

Actions required	Target/measure	Outcomes	Timescale	Lead (post / organisation)	RAG (Red / Amber / Green)	Progress
1. Improve support to carers	1.1 To develop ' Compass ' workers who provide practical and emotional support to carers of people with dementia	Earlier diagnosis, intervention and reablement mean that people and their carers are less dependent on intensive services. Carers can balance their caring roles and maintain their desired quality of life	March 2015	<ul style="list-style-type: none"> • NCC • Notts Healthcare Trust • CCGs 		
	1.2 To develop ' End of Life Carers Support Service ' providing practical and emotional support for 'end of life' carers	Carers can balance their caring roles and maintain their desired quality of life	March 2015	<ul style="list-style-type: none"> • NCC • CCGs 		
	1.3 Carer training: a) To run training courses ('Caring with Confidence') across the county b) To increase awareness of and recruitment to 'Looking After Me' course	Carers can balance their caring roles and maintain their desired quality of life	March 2015	<ul style="list-style-type: none"> • Carers' Federation • Notts CHP • NCC • CCGs 		

	<p>c) To provide input into Carer Information Support Programme (CrISP) for carers of people with dementia, run by the Alzheimer's Society on a rolling programme</p> <p>d) To support the provision of training for carers of people with Dementia through Radford Care Group</p> <p>e) To commission training on 'Moving and Handling' for carers</p>			<ul style="list-style-type: none"> Alzheimer's Society Nottm West & Nottm North & East CCG 		
	<p>1.4 To improve access to NHS Carers' Breaks, i.e. to provide alternatives for the 'cared for' person. This may be through the use of Direct Payments for carers.</p> <p>Improve appropriate promotion of Carers Breaks in order to increase access to more groups - including seldom heard groups.</p>	<p>Carers can balance their caring roles and maintain their desired quality of life</p>	<p>Summer 2014</p>	<ul style="list-style-type: none"> NCC GEM CCGs 		
	<p>1.5 To implement the Rushcliffe carers and self-care support service:</p> <p>- holistic focus on the lives of for mental and physical health and wellbeing, ensuring their practical, social & emotional needs are met</p>	<p>GP practices and their teams will be supported to embed the carers agenda into primary care. Practices will have up to date resources. Carers will be signposted to support that is available to</p>	<p>Summer 2014</p>	<ul style="list-style-type: none"> Rushcliffe CCG 		

	- focus on patients, supported to self-care & proactively self-manage conditions, particularly long term, to reduce some dependency on carers.	them. Carers will be supported to ensure that they stay healthy and prioritise their own physical and mental wellbeing. Carers will be supported to fulfil their own ambitions and potential outside their caring responsibilities. Patients will be empowered as much as possible about how to deal with their condition.				
	1.6 To commission Carer Support Service for BME and seldom heard carers	Carers will feel that they are respected and valued as equal partners throughout the care process. People from BME and other communities who use social care and their carers are satisfied with their personal experience of care and support services	March 2015	<ul style="list-style-type: none"> • CCGs • NCC 		
	1.7 Memory Clinic support workers and CRISP courses provided by the Alzheimer's Society within Bassetlaw for carers of people with dementia	Earlier diagnosis, intervention and reablement mean that people and their carers are less dependent on intensive services. Carers can balance their caring roles and maintain their desired quality of life.	March 2015	<ul style="list-style-type: none"> • Bassetlaw CCG • Alzheimer's Society 		

	1.8 Scope current services for young carers in Bassetlaw and identify gaps. Put together proposal for development of services.	Carers feel that they are respected as equal partners throughout the care process. People who use social care and their carers are satisfied with their experience of care and support services	March 2015	<ul style="list-style-type: none"> Bassetlaw CCG 		
	1.9 To establish a carers forum meeting the costs of out-of-pocket expenses that will release carers from their caring role to attend	Carers feel that they are respected as equal partners throughout the care process.	March 2015	<ul style="list-style-type: none"> Mansfield / Ashfield CCG 		
	1.10 Develop a range of formal and informal support for carers in Newark & Sherwood -Create a local version of Rushcliffe's "What to do if you look after someone" card -Grow the market of care providers in Newark & Sherwood		Summer 2014 March 2015	<ul style="list-style-type: none"> Lead N&S Carers Partnership Board 		
2. Identify carers	2.1 To increase number of carers identified and assessed through a joint Communications Plan between the CCGs and NCC Work in partnership with the District Council and the local CVS to engage and consult with a range of local groups that support carers. We want	Carers feel that they are respected as equal partners throughout the care process. People who use social care and their carers are satisfied with their experience of care and support services	March 2015	<ul style="list-style-type: none"> NCC CCGs 		

