudent to seek advice from a specialist financial adviser.

Money held on deposit can be depleted very quickly if being used to pay for care; therefore, it would be sensible to consider other forms of investments that could potentially deliver higher income to meet the care home fees.

Before deciding on what may be the most appropriate solution for meeting care costs, it would be sensible to talk to a specialist care fees adviser who has 'CF8', the relevant qualification for advising on funding long-term care.

**Age UK's financial advice service** offers a free and independent advice for people who are planning their future care costs.

# For advice or an appointment please contact Age UK on: **0115 859 9209**.

You can speak to an independent financial adviser who is accredited by the **Society of Later Life Advisers (SOLLA)**. This is a not-for-profit organisation founded in 2008 to assist consumers and their families to find trusted, accredited financial advisers who specialise in the financial needs of older people.

Advisers with the SOLLA accreditation have to demonstrate and prove that they are suitably qualified to provide later life advice.

# Tel: 0845 303 2909 Email: admin@societyoflaterlifeadvisers.co.uk Web: www.societyoflaterlifeadvisers.co.uk

**The Financial Conduct Authority** also produces information about funding long-term care and can give you information about individual financial advisers.

Tel: 0300 500 8082 Web: www.fca.org.uk/consumers

You can also find financial advice from the Government's **Money Advice Service**.

Tel: 0800 138 7777 Web: www.moneyadviceservice.org.uk

# Please note:

We have supplied details of some financial advice services for your information only. The information is not exhaustive and there are more financial advisers available in the market. We have not vetted any financial advisers and do not control and are not



Funded by: Nottinghamshire County Council responsible or liable for them or any advice or services they provide.

We do not endorse or make any representations about any financial advisers, or any results or advice that may be obtained from using them.

If you decide to use any financial adviser, please ensure that you conduct your own prudent checks.

# Nottinghamshire County Council – Banded Fee Rates 2016/17

Older people's care home fee rates are based on a five band quality rating scale. Our staff currently visit each care home every year and assess a range of factors to determine how outcomes for residents are being met. This process is used to determine a quality rating. Band 5 is the highest rating that can be achieved, but it should be noted that, due to the Council regularly reviewing the care homes, the ratings can change.

Band	Older people residential	Older people residential dementia	Older people nursing	Older people nursing dementia
1	£429	£441	£466	£476
2	£476	£524	£534	£575
3	£505	£552	£562	£604
4	£517	£563	£573	£616
5	£533	£580	£589	£631

**Please note** – the nursing rates above do not include the £112.00 nursing care contribution.

The above fees are those that we will pay as a contribution to the care home if we are funding your

care. However, please note that some care homes may charge more and the difference will need to be paid via a top-up or third party payment, discussed above.

# Third party payments

The amount that we will pay to a care home or care home with nursing is determined by your needs and an annual quality assessment of every home in the county. This assessment takes into account the quality of care as well as environmental factors and enables every home to be given a Quality Band Rating (see below).

In some cases, the home you choose will cost more than the Quality Band Rate. If this is the case, you

will need to ask someone, perhaps a family member, a friend or a charity, to make up the difference so you can live in the home. This is known as a 'third party payment' or 'top-up'.

With third party payments, it's important that the person making the payments is confident they'll be able to keep up their commitment. They also need to be aware that the third party payment may change at any point in the future.

# NHS continuing healthcare

NHS continuing healthcare is a package of care arranged and funded by the NHS. It is not meanstested and, to be eligible, your main or primary need must relate to your health and meet the criteria set out by the NHS National Framework.

Care may be provided in a variety of settings including a care home or your own home. If care is provided in a care home, NHS continuing healthcare will cover the care home fees, including the cost of accommodation, personal care and healthcare costs. If it is provided in the home, it will cover personal care and healthcare costs.



# NHS funded nursing care

If you live in a care home that provides nursing care, whether as a temporary or a permanent resident, and you do not meet the eligibility criteria for NHS continuing healthcare, you may be eligible for NHS funded nursing care if you need care from a registered nurse.

This is not means-tested and can be paid directly to the home by the Clinical Commissioning Group (CCG) or paid by us on behalf of the CCG. The current rates are £112.00 a week for the standard rate and £154.14 a week for the higher rate. Contact us for up-to-date figures.

People who receive nursing care will still need to make a financial contribution towards their residential care.

Contact us on: **0300 500 80 80** to find out more about making a claim for financial support.

# Paying for your own care in a nursing or residential home

Even if you are paying for your own care (if you have assets of over £23,250), we would still advise you to contact us for a Care and Support Assessment. This means that we can make you aware of all the options available. If you do not have an assessment and your assets are, or fall below £23,250, the Council may not be able to support you until after you have had an assessment and we can determine that you are receiving the appropriate level of care for your needs.

Please contact us on: **0300 500 80 80** for a Care and Support Assessment.

Depending on the type of care and support that you are eligible for, you may be entitled to the following financial support.



# **Benefits and Pension Credit**

If you're aged 65 or over and you need someone to help care for you, you may be eligible for Attendance Allowance (AA), Disability Living Allowance (DLA) or Personal Independence Payment (PIP), non-meanstested, non-taxable benefits from the Department for Work and Pensions.

Up-to-date figures of what will be paid to you if you are eligible can be found at: **www.gov.uk** 

AA helpline Telephone: 0345 605 6055 Textphone: 0345 604 5312 Monday to Friday, 8am to 6pm

**General helpline** Telephone: **0345 850 3322** Textphone: **0345 601 6677** Monday to Friday, 8am to 6pm

You may also be entitled to Pension Credit. Visit: www.gov.uk/pension-credit for more information on this benefit.

# Twelve-week property disregard

If your former home is included in your financial assessment but your other capital is less than £23,250 and your income doesn't cover your care home fees, we may help with the cost during the first twelve weeks of permanent care, providing we agree that this type of care is needed.

# Paying for your own care in a nursing or residential home continued

This is known as 'twelve-week property disregard funding'. During this time, you will still be charged a contribution towards the cost of your care, but not the full cost.

# Deferred payment agreements

Once the twelve-week property disregard period has ended, you may be able to have a deferred payment agreement if you are eligible, which means that some of your care costs are set against the value of your home, to be paid when the home is sold. There may be administrative and interest charges for this.

We strongly recommend seeking independent financial advice if you are considering this option.

## **Council Tax exemption**

If your property is left empty when you move into a care home, you should receive full exemption from Council Tax until such time as your property is sold.

# Essential information



# For help and advice in Nottinghamshire

# 0300 500 80 80

www.nottinghamshire.gov.uk/ adultsocialcare



# Safeguarding adults at risk of abuse and/or neglect

An adult at risk is a person aged 18 years or over who can't protect themselves from abuse or from being exploited.

This may be because they have:

- a mental health condition or learning disability;
- a physical impairment;
- a sensory impairment; or
- some form of illness or are old and frail.

#### What is safeguarding?

Safeguarding means protecting an adult's right to live in safety, free from abuse and neglect. It is about people and organisations working together to prevent and stop both the risks and experience of abuse or neglect, whilst making sure that the adult's wellbeing is promoted, including consideration of their views, wishes, feelings and beliefs in deciding on any action. The aim of adult safeguarding is to:

- stop abuse or neglect wherever possible;
- prevent harm and reduce the risk of abuse or neglect to adults with care and support needs;
- safeguard adults in a way that supports them in making choices and having control about how they want to live, focusing on outcomes that are important to them;
- promote an approach that concentrates on improving life for the adults concerned;
- raise public awareness so that communities as a whole, alongside professionals, play their part in preventing, identifying and responding to abuse and neglect; and
- provide information and support in accessible
   ways to help people understand the different
   types of abuse, how to stay safe and what to do

# Safeguarding adults at risk of abuse and/or neglect continued

to raise a concern about the safety or wellbeing of an adult; and address what has caused the abuse or neglect.

Forms of abuse could be physical, sexual, psychological, discriminatory or financial. It could also be forms of neglect including self-neglect or organisational abuse, where the abuse is a result of the way a service or organisation is run. Abuse might also be linked to modern slavery or as a result of domestic abuse.

It can happen anywhere – in someone's own home, in a care home, a hospital, in a workplace, at a day centre or educational establishment, in supported housing or in the street.

# What to do if you think someone is at risk

We are committed to ensuring that adults who use

services are protected from abuse and neglect and to responding promptly when abuse is suspected. All agencies that provide services to adults have a zero tolerance approach towards abuse and neglect.

Contact us on: **0300 500 80 80** to report a safeguarding incident or for further help and advice. Your concerns will be taken seriously and will receive prompt attention.

If there is danger to life, a risk of injury, or a crime is taking place and immediate action is needed, call the Police using: **999**.

For more information, visit: www.nottinghamshire.gov.uk/adultsocialcare

# Support for younger adults

There is a wide range of support available from the community for people with physical disabilities, long-term illness, learning disabilities, Asperger's, mental health difficulties and/or sensory impairment. **www.nottshelpyourself.org.uk** is a good source of information about available support and services in the community.

We provide a range of support for people with a disability or mental health difficulty who are eligible for social care support. For many services you will need a Care and Support Assessment (discussed on page 13) to determine if you are eligible.

Services include: support to live at home; equipment and adaptations; assistive technology; occupational therapy; Shared Lives and short-term support to promote independence.

You can contact us yourself or get someone else (such as a family member, friend or GP) to do this for you. Tel: **0300 500 80 80** 

Email: enquiries@nottscc.gov.uk

# Housing options for younger adults

We aim to help people maintain their independence. If you are eligible for social care services, we can help you to consider which housing and support option might best meet your needs.

You may wish to continue living in your own home and we may be able to help you do this. We could arrange for someone to visit you and help you develop or maintain your independent living skills, or we could assess your home for possible adaptations.

If your assessment indicates that you need a more supported environment, one of our supported living schemes may meet your needs. This is available to people with a range of needs and offers a level of independence and the chance to meet other people in similar situations. People with high levels of needs can live in supported living with appropriate support in place. Staff will be available at agreed times and will work with you to help you do the things that are important to you.

People living in supported living usually have their

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# Support for younger adults continued

own tenancy and have access to a whole range of welfare benefits. There are schemes in every district of the county. These will be either a block of flats or a shared house.

If you are unable to remain at home or move into supported living, then in exceptional cases you

# Mental health

If you are experiencing mental health difficulties, it is important that you seek help from your GP. Where appropriate, your GP will be able to refer you to a number of different health services to meet your needs, including referrals to psychological therapies and specialist psychiatric assessments.

In each locality there are social care teams that work closely with health professionals to support people experiencing mental health difficulties. The social may need to consider residential care on either a short-term or long-term basis. We will contribute if you are eligible and agree that a care home best meets your needs. If your chosen home costs more than local authority limits, you may get some help but you must pay the rest. Paying for care is discussed on page 47.

care staff can offer a reablement service (short-term support to promote independence) as well as a Care and Support Assessment that may lead to the provision of a personal budget. Where a person is eligible for a personal budget, they will be supported in using this to access a range of services to support them to live independently. These services will be reviewed regularly to ensure they continue to support independence.

# Comments, compliments and complaints

All organisations need to know how they are performing. They are happy to receive your feedback on their service whether they are compliments or complaints. Feel free to tell them what you think – your comments can be used constructively to improve the service.

If you do need to make a complaint, you should feel able to complain about any aspect of your care that affects your happiness or comfort. This could be about the way you are treated by a staff member or the quality of the food. You can also make comments and suggestions about possible improvements to your surroundings and the services provided.

Making a complaint should not be made difficult for you. Providers are required under the essential standards of quality and safety to have a simple and easy to use complaints procedure that they will be happy to give you. If you are concerned about the care that you, a friend or a relative is receiving, it makes sense to speak to the manager before you take any further action. The problem may be resolved quite easily once they are made aware of it. However, if you need to make a formal complaint, you should initially contact the registered owners of the service. They have a duty to respond to any complaints made.

If we have arranged and funded your care and you wish to make a complaint to us, phone: 0300 500 80 80, email: enquiries@nottscc. gov.uk or visit: www.nottinghamshire.gov.uk/ commentsandcomplaints

If you believe there has been a breach of regulations, you may also wish to contact the Care Quality Commission. Tel: **03000 616161** Email: **enquiries@cqc.org.uk** Web: **www.cqc.org.uk** 

If you have arranged and funded your care without the Council's involvement and you are unhappy with the response to your complaint by the service provider, you can contact the Local Government

# Comments, compliments and complaints continued

Ombudsman for advice. The Local Government Ombudsman looks at complaints about councils and some other authorities and organisations including adult social care providers (such as care homes and home care providers).

Tel: **01904 663200** Adviceline: **0845 602 1983** Web: **www.lgo.org.uk** 

The Local Government Ombudsman, Beverley House, 17 Shipton Road, York YO30 5FZ



# Inspecting and regulating care services

All care providers must be registered under a system which brings adult social care, independent healthcare and the NHS under a single set of essential standards of quality and safety.

The Care Quality Commission (CQC) registers, inspects and reviews all adult social care and healthcare services in England in the public, private and voluntary sectors. This includes care homes, care homes with nursing, home care agencies and NHS services, amongst others.

Inspectors carry out a mixture of announced and unannounced inspections looking at the quality and safety of the care provided. They look at whether the service is, Safe, Effective, Caring, Responsive to people's needs, and Well-led.

Inspection teams are led by an experienced CQC manager and often include experts in their field. The team may also include professional or clinical staff; Experts by Experience; people who use services; and carers.

Following an inspection, each care home and home care agency is given a report of how it rates against national essential standards of quality and safety. The CQC has also started rating services as: Outstanding; Good, Requires Improvement and Inadequate. When considering a care service, it's always a good idea to check its inspection report and rating on the CQC's comprehensive website: **www.cqc.org.uk** or ask the care provider you are considering for a copy of their latest inspection report.

For any enquiries or to register a concern or a complaint, phone the CQC on **03000 616161** or email **enquiries@cqc.org.uk** 

The Care Quality Commission, Citygate, Gallowgate, Newcastle upon Tyne NE1 4PA



# This Directory's free helpline

This Directory's free helpline provides an independent information and help service encompassing care and accommodation. A personalised report can be generated for you providing details of all home care providers, care homes or care homes with nursing that meet your criteria.

