

20th November 2018

Agenda Item: 5

REPORT OF THE CHAIRMAN OF HEALTH SCRUTINY COMMITTEE

NOTTINGHAMSHIRE HEALTHCARE TRUST – CHILD AND ADOLESCENT MENTAL HEALTH SERVICES

Purpose of the Report

1. To allow the Health Scrutiny Committee to receive an initial briefing regarding Child and Adolescent Mental Health Services (CAMHS).

Information

2. Senior representatives of Nottinghamshire's NHS commissioners will attend the Health Scrutiny Committee to brief Members on the following points:
 1. Progress in implementing the local transformation plan for children's mental health since the last report to the Nottingham and Nottinghamshire Joint Health Scrutiny Committee in 2016
 2. Performance against the CCG "must do" areas in children's mental health (increasing numbers of children's accessing evidence based treatment, access and waiting time standards for children with eating disorders)
 3. Previous, current and planned spend on children's mental health (in line with Five Year Forward View requirements)
 4. Specific plans to improve the mental health of looked after children and care leavers
3. A written briefing is provided as an appendix to this report.
4. Members will see that the Educational Psychology Service at Nottinghamshire County Council has worked in partnership with CAMHS to produce written guidance on both self-harm and suicide. This may be of particular interest to the committee since it has already undertaken some work on self-harm prevention and suicide prevention plans.
5. An important CAMHS development is the implementation of self-referral for all CAMHS services – this allows young people, parents and carers direct access to the service without seeing a GP in the first instance.
6. Regarding specific plans to improve the mental health of looked after children and care leavers, an independent review of the CAMHS Looked After and Adoption Service has taken place. This resulted in a number of recommendations, including on data quality and direct work with children and young people. It resulted in a new model of delivery and service

specifications. Members will wish to comprehensively explore the new model of delivery and the service specifications, as well as how these aspects were consulted on with carers and service users.

RECOMMENDATION

That the Health Scrutiny Committee:

- 1) Considers and comment on the information provided.
- 2) Schedules further consideration, as necessary.

Councillor Keith Girling
Chairman of Health Scrutiny Committee

For any enquiries about this report please contact: Martin Gately – 0115 977 2826

Background Papers

Nil

Electoral Division(s) and Member(s) Affected

All