



16 September 2016

Agenda Item: 5

Children's Trust Executive Sponsor: Kate Allen

IMPLEMENTATION OF SCHOOLS HEALTH HUB

Purpose of the Report

1. To update the Children's Trust Executive on progress on the development of the Schools Health Hub in order to support schools to improve the health and wellbeing, and educational outcomes of their pupils.
2. To raise the profile of the interface with the Tackling Emerging Threats to Children Project, and existing support to school provided by different teams within Nottinghamshire County Council.

Information and Advice

3. This report provides the Children's Trust Executive with a briefing on the development of the Schools Health Hub, and subsequent plans to integrate the Schools Health Hub team within the newly formed 'Threats to Children Team' within Nottinghamshire County Council.

Background

4. Following the de-commissioning of the Healthy Schools Programme, the need to develop a new service to support schools in identifying issues and improve the health and wellbeing, and educational outcomes of their pupils was proposed.
5. The proposal to develop a Nottinghamshire Schools Health Hub was supported by the Public Health Committee in May 2015 and non-recurrent funding of £400K was identified to enable the Integrated Commissioning Hub to facilitate this proposal.
6. The aim of the Schools Health Hub is to improve health and wellbeing, and educational outcomes, resulting in safe, healthy, happy, resilient children and young people who are able to achieve their potential.
7. The focus of the Schools Health Hub will be to support schools with the identification of local health and wellbeing concerns, and to provide advice, guidance and information for schools in relation to policy development, PSHE

planning, training (including signposting to existing training and services), and the implementation of evidence based interventions.

8. A key objective of the service will be to support schools to improve the emotional health and wellbeing of their children and young people.
9. The function of the Schools Health Hub will link closely with work underway as part of the local Transformation Plan for Children and Young People's Mental Health and Wellbeing¹.
10. The Schools Health Hub aims to improve a range of health and wellbeing outcomes, as well as assisting more schools in achieving an 'outstanding' Ofsted result through broadening of their curricula and meeting the health and wellbeing needs of their pupils.

Implementation of the Schools Health Hub

11. The new Hub will act as an umbrella for children's and young people's evidence-based health promotion services, supporting a joined up partnership approach, whilst maintaining a schools focus and bringing together key health and wellbeing related visitors to schools.
12. A schools mapping exercise in 2015 identified that there were at least 32 interventions offered to schools by external providers including the NHS, Nottinghamshire County Council, Voluntary and Community Sector and private sector companies.
13. Interventions provided by these organisations included promotion of physical activity, healthy eating, child sexual exploitation, domestic violence, substance use, first aid, E-Safety etc. These were not always co-ordinated or quality assured, some were free whilst others charge, and very few were evidence based. It has become apparent that schools are confused about where and how to access support to identify effective interventions.
14. The Schools Health Hub model will provide quality assurance of interventions offered to schools, a co-ordinated approach and a required focus on priority public health and wellbeing issues. Commissioners of these interventions are working together to shape the Schools Health Hub.
15. In order to facilitate this, NCC will employ three Schools Health Hub co-ordinators as part of the new NCC Threats to Children team.
16. Schools Health Hub co-ordinators will work alongside key partners in improving the health and wellbeing of children and young people, including other members of the Threats to Children Team, education colleagues, Primary Mental Health workers (as part of One CAMHS), and the 0-19 Healthy Child and Public Health Nursing teams.

¹ <http://www.england.nhs.uk/wp-content/uploads/2015/07/local-transformation-plans-cyp-mh-guidance.pdf>

17. There will be a continued focus on targeting schools in areas of greatest child poverty and Schools Health Hub Co-ordinators will ensure that secondary schools are engaged as well as primary schools within target localities.

18. The proposed areas of support are identified below. The darker boxes in the following table highlight universal services for all schools, whilst lighter boxes identify activity for target schools.

Family of school profiles and evidence base	PSHE and emotional resilience programme development	Strategic engagement with target schools	Health and Wellbeing Policies
Guidance and Information	Training for school staff teams and Governors	Co-ordination of the ASSIST* programme with target schools	Health Promotion campaigns e.g. Change for Life
Communication route for schools re health and wellbeing	Partnership work with School Nursing	Quality assurance of visitors to schools	Co-ordinated health and wellbeing packages for target schools

Desired Outcomes of the Schools Health Hub

19. The overarching aim of the Schools Health Hub is to positively impact on priorities within the Public Health Outcomes Framework (as outlined below) and to support more schools to achieve an 'outstanding' Ofsted result by broadening their curriculum.

