Nottinghamshire
County Council

**Report to Health and Wellbeing
Board**

8 June 2016

Agenda Item: 13

REPORT OF THE CHAIR OF THE HEALTH AND WELLBEING BOARD

CHAIR'S REPORT
Purpose of the Report

1. An update by Councillor Joyce Bosnjak, Chair of the Health and Wellbeing Board on relevant local and national issues.

Information and Advice

2. **ASSIST – Nottinghamshire**
   The Board has previously discussed smoking and in particular to need to educate children and young people so I am keen to highlight the local ASSIST programme.

   ASSIST is a smoking prevention peer support programme delivered to Year 8 pupils. It involves training influential peers to use informal opportunities outside of the classroom to highlight the dangers of smoking, the benefits of being smoke free and to encourage their peers not to take up smoking. The peer supporters are carefully selected as being the most influential students by the rest of their year group.

   ASSIST is the only evidence-based smoking prevention programme with a positive impact, demonstrated through a randomised control trial across England and Wales. In Nottinghamshire the project is funded by Public Health and provided by Nottinghamshire County Council's Youth Service.

   It's been a very successful start for the ASSIST project in Nottinghamshire since its launch in January 2016. To ensure maximum impact, delivery of the programme is prioritised to targeted secondary schools based on smoking prevalence in the area. It is currently up and running in four schools across the county with three more ready to begin in the new academic year. Some great feedback has been received about the programme and the way in which it is delivered, helping young people to build their confidence and learn new skills whilst delivering a potentially life changing message to their friends.

   For more information or if you can help with making links with schools contact the ASSIST Coordinator, Sarah Marlow on 0115 9773001, 07342066254 or email sarah.marlow@nottscc.gov.uk

3. **Co-production Event for Carers Support Services – Wednesday 8th June 2016**

   As part of Carers Week (6th – 12th June 2016), Notts CC are planning a stakeholder 'co-production' event, which will focus on support for carers. The aim of the event will be to explore what is working well, what's not, and for participants to suggest improves to enable carers to be supported to continue effectively within their caring role.

   The event will take place on Wednesday 8th June 2016 at Pleasley Landmark Centre, Pleasley, Mansfield.

   Stakeholder participation will include: the 6 Notts CCG's, contracted providers of homecare and other support services for carers, Notts CC social work teams, Notts CC Commissioners, voluntary sector organisations, and of course carers.

   The format for the event will be based on the 'Open Space Technology' concept. This means that the session will be informal and based around a number of different 'conversations' in relation to key issues or areas of focus with regard to support for carers. Participants are encouraged to join a 'conversation' that they wish to be involved in, but will also have the freedom to join into other conversations as they wish. Feedback from the conversations will be recorded and analysed to identify key themes and issues which currently affect support for carers.

   For more information contact Dan Godley, Market Development Officer email: dan.godley@nottscc.gov.uk or tel: (0115) 977 4596.

PAPERS TO OTHER LOCAL COMMITTEES

4. **Economic Development Strategy – Delivery Plan and Budget 2016-17**
   Economic Development Committee
   22 March 2016

5. **Urgent Care Resilience Programme**
   Joint Health Scrutiny Committee
   19 April 2016

6. **Launch of Inspire**
   Culture Committee
   19 April 2016

7. **Smokefree Policy**
   Policy Committee
   20 April 2016

8. **Children, Young People and Families Plan 2016-18**
   Children and Young People's Committee
   25 April 2016

9. **Community Safety Update**
10. **Update on the Work of the Community and Voluntary Sector Team**
    Community Safety Committee
    26 April 2016

11. **Sherwood Forest Hospitals – Quality Improvement Plan**
12. **Doncaster & Bassetlaw Hospitals Trust Draft Quality Account**
13. **Public Health Commissioning 2015/16 and 2016/17 – Update Report**
Health Scrutiny Committee
9 May 2016

14. **Nottinghamshire Healthcare Trust Transformation Plans for Children and Young People – CAMHS and Perinatal Mental Health Services**
Joint Health Scrutiny Committee

15. **New Joint Health Overview and Scrutiny Committee**
County Council
12 May 2016

16. **Commissioning for Better Outcomes Peer review 2015 – update on actions**
17. **Extension of better Care Fund and Intermediate Care Posts**
18. **Update on the proposal to establish a local authority Trading company for the delivery of adult social care Services**
Reports to Adult Social Care and Health Committee
16 May 2016

19. **Commissioning homelessness prevention accommodation services**
20. **NHS health check procurement update**
21. **Annual report to Health and Wellbeing Board 2015/16**
Reports to Public Health Committee
18 May 2016

