

# The C Card Scheme Nottinghamshire

*Free Sexual Health Advice and condom service for young people aged 13-25*



**Nottinghamshire  
County Council**

# The C Card Scheme....what is it?

The C Card Scheme is a free sexual health advice and condom service for young people aged 13-25.

It allows young people to get access to condoms, lubricants and ask any questions they have about sex, sexually transmitted infections (STI's) and relationships with a trained C Card Worker.

## **Aim;**

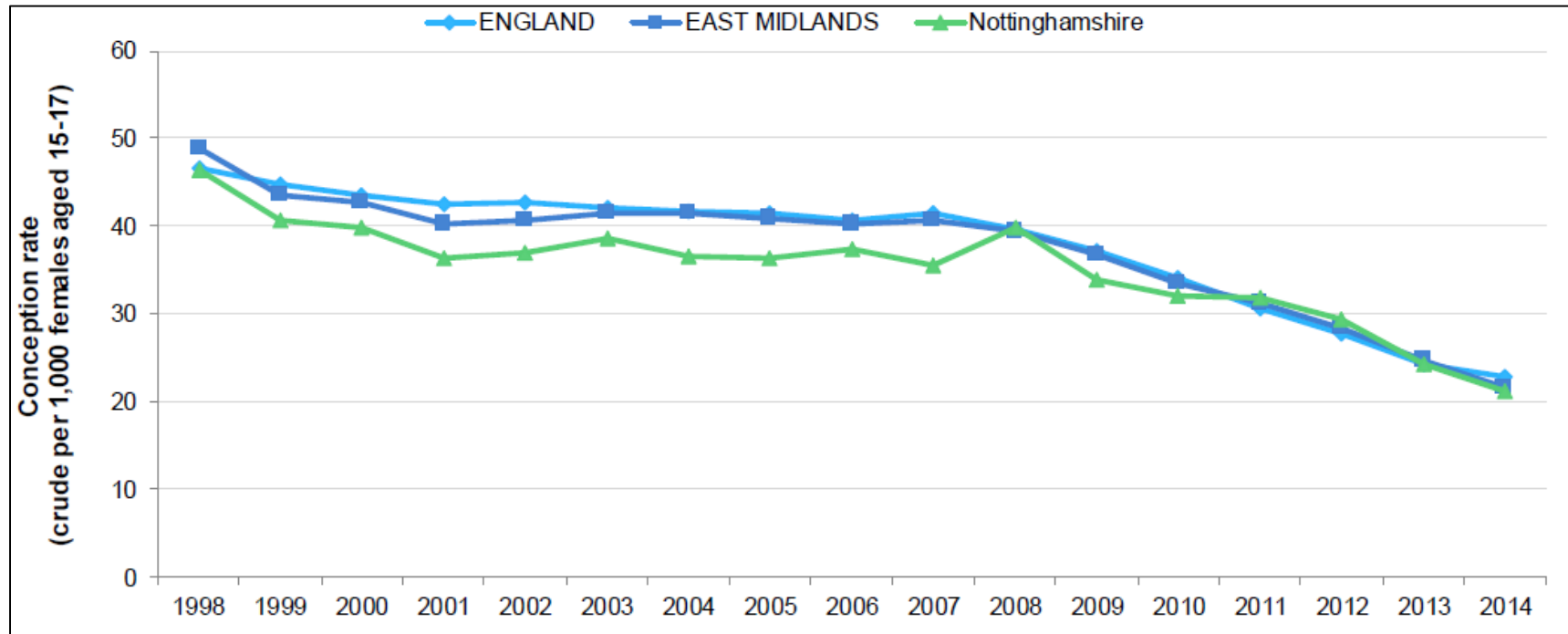
To reduce the rates of Teenage Pregnancy and Sexually Transmitted Infections through the provision of free condoms to young people in Nottinghamshire through the C Card Scheme.

# Key priorities

- Prevention of teenage conception and poor sexual health through contraception and sexual health service provision.
- CYP have access to information and education about sexual health and relationships
- Workers to have the skills, confidence and knowledge to support CYP and families with teenage pregnancy issues
- Improved outcomes for teenage parents and their children.