DOMAIN 1: Improving the wider determinants of health
Objective: Improvements against wider factors that affect health and wellbeing, and health inequalities
Reduced numbers of children in poverty
Reduced school absences
Reduced incidence of domestic abuse
School Readiness: The percentage of children with free school meal status achieving a good level of development at the end of reception
Reduced numbers of first time entrants to the youth justice system
16-18 year olds not in education employment or training
Reduced levels of Domestic Abuse
DOMAIN 2: Health improvement
Objective: People are helped to live healthy lifestyles, make healthy choices and reduce health inequalities
Reduced smoking prevalence in 15 year olds

DOMAIN 2: Health improvement

Objective: People are helped to live healthy lifestyles, make healthy choices and reduce health inequalities

Reduced teenage conception rates

Reduced hospital admissions caused by unintentional and deliberate injuries in children and young people aged 0-14 and 15-24 years

Improved emotional wellbeing of looked after children

Reduced alcohol and drug misuse

Reduced excess weight in 4-5 year olds and 10-11 year olds

DOMAIN 3: Health protection

Objective: The population's health is protected from major incidents and other threats, while reducing health inequalities

Reduced chlamydia prevalence in 15-24 year olds

DOMAIN 4: Healthcare public health and preventing premature mortality

Objective: Reduced numbers of people living with preventable ill health and people dying prematurely, while reducing the gap between communities

Reduced tooth decay in children aged 5

Proposed timetable for the implementation of the Schools Health Hub

20. The timetable for the implementation of the Schools Health Hub is as follows:

Action	Target date
Form Schools Health Hub Steering group to determine function and oversee implementation	February 2016
Develop job description/person specification and submit for job evaluation	March 2016
Team leader and base for team to be identified	May 2016
Explore job evaluation outcome with Tackling Emerging Threats steering group	July 2016
SHH recruitment planning finalised	1 st September 2016
Interviews held for Schools Health Hub co-ordinators	17 th -18 th October 2016
All Tackling Emerging threats team members in place	Mid December 2016
Mobilisation period of the Tackling Emerging Threats team	1 st January – 31 st March 2017
SHH fully operational	1 st April 2017
Quarterly SHH steering group meetings to ensure health and well-being focus within the tackling emerging threats team	Ongoing from 1 st April 2017

Interdependencies between the Schools Health Hub and other support to schools services

21. Clear links and potential inter-dependencies between the planned function of the Schools Health Hub and plans to support schools regarding the 'Tackling

Emerging Threats to Children' (TETC) agenda, particularly PREVENT, child sexual exploitation and bullying have been identified via the TECT steering group.

22. Schools Health Hub co-ordinators will use their knowledge of local health and wellbeing need to inform the development of the young people's website, identified as a priority within the NCC Young People's Health strategy (2015).
23. Schools Health Hub co-ordinators will actively promote public health interventions delivered as part of other services commissioned by Public Health within Nottinghamshire County Council (eg ASSIST, C Card).
24. Schools Health Hub co-ordinators will support schools in accessing academic resilience programmes commissioned as part of the local Transformation Plan for Children and Young People's Mental Health and Wellbeing.

RECOMMENDATION/S

That the Executive:

- 1) Notes the progress of plans to develop and implement the Schools Health Hub within Nottinghamshire
- 2) Notes the interdependencies between the Schools Health hub and other support to schools services

Dr Kate Allen

Consultant in Public Health

Children's Integrated Commissioning Hub (Public Health and Children, Families and Cultural Services)

For any enquiries about this report please contact:

Kerrie Adams

kerrie.adams@nottscc.gov.uk

Senior Public Health and Commissioning Manager

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

- Bhundia T, Edwards S, Kakoullis I (2015) 'Service Review of the Healthy Schools & Early Years Programme: A Commissioners Report', Integrated Commissioning Hub, Nottinghamshire County Council.



