

Health & Wellbeing Board Summary

13 July 2016

The meeting opened with a demonstration of the [Notts Help Yourself website](#) by John Stronach. The website is a partnership between the County Council, health & the voluntary sector so people can get the help they need in one place.

Update on Sustainability & Transformation Plans & vanguards

David Pearson, Sam Walters, Guy Mansford, & Dawn Atkinson gave the Board an update on the [Nottingham & Nottinghamshire Sustainability & Transformation Plan \(STP\)](#) & the work to transform services in Nottinghamshire. Lisa Bromley also gave an update on the [South Yorkshire & Bassetlaw STP](#). Both STPs have been submitted & initial meetings with senior health & local government leaders will take place during July as the first step in getting them approved. Final plans are due in October 2016.

Nationally three gaps have been identified & both local plans include proposals to close them. The gaps are health & wellbeing, care & quality, & finance & sustainability. These 3 gaps are common to all of the STPs across the country. In Nottinghamshire mind set & behaviour has also been identified, recognising that preventing illness & self-care are most important.

Guy & Sam explained the plans to transform care in Greater Nottinghamshire & gave an example involving gastroenterology – the current system means that different doctors might take different action for the same symptoms, then the patient may have to go to a hospital appointment but find they need more tests before they're treated. Once they're treated & discharged people would have to see their GP again for another referral if they had more problems. The transformation plans would mean that referrals would be more consistent, patients would have pre-assessment closer, making sure that any tests were done before a hospital appointment & giving people direct access to follow up if they had problems after they'd been discharged. It would also mean GPs get feedback & good data about patients & treatment to improve standards.

Dawn outlined the Better Together Strategy in mid-Nottinghamshire which had a number of overlaps with the developing Notts STP. She described the local priorities in mid-Notts which are to make sure that primary care services can be maintained & to join up hospital & community services to make more services available in a patient's local community. In mid-Notts an Alliance has been developed which includes different health care providers working together to deliver the Better Together Strategy.

Bassetlaw is part of the South Yorkshire & Bassetlaw STP & Lisa Bromley explained that their plan had been submitted & was having its first review. Their plan includes 5 priorities to transform services for urgent & emergency care, elective care & diagnosis, children's & maternity service, cancer services & mental health & learning disabilities services. Bassetlaw is also aiming to improve services to prevent people from needing care including smoking, diabetes & falls. It also includes wider services like supporting young people to achieve their aspirations, housing & isolation for people in rural areas which also impact on health & wellbeing.

Both the Nottinghamshire & South Yorkshire & Bassetlaw STPs are being reviewed & the next version will be submitted in October. While this happens though the work to transform services across the county carries on & at a faster pace than before.

🕒 **Next meeting 2pm, Wednesday 7 September 2016 at County Hall, West Bridgford**

HWB July 2016

At this meeting:

[Update on Sustainability & Transformation Plans & vanguards](#) - what's happening in Nottinghamshire?

[Collaboration with Notts Fire & Rescue](#) – fire & rescue to help improve health & wellbeing

[Transitions pathway & protocol](#) – for young people with disabilities

[Annual report from Public Health Committee](#) – report of activity during 2015/16



Collaboration with Nottinghamshire Fire & Rescue

Wayne Bowcock came to the meeting to explain the findings of the [joint County & City Summit](#) in April. The Summit had identified a number of ways that the fire service could help improve health & wellbeing particularly being able to support people through early intervention & by helping to prevent them needing more support. Themes from the Summit included weight management & physical activity, smoking, alcohol, mental health & housing. The Board agreed that Wayne should lead a project group to develop an action plan & report back in the autumn.

Transition from children's to adult's services – new pathway & protocol

Louise Benson & Catherine O'Byrne described a [new pathway](#) & [protocol](#) for young people with disabilities moving from children's to adult services. The pathway involved a number of different agencies which will help the young people & there are different choices so that it can be tailored to each individual. The key to the new pathway is working with young people from an early stage & having regular reviews. It also includes parents & local communities to give each young person the best outcomes, particularly in employment.

Louise reported that there will be more consultation during the summer to make sure it works, including providers from the voluntary sector. She assured the Board that the pathway made the best use of local resources & that it also supported the aims in the STP to promote people's independence. The Board asked about links to local schools & were told about [Wikis](#) which are personal websites where young people can store their own plans securely & give access to people they know & trust. They also link through to other resources like counselling. The Board supported the new protocol & pathway which will be adopted by all its partners.

Public Health Committee annual report

Barbara Brady & Kay Massingham presented a [summary of the work of the Public Health Committee](#) during 2015/16. The Committee looks at 3 broad areas – health protection, health improvement & preventing people from dying prematurely & makes decisions about the Council's public health responsibilities. There are areas which are common to the Committee & the Health & Wellbeing Board, particularly some areas of the Health & Wellbeing Strategy. The Committee only looks at the public health responsibilities for the Council and the Health & Wellbeing Board looks at wider issues which involve getting partners to work together.

The Board asked about how things would work with the STP as it was agreed & implemented. David Pearson explained that the STP will give a unique opportunity to bring things together & put public health & prevention at the heart of it. The Plan will give the structure – the people in Nottinghamshire including councillors, managers & individuals will make it happen. It will have a major impact on services locally.

Chair's report

Councillor Bosnjak highlighted the article on the [benefit of gardening](#) on health & wellbeing which prompted members to ask about social prescribing which is already offered in Bassetlaw. The Board asked for some more information about what it means & how widely it's available.

If you have any comments or questions about this summary please contact Nicola Lane
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