

# Health & Wellbeing Board Summary 5 October 2016

Jeremy Griffiths chaired the meeting. He welcomed Thilan Bartholomeuz the new Clinical lead for NHS Newark & Sherwood CCG & thanked Mark Jefford for his contributions to the Board.

## STP update on progress

David Pearson gave the Board an <u>update on the STP</u> for Nottingham & Nottinghamshire which is being agreed ready for At this meeting:

**<u>STP</u>**- update on progress

Timeline of services for children – what's available for children young people locally

Young People's Health Strategy – a new website to be launched

submission on 21 October 2016. A panel from the Department of Health had identified some areas for concern with the first version of the plan including issues with the merger of Sherwood Forest & Nottingham University Hospitals & better collaboration between hospital trusts.

Since the update in September there has been more work to finalise the Plan. The priorities have been expanded to give more detail about what it's trying to achieve, for example the priority to 'simplify urgent & emergency care: help people to quickly & simply access the most appropriate provider for their urgent care needs'.

The Plan also includes a number of enablers, which will make delivery of the Plan possible. These enablers have been simplified for the final version to focus on workforce, estates, commissioning & governance & communications & engagement.

The Plan is now being finalised for the deadline of 21 October 2016 including a 'confirm & challenge' session with chief officers from all local commissioners & providers. There will still be opportunities to change the plan up until the end of November though.

The STP process has highlighted that there is a lot of innovation in Nottinghamshire & the digital roadmap for the county has been highlighted as one of the best in England.

Members of the Board highlighted possible issues with the use of technology – making sure that staff could use it properly as well as patients & carers – as well as making sure that people weren't diverted away from providing services now to Plan for the future. There will also be some work across the region to make sure that the Plans didn't have any unintended consequences for local services.

Targets in the plan are being looked at to make sure that they are consistent across the whole STP footprint & to make them as ambitious as possible.

David agreed to give another update at the November meeting & to give more information about what is in the plan as it is agreed.

### Timeline of services for children

Colin Pettigrew gave a <u>presentation which illustrated the services available</u> to the 162,500 children & young people in Nottinghamshire. The services are provided by the County Council or commissioned by them or they can be delivered by partner agencies or independent providers.

### <sup>(b)</sup> Next meeting 2pm, 9 November 2016 at County Hall, West Bridgford



They are available from conception to the age of 19 years or to 24 years for young people with learning difficulties or disabilities.

Most children in Nottinghamshire access Universal Services like maternity services, the Healthy Child Programme, Schools Health Hub & the C-Card Scheme. There are other specialist services available to those children & young people who need them. These are for:

- behaviour, emotional health & wellbeing e.g online counselling, CAHMS, the Family Service
- special educational needs & disability e.g short breaks, Play for Disabled Children, Early Support
- vulnerable children & their families e.g Family Nurse Partnership, fostering, Youth Justice Service

There are also services to help the transition between children & adults services for young people with disabilities is a key priority in Nottinghamshire.

Colin reminded the Board that children & young people are in school for 190 days each year so it's an ideal opportunity to influence behaviour. To help a schools health hub is being established with staff who will support individual schools, as well as offering internet based advice.

Colin acknowledged that more places in special schools are needed for children & young people who can't access mainstream education.

The Board asked for more information on young people who leave care, particularly how they can be supported to find & maintain their own accommodation. They are also interested to find out more about how young people with special needs & disabilities move between children's & adults services & about how services can support parents to build family resilience. Colin agreed to give the Board more information about each of those topics at future meetings.

### Young People's Health Strategy

Helena Cripps and Kate Allen gave the Board an update on the implementation of the Young People's Health Strategy. When young people in Nottinghamshire were asked about their health & wellbeing mental health was one of the top issues, particularly access to better health advice & information on line.

In response a new website is being developed specifically for Nottinghamshire which will sign post young people to local health & wellbeing services & quality assured sources of support. The website content will specifically include how to cope in the event of a crisis & it will integrate with the Notts Help Yourself website which gives more general advice to people across Nottinghamshire.

The Board were keen to make sure that the website linked with other platforms that young people use like Futures. Healthwatch also offered to help engagement with hard to reach groups of young people. The website will be launched at a Stakeholder Network event when it's ready.

If you have any comments or questions about this summary please contact Nicola Lane <u>nicola.lane@nottscc.gov.uk</u>

### <sup>(b)</sup> Next meeting 2pm, 9 November 2016 at County Hall, West Bridgford