One call to the freephone number: **0800 389 2077** will enable the service to build a profile of exactly what type of care you're looking for, while taking into account your personal needs and interests.

The website: www.carechoices.co.uk allows you to

# Useful contacts

For details about services, providers and groups to help you, visit: **www.nottshelpyourself.org. uk** or phone Nottinghamshire County Council on: **0300 500 80 80**.

#### Age UK

Working for all older people in Nottinghamshire. Tel: **0115 844 0011** Web: **www.ageconcernnotts.org.uk** 

#### Alzheimer's Society (Nottinghamshire Branch)

Offer advice and support to people with dementia and their carers.

Tel: 0115 934 3800 Web: www.alzheimers.org.uk

#### **Carers Federation, The**

Provides a wide range of services and useful information for carers. Tel: **01159 629 310** Email: **info@carersfederation.co.uk** Web: **www.carersfederation.co.uk** 

## Nottinghamshire Help Yourself

Directory of social care and support services in Nottinghamshire. Web: www.nottshelpyourself.org.uk

**Citizen's Advice Bureau** Nottingham and District Citizen's Advice Bureau. search by postcode or region for care homes, care homes with nursing and home care providers that meet your requirements across the country. Your search can then be saved and emailed to others. You can also view an electronic version of this Directory on the site and have it read to you by using the 'Browsealoud' function.

Whatever your care needs, this Directory, the Care Choices helpline and website will be able to point you in the best direction, however you would like care information presented.

34-36 Carrington Street, Nottingham NG1 7FG Tel: **0115 938 8050** Web: **www.nottinghamcab.org.uk** 

#### **Disability Nottinghamshire**

Free, impartial and confidential advice and information on any aspect of disability (both general disability advice and specific welfare and benefits advice). Tel: **01623 625891** Web: **www.disabilitynottinghamshire.org.uk** 

#### **Inspire Nottingham**

Inspire is a small, local charity based in Nottingham and provides services and support for people with learning disabilities to enable them to develop their potential for living full and independent lives.

ICC, 61b Mansfield Road, Nottingham NG1 3FB Tel: **0115 847 5757** Email: **enquiries@inspire-nottingham.org.uk** Web: **www.inspire-nottingham.org.uk** 

#### Nottingham Mencap

Nottingham Mencap is an independent local voluntary and community charity organisation, dedicated to the service of people with a learning disability or difficulty and their families and carers, living in Nottingham and Nottinghamshire.

# Useful contacts continued

Nottingham Mencap, Harpenden House, 203 Edwards Lane, Sherwood, Nottingham NG5 3JA Tel: **0115 920 9524 •** Email: **info@n-mencap.org** Web: **www.nottinghammencap.org.uk** 

Nottinghamshire Care Association Represents the majority of care homes/care homes with nursing throughout Nottinghamshire. Tel: 0115 824 2322 Email: info@nottinghamshirecare.org.uk Web: www.nottinghamshirecare.org.uk

Nottinghamshire County Council County Hall, West Bridgford, Nottingham NG2 7QP Customer Service Centre: Tel: 0300 500 80 80 Email: enquiries@nottscc.gov.uk Web: www.nottinghamshire.gov.uk

The Care Quality Commission (CQC) Tel: 03000 616161 Email: enquiries@cqc.org.uk Web: www.cqc.org.uk

# **Health contacts**

Healthwatch Represents the views of local people of the health and social care services they receive. Tel: 0115 963 5179 Email: info@healthwatchnottinghamshire.co.uk Web: www.healthwatchnottinghamshire.co.uk

# **Hospitals**

Ashfield Community Hospital Tel: 01623 785050 Email: mansfield.pals@mansfield-pct.nhs.uk

Bassetlaw Hospital Tel: 01909 500990 Email: pals.dbh@dbh.nhs.uk

Kings Mill Hospital Tel: 01623 622515 Email: pals.kmh@sfh-tr.nhs.uk

Mansfield Community Hospital Tel: 01623 785050

Newark Hospital Tel: 01623 681681 Email: pals.nwk@sfh-tr.nhs.uk

Nottingham City Hospital Tel: 0115 969 1169 Email: nuhcommunications@nuh.nhs.uk

Nottinghamshire Healthcare Tel: 0800 015 3367 Email: pals@nottshc.nhs.uk

Queens Medical Centre Tel: 0115 924 9924 Email: nuhcommunications@nuh.nhs.uk

# WHAT ARE THE CARE OPTIONS? HOW WILL I KNOW WHICH TO CHOOSE?

# VISIT THE NEW CARE SELECT WEBSITE WWW.CARESELECT.CO.UK

CAREselect

CALL CARE SELECT FOR MORE INFORMATION:

# Personalised care

# from your local Barchester care home

At Barchester Healthcare we know that finding the right care home can be a daunting decision so we'll do everything we can to help.

Our carefully selected and well-trained staff are always on hand to offer friendly advice or give tours of the home at a time to suit you. Our welcoming homes have a variety of free guides available to help with the process of choosing a care home, why not pop in and pick up a copy?

# Nursing • Residential • Dementia • Respite

To arrange a tour or for some friendly advice, contact your local home:

Forest Care Centre Southwell Road West, Mansfield, NG18 4XX 01623 541 694 Forest Hill Forest Hill Park, Worksop, S81 0NZ 01909 521 249 Lancaster Grange Cross Lane, Fernwood, Newark, NG24 3NH 01636 880 755



www.barchester.com



# VICTORIA CARE HOME www.dukerieshealthcare.co.uk

Memorial Avenue, Worksop S80 2BJ Telephone: 01909 476416

**Victoria Care Home** is purpose built and equipped to enhance the quality of life for people with dementia care needs, whatever their age, however severe the symptoms.

- Separate units delivering care for the elderly, dementia care and working age dementia (Korsakoff's)
- Our specially trained staff ensure care is delivered through positive person-centred care plans, which involves the service user and their families.
- All rooms are single, attractively decorated, spacious and en-suite.



Residential Care | Nursing Care | Dementia Care Young Adult Disability | Short Term Care End of Life/Palliative Care | Intermediate Care

You are most welcome to call in anytime for an informal chat.

# You care that your mum still enjoys the garden.

# We care and helped Jenny plant her favourite flowers outside her room.

We put the residents at the very heart of everything we do. The care in our homes is tailored to meet your specific needs. Why not pop in to look around and meet us?

Charnwood Carlton 0115 8958796 Churchfield Rainworth 01623 330103 Hallcroft Hucknall 0115 8958822 Kestrel Lodge Kirkby In Ashfield 01623 330104 Lawn Park Sutton In Ashfield 01623 330107 Old Vicarage Worksop 01909 330105 The Sycamore and Poplars Mansfield 01623 330108 The Oaks Newark 01636 330106 Tudor Grange Radcliffe-on-Trent 0115 8956696

www.fshc.co.uk



# Care homes with nursing

# Ashfield - care homes with nursing

ASHFIELD NURSING HOME Beech Avenue, Kirkby-in-Ashfield, Nottingham NG17 8BP Tel: 01623 723724 Band 3 OP D MH	<b>MILLINGTON SPRINGS CARE CENTRE</b> 160 Portland Road, Selston, Nottingham NG16 6AN
BLUEBELL LODGE	Tel: 01773 581114 OP D PD
Ashfield Street, Sutton-in-Ashfield NG17 3BE Tel: 01623 440188 Band 5 OP D	NOTTINGHAM NEURODISABILITY SERVICE HUCKNALL – MILLWOOD
EASTLANDS Kingfisher Way, Sutton-in-Ashfield NG17 4BR Tel: 01623 528960	Hankin Street, Hucknall NG15 7RRTel: 0115 968 0202PD YA
FOREST MANOR CARE HOMEMansfield Road, Sutton-in-Ashfield NG17 4HGTel: 01623 442999 Band 4OP D PD SI YA	PATHWAYS HEALTH CARE LTDKingfisher Way, Sutton-in-Ashfield NG17 4BRTel: 01623 528966LDA YA
HALLCROFT CARE HOMECroft Avenue, Hucknall, Nottingham NG15 7JDTel: 0115 895 8822 Band 3 Advert page 58	SHIRES CARE CENTRE, THEThe Oval, Sutton-in-Ashfield NG17 2FPTel: 01623 551099PD LDA YA
HAZELGROVE CARE HOMEFarleys Lane, Hucknall, Nottingham NG15 6DYTel: 0115 968 0706 Band 5OP D PD	STONEYFORD CHRISTIAN NURSING HOMEStoneyford Road, Sutton-in-Ashfield NG17 2DRTel: 01623 441329 Band 3OP D PD YA
LAWN PARK CARE HOME Lucknow Drive, Sutton-in-Ashfield NG17 4LS Tel: 01623 330107 Band 5 Advert page 58 OP PD	<b>WILLOWCROFT CARE HOME</b> New Street, Sutton-in-Ashfield, Nottinghamshire NG17 1BW
LOWMOOR CARE HOME Lowmoor Road, Kirkby-in-Ashfield, Nottingham NG17 7JE Advert inside front cover Tel: 01623 752288 Band 5 OP D MH YA	Tel: 01623 440229 Band 5 OP D MH YA WREN HALL NURSING HOME 234 Nottingham Road, Selston, Nottingham NG16 6AB
MEADOWCROFT HEALTH CARE LTD Kingfisher Way, Ashfield NG17 4BR Tel: 01623 528964 OP PD MH YA	Tel: 01773 581203 Band 5 OP D PD MH YA
Bassetlaw - care homes with nursing	
ABBEYMOOR NURSING HOME Sherwood Road, Worksop S80 1QW	<b>BLYTH COUNTRY HOUSE CARE HOME</b> Spital House, Spital Road, Blyth S81 8DU

**OP D PD MH YA** Tel: 01909 480998

# Tel: 01909 591219 Band 3

OP

**ASHLEY CARE CENTRE** 

Sunnyside, Worksop S81 7LN Tel: 01909 500541 Band 5

**OP D PD MH YA** 

**CHERRY HOLT CARE HOME** 28 Welham Road, Retford DN22 6TN Tel: 01777 710347 Band 5

**OP PD YA** 

Band – see p	age 50 for more informa	tion		Advertisers are highlighted	
User Bands	MH Mental health	SI Sensory impairment	<b>YA</b> Younger adults	<b>AD</b> People who misuse alcohol and drugs	
Service	<b>OP</b> Older people (65+)	D Dementia	PD Physical disability	LDA Learning disability, autism	

Band – see page 50 for more information

# Expert care when it matters most

# Albemarle Hall Tel: 01159 607 339



# 4 Albemarle Road, Woodthorpe, Nottingham NG5 4FE

- Choice of single/ companion room
- Small and large lounge
- Large dining room with high cuisine standards
- Extra wide corridors
- Parker bath with shower and assisted baths
- New large conservatory which is enjoyed by all the residents
- TV in every bedroom / Modern nurse call system
- Doctor, Chiropodist and optician available
- Hairdressing and dental treatment
- Secluded garden and patio
- Laundry facilities and passenger lift
- Specialised diets catered for
- Registered for dementia
- 27 beds with 10 en-suites

# Albemarle Court Neuro Disability Home Tel / Fax: 01159 604 516



# 738 Mansfield Road, Woodthorpe, Nottingham NG5 3FY

- The Purpose built home offers 31 single bedrooms all ensuite of which 13 have shower rooms.
- Modern security facilities in place
- Extra wide corridors
- One lounge and a large dining room
- One parker bath and assisted baths and shower
- Regular visits by Doctor
- TV / Telephone point in every bedroom
- Modern nurse call system
- Dentist, Chiropodist & Optician available
- Modern and person lift

- Hairdressing
- Registered for Nursing and Dementia



# Parker House Tel: 01159 608 862



# 6 Albemarle Road, Woodthorpe, Nottingham NG5 4FE

- Registered for dementia, palliative and respite care
- Fully trained registered nurse on duty 24 hours a day
- Up to date lifting and handling equipment
- Home cooked meals catering for special dietary requirements
- Large dining area for residents comfort during meal time

- Large lounge area and conservatory to relax and enjoy
- Social activities provided
- Complete laundry services provided
- Passenger lift for freedom of movement between floors
- Regular visits from G.P, Chiropodist, Dentist, Dietician, Hairdresser and Optician

• 21 single rooms, 2 double and 9 ensuites



<b>CLUMBER COURT CARE CENTRE</b> Bolham Lane, Retford DN22 6SU		<b>OLD VICARAGE, THE</b> Whitehouse Road, Bircotes, Doncaster,	
Fel: 01777 700823 <b>Band 3</b>	OP D PD MH YA	South Yorkshire DN11 8EQ	
		Tel: 01302 745707 <b>Band 1</b>	OP D Y
OREST HILL			
orest Hill Park, Worksop S81 0NZ		ROSE MEADOW	
el: 01909 521249 Band 5 Advert pa	ige 58 OP D	119 Station Road, Misterton, Doncaster	
GATEFORD HILL CARE HOME		South Yorkshire DN10 4DG Tel: 01427 891190	LDA SI Y
Gateford Hill, Gateford, Worksop S81		101427 891190	LUAJII
el: 01909 475402 Band 5	OP PD	VICTORIA CARE HOME	
UBILEE COURT NURSING HOME		Memorial Avenue,	
Gateford Road, Worksop S81 7BH		Worksop S80 2BJ Band 3	
el: 01909 530233 Band 4	OP D PD SI YA	Tel: 01909 476416 Advert page 58	OP D Y
OUND HALL		WESTVILLA NURSING HOME	
Town Street, Lound, Retford DN22 8	RS	Westfield Road, Retford DN22 7BT	
Fel: 01777 818082 <b>Band 1</b>	OP D PD	Tel: 01777 701636 Band 4	0
Broxtowe - care homes with	nursing		
	-	GABLES NURSING HOME. THE	
		GABLES NURSING HOME, THE 169-171 Attenborough Lane, Beeston,	
Vroughton Court, 119 Nottingham		<b>GABLES NURSING HOME, THE</b> 169-171 Attenborough Lane, Beeston, Nottingham NG9 6AB	
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Band – see p	age 50 for more informa	tion		Advertisers are highlighted	
User Bands	MH Mental health	SI Sensory impairment	<b>YA</b> Younger adults	<b>AD</b> People who misuse alcohol and drugs	
Service	<b>OP</b> Older people (65+)	Dementia	<b>PD</b> Physical disability	LDA Learning disability, autism	Ĺ