A GOOD START

22. **Children and Young People's Mental Health: State of the Nation**
Centre Forum
The report highlights the problems young people face when trying to access mental health care. Services turn away, on average, nearly a quarter (23%) of children and teenagers referred to them by their GPs, teachers or others. Once a referral is accepted, young people often have to wait many months for treatment; the average of the longest waiting times was nearly ten months between referral and the start of treatment.
Additional link: NHS Confederation press release

23. **Identifying the signs of child sexual exploitation**
Health Education England in association with the Department of Health and NHS England
This video provides advice to support healthcare and other community staff on identifying the signs of child sexual exploitation (CSE) in vulnerable young people. While the film highlights the issue of CSE, it also provides practical advice on what to do if healthcare professionals and others suspect a patient or person in their care is at risk and makes it clear that there is a responsibility to report any activity that they think is suspicious.

24. **Ready to Listen: involving young children and their families in local decisions about health and wellbeing**

The National Children's Bureau
This resources has been designed to help support discussions with children aged 0-7 and their parents / carers about health and wellbeing and to support their involvement in decision making about local health structures and systems.

LIVING WELL

25. Eatwell Guide
Public Health England
The Guide says a healthy diet should now include more fruit, vegetables and starchy carbohydrates, and fewer sugary foods and drinks. It has been refreshed to reflect updated dietary recommendations, including those on sugar, fibre and starchy carbohydrates from the Scientific Advisory Committee on Nutrition (SACN) report on Carbohydrates and Health in 2015. The '5 A Day' logo has also been refreshed.

26. **Nicotine without smoke: tobacco harm reduction**
The Royal College of Physicians
This report aims to provide an update on the use of harm reduction in tobacco smoking, in relation to all non-tobacco nicotine products but particularly e-cigarettes. It concludes that, for all the potential risks involved, harm reduction has huge potential to prevent death and disability from tobacco use, and to hasten our progress to a tobacco-free society.
Additional links: RCGP press release

27. **Focus on public health and prevention**
The Nuffield Trust in conjunction with The Health Foundation
This Quality Watch survey provides a glimpse into the current state of public health services and explores the potential impact on key health outcomes. It combines quantitative data from 20 indicators across five key areas of public health with a survey and in-depth interviews with senior public health professionals.

28. **The stolen years: the mental health and smoking action report**
This report by ASH, endorsed by 27 health and mental health organisations, sets out recommendations for how smoking rates for people with a mental health condition could be reduced. These include improved training of healthcare staff, better access to stop smoking medication and a move towards smokefree mental health settings.

29. **A new approach to measuring drinking cultures in Britain**
Alcohol Research UK
This study is aimed to develop a typology of drinking culture in Britain. It identifies that drinking occurs at increasing and high risk levels in a diverse range of occasions including drinking in the home and at other people's houses, and extends well beyond caricatures of youth binge drinking in urban centres. High risk occasions are found across all age, sex and socioeconomic groups but the majority occur within those aged over 35 and of high socioeconomic status.

30. **The 3rd National Emergency Department Survey of Alcohol Identification and Intervention Activity**
Alcohol Research UK
This research shows that emergency departments in England have increased the level of alcohol screening for adults - with the offer of specialist support for those attending with

alcohol-related health problems and for those who frequently attend. However, it also shows that while most emergency departments attending to under-18s ask them about their drinking, few do so routinely. It concludes that this needs to improve to ensure young people are considered to be at risk of developing drink-related ill health receive the specialist support they need.

31. **Statistics on Obesity, Physical Activity and Diet - England, 2016**
Health and Social Care Information Centre (HSCIC)
This report presents a range of information on obesity, physical activity and diet, drawn together from a variety of sources. The report is split into four sections covering; overweight and obesity prevalence among adults and children; health outcomes, including health risks, hospital admissions and prescription drugs used for treatment of obesity; physical activity levels among adults and children and diet among adults and children, including trends in purchases, and consumption of food and drink and energy intake.

COPING WELL

32. **Fix dementia care: NHS and care homes**
The Alzheimer's Society
This report marks the second phase of an Alzheimer's Society campaign looking at the experiences of people with dementia in a range of health and care settings. It contains the results of a survey of care home managers and the voices of people with dementia, their families and carers. The report sets out recommendations for the government and NHS to improve the experiences of people with dementia in care homes.
Additional link: RCGP press release

33. **Practical Guide to Healthy Caring**
NHS England, with Carers UK, Carers Trust, Age UK, Public Health England and carers networks
This is a companion guide to the Healthy Ageing Guide and provides information and advice to older carers about staying healthy whilst caring.

