

The C Card Scheme Nottinghamshire

Free Sexual Health Advice and condom service for young people aged 13-25



- The C Card Scheme is a free sexual health advice and condom service for young people aged 13-25.
It allows young people to get access to condoms, lubricants and ask any questions they have about sex, sexually transmitted infections (STI's) and relationships with a trained C Card Worker.
- **Aim;** To reduce the rates of Teenage Pregnancy and Sexually Transmitted Infections through the provision of free condoms to young people in Nottinghamshire through the C Card Scheme.
- The 2014 under 18 conception rate for Nottinghamshire was **21.1** per 1,000 females aged 15-17 a decrease of 12.2% from the 2013 rate of 24.2%, and a **decrease of 54.5% since the 1998** baseline year. The number of under 18 conceptions in 2014 was 294, 320 fewer than in the 1998 baseline year where the number was 614.
- For further information on our C Card Training Programme please visit;
www.nottsc.gov.uk/c-card
- The C Card Scheme is launching a new stand alone website, this will be live soon at
www.ccardnottinghamshire.co.uk
- For more details on the C Card Scheme contact; Samantha.willis@nottsc.gov.uk / 01159932571