Nottingham City - care homes with nursing	
ACACIA CARE CENTRE 12 Sherwood Rise, Sherwood, Nottingham NG7 6JE Tel: 0115 962 1186 OP D PD YA	HIGHFIELDS NURSING HOME 330 Highbury Road, Bulwell, Nottingham NG6 9AF
BEECHDALE HOUSE CARE HOME Beechdale Road, Aspley, Nottingham NG8 3EZ Tel: 0115 929 2792 OP D PD BEECHDALE MANOR CARE HOME	Tel: 0115 927 8847 Band 5 OP D PD HUNTERCOMBE CENTRE - SHERWOOD, THE 8 First Avenue, Sherwood Rise, Nottingham NG7 6JL Tel: 0115 924 6220 LDA MH
40 Beechdale Road, Nottingham NG8 3AJ Tel: 0115 849 6400 OP D PD LDA MH SI BELLE VUE LODGE 680 Woodborough Road, Nottingham NG3 5FS	HUWS 93 Harlaxton Drive, Nottingham NG7 1JD Tel: 0115 908 1560 PD LDA SI KINGSTHORPE VIEW CARE HOME
Tel: 0115 960 7706 Advert page 63OP DCARISBROOKE NURSING HOME22 Carisbrooke Drive, Mapperley Park, Nottingham NG3 5DS	Kildare Road, off the Wells Road, St Ann's, Nottingham NG3 3AF Tel: 0115 950 7896 OP D YA
Tel: 0115 960 5724OP D PDCARRINGTON HOUSE CARE HOME25 Mayo Road, Sherwood, Nottingham NG5 1BLTel: 0115 962 1100OP D	MELBOURNE HOUSEGrannis Drive, Aspley, Nottingham NG8 5RUTel: 0115 929 4787 Advert page 63NOTTINGHAM NEURODISABILITY SERVICE
CHURCHFIELDS Millers Court, Hartley Road, Radford, Nottingham NG7 3DP Tel: 0115 942 4051 Advert page 58 OP D MH YA	<ul> <li>ASPLEY</li> <li>Robins Wood Road, Aspley,</li> <li>Nottingham NG8 3LD</li> <li>Tel: 0115 942 5153</li> <li>PD YA</li> </ul>
CLIFTON MANOR NURSING HOME Rivergreen, Clifton, Nottingham NG11 8AW Tel: 0115 984 8485 Advert page 48 OP D	OAKLEIGH LODGE 4 Oakleigh Avenue Nottingham NG3 6GA Tel: 0115 960 2383 PD LDA SI YA
<b>CLIFTON VIEW CARE HOME</b> 67 Widecombe Lane, Clifton, Nottingham NG11 9GH	PARK HOUSECinderhill Road, Bulwell, Nottingham NG6 8SBTel: 0115 977 1363 Advert page 63
Tel: 0115 984 2021 Advert page 90OP DCONNECT HOUSERiber Crescent Basford Nottingham NG5 1LP	PARK VIEW NURSING HOME13 Gedling Grove, Radford, Nottingham NG7 4DUTel: 0115 979 0776OP D PD LDA MH YA
Tel: 0115 924 5467OP D PD LDA MH SI YA ADFIELD HOUSE127 Foxhall Road, Forest Fields, Nottingham NG7 6LHTel: 0115 960 3509LDA	<b>ST AUGUSTINE'S COURT CARE HOME</b> 105-113 The Wells Road, St Ann's, Nottingham NG3 3AP Tel: 0115 959 0473 <b>OP D MH YA</b>
FIRS NURSING HOME, THE	SYCAMORE LODGE NURSING HOME 3-5 Hardy Street, Nottingham NG7 4BB

n **User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol and drugs

Advertisers are highlighted

# Eastgate Care

# Our priorities are quality care and comfort for all residents

- All our homes offer Nursing, Convalescence, Respite, Dementia, Personal/Residential care services and have modern facilities
- Our spacious en-suite rooms are tastefully decorated and furnished to a very high standard
- We have plenty of fully qualified nursing staff, with 24 hour care & specialist nurse call systems
- The comfortable welcoming lounges overlook well- tended gardens or a picturesque waterway
- We host regular visits from local GP's, chiropodist, optician, dentist, physiotherapist, hairdresser and religious ministers
- Our meals are home cooked and we cater for special diets
- Dedicated Activities Co-ordinators & regularly organised trips and outings



ALEXANDRA HOUSE Eastwood, Notts NG16 3GP





MELBOURNE HOUSE Aspley, Notts NG8 5RU

PARK HOUSE Bulwell, Notts NG6 8SB

'My father was admitted to the home, he was very poorly and I was extremely worried about his health, I felt he was slipping away. The staff turned his health around, he gained weight and was really happy, he has dementia and they cared for him so well. I had comfort knowing the last six months of his life were very happy and I highly recommend them.' Daughter Elaine

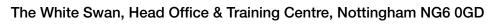


As recommended on carehome.co.uk

Eastgate Care - an established local company providing care for over 25 years Our latest home is Canal Vue at Awsworth Road, Ilkeston, Derbys DE7 8JF



Call to arrange a visit, all homes Tel: 0115 979 1234 Full details at: www.eastgatecare.co.uk email: enquiries@eastgatecare.co.uk





# Elmbank Care Home

35 Robinson Road, Mapperley, Nottingham NG3 6BB

- 24 hour nursing care
- · Quality dementia care
- Palliative care
- Highly qualified & experienced staff
- Single rooms, some en-suite
- Extensive activities programme
- Traditional style cooking with varied menu, special diets catered for



- Secluded gardens with patio & sensory garden
- Warm homely environment
- Visiting hairdressers, chiropodist, dentist, reflexologist and clergy
- Passenger lift and nurse call

For further information please contact the Manager Isabel Mantle. Tel: 0115 962 1262 Fax: 0115 952 3726 Email: isabel.mantle@redwoodcare.co.uk

# Westlodge Established since 198 Small family led Home, providing personalised care and support

Dementia • Old Age • Physical **Disability • Nursing • Residential** Respite • End of Life



#### • Day Care available

- Own GP if required • 27 bedded, single rooms, shared
- rooms or en-suites available Call systems and falls prevention
- equipment available • Nurse on site 24/7
- · Catering for individuals from all ethnic backgrounds
- Provide weekly visits by Home's GP No limits on bedroom furniture or wall coverings

#### Telephone: 0115 960 6075

Email: info@westlodgecarehome.com

# A choice of elderly care options in Nottinghamshire

If you're considering care for an elderly loved one, a warm, welcoming place close to family and friends means a lot. That's why our choice of long and short-term care options in Nottinghamshire could be something for you to think about, whether you've got our health insurance or not.

For friendly advice about your options, call our Elderly Care Support Line on:

# • 0115 871 6719

Lines are open seven days a week. We may record or monitor our calls

Look for Willow Brook in the listings section.

Q116273 2448 2016 BPR00880

# CARLTON CARE HOME 24 HOUR NURSING CARE FOR OLDER PEOPLE

We are a small, friendly, family run home, our qualified and experienced team promote the highest individual care. We have an open house policy which encourages close involvement with residents, relatives and loved ones

- Home from home environment
- Excellent bus route



- · Rated 'excellent' by Care Quality Commission

· Regular visits from hairdresser, chiropodist, optician, dentist and alternative therapist

TEL: 0115 961 9959 FAX: 0115 987 3889 398 CARLTON HILL, CARLTON, NOTTS NG4 1JA E: enquiries@carltoncarehome.co.uk

Nottinghamshire

# For help and advice in Nottinghamshire

# 0300 500 80 80

www.nottinghamshire.gov.uk/ adultsocialcare

# www.carltoncarehome.co.uk

· Registered for nursing and residential clients

· Outings, entertainment and activities provided

# Nottingham City - care homes with nursing continued

# WEST LODGE CARE HOME

238 Hucknall Road, Sherwood, Nottingham NG5 1FB Tel: 0115 960 6075 Advert page 64

OP D PD

# WOLLATON PARK CARE HOME

2A Lambourne Drive, Wollaton, Nottingham NG8 1GR Tel: 0115 928 3030 Advert page 90 OP D PD MH YA

# Gedling - care homes with nursing

#### ALBEMARLE COURT (NOTTINGHAM) LTD - T/A ALBERMARLE COURT NURSING HOME

738 Mansfield Road, Woodthorpe, Nottingham NG5 3FY Band 3 Tel: 0115 960 4516 Advert page 60 **OP D PD YA** 

# ALBEMARLE HALL NURSING HOME

4 Albemarle Road, Woodthorpe, Nottingham NG5 4FE Band 3 Tel: 0115 960 7339 Advert page 60 OP D PD MH SI YA

#### **BEECHES CARE HOME (NOTTINGHAM)**

55 Furlong Street, Arnold, Nottingham NG5 7AJ **OP PD YA** Tel: 0115 926 2838 Band 4

# **CARLILE HOUSE**

26 Carlile Road, Carlton, Nottingham NG4 3DW Tel: 07843 580912

## **CARLTON CARE HOME**

398 Carlton Hill, Carlton, Nottingham NG4 1JA Tel: 0115 961 9959 Band 5 Advert page 64 **OP YA** 

#### **CHARNWOOD**

24 Station Road, Carlton, Nottingham NG4 3AX Tel: 0115 8958796 Band 1 Advert page 58 OP PD YA

# **ELMBANK CARE HOME**

35 Robinson Avenue, Mapperley, Nottingham NG3 6BB Band 4 Tel: 0115 962 1262 Advert page 64 **OP D PD LDA** 

# **ERNEHALE LODGE CARE HOME**

82a Furlong Street, Arnold, Nottingham NG5 7BP Tel: 0115 967 0322 Band 4

**OP D PD** 

YA

# **GEDLING VILLAGE CARE HOME**

73 Arnold Lane, Gedling, Nottingham NG4 4HA Tel: 0115 987 7330 **OP D PD YA** 

<b>GEDLING VILLAGE COURT</b> 73 Arnold Lane, Gedling, Nottingham NG4 4HA Tel: 0115 987 7330 <b>Band 4</b>	OP D
HAWTHORNE NURSING HOME School Walk, Bestwood Village,	
Nottingham NG6 8UU Tel: 0115 977 0331	OP D YA

## **MORIAH HOUSE**

Deep Furrow Avenue, Carlton, Nottingham NG4 1RS Band 2 Tel: 0115 911 0078 Advert page 76 OP D PD

# PARKER HOUSE NURSING HOME

6 Albemarle Road, Woodthorpe, Nottingham NG5 4FE Band 4 Tel: 0115 960 8862 Advert page 60

**OP D** 

**OP D** 

OP

# SPRINGWATER LODGE CARE HOME

10 Smithy View, Calverton, Nottingham NG14 6FA Tel: 0115 965 5527 Band 4 **OP D PD YA** 

# **STOKE HOUSE CARE HOME**

24-26 Stoke Lane, Gedling, Nottingham NG4 2QP Tel: 0115 940 0635 Band 2

# WILLOW BROOK CARE HOME

112 Burton Road, Carlton, Nottingham NG4 3BG Band 2 Tel: 0115 871 3847 Advert page 64 **OP PD** 

# WOODTHORPE MANOR NURSING HOME

1 Egerton Road, Woodthorpe, Nottingham NG5 4FF Tel: 0115 920 6021 Band 4

Band – see p	age 50 for more informa	tion		Advertisers are highlighted	]
User Bands	MH Mental health	SI Sensory impairment	<b>YA</b> Younger adults	AD People who misuse alcohol and drugs	
Service	<b>OP</b> Older people (65+)	D Dementia	<b>PD</b> Physical disability	LDA Learning disability, autism	

Band – see page 50 for more information





- Family owned homes dedicated to providing the best. •
- Full time Chaplain leading pastoral care team.
- Residential, dementia, nursing, respite and day care for the over 50<sup>s</sup>.
- Set in mature gardens with premium and ensuite accommodation:
  - Wi-Fi and TVs throughout.
  - Home cooked locally sourced food.

# **Baily House Care Home Residential & Dementia Care**

Botany Avenue, Mansfield, Nottingham, NG18 5QN

t: 01623 620719

e: care@bailyhouse.co.uk

w: bailyhouse.co.uk

Woodleigh Christian Care Home

Nursing, Residential & Dementia Care Norfolk Drive, Mansfield, Nottingham, NG19 7AG t: 01623 420459 e: care@woodleighcare.co.uk w: woodleighcare.co.uk

# Call in any time or contact the Home Managers



Church Lane, Cotgrave 0115 989 4595





# Church Farm at Skylarks

Adbolton Lane, West Bridgford 0115 982 5568





The Byars is a independent Care Home situated in an idyllic Trent Valley village. We provide the highest quality care in the highest quality accommodation.

The Byars offers accommodation for people requiring nursing or personal care. We are able to meet the needs of individuals experiencing dementia.

Please contact us to discuss specific care needs and how they could be met at The Byars.