# 1998-2014 Progress

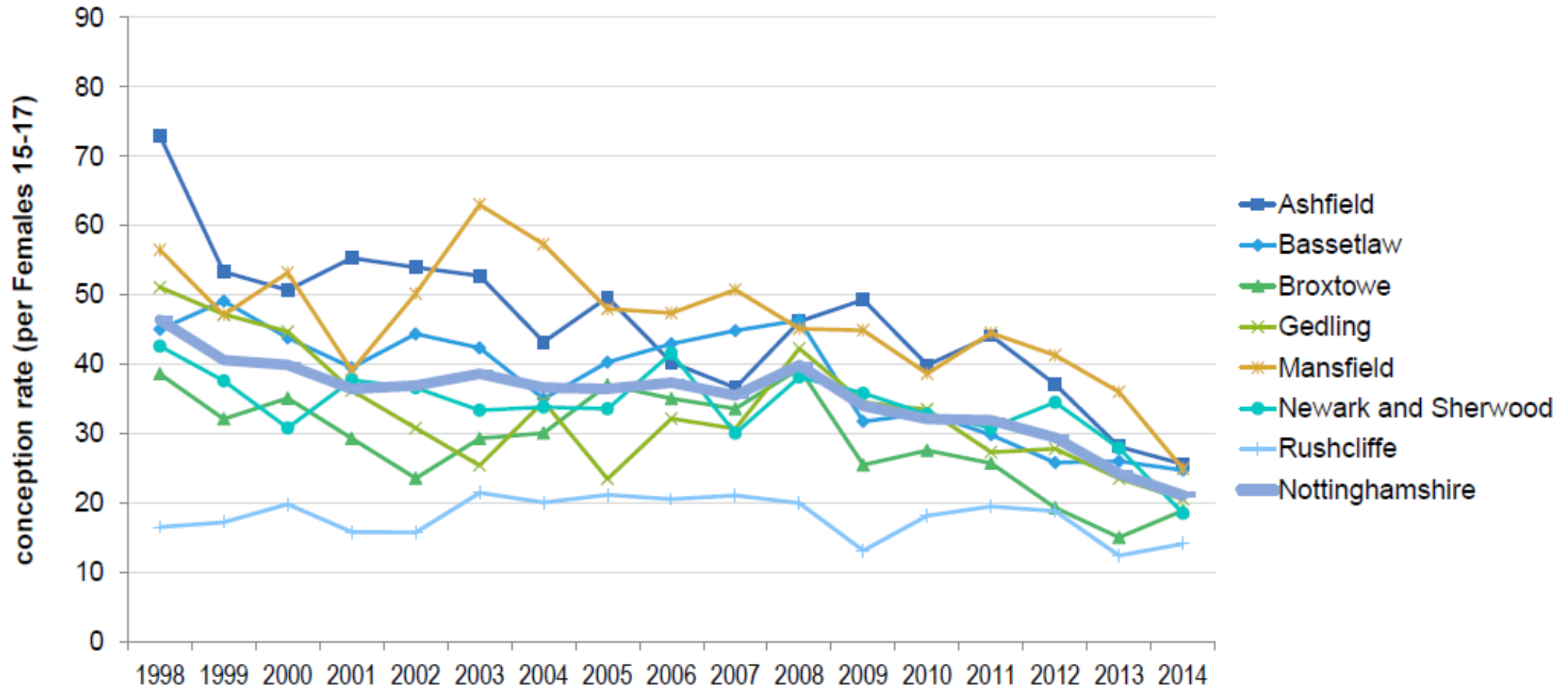


The 2014 under 18 conception rate for Nottinghamshire was **21.1** per 1,000 females aged 15-17 a decrease of 12.2% from the 2013 rate of 24.2%, and a **decrease of 54.5% since the 1998** baseline year. The number of under 18 conceptions in 2014 was 294, 320 fewer than in the 1998 baseline year where the number was 614.