16 September 2016

Agenda Item: 5

Children's Trust Executive Sponsor: Kate Allen

IMPLEMENTATION OF SCHOOLS HEALTH HUB

Purpose of the Report

1. To update the Children's Trust Executive on progress on the development of the Schools Health Hub in order to support schools to improve the health and wellbeing, and educational outcomes of their pupils.
2. To raise the profile of the interface with the Tackling Emerging Threats to Children Project, and existing support to school provided by different teams within Nottinghamshire County Council.

Information and Advice

3. This report provides the Children's Trust Executive with a briefing on the development of the Schools Health Hub, and subsequent plans to integrate the Schools Health Hub team within the newly formed 'Threats to Children Team' within Nottinghamshire County Council.

Background

4. Following the de-commissioning of the Healthy Schools Programme, the need to develop a new service to support schools in identifying issues and improve the health and wellbeing, and educational outcomes of their pupils was proposed.
5. The proposal to develop a Nottinghamshire Schools Health Hub was supported by the Public Health Committee in May 2015 and non-recurrent funding of £400K was identified to enable the Integrated Commissioning Hub to facilitate this proposal.
6. The aim of the Schools Health Hub is to improve health and wellbeing, and educational outcomes, resulting in safe, healthy, happy, resilient children and young people who are able to achieve their potential.
7. The focus of the Schools Health Hub will be to support schools with the identification of local health and wellbeing concerns, and to provide advice, guidance and information for schools in relation to policy development, PSHE

planning, training (including signposting to existing training and services), and the implementation of evidence based interventions.

8. A key objective of the service will be to support schools to improve the emotional health and wellbeing of their children and young people.
9. The function of the Schools Health Hub will link closely with work underway as part of the local Transformation Plan for Children and Young People's Mental Health and Wellbeing¹.
10. The Schools Health Hub aims to improve a range of health and wellbeing outcomes, as well as assisting more schools in achieving an 'outstanding' Ofsted result through broadening of their curricula and meeting the health and wellbeing needs of their pupils.

Implementation of the Schools Health Hub

11. The new Hub will act as an umbrella for children's and young people's evidence-based health promotion services, supporting a joined up partnership approach, whilst maintaining a schools focus and bringing together key health and wellbeing related visitors to schools.
12. A schools mapping exercise in 2015 identified that there were at least 32 interventions offered to schools by external providers including the NHS, Nottinghamshire County Council, Voluntary and Community Sector and private sector companies.
13. Interventions provided by these organisations included promotion of physical activity, healthy eating, child sexual exploitation, domestic violence, substance use, first aid, E-Safety etc. These were not always co-ordinated or quality assured, some were free whilst others charge, and very few were evidence based. It has become apparent that schools are confused about where and how to access support to identify effective interventions.
14. The Schools Health Hub model will provide quality assurance of interventions offered to schools, a co-ordinated approach and a required focus on priority public health and wellbeing issues. Commissioners of these interventions are working together to shape the Schools Health Hub.
15. In order to facilitate this, NCC will employ three Schools Health Hub co-ordinators as part of the new NCC Threats to Children team.
16. Schools Health Hub co-ordinators will work alongside key partners in improving the health and wellbeing of children and young people, including other members of the Threats to Children Team, education colleagues, Primary Mental Health workers (as part of One CAMHS), and the 0-19 Healthy Child and Public Health Nursing teams.

¹ <http://www.england.nhs.uk/wp-content/uploads/2015/07/local-transformation-plans-cyp-mh-guidance.pdf>

17. There will be a continued focus on targeting schools in areas of greatest child poverty and Schools Health Hub Co-ordinators will ensure that secondary schools are engaged as well as primary schools within target localities.

18. The proposed areas of support are identified below. The darker boxes in the following table highlight universal services for all schools, whilst lighter boxes identify activity for target schools.

Family of school profiles and evidence base	PSHE and emotional resilience programme development	Strategic engagement with target schools	Health and Wellbeing Policies
Guidance and Information	Training for school staff teams and Governors	Co-ordination of the ASSIST* programme with target schools	Health Promotion campaigns e.g. Change for Life
Communication route for schools re health and wellbeing	Partnership work with School Nursing	Quality assurance of visitors to schools	Co-ordinated health and wellbeing packages for target schools

Desired Outcomes of the Schools Health Hub

19. The overarching aim of the Schools Health Hub is to positively impact on priorities within the Public Health Outcomes Framework (as outlined below) and to support more schools to achieve an 'outstanding' Ofsted result by broadening their curriculum.