T: 0115 966 3981 www.byarscarehome.co.uk Caythorpe, Nr Lowdham, Nottinghamshire. NG14 7EB

# **Friary Fields** Care Home

21 Friary Road, Newark, NG24 1LE

- Dementia Care Specialists
- Private rooms with en-suite facilities
- Warm and friendly atmosphere
- Town centre location
- Set in landscaped, mature gardens
- · Well-trained and friendly staff available 24 hours per day Visiting Dentist, Chiropodist & Optician
- Person-centred approach to care & Cognitive Stimulation Therapy offered • Regular entertainment & activities

Tel: 01636 706105 Web: www.friaryfields.co.uk

Mansfield - care homes with nursing		
ASHCROFT CARE HOME Langton Road, Sutton-in-Ashfield, Mansfield NG17 1ER Tel: 01623 444780 Band 5 OP D	NIGHTINGALE CARE HOME Fourth Avenue, Edwinstowe, Mansfield NG21 9PA Tel: 01623 824480 Band 1 OP D PD MH SI YA	
ASHDALE CARE HOME 42 The Park, off Park Avenue, Mansfield NG18 2AT Tel: 01623 631838 Band 4 OP PD	PARKSIDE NURSING HOMEOlive Grove, Forest Town,Mansfield NG19 0AR Band 3Tel: 01623 655341 Advert page 48	
AVALON CARE HOME 116 Clipstone Road West, Forest Town, Mansfield NG19 0HL Tel: 01623 644195 Band 2 OP	PORTLAND COLLEGENottingham Road, Mansfield NG18 4TJTel: 01623 499111PD LDA YA	
BERRY HILL CARE HOME Berry Hill Lane, Mansfield NG18 4JR Tel: 01623 421211 Band 3 OP	SYCAMORE, THE & THE POPLARS High Street, Warsop, Mansfield NG20 0AA Tel: 01623 330108 Band 1 Advert page 58 OP D YA	
CHURCHFIELD CARE CENTRE Churchfield Drive, Rainworth, Mansfield NG21 OBJ Tel: 01623 330103 Band 2 Advert page 58 OP D YA	<b>THISTLE HILL HALL</b> Debdale Lane, Mansfield Woodhouse,	
FOREST CARE CENTRE Southwell Road West, Mansfield NG18 4HH	Mansfield NG19 7EZ Tel: 01623 655100	

Tel: 01623 541694 Advert page 58 OP D PD MH YA AD

LIMES CARE HOME, THE Park Road, Mansfield, Woodhouse, Mansfield NG19 8AX **OP D** Tel: 01623 632681 Band 3 Advert page 5

# MANSFIELD MANOR CARE HOME

30-32 Chesterfield Road South, Mansfield NG19 7AD Tel: 01623 631163 Band 5 Advert pages 40 **OP D** 

# WESTFIELD CARE HOME

Devon Drive, Mansfield NG19 6SQ Advert page 5 **OP D PD MH SI YA** Tel: 01623 427846 Band 3

WOODLEIGH CHRISTIAN CARE HOME Norfolk Drive, Mansfield, Nottingham NG19 7AG Band 5 Tel: 01623 420459 Advert pages 66 & 86 **OP D YA** 



 MH Mental health age 50 for more informa	, , ,	YA Younger adults	AD People who misuse alcohol and drugs Advertisers are highlighted
<b>OP</b> Older people (65+)		, , ,	LDA Learning disability, autism

# Beech Court Specialist Dementia Care Home

#### Band 5 accredited quality care, Celebrating 10 care yrs

- Registered for 23 residents
- Friendly & relaxed atmosphere
- Supportive individual care

with residents' flower bed.

Rooms individually furnished/decoratedLarge patio overlooking well kept garden,



52 Church Lane, Selston Green, Nottinghamshire NG16 6EW Telephone: 01773 581450 Email: contact@careffp.co.uk www.careffp.co.uk

# THE BYARS REGISTERED CARE HOME



The Byars is a independent Care Home situated in an idyllic Trent Valley village. We provide the highest quality care in the highest quality accommodation.

The Byars offers accommodation for people requiring nursing or personal care. We are able to meet the needs of individuals experiencing dementia.

Please contact us to discuss specific care needs and how they could be met at The Byars.

T: 0115 966 3981 www.byarscarehome.co.uk Caythorpe, Nr Lowdham, Nottinghamshire. NG14 7EB

# *Five Gables* Residential Care Home

#### Band 5 accredited quality care, Celebrating 25 care yrs

- Registered for 16 residents Friendly & relaxed atmosphere
  - Supportive individual care
  - All single bedroom en-suite & individually furnished & decorated
  - Large patios overlooking gardens & fish
     pond with residents flower beds

111/113 Victoria Road, Kirkby in Ashfield, Nottinghamshire, NG17 8AQ Telephone: 01623 752512 Email: Email: contact@careffp.co.uk www.careffp.co.uk

# **Rose Farm Care Home**

It is our intention to create a 'home' in every sense of the word with care provided by an experienced team of loving people.

• Highly experienced staff • All bedrooms are decorated to the highest standards & some en-suite facilities • 24 hour care



care home

Residential and Specialist Dementia Care

www.rosefarmhome.co.uk

Main Street, Styrrup, Doncaster, DN11 8NB Tel: 01302 744 664

3 Nottingham Road, Hucknall, Nottingham NG15 7QN Tel: 0115 964 0400



Leen Valley is *passionate about delivering personalised care* to every resident and establish a trusting relationship with you and your family. With over 12 year's experience, we aim to create a new sense of happiness in your life.

# What we can offer:

- Long or short term stay
- Dementia care
- Social care

Leen

- Daily Activities
- Weekly Hairdressing
- Entertainment
- Respite
- Day Care
- Fresh home cooked food
- Support for clients with Palliative care

# www.leenvalleycare.co.uk

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# Newark - care homes with nursing

# **BOUGHTON MANOR**

Church Road, Boughton, Newark NG22 9JX Tel: 01623 860436 Band 3 OP D MH

#### **BYARS NURSING HOME, THE**

Caythorpe Road, Caythorpe, Nottingham NG14 7EB Tel: 0115 966 3981 Band 5 Advert page 68 OP D PD SI

#### **GRAND, THE**

Greythorn Road West Bridgford, Nottingham NG2 7FE Tel: 0115 896 7712 Band 3 OP D PD MH YA

# LANCASTER GRANGE

Cross Lane, Fernwood, Newark NG24 3NH Band 4 Tel: 01636 880755 Advert page 58 OP D PD YA

## OAKS AND LITTLE OAKS, THE

172 London Road, Balderton, Newark NG24 3JF Tel: 01636 605365 **Band 1 Advert page 58** 

# PATHFINDERS NEUROLOGICAL CARE CENTRE

Darwin Drive, New Ollerton, Newark NG22 9GW Tel: 01623 836639

# **OP PD LDA SI YA**

#### **RED ROSE NURSING HOME**

32 Brockton Avenue, Farndon, Newark NG24 4TH Tel: 01636 673017 Band 5

#### SHERWOOD GRANGE CARE CENTRE

Mansfield Road, Edwinstowe, Mansfield NG21 9HF Tel: 01623 824601 Band 2

**OP PD YA** 

OP

**OP D** 

#### WHIGHFIELDS CARE HOME

Station Road, Edingley, Newark NG22 8BX Tel: 01623 882441



# Rushcliffe - care homes with nursing

#### **ADBOLTON HALL**

Adbolton Lane, West Bridgford, Nottingham NG2 5AS Tel: 0115 981 0055 Band 3 OP D PD

# ASLOCKTON HALL NURSING AND RESIDENTIAL HOME

New Lane, Aslockton, Nottingham NG13 9AH Tel: 01949 850233 Band 5 OP PD

# **BALMORE COUNTRY HOUSE**

245 Loughborough Road, Ruddington, Nottingham NG11 6NY Tel: 0115 921 3006 Band 2 Advert page 76 OP D

#### **BEAUVALE CARE HOME**

Moor Lane, Bingham, Nottingham NG13 8AS Tel: 01949 831263 Band 3 OP PD YA

#### **CHURCH FARM NURSING HOME**

Church Lane, Cotgrave, Nottingham NG12 3HR Tel: 0115 989 4595 Band 5 Advert page 66 OP D CHURCH FARM NURSING HOME AT SKYLARKS Skylarks, Adbolton Lane, West Bridgford, Nottingham NG2 5AS Tel: 0115 982 5568 Band 4 Advert page 66 OP D PD

# **ETON PARK CARE CENTRE**

Owthorpe Road, Cotgrave, Nottingham NG12 3PU Tel: 0115 989 9545 **Band 2** 

# FIELD HOUSE NURSING HOME

11 Main Road, Radcliffe-on-Trent, Nottingham NG12 2FD Tel: 0115 933 5811 **Band 5** 

# GREENWOOD LODGE

49-55 Gotham Lane, Bunny, Nottingham NG11 6QJ Tel: 0115 984 7575

PD LDA SI

OP

**OP D PD MH** 

Dend				A ducenticeus que bieblighte d	l
User Bands	MH Mental health	<b>SI</b> Sensory impairment	YA Younger adults	<b>AD</b> People who misuse alcohol and drugs	l
Service	<b>OP</b> Older people (65+)	D Dementia	<b>PD</b> Physical disability	LDA Learning disability, autism	1

# Residential care homes

# Ashfield - residential care homes

ADAMS HOUSE Willowbridge Lane, Sutton-in-Ashfield NG17 1DS Tel: 01623 559009	BROOKSIDE HOUSE CARE HOME 35 Wagstaff Lane, Jacksdale, Nottingham NG16 5JL Tel: 01773 608527 Band 3 OP D PD
ALDERCAR RESIDENTIAL CARE HOME36 Wood Lane, Hucknall, Nottingham NG15 6LRTel: 0115 963 7797 Band 5	ELM TREE HOUSE 37a Ogle Street, Hucknall, Nottingham NG15 7FQ Tel: 0115 963 3573 Band 3 OP D PD MH
ANNESLEY LODGE CARE HOME Annesley Road, Hucknall, Nottingham NG15 8AY Tel: 0115 955 5522 Band 3 OP D ASHLAND ROAD WEST, 134	ELMLEIGH HOMES LTD Elmleigh House, 133 Vernon Road, Kirkby-in-Ashfield, Nottingham NG17 8ED Tel: 01623 753837
Sutton-in-Ashfield NG17 2HS Tel: 01623 516641 OP LDA YA AUTISM SUPPORT AND CARE Jubilee Court, 1 Jubilee Road,	FIELDINGS, THE Huthwaite Road, Sutton-in-Ashfield, Nottinghamshire NG17 2GS Tel: 01623 551992 OP D PD MH YA AD
Sutton-in-Ashfield NG17 2DB Tel: 01623 212090 LDA YA BANK HOUSE CARE HOME – SUTTON-IN-	FIVE GABLES CARE HOME 113 Victoria Road, Kirkby-in-Ashfield, Nottingham NG17 8AQ Tel: 01623 752512 Band 5 Advert page 68 OP D
ASHFIELD Church Street, Sutton-in-Ashfield NG17 1EX Tel: 01623 552766 Band 5 OP D	<b>FOREST STREET</b> 17 Forest Street, Kirkby-in-Ashfield,
<b>BEECH COURT CARE HOME</b> 52 Church Lane, Selston Green, Nottingham NG16 6EW	Nottingham NG17 7DT Tel: 01623 407923 LDA YA HALLCROFT CARE HOME
Tel: 01773 581450 Band 5 Advert page 68         OP D	Croft Avenue, Hucknall, Nottingham NG15 7JD Tel: 0115 895 8822 <b>Advert page 58 OP</b>
BELMONT ROAD87 Belmont Road, Kirkby-in-Ashfield,Nottingham NG17 9DYTel: 01623 754191LDA	HEATHCOTES (HUCKNALL & WATNALL) 220 Watnall Road, Hucknall, Nottingham NG15 6EY Tel: 0115 963 6379
BLACKWELL ROAD 156e Blackwell Road, Huthwaite NG17 2RF Tel: 01623 651987 LDA MH YA	HOLLIES, THE 20 Alfreton Road, Sutton-in-Ashfield NG17 1FW Tel: 01623 512850 LDA MH YA
BROADOAK PARK Nuncargate Road, Kirkby-in-Ashfield, Nottingham NG17 9DS Tel: 01623 721924 LDA YA	HUCKNALL HOPE LEA PROJECT 11-13 Annesley Road, Hucknall, Nottingham NG15 7AD Tel: 0115 953 8385

Service	<b>OP</b> Older people (65+)	D Dementia	PD Physical disability	LDA Learning disability, autism	
User Bands	MH Mental health	SI Sensory impairment	<b>YA</b> Younger adults	AD People who misuse alcohol and drugs	
Band – see page 50 for more information Advertisers are highlighte					

70 This Directory's helpline 0800 389 2077 – information on choosing and paying for care

# Ashfield - residential care homes continued

# JUBILEE COURT

Nabbs Lane, Hucknall, Nottingham NG15 6HB Tel: 0115 983 4630 Band 4 Advert page 88 OP D PD SI

# **KESTREL LODGE CARE HOME**

St Thomas Avenue, Kirkby-in-Ashfield, Nottingham NG17 7DX **Band 5** Tel: 01623 330104 **Advert page 48** 

# KIRKLANDS RESIDENTIAL CARE HOME FOR OLDER PEOPLE

2 Fairhaven, Kirkby-in-Ashfield, Nottingham NG17 7FW Tel: 01623 723936 Band 4 OP D PD

# LARWOOD HOUSE

1 Edison Street, Kirkby-in-Ashfield, Nottingham NG17 9EP Tel: 01623 752936 **OP** 

**OP PD LDA MH YA** 

OP

# LEEN VALLEY CARE HOME

3 Nottingham Road, Hucknall NG15 7QN Tel: 0115 964 0400 Band 2 Advert page 68 **OP D** 

#### LOXLEY LODGE CARE HOME

School Street, Kirkby-in-Ashfield, Nottingham NG17 7BT Tel: 01623 757475 Band 3 OP D

MANOR HOUSE CARE HOME Brook Street, Sutton-in-Ashfield NG17 1ES Tel: 01623 554552 Band 1

# **ORCHARD CARE HOME, THE**

10 Papplewick Lane, Hucknall, Nottingham NG15 7TE Tel: 0115 952 7102 **OP D PD LDA MH SI YA** 

**ORCHARD STREET, 2-8** Hucknall, Nottingham NG15 7JX Tel: 0115 968 0525

**OP LDA YA** 

OP

QUINTON HOUSE 2 The Hill, Kirkby-in-Ashfield, Nottingham NG17 8JR Tel: 01623 723321

RICHMOND LODGE Off 35a Richmond Road, Kirkby-in-Ashfield, Nottingham NG17 7PR Tel: 01623 750620 PD LDA MH YA ROYAL MENCAP SOCIETY – ASHFIELD COURT CARE HOMES

