

BASSETLAW SHORT TERM FRACTURE SCHEME

Bassetlaw Short Term Fracture Scheme aims to provide rehabilitation and care support to people who have sustained a fracture which has compromised their short term ability to live independently.

Service users can access integrated services including Bassetlaw Health Partnerships and Adult Social Care whilst under the fracture scheme.

The Fracture Scheme is based at St Michaels View Care Home in Retford.

St Michaels View Care Home - Hallcroft Road, Retford. DN22 7NE Telephone 01777 702218

You can access the scheme if:

- You reside within Bassetlaw area **OR** are registered with a Bassetlaw GP.
- You are assessed by an orthopaedic professional as NON weight bearing through your fractured limb.

Family and next of kin are welcome to look around St Michaels View before agreeing discharge from the hospital.

Costs:

We will carry out a financial assessment to determine the financial contribution that you would be required to make towards the cost of your stay. Your contribution will be calculated based on any income and capital you have and any benefits you are entitled to claim. This will be talked through with you fully.

What to expect from the service:

On arrival at the care home, you will be greeted by a member of the care staff and they will take an inventory of your belongings. The care team will discuss with you your usual daily routines and dietary requirements and aim to replicate these as best they can. The care staff may require permission to contact your GP / Health professional to obtain accurate information regarding your medications and current medical conditions so that they can safely meet your needs. Trained staff will promote/encourage independence with self-medication administration.

St Michaels View staff will prompt you to attend hospital appointments, but unfortunately, residential care staff cannot be responsible for escorting you to any appointments, this will remain with family or next of kin to escort as and when necessary.

Within approximately 48 hours you will be introduced to the Physiotherapist / Occupational Therapist / Rehabilitation Assistant and Community Care Officer (CCO). A programme of rehabilitation will be tailored to your needs and will be reviewed each week. You will receive a yellow folder containing details of all therapy visits so that you and your family can monitor your progress. You will be required to take this folder with you to any appointments you attend in relation to your fracture.

Once your rehabilitation is near completion, a home access visit will be arranged. Your CCO / therapist will agree a suitable time with you and book transport if needed to take you on a short visit home (approx. 1 hour). The therapist, CCO and if you wish a family member will attend.

A home access visit will allow us to complete a full assessment and determine your current capabilities within your own home. This will identify and reduce any difficulties you may experience on returning home and highlight any equipment needs required to help you live safely and independently at home. These can then be ordered and put in place prior to your discharge from St Michaels. Your CCO will discuss with you whether home care services are required to meet any identified needs so that a timely and supported discharge from the fracture scheme is achieved.

The short term fracture scheme does not have a set time limit for intervention, so can work at an appropriate pace for you, varying the frequency of treatment sessions during your time under the fracture scheme to maintain your function, mobility and confidence. The service will also support the transition from St Michaels to your home. It can provide follow up at home and facilitate onward referrals for further rehabilitation as appropriate.

Should the home assessment clearly identify any Long Term Needs that cannot be met safely within the local community, further assessments will be required and you will need to transfer to another residential/nursing care home, this will be discussed fully after home visit with you and family, but St Michaels View will not be in a position to offer long term care.

Benefits of the Fracture scheme:

- Prompt access to weekly visits from Physiotherapy services or rehabilitation assistant whilst residing within St Michaels.
- Prompt access to Adult Social Care assessment and services with a named allocated worker.
- Ongoing progress will be reviewed by all professionals
- Shorter lengths of stay within residential care
- Helping you stay at home safely and independently in the longer term
- Reducing risk of return to hospital/residential care
- Improved long term functional ability & confidence.



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