



Easy Read information about:



Adult abuse (safeguarding)



This document tells you about Safeguarding in Nottinghamshire.



Safeguarding means protecting people so they can live free from harm, abuse and neglect. This means keeping people safe.

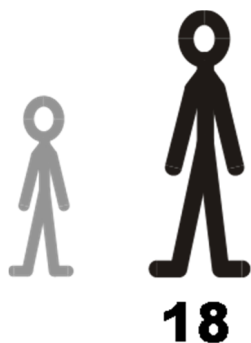


If you have concerns or think someone is being abused.

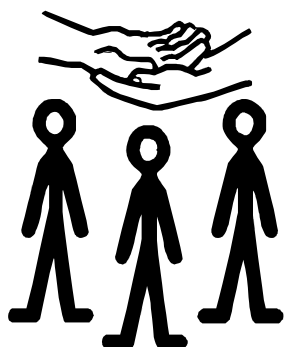
Report it.



Who is an adult at risk?



An adult at risk of abuse or neglect is someone who is aged 18 or over



They have care and support needs and they are not able to protect themselves from abuse or neglect

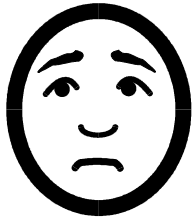


This might be because of:

- A physical disability
- A learning disability
- The person's mental health
- Their age

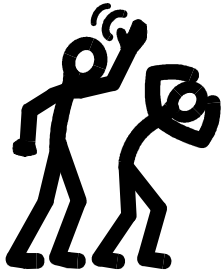


What is abuse?

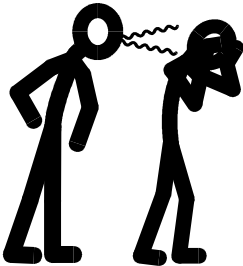


Abuse happens in lots of ways.

Abuse can be:



When someone hurts or treats you badly



When someone does or says things to make you upset or frightened



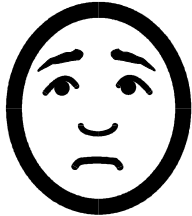
Abuse is always wrong.

Abuse is not your fault.

Report it.



Who might abuse you?

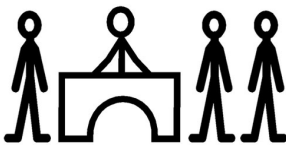


Abuse doesn't always happen. If it does you might think it is scary and confusing.

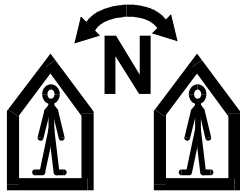
This could be someone who is:



A member of your family



A care provider, paid staff or a professional



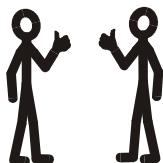
A neighbour



A stranger



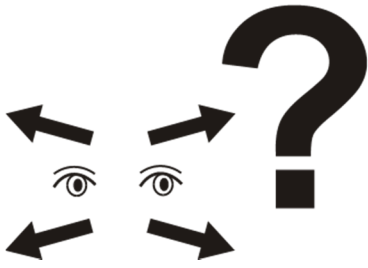
A friend



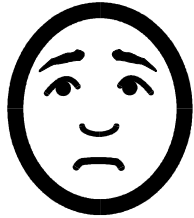
A volunteer



A partner (girlfriend or boyfriend)

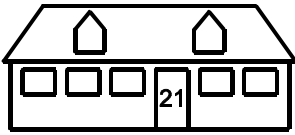


Where can abuse happen?



Abuse can happen anywhere and at any time

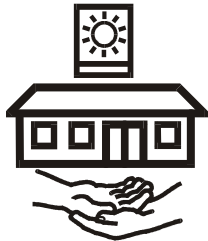
It could happen:



In the house or home where you live



In hospital



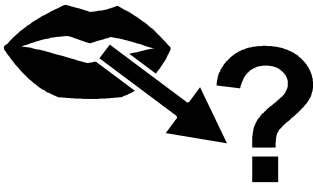
At a day centre



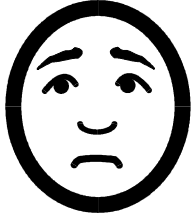
At work



In the community

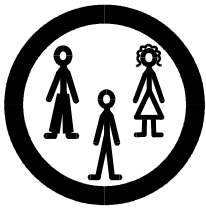


Who should I tell?

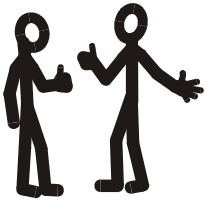


If you have concerns or questions about abuse, you should speak to someone.

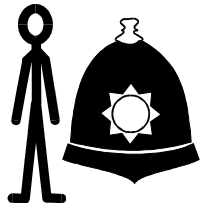
This could be:



A member of your family



A friend



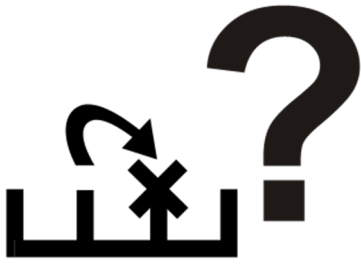
A police officer



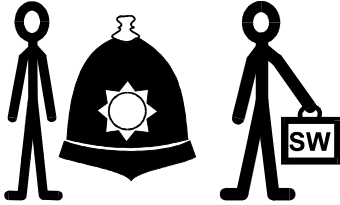
A doctor or nurse



A council or social worker



What happens next?



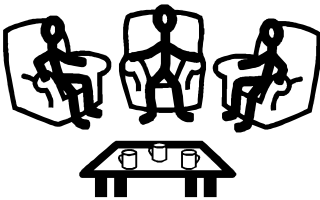
When you tell someone about your concerns, they might need to report it to the Council or the police.



This is so the council workers and the police can help stop the abuse.



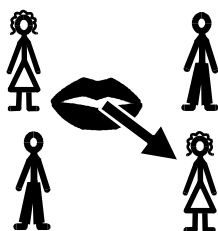
If you are getting abused, they will make sure that you have the right support.



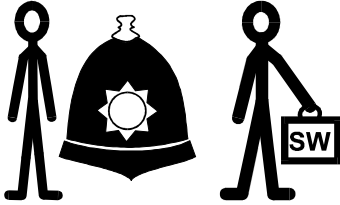
You might be asked some questions.



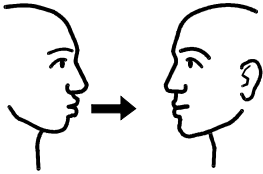
If you are hurt, you might have to see a doctor.



The council workers and the police might need to tell other people about what has happened or get information from other people such as your doctor.



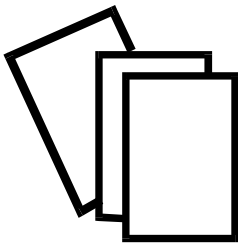
They will only tell other people if they need to know or to help you. They will always try and ask for your permission first.



You will be asked what you want to happen regarding your concerns.



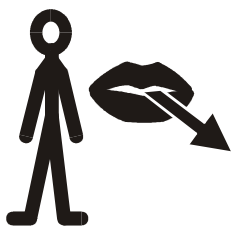
We will try to work towards this whenever we can



We will keep you up to date about what is happening.



You can change your mind about what you want to happen at any time.



You must tell the council workers and police if your situation changes or if things get worse.



Reporting it



Nottinghamshire County Council

Phone 0300 500 80 80



Nottinghamshire Police

Phone 101



Emergencies

Phone 999