34. **A report of investigations into unsafe discharge from hospital**
The Parliamentary Health Service Ombudsman
This report focuses on the increasing number of complaints that the service is receiving regarding people being discharged from hospital with poor planning, co-ordination and communication between hospital staff and between health and social care services. The report uses nine experiences drawn from recent complaints to highlight the problems of unsafe discharge.
Additional links: Healthwatch | BBC News report

35. **Roll out of person centred care**
People with long-term conditions will be supported to better manage their own health and care needs, thanks to the rollout of an evidence-based tool over the next five years. NHS England has agreed a deal which will grant nearly two million people access to more person-centred care as part of its Self-Care programme.

Local NHS organisations and their partners are being invited to apply for access to patient activation licences, which will help them assess and build their patients' knowledge, skills and confidence, empowering people to make decisions about their own health and care. The

Patient Activation Measure (PAM) is a tool which captures how engaged and confident people feel in taking care of their health and wellbeing.

36. **Bringing together physical and mental health**
The King's Fund
This report makes a compelling case for integrating physical and mental health care. It gives service users' perspectives on what integrated care would look like and highlights 10 areas that offer some of the biggest opportunities for improving quality and controlling costs.

37. **Mental health policy in England**
The House of Commons library briefing
This document provides a summary of Government policy introduced under the 2010-2015 Coalition Government, and under the 2015 Conservative Government. It focuses on health policy, and so does not look in detail at wider changes that may affect people with mental health problems, such as welfare reform and social care policy.

38. **Employment in mind**
The Centre for Mental Health
This report explores the barriers to employment faced by ex-Service personnel, and how these can be overcome. The report finds that individual placement and support is more effective than the other main approach of getting people into work: the 'train then place' model, which involves training, development and sheltered work before placing the person in paid employment.

39. **Funding for safe places for people in mental health crisis**
The Government has announced its intention to provide £15 million of funding aimed at helping provide health and community based places of safety to prevent vulnerable people being held in police cells. Through local Crisis Care Concordat groups, organisations, including health trusts, local authorities and the third sector, are also able to bid for funding for new health based places of safety.

40. **Funding mental health at a local level: unpicking the variation**
NHS Providers
This report found that only half (52%) of providers reported that they had received a real terms increase in funding of their services in 2015/16. The report also found that there is limited confidence that funding increases will be delivered this year, with only a quarter of providers saying they were confident that their commissioners were going to increase the value of their contracts for 2016/17. The report also highlighted a lack of alignment between commissioners and providers over what it means to implement parity of esteem.

41. **Shared Lives Model: The NHS invests £1.75 million to help more people to be cared for in a family home, not a hospital**
This innovative, family based initiative will help more people be cared for in a family home, not a hospital. It will be done by matching a person with a carer who is able to support them in the community. People using the scheme may have a learning disability, dementia, mental health problems or other needs that require long or short-term support.

42. **Too Much Information: why the public needs to understand autism better**
The National Autistic Society

The report reveals how poor public understanding of autism is pushing autistic people and their families into isolation. More than 1 in 100 people are on the autism spectrum, meaning they see, hear and feel the world in a different, often more intense, way to other people. Autistic people often find social situations difficult and struggle to filter out the sounds, smells, sights and information they experience, which means they feel overwhelmed by 'too much information' when out in public.

43. **Off the radar: housing disrepair and health impact in later life**
This report investigates the scale of poor housing conditions amongst older people, the concentration of poor housing in the owner-occupied sector and the resulting impact on the health and wellbeing of an ageing population. It finds that 1.2 million households of those aged 65 and over are in disrepair and the report estimates that poor housing costs the NHS £1.4 billion annually.

44. **State of Caring 2016**
CarersUK
This annual survey of carers collects evidence on a whole range of issues affecting carer's lives. The report shows that, one year on from the implementation of the Care Act 2014, carers in England are still struggling to get the support they need to care well, maintain their own health, balance work and care, and have a life of their own outside of caring.
Additional link: BBC News report

WORKING TOGETHER

45. **Nurses, pharmacists and patient pathways; working together across primary and community care.**
The Royal Pharmaceutical Society and the Royal College of Nursing
This report showcases ways in which nurses and pharmacists are working together and delivering care to different groups of patients. The purpose of the report is to inspire pharmacists and nurses to make changes locally in the way that they work together.

46. **Charting progress on the health devolution journey: early lessons from Greater Manchester**
The Local Government Association
This report details the meeting of a group of senior leaders from health and local government who met to discuss the early lessons emerging from Greater Manchester's experience on how to turn a successful case for health devolution into an achievable strategy.