DOMAIN 1: Improving the wider determinants of health
Objective: Improvements against wider factors that affect health and wellbeing, and health inequalities
Reduced numbers of children in poverty
Reduced school absences
Reduced incidence of domestic abuse
School Readiness: The percentage of children with free school meal status achieving a good level of development at the end of reception
Reduced numbers of first time entrants to the youth justice system
16-18 year olds not in education employment or training
Reduced levels of Domestic Abuse
DOMAIN 2: Health improvement
Objective: People are helped to live healthy lifestyles, make healthy choices and reduce health inequalities
Reduced smoking prevalence in 15 year olds

DOMAIN 2: Health improvement

Objective: People are helped to live healthy lifestyles, make healthy choices and reduce health inequalities

Reduced teenage conception rates

Reduced hospital admissions caused by unintentional and deliberate injuries in children and young people aged 0-14 and 15-24 years

Improved emotional wellbeing of looked after children

Reduced alcohol and drug misuse

Reduced excess weight in 4-5 year olds and 10-11 year olds

DOMAIN 3: Health protection

Objective: The population's health is protected from major incidents and other threats, while reducing health inequalities

Reduced chlamydia prevalence in 15-24 year olds

DOMAIN 4: Healthcare public health and preventing premature mortality

Objective: Reduced numbers of people living with preventable ill health and people dying prematurely, while reducing the gap between communities

Reduced tooth decay in children aged 5

Proposed timetable for the implementation of the Schools Health Hub

20. The timetable for the implementation of the Schools Health Hub is as follows:

Action	Target date
Form Schools Health Hub Steering group to determine function and oversee implementation	February 2016
Develop job description/person specification and submit for job evaluation	March 2016
Team leader and base for team to be identified	May 2016
Explore job evaluation outcome with Tackling Emerging Threats steering group	July 2016
SHH recruitment planning finalised	1 st September 2016
Interviews held for Schools Health Hub co-ordinators	17 th -18 th October 2016
All Tackling Emerging threats team members in place	Mid December 2016
Mobilisation period of the Tackling Emerging Threats team	1 st January – 31 st March 2017
SHH fully operational	1 st April 2017
Quarterly SHH steering group meetings to ensure health and well-being focus within the tackling emerging threats team	Ongoing from 1 st April 2017

Interdependencies between the Schools Health Hub and other support to schools services

21. Clear links and potential inter-dependencies between the planned function of the Schools Health Hub and plans to support schools regarding the 'Tackling

Emerging Threats to Children' (TETC) agenda, particularly PREVENT, child sexual exploitation and bullying have been identified via the TECT steering group.

22. Schools Health Hub co-ordinators will use their knowledge of local health and wellbeing need to inform the development of the young people's website, identified as a priority within the NCC Young People's Health strategy (2015).
23. Schools Health Hub co-ordinators will actively promote public health interventions delivered as part of other services commissioned by Public Health within Nottinghamshire County Council (eg ASSIST, C Card).
24. Schools Health Hub co-ordinators will support schools in accessing academic resilience programmes commissioned as part of the local Transformation Plan for Children and Young People's Mental Health and Wellbeing.

RECOMMENDATION/S

That the Executive:

- 1) Notes the progress of plans to develop and implement the Schools Health Hub within Nottinghamshire
- 2) Notes the interdependencies between the Schools Health hub and other support to schools services

Dr Kate Allen

Consultant in Public Health

Children's Integrated Commissioning Hub (Public Health and Children, Families and Cultural Services)

For any enquiries about this report please contact:

Kerrie Adams

kerrie.adams@nottscc.gov.uk

Senior Public Health and Commissioning Manager

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

- Bhundia T, Edwards S, Kakoullis I (2015) 'Service Review of the Healthy Schools & Early Years Programme: A Commissioners Report', Integrated Commissioning Hub, Nottinghamshire County Council.



