

15 June 2022

Agenda Item: 7

REPORT OF THE CHAIR OF THE HEALTH AND WELLBEING BOARD**CHAIR'S REPORT****Purpose of the Report**

1. The report provides an update by the Chair on local and national issues for consideration by Health & Wellbeing Board members to determine implications for the Joint Health and Wellbeing Strategy for 2022 – 2026.

Information**LOCAL**

2. A new website has been developed to promote the Nottinghamshire Health and Wellbeing Board and its Joint Health and Wellbeing Strategy. The website will feature information on the board's strategic ambitions and provide updates on progress. It forms part of a wider communications plan to launch the new Joint Health and Wellbeing Strategy for 2022 - 2025. The new website is accessible at www.healthynottinghamshire.gov.uk.

Give Every Child the Best Chance of Maximising their Potential**[The One Youth Project in Bassetlaw](#)**

3. Thanks to £22,800 from the Office of the Nottinghamshire Police and Crime Commissioner (OPCC), Mansfield Community Partnership, led by Mansfield District Council, worked with Nottingham-based organisation Switch Up to support 9 to 17-year-olds. The One Youth project will continue until the end of June 2022, providing one-to-one mentoring, tailored to each individual's needs and most also received boxing tuition. The aim of this unique combination of activities was to improve the young people's physical and mental health, steer them away from crime and antisocial behaviour into more positive activities and move towards education, employment or training.

Create Healthy and Sustainable Places**[Clean Air Day on 16 June 2022](#)**

4. The theme of Clean Air Day this year is 'Air Pollution dirties every organ in your body'. In its sixth year, Clean Air Day helps to drive a positive shift in public knowledge and action; is a chance to find out more about air pollution, share information, and make the air cleaner and healthier for everyone. Air pollution can harm every organ in the body and shorten lives, contribute towards chronic illness and put people more at risk from COVID-19. When polluted

air is breathed, it can inflame the lining of the lungs and move into our bloodstream, affecting every organ in the body. This can lead to lung disease, heart disease, dementia and strokes.

[Bassetlaw District Council helps homes be 'Four Seasons' Ready](#)

5. Bassetlaw District Council and Four Seasons Energy are bringing energy efficiency improvements to eligible homes in Bassetlaw, to ensure that they are equipped to be comfortable all year round. Four Seasons Energy is pleased to offer eligible residents' installation of cavity wall and loft insulation, as part of the 'Energy Company Obligation (ECO): Help to Heat Flexible Eligibility Scheme'. This Government scheme aims to help households cut their energy bills and reduce carbon emissions through the installation of energy saving measures.

[Healthy, cost-effective travel as walking and cycling projects get the green light](#)

6. On 14 May 2022, national government announced £200 million of funding for new walking and cycling schemes. The government's new executive agency Active Travel England will oversee the delivery of 134 projects which include new footways, cycle lanes and pedestrian crossings. As part of this, 19 authorities – including in Nottinghamshire – will also receive a share of £1.5 million for “mini-Holland” feasibility studies, to assess how the areas could be as pedestrian and cycle-friendly as their Dutch city equivalents. Within Nottinghamshire, £79,000 of funding has been allocated to explore a potential Mini-Holland scheme in Stapleford. The Council will work with the local community to identify the potential infrastructure improvements, before submitting the plans back to the Government for a further competitive process before it is given the green light to progress.

[Food Projects in Rushcliffe](#)

7. Supported by Rushcliffe Borough Council, the Ruddington Pantry recently began their Coop Community Fridge project, redistributing food from the Coop and local businesses/allotments to local Rushcliffe residents twice per week. The food is free to residents and in April 230kg of food was redistributed to families, supporting 103 households and 346 people.

Everyone can access the right support to improve their health

[Pharmaceutical Needs Assessment: Supplementary Statement](#)

8. As approved by the Health and Wellbeing Board on 6 January 2021, supplementary statements produced quarterly, are shared with the Health and Wellbeing Board in the form of an update in the Chairs Report. The Supplementary Statement for the last quarter, summarising changes to pharmaceutical services from January 2022 to March 2022 is available on [Nottinghamshire Insight](#). There were no significant changes in Nottinghamshire pharmaceutical services to report within this quarter.