Stoneyford Road, Sutton-in-Ashfield NG17 2DR Tel: 01623 512666 PD LDA YA

# SHEEPWALK HOUSE

39 Sheepwalk Lane, Ravenshead, Nottingham NG15 9FD Tel: 01623 797074

LDA YA

PD LDA YA

#### SHIRES CARE CENTRE, THE

The Oval, Sutton-in-Ashfield NG17 2FP Tel: 01623 551099

SHORTWOOD HOUSE

145 Beardall Street, Hucknall, Nottingham NG15 7HA Tel: 0115 952 0950 Band 5 OP D

# SPINNIES, THE

Linby Lane, Linby, Nottingham NG15 8AF Tel: 0115 963 1844

SUTTON COURT

Priestsic Road, Sutton-in-Ashfield NG17 2AH Band 5 Tel: 01623 441130 Advert page 75 OP D PD SI YA

## **SUTTON HOUSE** 57 Kirkby Road, Sutton-in-Ashfield NG17 1GG Tel: 01623 555900

LDA

LDA YA

SUTTON LODGE Priestsic Road, Sutton-in-Ashfield NG17 2AH Tel: 01623 441130 Band 5 Advert pages 42 & 75 OP D PD SI YA

SUTTON MANOR Priestsic Road, Sutton-in-Ashfield NG17 2AH Band 5 Tel: 01623 441130 Advert page 75 OP D PD SI



 Service User Bands
 OP
 Older people (65+)
 D
 Dementia
 PD
 Physical disability
 LDA
 Learning disability, autism

 MH
 Mental health
 SI
 Sensory impairment
 YA
 Younger adults
 AD
 People who misuse alcohol and drugs

Band – see page 50 for more information

Advertisers are highlighted

Bassetlaw - residential care homes	
ABBEYMOOR NURSING HOME Sherwood Road, Worksop S80 1QW Tel: 01909 480998 OP D PD MH YA	HALL FARM HOUSE Gainsborough Road, Everton, Doncaster DN10 5BW Tel: 01777 817431
AVONDALE CARE HOME Whitehouse Road, Bircotes, Doncaster DN11 8EQ Tel: 01302 743673 Band 2 OP D	HOLLES STREET SHORT BREAKS SERVICEHolles Street, Worksop S80 2LJTel: 01909 535220
BARNBY COURT CARE HOMEBarnby Moor, Retford DN22 8QSTel: 01777 705902 Band 4OP D YA	HOLLIES RESIDENTIAL HOME, THE19-23 London Road, Retford DN22 6ATTel: 01777 707750 Band 2 Advert page 74
BEECH HOUSE CARE HOME292-294 Carlton Road, Worksop S81 7LLTel: 01909 472149 Band 3OP D	JAMES HINCE COURT RESIDENTIAL CARE HOME FOR OLDER PEOPLE Windsor Gardens, Carlton-in-Lindrick S81 9BL Tel: 01909 733821 Band 4 OP D PD
BRACKEN VILLA 6 Bracken Lane, Retford, Nottingham DN22 7EU Tel: 01777 719720 LDA YA	LANGWITH LODGE CARE HOME The Park, Nether Langwith, Mansfield NG20 9ES Tel: 01623 742204 Band 1 Advert page 73 OP D
BRAILSFORD HOUSE1 Main Street, Harworth, Doncaster DN11 8LETel: 01302 742156 Band 2	NEWTON HOUSE CARE HOME Shireoaks Road, Shireoaks, Worksop S81 8LX Tel: 01909 482960 Band 4 OP C
BRANTHWAITE CARE HOME 34 Welham Road, Retford DN22 6TN Tel: 01777 706720 Band 5 OP D MH BREAGHA HOUSE	OLD RED LION, THE Old Red Lion, Town Street, Treswell, Retford Nottinghamshire DN22 0EJ Tel: 01909 512195
40 Main Street, Hayton, Retford DN22 9LL Tel: 01522 868279 LDA YA	<b>OLD VICARAGE, THE</b> Whitehouse Road, Bircotes, Doncaster DN11 8EQ
CAMBIAN BEECHES Retford Road, South Leverton, Retford DN22 0BY Tel: 01427 807630 OP LDA SI YA CARLTON ROAD	Tel: 01302 745707OP D YAOLD VICARAGE, THE Newcastle Avenue, Worksop S80 1NJ Tel: 01909 330105 Advert page 58OP D YA
CARLION ROAD           181-183 Carlton Road, Worksop S81 7AD           Tel: 01909 473831	REDBANK HOUSE Town Street, South Leverton, Retford DN22 0BT Tel: 01427 880716
FARTHINGS RESIDENTIAL CARE HOMEOld London Road, West Drayton, Retford DN22 8EDTel: 01777 838219 Band 5OP	<b>RIVERS</b> Blyth Road, Oldcotes, Worksop S81 8HU
<b>GLENESK CARE HOME</b> Glenesk, Queen Street, The Crescent, Retford DN22 7BX	Tel: 01909 731429 LDA MH YA ROSE FARM Main Street, Styrrup, Doncaster DN11 8NB

Service **OP** Older people (65+) **D** Dementia PD Physical disability LDA Learning disability, autism User Bands MH Mental health AD People who misuse alcohol and drugs SI Sensory impairment YA Younger adults Band – see page 50 for more information Advertisers are highlighted



Friendly, kind, caring staff create a real home from home atmosphere.



Langwith Lodge has lots to offer including:

- Regular activities and home outings.
- On site Activities Co-ordinators
- Resident's greenhouse & gardens.
- 8 acres of parkland and wildlife with fishing lake.
- Excellent rates for residential care.
- Internet access to enable residents to keep in touch with loved ones & friends.
- Full and regular care plan consultations
- Regular resident & relative meetings.

Langwith Lodge is situated on the edge of the village of Nether Langwith, bordering the famous Dukeries and Sherwood Forest. The home offers long term residential care, respite care, day care and short term stays, for people on a residential basis as well as for people with milder forms of dementia.

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Our team of kind, patient and respectful staff will do their utmost to make you feel comfortable and safe enabling and facilitating your chosen lifestyle.

If you would like further information, a brochure, or wish to discuss your particular requirements, please call our Home Manager :

## 01623 742204

The Park, Nether Langwith, Mansfield, Nottinghamshire NG20 9ES



#### Bassetlaw - residential care homes continued

#### ROSEKEYS

Gringley on the Hill, Gainsborough Road, Gringley, Doncaster DN10 4RJ Tel: 01777 816923

#### **ROYAL MENCAP SOCIETY** - RUTLAND CRESCENT CARE HOME

25-27 Rutland Crescent, Harworth DN11 8HZ Tel: 01302 759636

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LDA SI

#### SOUTHMOOR LODGE CARE HOME

South Moor Road, Walkeringham, Doncaster DN10 4LD Tel: 01427 891204 Band 3 **OP D** 

#### ST MICHAEL'S VIEW RESIDENTIAL CARE HOME FOR OLDER PEOPLE

Hallcroft Road, Retford DN22 7NE Tel: 01777 702218 Band 4

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**OP D** 

#### **TIGH FRUIN**

40a Main Street, Hayton, Retford DN22 9LL Tel: 01777 705713

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#### **TUXFORD MANOR CARE HOME**

ST SAVIOUR'S CARE HOME

Tel: 01777 703040 Band 5

5 Lidget Lane, Retford DN22 6QW

143 Lincoln Road, Tuxford, Newark NG22 0JQ Tel: 01777 872555 Band 4 **OP D PD MH YA** 

#### **WESTWOOD**

Talbot Road, Worksop S80 2PG Tel: 01909 533690 Band 5 Advert page 88 OP D PD SI

#### WHITEGATES

Whitegates Home, Sparken Hill, Worksop S80 1AP Tel: 01909 478746 LDA

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trained and hardworking team of carers who make everyone feel like part of the family. The home enjoys excellent CQC and Quality Audit scores and is one of the most respected homes in the county, with a 'GOOD' rating over every area inspected in our Feb 2016 CQC inspection.

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## **SUTTON COURT**

PRIESTSIC ROAD SUTTON-IN-ASHFIELD, NOTTS MANAGER - EMILY SMITH

## **SUTTON LODGE**

PRIESTSIC ROAD SUTTON-IN-ASHFIELD, NOTTS MANAGER - TRACY STUBBS





PRIESTSIC ROAD SUTTON-IN-ASHFIELD, NOTTS MANAGER - KAREN DRURY

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- Indoor hydrotherapy pool and jacuzzi
- Full time activity co-ordinators
- Social services and privately funded residents
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- Specialist dementia unit
- Private visitors lounge
- Plenty of visitor parking
- Front, rear and courtyard gardens





### Ashmere Care Centre Priestsic Road, Sutton in Ashfield, NG17 2AH (opposite Asda) T:01623 441130 notts@ashmere.co.uk



### Deluxe suites now available

At Ashmere we now have Deluxe suites available with facilities including a fully functional wet room, walk in wardrobe, bedroom inclusive of double bed and dressing table and a lounge area with TV. Call us now to arrange a visit.

# Welcome to our homes...

Our care homes have built up excellent reputations within their local communities with the vast majority of our new residents coming through recommendations from others. This has been established through our commitment to the on-going provision of dedicated quality care delivered within a high quality, yet homely environment.

We welcome visitors into our homes and encourage family members and friends to get involved in their loved-ones care and become part of the care home's life. Those looking for a care home are welcome to visit at any time, an appointment is not always necessary.

- You are reading this because you are thinking about finding a care home for a loved one or even yourself
- You're trying to ensure you are making the right decision to find the best possible care for your family member
- Are you unsure what funding you are entitled to, how to work through all the paperwork?

It can be a very challenging process – We will help and advise you. Let our management team offer professional support and guidance from people who genuinely care.

## Contact us now...

**Bramcote Hills** Nursing & Residential home 36 Sandringham Drive, Bramcote, Nottingham, NG9 3EJ T: 0115 922 1414 E: bramcotehills@my-care.co.uk

Orchard House Residential home 46 Easthorpe Street, Ruddington, Nottingham NG11 6LA T: 0115 9217 610 E: orchardhouse@my-care.co.uk

#### Ashton Court Residential home

56 Three Tuns Rd, Eastwood, Nottingham NG16 3EJ T: 01773 712017 E: ashtoncourt@my-care.co.uk

#### **Edward House** Residential home 175 Nottingham Road, Eastwood, NG16 3GS

Tel: 01773 531591 E: edwardhouse@my-care.co.uk

#### Peacemills

Residential home 132 Perry Road, Sherwood, Nottingham, NG5 3AH T: 0115 9602 539 E: peacemills@my-care.co.uk



**Balmore Country House** Nursing & Residential home 245-247 Loughborough Road, Ruddington, Nottingham NG11 6NY T: 0115 9213 006 E: balmorehouse@my-care.co.uk

#### **Moriah House**

Residential home Deep Furrow Avenue, Carlton, Nottingham NG4 1RS T: 01159 110078 E: moriahhouse@my-care.co.uk

#### **St. Peters**

Residential home 15 Vicarage Lane, Ruddington, Nottingham NG11 6HB T: 0115 9844 608 E: stpeters@my-care.co.uk



#### The Maple York Care Group

Head Office, Normanton Lodge, 75 Mansfield Road, South Normanton, Derbyshire DE55 2EF

T: 01773 811453 F: 01773 581754 E: info@my-care.co.uk

www.my-care.co.uk

#### Broxtowe - residential care homes

#### ACER COURT CARE HOME

172 Nottingham Road, Nuthall NG8 6AX Tel: 0115 895 6248 Band 3 Advert page 44 OP D PD

#### ALDER HOUSE CARE HOME

172a Nottingham Road, Nuthall, Nottingham NG8 6AX Band 4 Tel: 0115 895 9898 Advert page 440P D PD MH SI YA

#### ASHTON COURT RESIDENTIAL HOME

56 Three Tuns Road, Eastwood, Nottingham NG16 3EJ Band 4 Tel: 01773 712017 Advert page 76 OP D PD MH

#### BRAMWELL

Chillwell Lane, Bramcote, Nottingham NG9 3DU Tel: 0115 967 7571 Band 5 Advert page 88 0P D PD SI

#### **CHURCH STREET CARE HOME**

84 Church Street, Eastwood NG16 3HS Tel: 01773 765494

#### EASTWOOD HOUSE

24 Church Street, Eastwood,	
Nottingham NG16 3HS	
Tel: 01773 712003 Band 3	OP D

#### **EDWARD HOUSE**

 175 Nottingham Road, Eastwood NG16 3GS

 Tel: 01773 531591 Band 5 Advert page 76

#### FALCON HOUSE CARE HOME

2 Middle Street, Beeston, Nottingham NG9 1FX Tel: 0115 922 8151 Band 4 OP D

#### FIRST CLASS CARE LTD

4 De Morgan Close, Underwood NG16 5EU Tel: 0115 924 3111 Dep LDA

#### **HERONS, THE**

Calverton Close, Toton, Nottingham NG9 6GY Tel: 0115 946 0007 **Band 5** 

#### **KINGSBRIDGE WAY**

5-11 Kingsbridge, off Chilwell Lane, Beeston, Nottingham NG9 3LW Tel: 0115 982 3823

#### LAWRENCE MEWS

132 Church Street, Eastwood, Nottingham NG16 3HT Tel: 01773 760849 PD LDA MH YA

#### LITTLE ACRES

5 Spencer Drive, Nuthall, Nottingham NG16 1DQ Tel: 0115 938 2236 LDA YA

#### MEADOW LODGE

21-23 Meadow Road, Beeston, Nottingham NG9 1JP Tel: 0115 922 8406 Band 3

#### QUEENSWOOD

LDA

Cliffgrove Avenue, Beeston, Nottingham NG9 4DP Tel: 0115 922 1037 Band 5 Advert below **OP** 

