



**13 July 2016**

**Agenda Item: 6**

## **REPORT OF THE CHAIR OF THE HEALTH AND WELLBEING BOARD**

### **REPORT OF THE JOINT HEALTH AND WELLBEING BOARDS SUMMIT ON THE ROLE OF THE FIRE AND RESCUE SERVICE IN IMPROVING HEALTH & WELLBEING**

#### **Purpose of the Report**

1. This paper summarises the findings of the joint Summit which was held on 27 April 2016 to discuss the role of the Nottinghamshire Fire and Rescue Service (NFRS) in improving health & wellbeing. It identifies key opportunities and asks the Health and Wellbeing Board to support a joint development plan for collaboration with the Service.

#### **Information and Advice**

2. The Chief Fire Officer presented to both the Nottinghamshire County & the Nottingham City Health & Wellbeing Boards in the autumn of 2015. He described a shift from a reactive to a preventative approach both locally and nationally which had seen a significant reduction in the demand on the Service.
3. Resource within the Service however, is maintained based on risk not demand. Fire crews are spread across the county & city & there is currently capacity within the Service to undertake additional duties to support health & wellbeing.
4. The Service has expertise in prevention which is a key feature of the Health & Wellbeing Strategies for the County & City, as well as partner strategies such as the Better Care Fund & the emerging Sustainability and Transformation Plan for Nottinghamshire.
5. Following discussion at the two local Health and Wellbeing Boards it was agreed that a joint Summit should be held to discuss possible themes for collaboration between health, care and the Fire and Rescue Service.
6. A Summit took place on 27 April 2016 and was attended by representatives from health, local government, providers and voluntary sector organisations from the city and county. Feedback from the workshop was universally positive and comments welcomed the possibility to collaborate more and highlighted the collective enthusiasm to maximise the opportunity presented.
7. The workshop included a presentation from Emma Stubbs, Public Service Reform Lead with Greater Manchester Fire and Rescue Service. The service in Manchester has been working with health and care organisations for some time and the [presentation](#) gave a good overview of their journey to date.

8. The workshop discussions were based around 5 themes:
  - Mental Health -Hoarding Disorder considered to be a standalone mental health disorder. Hoarding can also be a symptom of other medical disorders however it is distinct from the act of collecting and is also different from people whose property is generally cluttered or messy. It is not simply a lifestyle choice. The main difference between a hoarder and a collector is that people who hoard have strong emotional attachments to their objects which are well in excess of their real value.
  - Holistic workers/older people (reducing falls & Manchester Crisis Intervention Teams)
  - Children and young people (childhood obesity)
  - Prevention and early intervention (health champions)
  - Older people and assistive technology (Gedling handipersons scheme)
9. Table discussions were led by expert facilitators and were introduced around local case studies to stimulate debate.
10. A full summary of the event is attached as Appendix 1 whereby the Next Steps section outlines further work to establish a project group to prepare an action plan with clear objectives and timescales.
11. The Project group will be chaired by a senior officer from NFRS with the action plan combining the county and city needs based on the themes identified by the Summit. Therefore, the project group will involve representation from health, local government and service providers for Nottingham City and Nottinghamshire County.
12. Feedback from the table discussions identified the following priorities:
  - The Service has potential to offer support for individuals with mental illness, building specifically on their role in the hoarding framework locally advising and supporting people with hoarding disorder.
  - to be the lead for hoarding in Nottinghamshire alongside other partners/multiagency task groups
  - Awareness of the service offer & referral pathways needs to be raised.
  - The work of the Service with children, young peoples & families could be developed & potential opportunities for further projects such as safeguarding, nutrition & physical activity be explored
  - The Service has an estate which could be utilised for community based activities
  - The Safe & Well checks currently undertaken could be extended to include additional health & wellbeing aspects as well as advice and signposting to other services
  - The Service needs to be better integrated into the health & care system locally to maximise its potential fully & ensure a consistent approach.
  - Improved data sharing with health & care providers is essential to that integration.
13. During the event an overview was provided of the Health & Wellbeing Strategies for the County & City Health & Wellbeing Boards. Although the City Strategy is currently being refreshed, initial engagement & consultation has identified several themes which will inform the final document.