[GP Surgery provides extra face to face appointments](#)

9. A GP branch surgery in Mansfield expanded its services to ease winter pressures in one of the country's most deprived areas. The Oak Tree Lane Surgery provided an average 250 extra face to face appointments with GPs and health professionals each week – 3,000 more since the launch of the Government's Winter Access Fund Scheme.

[Bassetlaw Partners supporting local third sector groups](#)

10. Bassetlaw Clinical Commissioning Group has awarded £35,000 to Oasis Community Church, Centre and Gardens. The centre works on the estate area of Kilton in Worksop and offers social and community events. IT hosts projects such as a drop in café for men who are lonely or in crisis, another project with social prescribers offering mental health support and a café for dementia and Alzheimer's and carers. The CCG has also announced a series of grants to other local groups including: APTCOO, Aurora, Bassetlaw Action Centre, Barnsley Premier Leisure, Citizen's Advice Bureau, Children's Bereavement Centre, MIND, FREED Beeches, Royal Voluntary Society, The Sleep Charity, Talkzone and Harmless.

[Women's social and support group receives vital Reach Rushcliffe funding.](#)

11. A social and support group that organises meetups for women who are widowed or live alone and are at risk of social isolation and loneliness have received vital funding from Reach Rushcliffe to continue their meetings. The 'Places of Welcome' group have received the funds from Rushcliffe Borough Council's project that will assist with the cost of hiring venues, purchasing equipment to help attendees stay in touch digitally and promotion to encourage more to attend.

[Projects in Rushcliffe supporting better mental health](#)

12. Following receiving funding from Nottinghamshire County Council via the Social Recovery Fund, the Rushcliffe Social Prescribing team in partnership with Rushcliffe Borough Council will be beginning their series of monthly activities to support younger adults with their mental health. Each month a group of patients will take part in an activity designed to connect them with others and to provide them with a pathway for them to continue taking part in that particular activity. The first four events are set to begin in June, and include Shelter building at Rushcliffe Country Park, a mindfulness open water dip at Colwick Country Park, an 'allotmenting' masterclass session at Paradise Allotments in Ruddington, and a nature-based arts and craft session at FarmEco.

13. Two projects designed to target loneliness and isolation have also recently received Reach Rushcliffe funding. These include Ruddington Pantry who will be continuing their coffee club enabling residents to meet and connect with others each week, and Heat & Eat, a project offering a hot meal and a warm social space in which to meet others once a fortnight, bringing together people from Rushcliffe.

[Nottinghamshire to receive £5.6m investment for Drug Strategy](#)

14. Nottinghamshire is set to receive a £5.6m funding boost over the next three years to implement the government's [10 year Drugs Strategy: From Harm to Hope](#) and procure inpatient detoxification beds. As part of the Strategy, upper tier local authorities are required to provide additional detoxification places and increase the number and quality of places within substance misuse treatment services for young people, adults, children affected by parent substance misuse and those who are in the criminal justice system.

15. The County Council is currently working alongside its All Age Treatment and Recovery Service, Change Grow Live (CGL), and other partners to determine the level of services that will be

required in Nottinghamshire. Estimates indicate that at least 172,725 Nottinghamshire residents could benefit from a substance misuse intervention. Locally, there are around 4,436 people who are dependent on opiates and/or crack with 131,011 adults drinking at harmful levels and around 21,632 who are alcohol- dependent. Alcohol represents the greatest need.

16. In addition to the new funding, Nottinghamshire County Council already invests £8.9m a year in its All Age Treatment and Recovery Service. CGL have approximately 4,500 people in treatment at any one time, 20% of which successfully leave the service drug and or alcohol free, which is in line with the national average and local authority neighbours. These people report improvements in mental wellbeing, employment opportunities, improved housing situations and overall quality of life (2020/2021 data).