#### **ROOKERY CARE HOME, THE**

130 Church Street, Eastwood, Nottingham NG16 3HT Tel: 01773 713176 Band 1

**OP D PD YA** 

**OP D** 

#### **RYLAND RESIDENTIAL HOME**

9-11 Meadow Road, Beeston, Nottingham NG9 1JN Tel: 0115 943 6247 Band 5 OP

#### SPRING BANK FARM

52 Cordy Lane, Brinsley, Nottingham NG16 5BY Tel: 01773 765766

LDA YA

#### UNIVERSITY CARE

17 Derby Road, Beeston, Nottingham NG9 2TA Tel: 0115 875 8565 D PD LDA MH SI YA



Band – see page 50 for more information			Advertisers are highlighted	1	
User Bands	MH Mental health	SI Sensory impairment	<b>YA</b> Younger adults	<b>AD</b> People who misuse alcohol and drugs	
Service	<b>OP</b> Older people (65+)	D Dementia	PD Physical disability	LDA Learning disability, autism	١



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### MOORLANDS NURSING HOME

104 Church Lane, Brinsley, Nottingham NG16 5AB Telephone: **01773 781 381** Email: **manager.moorlands@regalcarehomes.com** 



For more info please... Call: **0845 8731234** • 30 station road, Orpington, Kent BR6 0SA Email: **info@regalcarehomes.com** • Web: **www.regalcarehomes.com** 

CORN HOUSE	CLAREMONT ROAD, 4		
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el: 0115 960 5981 <b>OP D LDA</b>	Tel: 0115 960 4618 OP LDA YA		
LEXANDRA LODGE CARE HOME	CLIFTON MANOR RESIDENTIAL HOME		
Lucknow Drive, Mapperley Park,	Rivergreen, Clifton, Nottingham NG11 8AW		
lottingham NG3 5EU	Tel: 0115 984 5859 Advert page 48 OP L		
el: 0115 962 6580 <b>OP D</b>	COCKINGTON HOUSE		
RNOLD ROAD, 514	38 Cockington Road, Nottingham NG8 4BZ		
estwood, Nottingham NG5 5HN	Tel: 0115 928 8013		
el: 0115 960 8091 <b>OP PD LDA SI YA</b>			
SCOT HOUSE – NOTTINGHAM	CONIFERS REST HOME, THE		
0-40 Percival Road, Sherwood, Nottingham NG5 2EY	11-15 Bakerdale Road, Bakersfield, Nottingham NG3 7GJ		
el: 0115 960 6506 <b>OP</b>	Tel: 0115 911 0024 OP [		
SHLEIGH HOUSE	CONNECT HOUSE		
8-20 Devon Drive, Sherwood, Nottingham NG5 2EN	Riber Crescent, Basford, Nottingham NG5 1LP Tel: 0115 924 5467 OP D PD LDA MH SI YA AI		
el: 0115 969 1165 <b>OP</b>	Tel: 0115 924 5467 <b>OP D PD LDA MH SI YA A</b> I		
EECHDALE HOUSE CARE HOME	DERBYSHIRE HAVEN		
eechdale Road, Aspley, Nottingham NG8 3EZ	2 Brendon Road, Wollaton, Nottingham NG8 1HW		
el: 0115 929 2792 <b>OP D PD</b>	Tel: 0115 928 2110		
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arnhall Crescent, Bilborough,	2 Devonshire Road, Sherwood,		
lottingham NG8 4QA	Nottingham NG5 2EW		
el: 0115 929 4483 OP D	Tel: 0115 962 2538 PD LDA MH YA AI		
EECHWOOD	EDENHURST REST HOME		
0 Burlington Road, Sherwood,	5-11 Denmark Grove, Alexandra Park,		
lottingham NG5 2GS	Nottingham NG3 4JG		
el: 0115 924 5893	Tel: 0115 960 6595 OP		
ELVOIR LODGE	FAIRWAY VIEW		
43 Edwards Lane, Nottingham NG5 6EQ	Swale Close, Bulwell, Nottingham NG6 9LZ		
el: 0115 967 9287 PD LDA SI YA	Tel: 0115 975 8770 Advert inside back cover <b>OP</b>		
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lottingham NG5 2GR	Nottingham NG1 4HH		
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	<b>– 32 BENTINCK ROAD</b> Hyson Green, Nottingham NG7 4AF		

For further assistance tel: 0300 500 80 80 or visit www.nottinghamshire.gov.uk 79

Advertisers are highlighted

#### Nottingham City - residential care homes continued

#### **GREGORY COURT**

Noel Street, Hyson Green, Nottingham NG7 6AJ Tel: 0115 979 0750 PD YA

#### **GREGORY HOUSE II** 391-393 Mansfield Road (

391-393 Mansfield Road, Carrington, Nottingham NG5 2DG Tel: 0115 969 2320

MH YA

#### HALL PARK CARE HOME

Squires Avenue, Bulwell, Nottingham NG6 8GH Tel: 0115 975 8750 OP D PD

#### HAVEN LODGE

2 Alexandra Street, Sherwood Rise, Nottingham NG5 1AY Tel: 0115 962 1675

### **OP** MH

#### HAWTHORN LODGE CARE HOME

Beckhampton Road, Bestwood Park, Nottingham NG5 5LF Tel: 0115 967 6735 **Advert page 78 OP D PD SI** 

#### HEATHCOTES (ARNOLD)

Redhill Farm, Bestwood Lodge Drive, Arnold, Nottingham NG5 8NE Tel: 0115 967 9619 LDA MH

#### HEATHCOTES (BASFORD)

55A Hadbury Road, Nottingham NG5 1JZ Tel: 0115 970 4850 PD LDA MH SI YA

#### **HEATHCOTES (BLENHEIM)**

Blenheim Mount, St Anns Hill, Nottingham NG3 4LA Tel: 0115 960 6446 PD LDA MH SI YA

#### HEATHCOTES (CARRINGTON PARK)

2 Clinton Avenue, Nottingham NG5 1AW Tel: 0115 962 4949 PD LDA MH SI YA

#### **HEATHCOTES (MAPPERLEY LODGE)** 24 Ebers Road, Mapperley Park,

Nottingham NG3 5DY Tel: 0115 960 3675 PD LDA MH SI YA

#### HEATHCOTES (WOODBOROUGH)

2 Corporation Oaks, Nottingham NG3 4JY Tel: 0115 960 8188 PD LDA MH YA

#### **KATHERINE HOUSE**

10-12 Ebury Road, Sherwood, Nottingham NG5 1BB Tel: 0115 912 3554 OP D

#### **KINGFISHER COURT CARE CENTRE**

Sturgeon Avenue, Clifton, Nottingham NG11 8HE Tel: 0115 940 5031 **Advert page 48 OP D** 

#### **KINGSBURY HOUSE**

103-105 Mansfield Street, Sherwood, Nottingham NG5 4BH Tel: 0115 955 2917

MH

#### LANGDALE COURT CARE HOME

1 Colville Street, Nottingham NG1 4HQ Tel: 0115 947 2167

PD MH SI YA

#### LANGDALE HOUSE CARE HOME

Grove Avenue, Southey Street, Nottingham NG7 4BP Tel: 0115 978 3822 OP D PD MH SI YA

#### LAURA CHAMBERS LODGE RESIDENTIAL UNIT

37 Swansdowne Drive, Clifton, Nottingham NG11 8HW Tel: 0115 915 7909 OP D

#### LEVINA HOUSE

17 Victoria Embankment, Nottingham NG2 2JY Tel: 0115 986 1555 LDA YA

#### LIME LODGE

575 Nuthall Road, Nottingham, NG8 6AD Tel: 0115 875 8349 **OP LDA YA** 

#### LIMES, THE

6 Lime Tree Avenue, Aspley, Nottingham NG8 6AB Tel: 0115 875 8349 **OP PD LDA YA** 

#### LINBY DRIVE

14 Linby Drive, Strelley, Nottingham NG8 6QH Tel: 0115 976 4652 LDA

#### LINWOOD HOUSE

1 Mount Hooton Road, Nottingham NG7 4AY Tel: 0115 978 6736 OP LDA YA

#### MAPPLETON HOUSE

9b Chestnut Grove, Mapperley Park, Nottingham NG3 5AD Tel: 0115 962 3714

LDA YA

Service	<b>OP</b> Older people (65+)	D Dementia	PD Physical disability	LDA Learning disability, autism
User Band	s MH Mental health	<b>SI</b> Sensory impairment	<b>YA</b> Younger adults	AD People who misuse alcohol and drugs

Advertisers are highlighted

#### Nottingham City - residential care homes continued

#### **MILESTONES CARE**

37 Ridsdale Road, Nottingham NG5 3GR Tel: 0115 837 5426 LDA SI YA

#### MILVERTON ROAD CARE HOME

72-74 Milverton Road, Bestwood Park, Nottingham NG5 5RH Tel: 0115 916 0720

#### MOUNT VERNON TERRACE

23-25 Waverley Street, Arboretum, Nottingham NG7 4DX Tel: 0115 978 4345

#### MULBERRY COURT CARE HOME

61 Darnhall Crescent, Bilborough, Nottingham NG8 1QA Tel: 0115 929 4483 OP D

#### OAKDENE RESIDENTIAL CARE HOME

Oakdene Residential Unit, 10 Woodborough Road, St Anns, Nottingham NG3 1AZ Tel: 0115 958 0172 **OP LDA YA** 

#### OAKS RESIDENTIAL HOME, THE

Campbell Street, St Anns, Nottingham NG3 1GZ Tel: 01636 330106 OP D

#### OXCLOSE LODGE

231 Edwards Lane, Nottingham NG5 6EQ Tel: 0115 926 9617 PD LDA SI YA

#### PALMWOOD COURT, 14-17

The Woodlands, Highbury Road, Nottingham NG6 9BZ Tel: 0115 975 3987

**OP** MH YA

#### PARK VIEW NURSING HOME

13 Gedling Grove, Radford, Nottingham NG7 4DU Tel: 0115 979 0776 **OP D PD LDA MH YA** 

#### PEACEMILLS CARE HOME

132 Perry Road, Nottingham NG5 3AH Tel: 0115 960 2539 **Advert page 76 OP D PD LDA YA** 

PORTLAND HOUSE AND HELMSLEY HOUSE

113 & 146 Portland Road, Nottingham NG7 4HE Tel: 0115 978 7840 **OP YA** 

#### **RADIANT CARE HOME**

Highbury Road, Bulwell, Nottingham NG6 9DD Tel: 0115 975 3999 OP D YA

#### SEELY HIRST HOUSE

62-68 Mapperley Road, Nottingham NG3 5AS Tel: 0115 960 6610 **Advert page 82** 

#### SPRINGFIELD CARE HOME

Lawton Drive, Bulwell, Nottingham NG6 8BL Tel: 0115 927 9111

OP D

**OPD** 

#### SPRINGFIELD LODGE CARE HOME

45 Watcombe Circus, Carrington, Nottingham NG5 2DU Tel: 0115 962 0745 **OP D MH** 

#### **ST MARTINS**

LDA

42 St Martins Road, Bilborough, Nottingham NG8 3AR Tel: 0115 929 7325 **OP D** 

#### **TURNING POINT**

#### - ALFRED MINTO HOUSE CARE HOME

26-28 Zulu Road, New Basford, Nottingham NG7 7DR Tel: 0115 978 3826 MH YA

#### WATCOMBE CIRCUS, 2-4

Carrington, Nottingham NG5 2DT Tel: 0115 960 9592

**OP** MH YA

#### WELLS ROAD, 280-282 Nottingham NG3 3AA

Tel: 0115 941 2743

**OP LDA YA** 

#### WYCAR LEYS BULWELL

Snape Wood Road, Bulwell, Nottingham NG6 7GH Tel: 0115 976 2111 LDA

#### YOLANTA HOUSE RESIDENTIAL HOME

1-3-5 Herbert Road, Sherwood Rise, Nottingham NG5 1BS Tel: 0115 962 6316 **Advert below** 

**OP D** 





Residential • Dementia • Respite and Day Care



Small, family-run home catering for up to 17 people
Dementia care specialists and fully trained friendly staff
No top-up fees or premium for self-funders
Freshly prepared, homemade and nutritious daily meals
Extensive outings and activities programme
Day care for up to 10 hours between 8am and

10pm – perfect for carers with work commitments

Yolanta House -1 Herbert Road, Sherwood Rise, Nottingham NG5 1BS Telephone: 0115 96 26 316 • Email: apvt29@dsl.pipex.com

Service<br/>User BandsOPOlder people (65+)<br/>MHDDementia<br/>SIPDPhysical disability<br/>YALDALearning disability, autism<br/>ADVery BandsMHMental healthSISensory impairmentYAYounger adultsADPeople who misuse alcohol and drugs

Band – see page 50 for more information

Advertisers are highlighted

#### Gedling - residential care homes

#### **ARNOLD HOUSE**

168a Oxclose Lane, Arnold NG5 6FD Tel: 0115 920 8170

**BRAYWOOD GARDENS** Millbrook Drive, Carlton, Nottingham NG4 3SR Band 5 OP D PD SI Tel: 0115 938 1300 Advert page 88

#### **BRIDLE LODGE**

80 Bridle Road, Burton Joyce, Nottingham NG14 5FS Tel: 0115 931 3851 LDA YA

#### **CAMELLIA HOUSE**

109 Main Street, Calverton, Nottingham NG14 6FG OP Tel: 0115 845 8876 Band 5

#### **CARE @ RAINBOW'S END**

Bosworth Farm, Main Street, Shelford, Nottingham NG12 1EE Tel: 0115 933 2878

LDA YA

#### **COPPICE LODGE**

117 Coppice Road, Arnold, Nottingham NG5 7GS **OP D** Tel: 0115 964 9511 Band 3

#### EDEN LODGE RESIDENTIAL CARE HOME

Park Road, Bestwood Village, Nottingham NG6 8TQ Tel: 0115 977 0700 Band 4 **OP D PD MH SI** 

#### HAWTHORNE NURSING HOME

School Walk, Bestwood Village, Nottingham NG6 8UU Tel: 0115 977 0331 Band 2 **OP D YA** 