47. **Supporting patient's choices to avoid long hospital stays**
NHS England and partners have published the latest quick guide. This guide aims to support local health and social care systems to reduce the time people spend in hospital, when they are ready to depart and no longer need acute care, but are delayed whilst making decisions about or making arrangements for their ongoing care.
Additional link: NHS England news report

48. **The journey to integration: learning from the seven leading localities**
The Local Government Association

This report details the experience of seven localities in developing integrated care. It examines each against a range of factors, including care model, leadership, workforce, payment model and information flow. It concludes that it is possible to have significant impact in terms of improved health outcomes and financial sustainability, and sets out the key lessons for other localities to consider in embarking on integration themselves.

49. **Housing, social care, health and wellbeing**
The King's Fund
The slides are an output of a joint learning network on integrated housing, care and health and are designed to show housing associations and other organisations have a role to play with the NHS and care sector in improving and maintaining people's health.

50. **Get well soon: reimagining place-based health**
This report, by the Place-Based Health Commission chaired by Lord Victor Adebowole, argues that the NHS must construct a 15 year plan to shift money out of hospitals and into investment in communities. It demonstrates that the health service in its current form is not sustainable, and sets out a new plan for shifting the system to focus on preventing illness, shorten stays in hospitals and help people live independently for longer.

51. **Sustainability and transformation plan footprints**
This document outlines the 44 footprint areas that will bring local health and care leaders, organisations and communities together to develop local blueprints for improved health, care and finances over the next five years, delivering the NHS five year forward view.

52. **The community pharmacy offer for improving the public's health: a briefing for local government and health and wellbeing boards**
This briefing for councillors, senior council officers and commissioners describes the increasing role of community pharmacy in public health and explains councils' role and duties. A number of case studies are included to illustrate a variety of collaborative approaches by community pharmacies working with councils and other community partners.

53. *Building the foundations: tackling obesity through planning and development*
This report outlines the actions and role that councils can take in helping to prevent and reduce the prevalence of obesity. It examines the role of town planning in contributing to the public health agenda and includes examples from various local authorities around the country.

HEALTH INEQUALITIES

54. **Strategic Plan for the next four years: better outcomes by 2020**
Public Health England
The plan sets out how the organisation intends to protect and improve the public's health and reduce inequalities over the next four years. It also outlines actions PHE will take over the next year to achieve these aims and deliver its core functions. It builds on the Department of Health's Shared Delivery Plan, the NHS 5 Year Forward View, and 'From Evidence into Action'.

55. **An investigation into inequalities in adult lifespan**
The Cass Business School of the City University London

This report highlights that despite huge increases in life expectancy, the gap in lifespan between richest and poorest in society is increasing for the first time since the 1870s. The paper finds that in England and Wales, 5% of men that have attained the age of 30 are living on average to 96.0 years, 33.3 years longer than the lowest 10%.
Additional link: BBC News report

56. **Destitution in the UK**
The Joseph Rowntree Foundation
This report defines destitution in the UK, looking at how many people are affected, who they are, and the main pathways in and out of destitution. The impact of destitution on people's health is focused on, both in terms of physical health through poor nutrition and in mental health with social isolation, loneliness and stress.

57. **Alcohol consumption survey**
IPSOS Mori has published the results of a survey Drinkaware Monitor 2015: UK adults' experience of and views on cutting down. The key findings provide an overview of drinking in the UK, alcohol consumption patterns, perceptions around drinking, experiences of cutting down and opportunities for cutting down and moderating.

58. **Socioeconomic inequalities in health care in England**
The University of York Centre for Health Economics
This paper reviews what is known about socioeconomic inequalities in health care in England, with particular attention to inequalities relative to need that may be considered unfair ('inequities').

59. **English devolution deals**
National Audit Office
This report argues that whilst devolution deals offer opportunities to stimulate economic growth and reform public services for local users, the arrangements are untested and government could do more to provide confidence that these deals will achieve the benefits intended. It also highlights significant accountability implications arising from the deals which central government and local areas will need to develop and clarify. These include the details of how and when powers will be transferred to mayors and how they will be balanced against national parliamentary accountability.

GENERAL

CONSULTATIONS

Other Options Considered

60. To note only

Reason/s for Recommendation/s

61. N/A

Statutory and Policy Implications

62. This report has been compiled after consideration of implications in respect of crime and disorder, finance, human resources, human rights, the NHS Constitution (Public Health only), the public sector equality duty, safeguarding of children and vulnerable adults, service users, sustainability and the environment and ways of working and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

RECOMMENDATION/S

1) To note the contents of this report.

Councillor Joyce Bosnjak
Chair of Health and Wellbeing Board

For any enquiries about this report please contact:

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Constitutional Comments

63. As this report is for noting only, no constitutional comments are required.

Financial Comments (NR 31/05/16)

64. There are no financial implications arising directly from this report.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

None

Electoral Division(s) and Member(s) Affected

All