16 September 2016

Agenda Item: 5

Children's Trust Executive Sponsor: Kate Allen

IMPLEMENTATION OF SCHOOLS HEALTH HUB

Purpose of the Report

1. To update the Children's Trust Executive on progress on the development of the Schools Health Hub in order to support schools to improve the health and wellbeing, and educational outcomes of their pupils.
2. To raise the profile of the interface with the Tackling Emerging Threats to Children Project, and existing support to school provided by different teams within Nottinghamshire County Council.

Information and Advice

3. This report provides the Children's Trust Executive with a briefing on the development of the Schools Health Hub, and subsequent plans to integrate the Schools Health Hub team within the newly formed 'Threats to Children Team' within Nottinghamshire County Council.

Background

4. Following the de-commissioning of the Healthy Schools Programme, the need to develop a new service to support schools in identifying issues and improve the health and wellbeing, and educational outcomes of their pupils was proposed.
5. The proposal to develop a Nottinghamshire Schools Health Hub was supported by the Public Health Committee in May 2015 and non-recurrent funding of £400K was identified to enable the Integrated Commissioning Hub to facilitate this proposal.
6. The aim of the Schools Health Hub is to improve health and wellbeing, and educational outcomes, resulting in safe, healthy, happy, resilient children and young people who are able to achieve their potential.
7. The focus of the Schools Health Hub will be to support schools with the identification of local health and wellbeing concerns, and to provide advice, guidance and information for schools in relation to policy development, PSHE

planning, training (including signposting to existing training and services), and the implementation of evidence based interventions.

8. A key objective of the service will be to support schools to improve the emotional health and wellbeing of their children and young people.
9. The function of the Schools Health Hub will link closely with work underway as part of the local Transformation Plan for Children and Young People's Mental Health and Wellbeing¹.
10. The Schools Health Hub aims to improve a range of health and wellbeing outcomes, as well as assisting more schools in achieving an 'outstanding' Ofsted result through broadening of their curricula and meeting the health and wellbeing needs of their pupils.

Implementation of the Schools Health Hub

11. The new Hub will act as an umbrella for children's and young people's evidence-based health promotion services, supporting a joined up partnership approach, whilst maintaining a schools focus and bringing together key health and wellbeing related visitors to schools.
12. A schools mapping exercise in 2015 identified that there were at least 32 interventions offered to schools by external providers including the NHS, Nottinghamshire County Council, Voluntary and Community Sector and private sector companies.
13. Interventions provided by these organisations included promotion of physical activity, healthy eating, child sexual exploitation, domestic violence, substance use, first aid, E-Safety etc. These were not always co-ordinated or quality assured, some were free whilst others charge, and very few were evidence based. It has become apparent that schools are confused about where and how to access support to identify effective interventions.
14. The Schools Health Hub model will provide quality assurance of interventions offered to schools, a co-ordinated approach and a required focus on priority public health and wellbeing issues. Commissioners of these interventions are working together to shape the Schools Health Hub.
15. In order to facilitate this, NCC will employ three Schools Health Hub co-ordinators as part of the new NCC Threats to Children team.
16. Schools Health Hub co-ordinators will work alongside key partners in improving the health and wellbeing of children and young people, including other members of the Threats to Children Team, education colleagues, Primary Mental Health workers (as part of One CAMHS), and the 0-19 Healthy Child and Public Health Nursing teams.

¹ <http://www.england.nhs.uk/wp-content/uploads/2015/07/local-transformation-plans-cyp-mh-guidance.pdf>

17. There will be a continued focus on targeting schools in areas of greatest child poverty and Schools Health Hub Co-ordinators will ensure that secondary schools are engaged as well as primary schools within target localities.

18. The proposed areas of support are identified below. The darker boxes in the following table highlight universal services for all schools, whilst lighter boxes identify activity for target schools.

Family of school profiles and evidence base	PSHE and emotional resilience programme development	Strategic engagement with target schools	Health and Wellbeing Policies
Guidance and Information	Training for school staff teams and Governors	Co-ordination of the ASSIST* programme with target schools	Health Promotion campaigns e.g. Change for Life
Communication route for schools re health and wellbeing	Partnership work with School Nursing	Quality assurance of visitors to schools	Co-ordinated health and wellbeing packages for target schools

Desired Outcomes of the Schools Health Hub

19. The overarching aim of the Schools Health Hub is to positively impact on priorities within the Public Health Outcomes Framework (as outlined below) and to support more schools to achieve an 'outstanding' Ofsted result by broadening their curriculum.