#### **IVY LEAF**

29 Gedling Road, Gedling, Nottingham NG4 3EX Band 3 Tel: 0115 961 6785 Advert below

OP D PD MH SI



#### LEIVERS COURT RESIDENTIAL CARE HOME FOR OLDER PEOPLE LDA Douro Drive, off Kilbourne Road, Arnold, Nottingham NG5 8AX **OP D PD** Tel: 0115 920 9501 Band 4 LORETO COTTAGE Mapperley Plains, Nottingham NG3 5RT Tel: 0115 926 9357 LDA MANOR RESIDENTIAL HOME (ARNOLD) LTD 28 Church Street, Arnold, Nottingham NG5 8FB Tel: 0115 953 5577 Band 5 OP **MILLBECK HOUSE** Oakdale Road, Arnold, Nottingham NG5 8BX OP

Tel: 0115 956 9790 Band 5

#### **ORLA HOUSE**

317 Mapperley Plains, Nottingham NG3 5RG Tel: 0115 920 3754 LDA

LDA

LDA YA

OP

#### **OXCLOSE LANE CARE HOME**

154-156 Oxclose Lane, Arnold, Nottingham NG5 6FF Tel: 0808 808 1111

#### SHEEPWALK HOUSE

39 Sheepwalk Lane, Ravenshead, Nottingham NG15 9FD Tel: 01623 797074

#### SHERWOOD HOUSE RESIDENTIAL CARE HOME

Main Street, Linby, Nottingham NG15 8AE Tel: 0115 964 2721 Band 5 Advert page 86

SEELY HIRST HOUSE • Traditional style cooking with a • 24 hour care, long term and respite • Registered day care service provider varied menu Highly qualified and experienced Special diets catered for Friendly and relaxed atmosphere • 38 Single rooms, some with en-suite • Gardens to the rear with a patio • Warm homely environment area • Extensive activities programme • Dementia trained and caring staff 62-68 Mapperley Road, Nottingham NG3 5AS Telephone: 0115 9606610 Email: careatseely@aol.com www.seelyhirsthouse.co.uk

Service **OP** Older people (65+) **D** Dementia PD Physical disability LDA Learning disability, autism User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol and drugs Advertisers are highlighted Band – see page 50 for more information

#### SPINNIES, THE

Linby Lane, Linby, Nottingham NG15 8AF Tel: 0115 963 1844

#### VALLEY ROAD CARE HOME

1-7 Valley Road, Carlton, Nottingham NG4 1LS Tel: 0808 808 1111 LDA

#### **VINES, THE**

315 Westdale Lane, Mapperley, Nottingham NG3 6EW Tel: 0115 960 6038 **OP PD LDA MH SI YA** 

#### Mansfield - residential care homes

### ASHLANDS CARE HOME

152 Southwell Road, East, Rainworth, Mansfield NG21 0EH Band 3 Tel: 01623 792711 Advert outside back cover **OP D** 

#### **BAILY HOUSE CARE HOME**

Baily House, Botany Avenue, Mansfield NG18 5QN Band 5 Tel: 01623 620719 Advert pages 66 & 86 **OP D YA** 

#### **BEECHES, THE**

59 High Street, Mansfield Woodhouse, Mansfield NG198BB OP D Tel: 01623 421032 Band 3 Advert page 86

#### **BEECHDENE CARE HOME**

29-30 Woodhouse Road, Mansfield NG18 2AY Tel: 01623 649351

**CAMBIAN PINES** 

203 Park Hall Road, Mansfield Woodhouse NG19 8QX LDA YA Tel: 01623 633152

#### **CHURCH STREET, 19-23**

Market Warsop, Mansfield NG20 0AU Tel: 01623 840000 **OP PD LDA SI YA** 

#### **CLIPSTONE HALL AND LODGE**

Mansfield Road, Clipstone Village, Mansfield NG21 9FL **OP D** Tel: 01623 636350 Band 4

CORNER HOUSE RESIDENTIAL CARE HOME 1-3-5 St Margaret Street, Mansfield NG18 2RE PD LDA MH SI Tel: 01623 657117

#### DOVECOTE RESIDENTIAL CARE HOME, THE 69 Bagshaw Street, Pleasley, Mansfield NG19 7SA

Tel: 01623 480445 LDA

#### **WESTWOLDS**

4 Park Avenue, Burton Joyce, Nottingham NG14 5AF Tel: 0115 931 3659 Band 4 OP

#### WHITEGATES

LDA YA

Whitegates Home, Sparken Hill, Worksop S80 1AP Tel: 01909 478746 LDA

#### WOODTHORPE VIEW CARE HOME

53 Woodthorpe Drive, Woodthorpe NG5 4GY Tel: 0115 962 4556 Band 3

#### **DOVETAIL HOUSE**

The Park, Mansfield NG18 2AT Tel: 01623 420690

PD LDA MH YA AD

OP

ELIZABETH HOUSE RESIDENTIAL CARE HOME 2 Church Hill Avenue, Mansfield Woodhouse, Mansfield NG19 9JU

**OP D** Tel: 01623 657368 Band 2 Advert page 85

#### ELM

LDA

Forest Avenue, Mansfield NG18 4BX Tel: 01623 626252

PD MH SI YA

#### FERNLEAF RESIDENTIAL HOME

26 Chesterfield Road South, Mansfield NG19 7AD Tel: 01623 655455 Band 5 **OP D YA** 

#### **FOREST HOME**

21 Third Avenue, Forest Town, Mansfield NG19 0BQ Tel: 01623 611833 PD LDA MH SI YA AD

#### HATZFELD HOUSE

10b Mansfield Road, Blidworth, Mansfield NG21 0PN Tel: 01623 464541 Band 5 Advert page 85 **OP D** 

#### HAYWOOD OAKS CARE HOME

Kirkby Close, Blidworth, Mansfield NG21 0TT Tel: 01623 795085 Band 3 Advert page 86

**HEATHCOTES (MANSFIELD)** 11 Lindhurst Lane, Mansfield NG18 4JE Tel: 01623 424833

PD LDA MH SI YA

#### INDIGO 2 Forest Avenue, Mansfield NG18 4BX Tel: 01623 626252

LDA MH SI YA

	<b>OP</b> Older people (65+) <b>MH</b> Mental health		, , , ,	LDA Learning disability, autism AD People who misuse alcohol and drugs
Band – see page 50 for more information Advertisers are highligh				

For further assistance tel: 0300 500 80 80 or visit www.nottinghamshire.gov.uk

**OP D** 



We really do care about making a difference to the lives of our residents.

## **Care, Respect & Dignity** Richmond Care Home, Shirebrook

Choosing a care home is one of the biggest decisions you may have to make. Here, care manager Kate Birch gives us an insight into life at Richmond Residential Care Home.

## Tell us about the facilities offered at Richmond Residential Care Home.

We provide homely comforts that focus on the needs of our service users, enabling them to have their say on the day-to-day running of their home. Lounge areas provide the opportunity to join in activities, watch TV, listen to music, socialise with others or have some privacy. A wide range of books are available to cater for varied tastes and interests. A laundry service is available on site at no extra cost. The home has an accessible garden with a heated patio. We have recently introduced a café where residents and their visitors are able to have a quiet chat and a cup of tea.

#### How would you describe the atmosphere of the home?

We pride ourselves on the feedback we receive from residents, their family members and healthcare professionals on how friendly and approachable staff are. Visitors to the home are always given a warm welcome.

### In what ways do staff help residents maintain their dignity and independence?

We really do care about making a difference to the lives of our residents. We respect each individual's right to privacy and dignity and promote their independence and choices in their chosen daily activities.

#### What opportunities are there for social interaction?

An individual therapeutic activities programme is designed to retain abilities, skills and dexterity and to explore possible new ideas. Social outings are planned during meetings with residents. Our hairdresser and local church representatives visit regularly. Entertainers visit throughout the month providing exercise classes, arts and crafts and sing-along with our keyboard player.

## Tell us about the training staff undertake to ensure the home delivers the highest quality of care.

Training is identified to comply with our service users' needs and Care Quality Commission regulations. All mandatory training is completed on induction and is ongoing. It includes health and safety, moving & handling, food hygiene, infection control, first aid, fire safety, mental capacity and safeguarding adults. Senior staff undertake training in the safe handling & administration of medication as well as team leadership.

Dementia awareness, end-of-life care and person-centered care planning provide staff with the skills to give the highest standards of care at all times.

- Quiet location, within walking distance of local shops and easy access to local transport
- Person centered care which promotes independence & personal care
- Long and short stays
- Nutritious home cooking, with a choice of meals & special dietary requirements catered for
- A holistic approach directed at the individuals physical, mental, social, cultural & spiritual needs
- Lots of activities for groups & individual as well as entertainment, trips & outings

Richmond Residental Care Home, Recreation Road, Shirebrook, Mansfield NG20 8QE



01623 748474 info@richmondcarehome.co.uk www.richmondcarehome.co.uk

Mansfield - residential c	are homes continued
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#### **INNOVA HOUSE – CBIR**

Forest Avenue, Mansfield NG18 4BX Tel: 01623 626252

PD LDA MH

OP D

LDA

MH YA AD

LDA

LDA YA

**OP D** 

PD LDA MH

#### LIMES CARE HOME, THE

Park Road, Mansfield Woodhouse,	
Mansfield NG19 8AX	
Tel: 01623 632681 Advert page 5	

#### LINDHURST LANE

11 Lindhurst Lane, Berry Hill, Mansfield NG18 4JE Tel: 01623 726267

#### MAGNOLIA HOUSE RESIDENTIAL CARE HOME

Chesterfield Road North, Pleasley, Mansfield NG19 7RA Tel: 01623 811580 Band 5 OP D

#### MAUN VIEW

261 Chesterfield Road South, Mansfield NG19 7EL Tel: 01623 423125 Band 5 Advert page 88 OP D PD SI

#### MONTAGUE STREET CARE HOME

28-30 Montague Street, Mansfield NG18 2PN Tel: 01623 651368

#### NEWGATE LODGE CARE HOME

Newgate Lane, Mansfield NG18 2QB Band 5 Tel: 01623 622322 Advert inside front cover **OP D** 

#### **OAKAPPLE CARE HOME**

Debdale Bungalow, Debdale Lane, Mansfield NG19 7EZ Tel: 01623 622588 Band 3 D

#### OAKDENE

Stacey Road, Mansfield NG19 7JJ Tel: 01623 655123

#### OAKLANDS, THE

Oakfield Lane, Warsop, Mansfield NG20 0JE Tel: 01623 842080

#### **REDCLIFFE HOUSE**

Redcliffe Road, Mansfield NG18 2QN Tel: 01623 635599

#### ROSE COURT LODGE

3 Sutton Road, Mansfield NG18 5ET Tel: 01623 471300 Band 3

#### ROWAN – INNOVA HOUSE CLD

93 Windsor Road, Mansfield NG18 4BX Tel: 01623 626252

#### SOUTHWELL ROAD, 304

304-306 Southwell Road East, Rainworth, Mansfield NG21 0EB Tel: 01623 793929 **OP LDA YA** 

### THISTLE HILL HALL

Debdale Lane, Mansfield Woodhouse, Mansfield NG19 7EZ Tel: 01623 655100

#### WESTFIELD CARE HOME

Devon Drive, Mansfield NG19 6SQ Tel: 01623 427846 **Advert page 5** 

#### WOODHOUSE ROAD CARE HOME

31 Woodhouse Road, Mansfield NG18 2AY Tel: 01623 651398

#### WOODLANDS CARE HOME, THE

Woodlands Way, Spion Kop, Warsop, Mansfield NG20 0FN Tel: 01623 845258

**OP D PD MH SI** 

#### WOODLANDS – INNOVA HOUSE CLD

78-86 Forest Road, Mansfield NG18 4BU Tel: 01623 626252 **Band 3** 

LDA

MH

**OP D** 

LDA

	Elizabeth House Care Home 2 Church Hill Avenue, Mansfield Woodhouse Mansfield NG19 9JU Tel: 01623 657368 • Fax: 01623 657368
<ul> <li>Respite Care / Holiday</li> <li>Physiotherapy</li> <li>Own GP if required</li> <li>Own Furniture if requ</li> <li>Pets by arrangement</li> <li>Smoking not permitte</li> <li>Close to Local shops &amp; P</li> <li>A small smoking roorr</li> <li>Double room available</li> </ul>	<ul> <li>Lift &amp; Wheelchair access</li> <li>Gardens for residents</li> <li>Phone Point in own room Mobile</li> <li>Television point in own room</li> <li>Residents Internet Access</li> <li>baily activities</li> <li>Excellent personal care and</li> </ul>
Residential Care • Day C	are • Respite Care • Dementia Services • Homecard

#### Hatzfeld House Care Home Hatzfeld house offers semi-independent and dependent 24 hour staffed accommodation. Telephone: 01623 464 541 Web: www.hatzfeld.co.uk Email: hatzfeldhouse@btconnect.com

10B Mansfield Road, Blidworth, Nottinghamshire, NG21 0PN

	<b>OP</b> Older people (65+)		, , , ,	LDA Learning disability, autism
User Bands	MH Mental health	SI Sensory impairment	<b>YA</b> Younger adults	<b>AD</b> People who misuse alcohol and drugs
Band – see page 50 for more information				Advertisers are highlighted



### Sherwood House

Tucked away in the picturesque Nottinghamshire village of Linby, Sherwood House is a beautiful refurbished period residential care home.



www.fote.org.uk

## Haywood Oaks Care Home

Kirby Close, Haywood Oaks Estate,

Email: sherwoodhouse@fote.org.uk

**Residential Care Home** 

Main Street, Linby, Nottinghamshire

To find out more and arrange a visit please contact us: T: 0115 964 2721

Supporting older people



Haywood Oaks is a small, family owned care home for older people, located on the outskirts of beautiful Sherwood Forest, in a village setting. Haywood Oaks is a purpose-built care home that provides outstanding care for older people in a bright, airy and relaxed environment. Our communal areas are tastefully decorated and furnished to a high standard.

- Friendly & relaxed atmosphere
- A dedicated and committed staff team
- Person centred care plans to cater for individual needs
- All rooms individually furnished to personal taste
- Extensive menu with locally sourced, home cooked food
- Long term, short-term and respite stay available
- Families & friends are made most welcome

#### **66** We provide a happy, caring, safe and companionable home for our residents, where independence and individuality are encouraged and respected.

