

# Extra Care for Agnes

**“It makes me and my sisters feel relaxed knowing mum’s safe and secure - it takes a lot of pressure off,” says Linda Beardsmore, 61, from Carlton, whose mum Agnes is a resident at St. Andrew’s House in Mapperley, part of the County Council’s Extra Care scheme.**

“Mum likes it because she’s getting care when she needs it day or night yet still has her own independence, knowing that the flat is hers,” explains Linda.

St. Andrew’s House is owned by Gedling Homes and the 32 state-of-the-art one and two bedroomed Extra Care apartments have been developed in partnership between the County Council and Gedling Homes. St. Andrew’s House, which won an award in 2015 for its innovative design, opened in June this year following extensive redevelopment.

“Since the refurbishment the flats are amazing!” explains Linda. “The design has all been thought out brilliantly. Mum has a one bedroom flat with an en-suite bathroom that has a connecting door to the hall and a really big living room with a lovely little kitchen just off it. She needs to use a walking frame but there’s so much space for her to move around.”

There’s also a handy range of services for residents, including a hair salon and therapy room, a restaurant, a library, a dining room, shared lounge area and a laundry room.

“The food is excellent,” says Linda “and the tenants all socialise together. They sit and chat in the communal lounge over a cup of tea and they also play bingo together, which mum loves. The social side of it is so nice.”

Extra Care is an extension to traditional sheltered housing where older people can live as independently as possible in their own home with the reassurance that care staff are on-site for 24 hours a day, seven days a week. Agincare, the County Council’s local care provider, offer on-site care support and all apartments have an emergency on-call facility.

“The care mum’s given is second to none,” says Linda. “The staff at Gedling Homes are brilliant with her and the Agincare employees are so caring. It gives us 100% peace of mind knowing she’s cared for and safe,” explains Linda. “She always has company now which means a lot to the elderly.”

Agnes, 88, is really happy too, she adds, “It’s beautiful. I’m here for good!”

## Investing in Extra Care

There are now nine existing Extra Care schemes in Nottinghamshire and the County Council is investing in the creation of even more of these popular developments across the county, including planned new facilities opening early 2016 in Hucknall, in partnership with Ashfield District Council, and in Mansfield, working with Mansfield District Council.



Find out more about Extra Care at: [nottinghamshire.gov.uk/extracare](http://nottinghamshire.gov.uk/extracare) or call **0300 500 80 80**. For more information about St. Andrew’s House, contact Gedling Homes on **0115 905 1515** or email [enquiries@gedlinghomes.co.uk](mailto:enquiries@gedlinghomes.co.uk)

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Agnes in her kitchen



Linda with her mum Agnes