Keep Our Communities Safe and Healthy

[Newark and Sherwood achieves greatest reduction in Crime Rate](#)

17. A recent performance report has shown crime in Newark and Sherwood has reduced by 15% during 2021 and 2022, which is the greatest reduction rate across Nottinghamshire. The report, prepared by Bassetlaw, Newark and Sherwood Community Safety Partnership (BNSCSP), detailed the key crimes where rates have decreased including burglary by 41%, robbery by 62% and theft down by 26%. The District Council has implemented a number of initiatives to combat crime including partnership working with local agencies as part of the Newark Safer Streets project.

NATIONAL

Mental Health

[Increased mental health support for children and young people](#)

18. Thousands of young people will benefit from additional mental health support in their schools, colleges and universities. To mark Mental Health Awareness Week in May, the Department for Education announced a further £7 million for schools and colleges to train a senior mental health lead, bringing the total amount of funding for 2022/23 to £10 million.

19. Within Nottinghamshire schools are being encouraged to apply for this training, as part of the whole school approaches to mental health being promoted by the new Nott Alone Consortium. This would be in addition to the ongoing work of the Local Transformation Plan for Children and Young People's Emotional and Mental Health that includes funding eight Mental Health Support Teams covering all localities and supporting approximately 150 schools in Nottinghamshire until 2024/25.

Food Insecurity & Nutrition

[Over 7m adults deemed food-insecure](#)

20. The latest survey of the nation's food intake shows over 2m adults in the UK have gone without food for a whole day over the past month due to the "catastrophic" impact of the cost-of-living crisis. Research by the Food Foundation thinktank found a 57% jump in the proportion of households cutting back on food or skipping meals over the first three months of this year. This

means one in seven adults (7.3m) are now estimated to be food-insecure, up from 4.7m in January.

[Restrictions on multibuy deals and advertising foods high in fat, salt or sugar to be delayed for a year.](#)

21. Restrictions will be delayed in light of the global economic situation and in order to give industry more time to prepare for the restrictions on advertising. Rules banning multibuy deals on foods and drinks high in fat, salt, or sugar (HFSS) – including buy one get one free (BOGOF), ‘3 for 2’, and restrictions on free refills for soft drinks – will be delayed for a year. The restrictions banning HFSS adverts on TV before 9pm and paid-for adverts online will also be paused for a year, meaning they come into force January 2024.
22. Tesco and Sainsburys have indicated that they will continue to implement these restrictions despite the delay. Restrictions on the placement of less healthy products, a key part of the government’s commitment to reduce obesity, will still come into force in October 2022 as planned. This will mean less healthy products are no longer promoted in key locations, such as checkouts, store entrances, aisle ends and their online equivalents.

[New calorie labelling rules to improve people’s health](#)

23. New rules requiring calorie information to be displayed on menus and food labels came into force on 6 April 2022. It is now a legal requirement for large businesses with more than 250 employees, including cafes, restaurants and takeaways, to display calorie information of non-prepacked food and soft drinks. The government is also encouraging smaller businesses to adopt calorie labelling as part of its drive to improve the nation’s health and tackle obesity levels. Calorie information will need to be displayed on menus, online menus, third party apps, food delivery platforms and food labels at the point a customer is making their food and drink choices. As well as listing the calories for each food item, menus and labels will also need to include daily recommended calorie needs.
24. The legislation, which forms part of the government’s strategy to tackle obesity, aims to ensure people can make more informed, healthier choices when it comes to eating food out or ordering takeaways. It is estimated that overweight and obesity related conditions across the UK cost the NHS £6.1 billion each year. Almost two-thirds (63%) of adults in England are overweight or living with obesity and 40% of children leave primary school overweight or obese. Obesity is also the second biggest cause of preventable cancer across the UK.

Healthy Weight

[WHO European regional obesity report 2022](#)

25. Overweight and obesity affect almost 60 per cent of adults and nearly one in three children in the WHO European Region. Recent estimates suggest that overweight and obesity is the fourth most common risk factor for noncommunicable diseases in the Region, after high blood pressure, dietary risks and tobacco. This report examines the growing challenge and impact of obesity in the Region and focuses on managing obesity throughout the life course and tackling obesogenic environments. It also considers more recent challenges, including problematic digital marketing to children and the impact of the Covid-19 pandemic on obesity prevalence.