14. There are a number of themes common to both Strategies:

- Maintaining a healthy weight, increasing physical activity & improving diet & nutrition
- Reducing the number of people who smoke
- Minimising harm from drinking alcohol
- Supporting people with mental illness to have healthier lifestyles & ensure that support is available to people when it's needed
- Ensuring that suitable & sufficient housing is available & risks minimised for the most vulnerable
- Both Health & Wellbeing Boards have also identified the need for services to work better together & a desire to enable their citizens to live healthier lives.

15. There is a clear potential for the Fire & Rescue Service to support the delivery of these themes across the City & County.

16. There is also overlap with the emerging Sustainability and Transformation Plan for Nottinghamshire which has a governance structure that would support the joint approach required to enable this work and includes partners from both the county and city.

17. A paper was published in June 2016 by NHS England titled 'Working together – how health, social care and fire and rescue services can increase their reach, scale and impact through joint working'. The recommendations within the document mirror the outcome of the local joint summit, lending further support to the local ambition of joint working to improve health and wellbeing.

### **Next steps**

18. The aim of the joint Summit was 'to identify areas where Nottinghamshire Fire and Rescue (NFRS) can work collaboratively to improve health and wellbeing in Nottingham City and Nottinghamshire' and this was achieved. Numerous opportunities for collaboration were identified and the joint approach at the Summit needs to be extended to realise the potential opportunities identified.

19. Given the work which is already underway across Nottingham and Nottinghamshire the most efficient way to progress work would be through the structures established to support the development of the Nottinghamshire Sustainability and Transformation Plan (STP) and the One Public Estate project (NFRS is currently part of the Steering Group for this project in Nottinghamshire).

20. In addition to the overlap with the local Health & Wellbeing Strategies there are also areas of commonality with both the emerging STP and One Public Estate programme. Clear links need to be established with both programmes to ensure alignment and consistency and to maximise the opportunities presented.

### **Other Options Considered**

21. The Summit has identified a number of opportunities which will be considered before an action plan is agreed.

## **Reason/s for Recommendation/s**

22. There is considerable enthusiasm to extend the role of NFRS in improving health & wellbeing & an opportunity to achieve this through existing work streams.

## **Statutory and Policy Implications**

23. This report has been compiled after consideration of implications in respect of crime and disorder, finance, human resources, human rights, the NHS Constitution (Public Health only), the public sector equality duty, safeguarding of children and vulnerable adults, service users, sustainability and the environment and ways of working and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

## **RECOMMENDATION/S**

The Health and Wellbeing Board:-

1. Endorses the establishment of a project group chaired by a senior officer from the Nottinghamshire Fire and Rescue Service to develop an action plan for work across the county and city based on the themes identified by the Summit referred to in this report.
2. Supports representation for the project group being identified through existing structures and networks and that the representation should include representatives from health, local government and service providers for Nottingham City and Nottinghamshire County.
3. Supports the project group's development of the action plan referred to in recommendation 1 to identify key deliverables for presentation to and consideration by the Nottinghamshire and Nottingham City Health and Wellbeing Boards by October 2016.
4. Welcomes the Nottinghamshire Fire and Rescue Service's offer to provide support to individuals with mental illness, building specifically on their role in the hoarding framework locally advising and supporting people with hoarding disorder in Nottinghamshire.

**Councillor Joyce Bosnjak**  
**Chair of Nottinghamshire Health and Wellbeing Board**

**For any enquiries about this report please contact:**

John Buckley  
Chief Fire Officer  
Nottinghamshire Fire and Rescue Service

## **Constitutional Comments (LM 22.06.2016)**

24. The recommendations in the report fall within the Terms of Reference of the Health and Wellbeing Board.

## **Financial Comments (KAS 23/06/16)**

25. There are no financial implications contained within the report.

## **Background Papers and Published Documents**

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

The Role of Nottinghamshire Fire and Rescue in Health and Wellbeing

[Paper to Nottinghamshire Health & Wellbeing Board](#)

October 2015

[Paper to Nottingham City Health & Wellbeing Board](#)

November 2015

[Beyond Fighting Fires: The role of the fire and rescue service in improving the public's health](#)

Local Government Association

[Beyond fighting fires 2: Fire and rescue service transformation](#)

Local Government Association

[Working together – how health, social care and fire and rescue services can increase their reach, scale and impact through joint working](#)

NHS England

## **Electoral Division(s) and Member(s) Affected**

All.