### T: 01623 795 085 • www.haywood-oaks.co.uk

>7 woodleighcare caring for the  $\bigcirc$  whole person.

- Family owned homes dedicated to providing the best.
- Full time Chaplain leading pastoral care team.
- Residential, dementia, nursing, respite and day care for the over 50's. Set in mature gardens with premium and ensuite accommodation:
- Wi-Fi and TVs throughout. Home cooked locally sourced food.

#### Woodleigh Christian Care Home Nursing, Residential & Dementia Care

Norfolk Drive, Mansfield, Nottingham, NG19 7AG t: 01623 420459 e:care@woodleighcare.co.uk w: woodleighcare.co.uk



#### **Baily House Care Home Residential & Dementia Care**



Botany Avenue, Mansfield, Nottingham, NG18 5QN t: 01623 620719 e: care@bailyhouse.co.uk w: bailyhouse.co.uk

Call in any time or contact the Home Managers



Newark - residential care homes	
APPLEWOOD HOUSE & APARTMENTSKirklington Road, Bilsthorpe, Newark NG22 8TTTel: 01623 871752	<b>ELSTON HOUSE</b> Top Street, Elston, Newark NG23 5NP Tel: 01636 526067
ASHLEA CARE HOME	<b>FARM FIELD VIEW</b>
1 Kings Road, Newark NG24 1EW	Kirklington Road, Bilsthorpe, Newark NG22 8
Tel: 01636 705206	Tel: 01623 871752
<b>BARLEY VIEW</b> Kirklington Road, Bilsthorpe, Newark NG22 8TTTel: 01623 871752	FRIARY FIELDS CARE HOME 21 Friary Road, Newark NG24 1LE Tel: 01636 706105 Band 2 Advert page 89
BISHOPS COURT RESIDENTIAL CARE HOME	<b>GREENFIELDS CLOSE</b>
FOR OLDER PEOPLE	Newark Road, Coddington, Newark NG24 20
Tuxford Road, Boughton, Newark NG22 9HY	Tel: 01636 677981
Tel: 01623 862043 Band 4OP D PDBOWBRIDGE COURTBowbridge Road, Newark-on-Trent NG24 4DFTel: 01636 605528 Band 4OP D	HAZELFORD RESIDENTIAL HOME The Hazelford Care Home, Boat Lane, Bleasb Nottingham NG14 7FT Tel: 01636 830207 Band 4 Advert page 89
BROOKLYN CARE HOMES LTDLodge Farm, Wheatgrass Hill, Upton, Newark NG23 5TJTel: 01636 815553OP PD LDA MH SI YA AD	HELMSLEY ROAD SHORT BREAKS SERVI 29 Helmsley Road, Rainworth, Mansfield NG Tel: 01623 476939
BYARS NURSING HOME, THECaythorpe Road, Caythorpe NG14 7EBTel: 0115 966 3981 Advert page 68OP D PD SI	MILLBANK 109 Mill Gate, Newark NG24 4UA Tel: 01636 703625 Band 4
CAMBIAN BIRCHES	NIGHTINGALE CARE HOME
Eton Avenue, Newark NG24 4JD	Fourth Avenue, Edwinstowe, Mansfield NG2
Tel: 01636 550576	Tel: 01623 824480 OP D PD
CARLTON CLOSE, 15-16	OLD ORCHARD, THE
Newark NG24 4HG	242 Beacon Hill Road, Newark NG24 2JP
Tel: 01636 613731	Tel: 01636 700227 Advert page 55
CEDARS (MANSFIELD), THE	<b>OLD VICARAGE, THE</b>
67 Mansfield Road, Blidworth, Mansfield NG21 ORB	Wellow Road, Old Ollerton, Mansfield NG22
Tel: 01623 491033 LDA YA	Tel: 01623 824689
CHESTNUT GRANGE	<b>PARKLANDS RESIDENTIAL CARE HOME</b>
Main Street, Weston, Newark NG23 6ST	Strawberry Hall Lane, Newark NG24 2EP
Tel: 01636 821438 OP LDA YA	Tel: 01636 673017
CHRISTIE DEVELOPMENT CENTRE	<b>RED FIRS</b>
Mansfield Road, Blidworth, Mansfield NG21 0LR	Strawberry Hall Lane, Newark NG24 2EP
Tel: 01623 798889 PD LDA MH YA	Tel: 01636 700770 <b>Band 2</b>
COPPER BEECHES	<b>RED ROOFS RESIDENTIAL CARE HOME</b>
138 High Street, Collingham, Newark NG23 7NH	35a Grange Road, Newark NG24 4LH
Tel: 01636 892789 Band 4 OP D	Tel: 01636 707298 <b>Band 4</b>

User Bands MH Mental health

Band - see page 50 for more information

#### ON HOUSE

	Top Street, Elston, Newark NG23 5NP Tel: 01636 526067	LDA
l	<b>FARM FIELD VIEW</b> Kirklington Road, Bilsthorpe, Newark NG22 8TT Tel: 01623 871752	LDA
	FRIARY FIELDS CARE HOME 21 Friary Road, Newark NG24 1LE Tel: 01636 706105 Band 2 Advert page 89	OP D
	<b>GREENFIELDS CLOSE</b> Newark Road, Coddington, Newark NG24 2QQ Tel: 01636 677981	LDA
	HAZELFORD RESIDENTIAL HOME The Hazelford Care Home, Boat Lane, Bleasby, Nottingham NG14 7FT Tel: 01636 830207 Band 4 Advert page 89	OP D
	HELMSLEY ROAD SHORT BREAKS SERVICE 29 Helmsley Road, Rainworth, Mansfield NG21 Tel: 01623 476939	ODQ LDA
	MILLBANK 109 Mill Gate, Newark NG24 4UA Tel: 01636 703625 Band 4 OP D	PD SI
	NIGHTINGALE CARE HOME Fourth Avenue, Edwinstowe, Mansfield NG21 9 Tel: 01623 824480 OP D PD M	
	OLD ORCHARD, THE242 Beacon Hill Road, Newark NG24 2JPTel: 01636 700227 Advert page 55	DA YA
	OLD VICARAGE, THE Wellow Road, Old Ollerton, Mansfield NG22 9A Tel: 01623 824689	d . <b>Da ya</b>
	<b>PARKLANDS RESIDENTIAL CARE HOME</b> Strawberry Hall Lane, Newark NG24 2EP Tel: 01636 673017	OP D
	<b>RED FIRS</b> Strawberry Hall Lane, Newark NG24 2EP Tel: 01636 700770 <b>Band 2</b>	OP D
	RED ROOFS RESIDENTIAL CARE HOME 35a Grange Road, Newark NG24 4LH Tel: 01636 707298 Band 4	ОР

AD People who misuse alcohol and drugs

Advertisers are highlighted

SI Sensory impairment YA Younger adults





"Mum's happy she found a place she could call home. Companionship was top of my mum Dolly's list when she felt a care home was the next step in her life. With friendship came confidence, happiness and a sense of wellbeing. In fact Mum felt completely at home.

Which home did she choose? Runwood. They offered all the care she needed and the independence she loved – and of course when Mum's happy, we're happy too.

Runwood are here to do what we do best – care"

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Braywood Gardens Carlton	Tel: 01159 381300	Maun View Mansfield	Tel: 01623 423125
<b>Jubilee Court</b> Hucknall	Tel: 01159 834630	<b>Westwood</b> Worksop	Tel: 01909 533690

### *Freephone:* 0800 412 5660 *or visit*: www.runwoodhomes.co.uk









#### Newark - residential care homes continued

#### **ROYAL MENCAP SOCIETY – 97B BARNBY GATE**

97b Barnby Gate, Newark NG24 1QZ Tel: 01636 676198

#### SOUTH COLLINGHAM HALL

Newark Road, Collingham, Newark NG23 7LE Tel: 01636 892308 Band 1 OP D PD MH

#### SOUTHWELL COURT CARE HOME

Racecourse Road, Southwell NG25 0TX Tel: 01636 815599 Band 5

**OP D** 

**OP D** 

LDA MH

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	Band – see n	age 50 for more informat	tion		
1	User Bands	MH Mental health	<b>SI</b> Sensory impairment	YA Younger adults	<b>AD</b> People who misuse alcohol and drugs
ſ	Service	<b>OP</b> Older people (65+)	D Dementia	<b>PD</b> Physical disability	LDA Learning disability, autism

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BELVOIR VALE CARE HOME Old Melton Road, Widmerpool, Nottingham NG12 5QL Tel: 01949 823989 Band 5 OP D BROADLANDS RESIDENTIAL CARE HOME	HOLME LODGE – CARE HOME DISABILITIES Holme Lodge Cheshire Home, 1 West Bridgford, Nottingham NG2 Tel: 0115 982 2545
28 Shelford Road, Radcliffe-on-Trent Nottingham NG12 1AF Tel: 0115 933 2727 Band 3 OP D BROOKSIDE AVENUE, 26 26 Brookside Avenue, East Leake,	<b>JUBILEE HOUSE</b> 18 Hound Road, West Bridgford, Nottingham NG2 6AH Tel: 0115 981 7938
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Tel: 01949 823951 LDA YA CHERRY TREE LODGE 34-36 Holme Road, West Bridgford, Nottingham NG2 5AA	<b>LODGE FARM</b> Lodge Farm Main Street, Saxonda Nottingham NG13 8AY Tel: 01949 836987
Tel: 0115 914 3499 LDA COACH HOUSE, THE 9 Radcliffe Mount, West Bridgford, Nottingham NG2 5FY	<b>MAC MAE</b> 2 Crosby Road, West Bridgford, Nottingham NG2 5GH Tel: 0115 981 5841
Tel: 0115 981 8901LDA YADERBYSHIRE HOUSE RESIDENTIAL CAREStation Road, East Leake, Loughborough LE12 6LQTel: 01509 852531 Band 5OP	OLD ORCHARD CARE HOME, 123c Shelford Road, Radcliffe-on Nottingham NG12 1AZ Tel: 0115 933 5113
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h Road, Bunny Hill, Bunny, IG11 6QQ 900 Band 5 **OP D GE – CARE HOME PHYSICAL** Cheshire Home, 1 Julian Road, d, Nottingham NG2 5AQ **PD YA** 2545 JSE d, West Bridgford, IG2 6AH LDA YA '938 ANOR nt, West Bridgford, G2 6HY Band 5 **OP D PD SI** 985 **Advert page 88** - THE ANNEX elton Road, Hickling Pastures, ray LE14 3QG PD LDA SI YA 13 1 ain Street, Saxondale, G13 8AY 987 LDA YA l, West Bridgford, IG2 5GH LDA YA 5841 RD CARE HOME, THE

Road, Radcliffe-on-Trent, IG12 1AZ 5113

PD LDA SI YA

#### OUSE

Street, Ruddington, G11 6LA **OP D** 7610 Band 5 Advert page 76

#### JSE

West Bridgford, Nottingham NG2 7JY LDA YA 733

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ſ	Service	<b>OP</b> Older people (65+)	D Dementia	PD Physical disability	LDA Learning disability, autism

#### Rushcliffe - residential care homes continued

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0115 933 51

#### PELHAM LODGE

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home for the elderly

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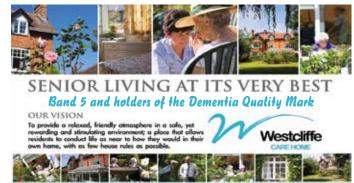
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for longer

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Director of Sales: David Werthmann. Head of Editorial: Emma Morriss. Editor: Angharad Jenkins. Content Editor: Emma Cooper.

Regional Team Manager: Russell Marsh.

Business Development Manager: Paul Leahy.

Senior Sales Executives: Mark Dalton, Elaine Green, Jaime Kahn, Kara Morrallee, Vanessa Ryder.

Advertisers are in bold

Director of Creative Operations: Lisa Werthmann.

Studio Manager: Jamie Harvey.

Designer: Holly Cornell.

Creative Artworkers: Gemma Barker, Bobbie Johnson.

Marketing Administrator: Leah Callaghan-Fowler.





*My parents have recently moved into Fairway View. The staff have been extremely helpful and supportive which made the process go smoothly and my parents settled in quickly. Mum and Dad love their rooms and are enjoying the food and are enjoying the food and activities provided. They both seem happy in their new home which has been great for all the family.* 

Denise K, Daughter of Residents



### ideal carehomes

a **great** place to live

# Fairway View Care Home

Fairway View is a residential and dementia care home in Bulwell which truly is a great place to live and makes a real difference to the lives of our residents.

We pride ourselves on the quality of care and aspirational lifestyle choices we offer our residents.

Our professional, highly trained staff are dedicated carers who take the time to listen and get to know the people who live with us, enabling them to provide individualised care in an environment that promotes personal choice and independence.

#### Fairway View offers:

- Residential and dementia care
- Highly trained, caring, professional staff
- Resident-centred, varied activities programme
- Healthy, nutritious food, cooked daily onsite
- State-of-the-art bedrooms with en-suite facilities
- Contemporary on-site hair salon;
- Delightful landscaped gardens with seating areas

# For more information or to arrange a visit please call **0115 975 8770**

Or email: customer.services@idealcarehomes.co.uk

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a: Swale Close, Bulwell, Nottingham, NG6 9LZ



Ashlands is a family run Care Home where excellence of care is the standard. With half an acre of pretty gardens backing on to woodlands, our residents have the space for quiet reflection while being close to local amenities. The two South facing sitting rooms and large sunroom all have full length windows and, along with the dining room, all overlook the rear garden.

- Our care manager has several years care experience and leads a team of highly trained staff
- Capacity for 30 residents, both for old age and dementia
- The majority of our rooms have en-suite WC facilities
- Long and short stay, respite and day care available
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- Award winning gardens giving a safe and quiet area to relax
- In-house cooks producing a varied range of freshly made meals, with special diets catered for
- Second floor accessed by lift, with wheelchair access throughout
- TV and phone available for every room
- All rooms have Nurse call points and are decorated and furnished to a high standard
- Close to local shops and public transport
- Registered with the CQC and Nottinghamshire County Council

# We welcome visits at any time to come and meet the staff and residents and have a tour of the grounds and facilities.



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