

Health & Wellbeing Board Summary 29 March 2017

Planning & health

Following previous discussions at the Board Liann Blunston, Consultant in Public Health & Nina Wilson, Principal Planning Officer gave an update on progress in implementing the new document '[Planning and Health, an engagement protocol between local planning authorities and health partners in Nottinghamshire](#)'.



The protocol aims to make sure that health is a key factor when looking at planning applications to maximise any benefits like green spaces or walking & cycling routes & minimise any risks to health. This approach will ensure that the health & wellbeing of people is taken into account when decisions about planning applications, plans & strategies are made.

Board members welcomed the protocol, which is already being used in some areas & they welcomed an opportunity for it to be used more widely. Members were also keen to make sure that town & parish councils were also aware of it & the benefits of this approach & asked for it to be linked to the local air quality strategy.

The Board discussed the potential impact of housing developments on services such as health or schools. Nina assured the Board that they are considered as part of the process now but could be improved.

Board members discussed potential funding within the planning process which can be used to support local services. Traditionally this has focussed on GP services but more recently has it has been used more innovatively & appropriately to meet local needs, like providing signposting services to health community activities.

The Board approved the protocol for implementation across the County.

Opportunities to improve physical activity & wellbeing

Illana Freestone, Director at Sport Nottinghamshire gave Board members an overview of the roles of Sport England and Sport Nottinghamshire & how they could work with the Health & Wellbeing Board in Nottinghamshire.



During her [presentation](#) Illana explained the return on investment of walking & cycling as well as the cost of physical inactivity. She highlighted national concerns about levels of physical activity in young people, women & disabled people & the opportunities to start to address these concerns building on goals within local & national strategies such as the Sustainability & Transformation Plans (STPs).

Illana outlined the priorities for investment for Sport England which were around inactivity, children & young people, the mass market (like the This Girl Can campaign), core markets (people who were already active), increasing volunteering, improving facilities & ensuring local delivery.

🕒 **Next meeting 26 April 2017 at 2pm County Hall, West Bridgford**

At this meeting:

[Planning & health](#) - leading the way for creating healthy communities with a new protocol to include health in planning decisions

[Opportunities to improve physical activity & wellbeing](#) - working together to bid for upcoming funding to get people more active & improve the health of our communities

[Better Care Fund](#) progress & performance update

[Chairs report](#)

Sport Nottinghamshire has a target to get 50,000 more people active in Nottinghamshire by 2021, developing a positive physical activity culture across the County. They aim to target people who are currently inactive as well as working with specific groups like disabled people & women, working with young people to encourage them to enjoy physical activity so that they continue to be active adults. While this will involve activity & sports groups & facilities it also impacts on active transport, green spaces & a number of other resources which means that a whole system approach is needed for it to be successful.

With this in mind Illana discussed possible funding opportunities from Sport England for Nottinghamshire which is being released in a number of different waves. She explained that funding bids are more likely to be successful if they are coordinated for the County. The Board agreed that this could be done by the Health & Wellbeing Implementation Group on their behalf.

During the discussion Board members asked about how physical activity could be measured & Illana explained that there were national measures available which could make sure of a consistent approach. Members were also supportive of 'Making Every Contact Count' to encourage people to be more active & to utilise opportunities with GPs & other healthcare staff. They were keen to make sure that any activity was aligned to the STPs for Nottinghamshire.

Better Care Fund (BCF)

David Pearson and Joanna Cooper, gave an update on progress on the BCF performance in Nottinghamshire.

Locally there had been some issues around non elective admissions, the number of people who were still at home 91 days after the were discharged from hospital & patient feedback on support from GP services to manage long term conditions, all of which are below target in Nottinghamshire.

Joanna explained that local hospitals are working with social care to address non-elective admissions & keeping people at home after discharge. Patient feedback & satisfaction will be monitored more closely during 2017/18. Board members asked about how the impact of the Fund was being measured & asked for more information in the next report.

David highlighted to members that Nottinghamshire had been very successful in making sure that as many older people as possible were allowed to go back to their own homes after they had been in hospital, rather than being admitted to care homes, as well managing hospital discharge to avoid delayed transfer of care (DTC) for people leaving hospital.

Joanna & David explained that the planning guidance for the next phase of the Better Care Fund hasn't yet been published yet. Draft plans are being developed for Nottinghamshire and will be presented to the Board when the national guidance is clarified.

Chair's report

Councillor Bosnjak highlighted issues around mental health services locally & asked for it to be included in the agenda for a future meeting. She also reported on the recent Social Prescribing event which had been well attended & generated lots of ideas & opportunities.

If you have any comments or questions about this summary please contact Nicola Lane
nicola.lane@nottscc.gov.uk

🕒 **Next meeting 26 April 2017 at 2pm County Hall, West Bridgford**