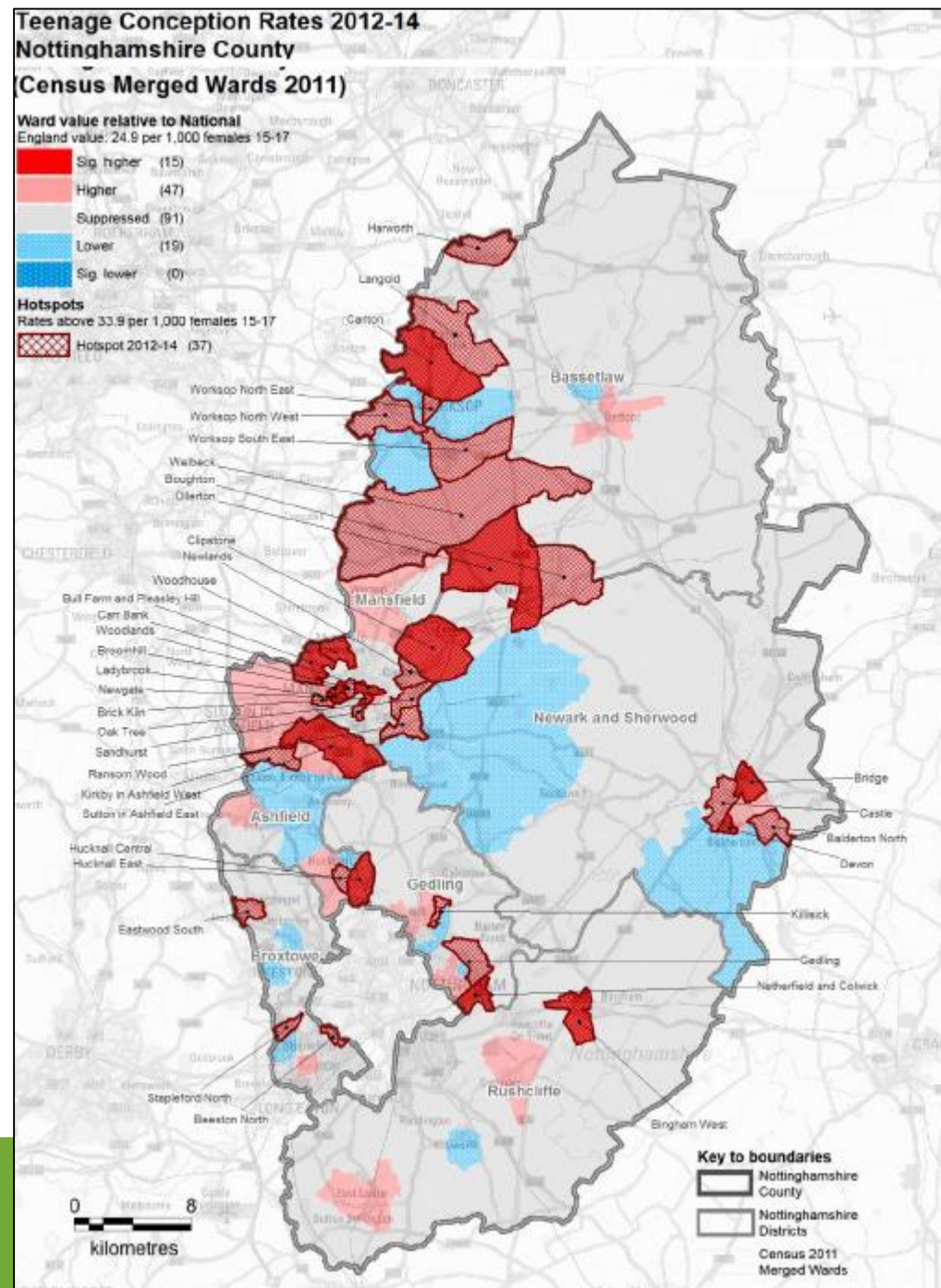
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# District Teenage Conception Rates 1998-2014



# Hot Spots Wards 2012-14

- 37 hot spot wards
- 28 are 'persistent' hot spot wards
- 9 are 'emerging' hot spots
- 10 wards have been de-classified as hotspots since the last period.





# Hot spot wards 2014

This shows the 'Hot Spot' Wards across Nottinghamshire. Those shaded 'dark pink/red' are persistent hotspots, orange are emerging hotspots, and shaded are 'reverted hot spots compared to last period recorded.