[A new WHO tool to empower organized sports clubs to promote health.](#)

26. There are many opportunities for sports clubs to contribute to overall health improvements in the community that have not yet fully been harnessed. WHO's new Health-Promoting Sports Clubs – National Audit Tool will help to develop this potential while increasing physical activity levels, improving health literacy and promoting healthier choices.

Tobacco

[Smoking and social housing: supporting residents, addressing inequalities](#)

27. This report is a collaboration between Action on Smoking and Health (ASH) and the Housing Learning and Improvement Network (LIN). It outlines the case for reducing rates of smoking in the social housing sector as part of social landlords' health and wellbeing activities and the action needed to achieve this.

Alcohol

[Addressing alcohol consumption and socioeconomic inequalities: how a health promotion approach can help.](#)

28. Alcohol consumption accounts for about 5% of the global burden of diseases but is unequally distributed across socioeconomic groups. Socioeconomic status has repeatedly been associated with an elevated risk of mortality. For alcohol consumption, the inequalities in morbidity and mortality are especially stark. Nevertheless, substantial evidence indicates that alcohol control policies can play an essential role in reducing socioeconomic disparities.

Health Inequalities

[The State of Ageing 2022](#)

29. This report published by the Centre for Ageing Better, captures a snapshot of how people in the UK are ageing today. It has five chapters: health, homes, work, communities and a chapter setting out the context in which we are ageing. The report suggests that England is becoming an increasingly challenging country to grow old in, with rising pensioner poverty and poor health.

[Grant fund launched to support women's reproductive wellbeing at work](#)

30. Women experiencing the menopause, fertility problems, miscarriage and pregnancy loss, menstrual health and gynaecological conditions in the workplace will be supported to remain in or return to the workplace by a multi-million pound funding boost to voluntary, community and social enterprise (VCSE) organisations. National government has announced new fund to level up health disparities and recognise the need to better support women's health in the workplace. Grants of between £200,000 to £600,000 per applicant will be available over the next three years to expand and develop projects or programmes in these areas. It aims to build on the [Women's Health Vision](#) to help women in the workplace to reach their full potential to ensure women feel supported in the workplace, taboos are broken down through open conversation and employers feel well equipped to support women in managing their health within the workplace.

Papers to other local committees

31. [Modern Slavery and Human Trafficking](#)
Communities Committee
20 April 2022
32. [Tackling Emerging Threats to Children](#)
Children and Young People Committee
25 April 2022
33. [Day Opportunities Strategy 2022 – 2027](#)
Adult Social Care and Public Health
25 April 2022
34. [Substance Misuse – 10 Year Drug Strategy](#)
Adult Social Care and Public Health
25 April 2022
35. [Living Safely with Covid-19 in Nottinghamshire](#)
Adult Social Care and Public Health
25 April 2022

Integrated Care Systems / Integrated Care Partnerships

36. [Board papers](#)
Nottingham & Nottinghamshire Integrated Care System
5 May 2022

Other Options Considered

37. None

Reasons for Recommendation

38. To identify potential opportunities to improve health and wellbeing in Nottinghamshire.

Statutory and Policy Implications

39. This report has been compiled after consideration of implications in respect of crime and disorder, data protection and information governance, finance, human resources, human rights, the NHS Constitution (public health services), the public-sector equality duty, safeguarding of children and adults at risk, service users, smarter working, sustainability and the environment and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

Financial Implications

40. There are no financial implications arising from this report.

RECOMMENDATION

The Health and Wellbeing Board is asked-

- 1) To consider the update, determine implications for the Joint Health and Wellbeing Strategy 2022 – 2026 and consider whether there are any actions required by the Health & Wellbeing Board in relation to the various issues outlined.

Councillor Dr John Doddy
Chairman of the Health & Wellbeing Board
Nottinghamshire County Council

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Constitutional Comments (LW 23/05/2022)

41. The Health & Wellbeing Board is the appropriate body to consider the content of the report.

Financial Comments (DG 24/05/2022)

42. There are no direct financial implications arising from this report.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

- None

Electoral Division(s) and Member(s) Affected

- All