DOMAIN 1: Improving the wider determinants of health
Objective: Improvements against wider factors that affect health and wellbeing, and health inequalities
Reduced numbers of children in poverty
Reduced school absences
Reduced incidence of domestic abuse
School Readiness: The percentage of children with free school meal status achieving a good level of development at the end of reception
Reduced numbers of first time entrants to the youth justice system
16-18 year olds not in education employment or training
Reduced levels of Domestic Abuse
DOMAIN 2: Health improvement
Objective: People are helped to live healthy lifestyles, make healthy choices and reduce health inequalities
Reduced smoking prevalence in 15 year olds

DOMAIN 2: Health improvement

Objective: People are helped to live healthy lifestyles, make healthy choices and reduce health inequalities

Reduced teenage conception rates

Reduced hospital admissions caused by unintentional and deliberate injuries in children and young people aged 0-14 and 15-24 years

Improved emotional wellbeing of looked after children

Reduced alcohol and drug misuse

Reduced excess weight in 4-5 year olds and 10-11 year olds

DOMAIN 3: Health protection

Objective: The population's health is protected from major incidents and other threats, while reducing health inequalities

Reduced chlamydia prevalence in 15-24 year olds

DOMAIN 4: Healthcare public health and preventing premature mortality

Objective: Reduced numbers of people living with preventable ill health and people dying prematurely, while reducing the gap between communities

Reduced tooth decay in children aged 5

Proposed timetable for the implementation of the Schools Health Hub

20. The timetable for the implementation of the Schools Health Hub is as follows:

Action	Target date
Form Schools Health Hub Steering group to determine function and oversee implementation	February 2016
Develop job description/person specification and submit for job evaluation	March 2016
Team leader and base for team to be identified	May 2016
Explore job evaluation outcome with Tackling Emerging Threats steering group	July 2016
SHH recruitment planning finalised	1 st September 2016
Interviews held for Schools Health Hub co-ordinators	17 th -18 th October 2016
All Tackling Emerging threats team members in place	Mid December 2016
Mobilisation period of the Tackling Emerging Threats team	1 st January – 31 st March 2017
SHH fully operational	1 st April 2017
Quarterly SHH steering group meetings to ensure health and well-being focus within the tackling emerging threats team	Ongoing from 1 st April 2017

Interdependencies between the Schools Health Hub and other support to schools services

21. Clear links and potential inter-dependencies between the planned function of the Schools Health Hub and plans to support schools regarding the 'Tackling

Emerging Threats to Children' (TETC) agenda, particularly PREVENT, child sexual exploitation and bullying have been identified via the TECT steering group.

22. Schools Health Hub co-ordinators will use their knowledge of local health and wellbeing need to inform the development of the young people's website, identified as a priority within the NCC Young People's Health strategy (2015).
23. Schools Health Hub co-ordinators will actively promote public health interventions delivered as part of other services commissioned by Public Health within Nottinghamshire County Council (eg ASSIST, C Card).
24. Schools Health Hub co-ordinators will support schools in accessing academic resilience programmes commissioned as part of the local Transformation Plan for Children and Young People's Mental Health and Wellbeing.

RECOMMENDATION/S

That the Executive:

- 1) Notes the progress of plans to develop and implement the Schools Health Hub within Nottinghamshire
- 2) Notes the interdependencies between the Schools Health hub and other support to schools services

Dr Kate Allen

Consultant in Public Health

Children's Integrated Commissioning Hub (Public Health and Children, Families and Cultural Services)

For any enquiries about this report please contact:

Kerrie Adams

kerrie.adams@nottscc.gov.uk

Senior Public Health and Commissioning Manager

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

- Bhundia T, Edwards S, Kakoullis I (2015) 'Service Review of the Healthy Schools & Early Years Programme: A Commissioners Report', Integrated Commissioning Hub, Nottinghamshire County Council.