2012-14			2011-13 to 2012-14
ENGLAND	24.9	ENGLAND	-
Nottinghamshire	24.9	Nottinghamshire	28
Mansfield	34.2	Mansfield	8
Ashfield	30.3	Ashfield	4
Newark and Sherwood	27.1	Newark and Sherwood	7
Bassetlaw	25.5	Bassetlaw	4
Gedling	23.9	Gedling	2
Broxtowe	17.7	Broxtowe	2
Rushcliffe	15.1	Rushcliffe	1
Mansfield	34.2	Ladybrook	Persistent
Mansfield	34.2	Carr Bank	Persistent
Mansfield	34.2	Newgate	Persistent
Mansfield	34.2	Broomhill	Persistent
Mansfield	34.2	Woodhouse	Persistent
Mansfield	34.2	Bull Farn and Pleasley Hill	Persistent
Mansfield	34.2	Sandhurst	Persistent
Mansfield	34.2	Brick Kiln	Emerging
Mansfield	34.2	Oak Tree	Emerging
Mansfield	34.2	Woodlands	Emerging
Mansfield	34.2	Ransom Wood	Persistent
Mansfield	34.2	Newlands	Emerging
Mansfield	34.2	Netherfield	Reverted
Mansfield	34.2	Warsop Carrs	Reverted
Mansfield	34.2	Penniment	Reverted
Mansfield	34.2	Park Hall	Reverted
Ashfield	30.3	Sutton in Ashfield East	Persistent
Ashfield	30.3	Hucknall East	Persistent
Ashfield	30.3	Kirkby in Ashfield West	Persistent
Ashfield	30.3	Hucknall Central	Persistent
Ashfield	30.3	Hucknall West	Reverted
Ashfield	30.3	Sutton in Ashfield Central	Reverted
Ashfield	30.3	Kirkby in Ashfield East	Reverted
Newark and Sherwood	27.1	Bridge	Persistent
Newark and Sherwood	27.1	Devon	Persistent
Newark and Sherwood	27.1	Clipstone	Persistent
Newark and Sherwood	27.1	Ollerton	Persistent
Newark and Sherwood	27.1	Castle	Persistent
Newark and Sherwood	27.1	Boughton	Persistent
Newark and Sherwood	27.1	Balderton North	Persistent
Newark and Sherwood	27.1	Muskham	Reverted
Bassetlaw	25.5	Carlton	Persistent
Bassetlaw	25.5	Welbeck	Emerging
Bassetlaw	25.5	Worksop South East	Emerging
Bassetlaw	25.5	Langold	Persistent
Bassetlaw	25.5	Worksop North West	Emerging
Bassetlaw	25.5	Worksop North East	Persistent
Bassetlaw	25.5	Harworth	Persistent
Bassetlaw	25.5	Worksop South	Reverted
Gedling	23.9	Netherfield and Colwick	Persistent
Gedling	23.9	Killsick	Persistent
Gedling	23.9	Gedling	Emerging
Gedling	23.9	Valley	Reverted
Broxtowe	17.7	Stapleford North	Persistent
Broxtowe	17.7	Beeston North	Emerging
Broxtowe	17.7	Eastwood South	Persistent
Rushcliffe	15.1	Bingham West	Persistent



# C Card Data

- 211 Issue points
- 488 trained staff
- 7,578 young people aged 13-25 registered on the C Card scheme
- Average of 2,000 active C Card Users per year
- 59% of C Card users are registered within a hot spot ward district



# How it Works..

Wherever there is a C Card Sign young people can sign up for free condoms and lubes by undertaking a **registration process** that ensures it is appropriate to offer them this service.

The advice is free and confidential and aimed at helping young people make the right choice about their sexual health