	to look for quick wins, for areas where local agencies working together can achieve more sustainable change.					
	2.2 To identify Carers within GP practices through a carers promotional banner, information packs and carers sign-posting cards within each GP surgery in Rushcliffe and Mansfield and Ashfield	Carers will have greater information about relevant services to access.	July 2014	<ul style="list-style-type: none"> • Rushcliffe CCG • Mansfield / Ashfield CCG 		
	2.3 Work with local schools to raise awareness of help & support for young carers through local 'Young Carers' Campaign at primary & secondary schools.	Young carers will be signposted to support that is available to them.	Autumn 2014	<ul style="list-style-type: none"> • Nottm West CCG 		
	2.4 To evaluate the Practice Carers Support Pilot & rollout to the remaining 10 practices.	Carers will have greater information about relevant services to access.	March 2015	<ul style="list-style-type: none"> • Nottm West CCG 		
	2.5 Continue to provide Carers' Training for new clinical and non-clinical staff	Carers feel that they are respected as equal partners throughout the care process. People who use social care and their carers are satisfied with their experience of care and support services	March 2015	<ul style="list-style-type: none"> • NCC • CCGs 		
	2.6 To implement the role of Carers Champions within General Practice providing appropriate training,	Carers feel that they are respected as equal partners throughout the care process	March 2015	<ul style="list-style-type: none"> • Mansfield / Ashfield CCG 		

	support and materials					
	<p>2.7 To identify carers in Health and social care services:</p> <ul style="list-style-type: none"> -Identify and map good practice within GP practices around carer identification. -Set up a task and finish group to look at the information stored by GP's. -Report on recommendations for GP practices. 		Summer 2014	<ul style="list-style-type: none"> • N&S Carers Partnership Board 		
3. Improve information	3.1 To improve information for parent carers	People know what choices are available to them locally, what they are entitled to, and who to contact when they need help	December 2014	<ul style="list-style-type: none"> • NCC • CCGs 		
	3.2 To establish mechanism to improve communication from carers Support Service, NCC to GP practices and vice versa to help them identify Carers (consider sharing agreement similar to MASH and MARAC)	Carers will have a greater information and experience of care and support from their local care services	March 2015	<ul style="list-style-type: none"> • NCC • CCGs 		
	3.3 To ensure that carers of people	People know what choices are	Summer	<ul style="list-style-type: none"> • NCC 		

	<p>living with dementia have early access to information about services & support</p> <p>To develop:</p> <ul style="list-style-type: none"> • Carers Resilience website for carers of dementia • simple signposting sheets • introductory leaflet on Personal Budgets and Direct payments aimed at people with dementia and carers produced in partnership with the Alzheimer's Society • Website developed by carers for carers of people with dementia www.dementiacarer.net 	<p>available to them locally, what they are entitled to, and who to contact when they need help</p>	<p>2014</p>	<ul style="list-style-type: none"> • CCG • Alzheimer's Society • ARC Research & BCCG 		
	<p>3.4 To produce leaflets in different formats to reach seldom heard groups; including: Carers Information leaflet translated and printed in other languages, 1 page Carers' signposting card of local services</p>	<p>People know what choices are available to them locally, what they are entitled to and who to contact when they need help</p>	<p>Summer 2014</p>	<ul style="list-style-type: none"> • Nottm West CCG 		
	<p>3.5 To work with community pharmacists, to improve information & advice for carers through specially designed aids with promotional material to help the management of medications</p>	<p>People know what choices are available to them locally, what they are entitled to and who to contact when they need help</p>	<p>Autumn 2014</p>	<ul style="list-style-type: none"> • Nottm West CCG 		

	3.6 To produce & implement a specifically designed carers' point of information display for GP practice waiting rooms & potentially clinic rooms. To be accompanied by a practice lead (carers champion) - key contact to respond to questions & keep information updated.	People know what choices are available to them locally, what they are entitled to, and who to contact when they need help	November 2014	<ul style="list-style-type: none"> • CCG 		
	3.7 To pilot dedicated support to tenants for Carers in managing their own health & cared for's health, working with Gedling Homes & Gedling Borough Council. To include dedicated resource in addressing health needs & dedicated support relevant for young carers & dedicated support for older carers.	Earlier diagnosis, intervention and reablement mean that people and their carers are less dependent on intensive services. Carers can balance their caring roles and maintain their desired quality of life	August 2014	<ul style="list-style-type: none"> • Nottm North & East CCG 		
	3.8 To produce comprehensive Carers packs for individuals with Dementia available through GP practices & local pharmacies, in different languages	People know what choices are available to them locally, what they are entitled to and who to contact when they need help	June 2014	<ul style="list-style-type: none"> • Nottm North & East CCG 		
	3.9 To provide a dedicated page on the NNE web-site, in the NNE app and on the NNE tv page providing relevant information for carers and sign-posting to local services.	People know what choices are available to them locally, what they are entitled to and who to contact when they need help	July 2014	<ul style="list-style-type: none"> • Nottm North & East CCG 		
	3.10 Provide comprehensive		June	<ul style="list-style-type: none"> • N&S 		

	<p>information for carers in Newark & Sherwood that is up to date and easily accessible</p> <p>Carers Partnership and look at good Carers Connect</p> <p>be done in Newark & Sherwood – if not created, look at options for Carers Connect, develop regular</p>		<p>2014</p> <p>March 2015</p>	<p>Carers Partnership Board</p>		
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Abbreviations: CCG = Clinical Commissioning Group NCC = Nottinghamshire County Council