

AUTISTIC SPECTRUM DISORDER –
INFORMATION PACKS FOR PARENTS

These are available from the Information Service at the Children's Development Centre (0115 8831157 or 58, infoservicescdc@nottshc.nhs.uk)

Alternatively you can download your own copy from the documents on this website:

- Contents page (below)
- Information Service Children's Development Centre (Listed under 'Supporting Behaviour')
- Autism Support Groups (Listed under 'Local Support Groups')
- Autistic Spectrum Drop in Morning (Listed under 'Supporting Behaviour')
- Ask Us Nottinghamshire – formerly Parent Partnership Service (Listed under 'Supporting Learning')
- Schools and Families Specialist Services (Listed under 'Supporting Learning')
- Children's Disability Register application form (Listed under 'Useful Links')

AUTISTIC SPECTRUM DISORDER: AN INFORMATION BOOKLET FOR PARENTS AND CARERS IN NOTTINGHAMSHIRE

The following links provide introductory information and support for families at the time their child is diagnosed with an autistic spectrum disorder:

- What is autism? – information from the National Autistic Society: www.autism.org.uk/about-autism/introduction/what-is-autism.aspx
- “After diagnosis: information for parents and carers of children with autism” (National Autistic Society, 2016) – Booklet available to purchase or download at www.autism.org.uk/afterdiagnosis.
- Parent to Parent Service (National Autistic Society) www.autism.org.uk/our-services/advice-and-information-services/parent-to-parent-service.aspx

Alternatively, to contact the National Autistic Society, telephone 0808 800 4104

- Disability Living Allowance (DLA) www.gov.uk/disability-living-allowance-children and Personal Independence Payment (PIP) www.gov.uk/PIP.

Some children and young people with Autistic Spectrum Disorders may qualify for these benefits. You can get an application form for DLA (for a child under 16 years of age) by ringing 03457 123456.

For PIP (16 years and over) phone 0800 917 2222 (textphone 0800 917 7777) to start your claim. Parents can ring on the young person’s behalf, but the young person needs to be with them when they call. Details needed include their National Insurance number, bank details and doctor’s name. They will then be sent a form to complete.

It is worth getting help with completing the forms. There may be a local welfare rights advice session, where you can get help. The Children’s Development Centre also currently has sessions on Mondays where you can get help with the form. Phone 0115 8831157 or 58 for an appointment.

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- Children’s Disability Register application form
If you join the Register the quarterly IRIS Magazine will be delivered to your home. It includes details of local events and activities for children and young people with disabilities. Phone 07827 938966 for more information.