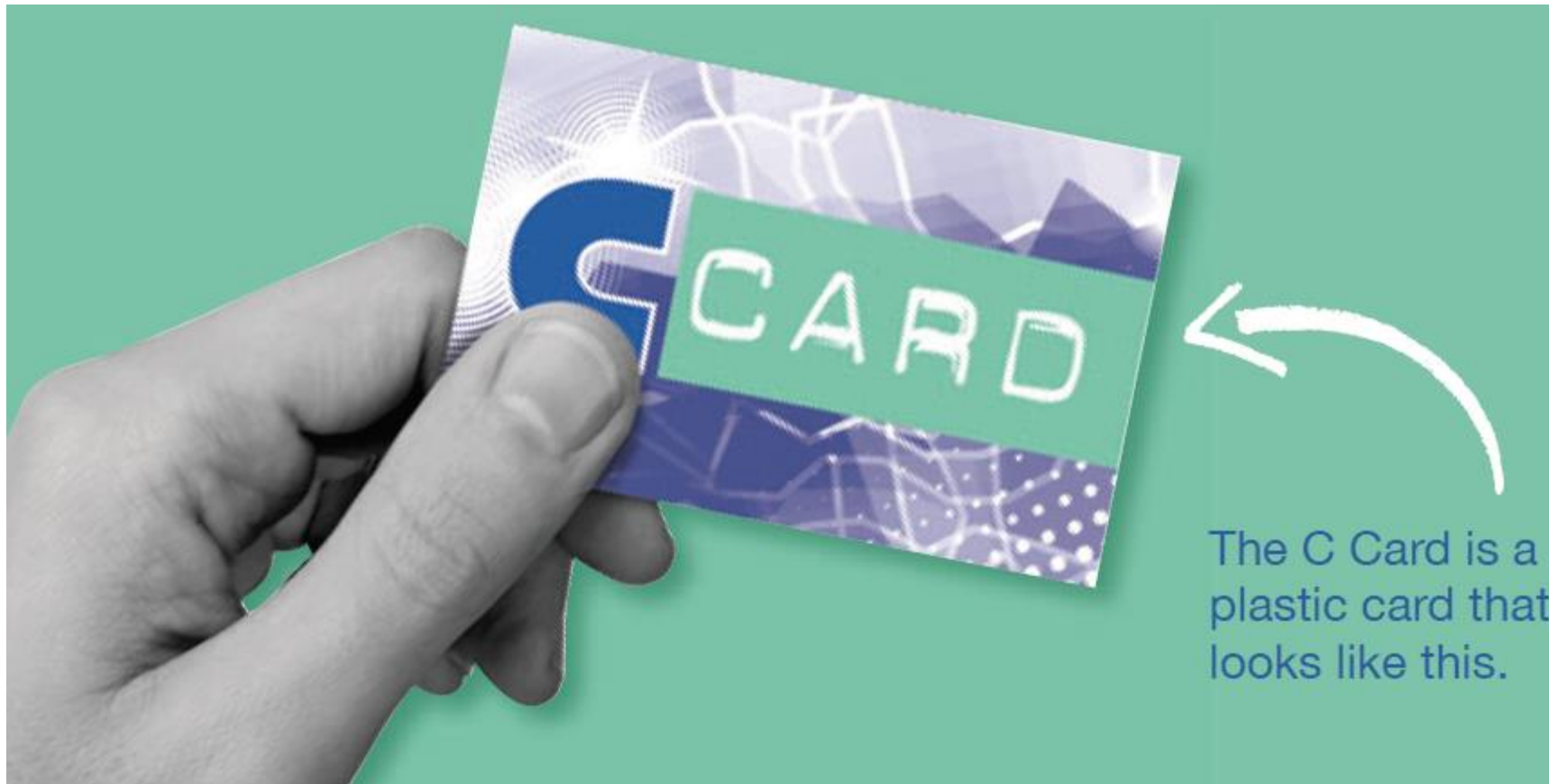
Young people have to attend a **Registration Point** to receive a C Card.

It is available from a range of places in Nottinghamshire including;

- Health Centres/GP Surgeries/SEXions
- Pharmacies
- Young People Centres
- Schools and Colleges
- SEXions

And many more!

After the **Registration process** a young person receives a plastic c card like this, and can start accessing condoms and lubes from a range of Registration and Pick Up Points.



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# How to be involved

To offer the C Card you have to become a trained C Card Worker.

This can be done in three simple steps;

1. Attend a one day training course where you will learn all about the scheme and how to register young people
2. Sign a 'Working Agreement' between you and the C card Scheme agreeing the guidance of service
3. Start offering the C Card to the young people you work with.

FURTHER INFO ON C CARD TRAINING- [www.nottscc.gov.uk/c-card](http://www.nottscc.gov.uk/c-card)



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It's all free 😊

# **\*\*NEWSFLASH\*\***

## **The C Card Website**



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[www.ccardnottinghamshire.co.uk](http://www.ccardnottinghamshire.co.uk)

# Contact Details..

For further info on how to be involved in the C Card Scheme;

Email: [samantha.willis@nottsc.gov.uk](mailto:samantha.willis@nottsc.gov.uk)

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Mob: 07780854934

Web: [www.nottsc.gov.uk/c-card](http://www.nottsc.gov.uk/c-card) & [www.ccardnottinghamshire.co.uk](http://www.ccardnottinghamshire.co.uk)



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