

Report to Health and Wellbeing Board

29 March 2017

Agenda Item: 7

REPORT OF THE CHAIR OF THE HEALTH AND WELLBEING BOARD

CHAIR'S REPORT

Purpose of the Report

1. An update on relevant local and national issues.

Information and Advice

2. Supporting Carers with Mental Health Issues

New initiatives have been identified to support carers who are experiencing issues with their own mental health and wellbeing, which could be attributed as a result of the stress, demands and responsibilities of being a carer.

The County Council is working in partnership with the Carers Trust (who provide the Carers Hub carers' support service), Inspire Culture Learning and Libraries, and Kaleidoscope Plus to provide:

- Promotion and signposting of IAPT (Improving Access to Psychological Therapies) services in the community to carers
- Signposting carers to organisations who provide complimentary therapies (i.e. Reiki, Indian Head massage etc)
- Signposting to 'Books on Prescription' offered through Inspire library services in libraries across the county
- Development of carer learning courses and workshops to support carer health and wellbeing, in partnership with Inspire Community Learning
- Carer Health and Wellbeing Workshops
- 'Taster' Sessions for carers for 4 week community learning courses provided by Inspire.
- Kaleidoscope Plus group providing additional sessions of '<u>Self Care Community</u> <u>Workshops</u> – 5 Ways to Wellbeing' for carers

The Carers Trust have developed an <u>area on their website</u> to promote these initiatives and carer health and wellbeing. The workshops and taster sessions are also being promoted via the Notts Help Yourself website. All referrals are being co-ordinated by the Carers Hub service and if the carer courses are successful, a programme of workshops and courses will be planned in to take place during 2017/2018.

There are future plans to develop more carer training and learning with Inspire, Carers Trust, and carers themselves. This 'co-production' approach will enable learning for carers to be tailored to provide skills to carers to assist them with their caring role, in addition to supporting them with their own health and wellbeing.

For further information, please contact Dan Godley, Commissioning Officer on 0115 977 4596 or dan.godley@nottscc.gov.uk

3. "To Dip or Not To Dip Project" in Nottinghamshire

The Nottinghamshire "To Dip or Not To Dip" is a quality improvement project for care homes. The aim of the project is to reduce inappropriate antibiotic prescribing for urinary tract infections (UITs) in care homes. The project is developing a new care pathway based on a recent quality improvement initiative undertaken in West NHS Bath and North East Somerset and uses an assessment tool based on national guidance, training sessions and resources for the care homes on UTI management and prevention.

The project has two phases and has been funded collaboratively to improve the management of UTI in care home residents. This work aims to contribute to a reduction in antimicrobial prescribing, inappropriate prescribing and unplanned admissions to hospital. This supports the work of Clinical Commissioning Groups, Local Authority and the high impact changes outlined in the Nottinghamshire Sustainability and Transformation Plan (STP) on care and prevention.

To Dip or Not To Dip Phase 1 takes place between November 2016 - May 2017 and includes securing GP engagement, promotion and support for the pilot, collection and analysis of patient data, building relationships with health and social care professionals and the development of training packages and resources.

Phase 1 Progress to Date

In **Nottingham West CCG (NW CCG)** the first pilot of the project started in January 2017 in the Eastwood area in 2 practices and 6 Care Homes. 70 care home staff have received training on the care pathway, data was collected on emergency admissions and current antibiotic use in care homes from January - December 2016 and is being used to inform the future development of the project. The project will be rolled out to all GP practices and Care Homes across NW CCG at the Care Homes Forum to be held on 22 March 2017.

In **Mansfield and Ashfield CCG (M&A CCG)** work has focussed on securing Primary Care Pharmacy support for data collection and GP engagement. The second pilot of the phase 1 of the project will commence on the 08 March in 2 GP practices and 3 Care Homes.

The pilot was unable to progress in **Newark and Sherwood CCG (N&S CCG)** within the timescales of phase 1 (due to capacity from the Primary Care Pharmacists), however strong GP engagement has enabled the project team to work with two of the large care homes in Newark with implementation planned in Phase 2.

To Dip or Not To Dip Phase 2 June 2017 - March 2018

The second phase of the project will focus on quality improvement through implementation of the care pathway and cascade of supporting resources. It is envisaged that the project will seek to engage with Care Homes in M&A, N&S, Nottingham North and East (NNE) and Rushcliffe CCGs.

For more information please contact Sally Bird, Infection Prevention and Control Team e: Sally.Bird@MansfieldandAshfieldCCG.nhs.uk

4. New support service for children and young people

The new Community Children and Young People's Service, which provides integrated health support for children and young people with additional needs and disabilities is launching in March and April. The new services, which brings together therapy services such as physiotherapy, occupational therapy and speech and language therapy, along with nursing services and phlebotomy, support children at home and school and in other settings, through a single point of access. Two drop-in launch events are taking place as follows:

- 17th March, 9.30-2.30 at Highbury Hospital;
- 25th April, 9.30-2.00 at the John Fretwell Centre.

Anyone is welcome to drop in to either event.

For more information contact Alex Hobson, Business Manager. Nottinghamshire Healthcare NHS Foundation Trust t: 01159 935 560 e: alexandra.hobson@nottshc.nhs.uk

PROGRESS FROM PREVIOUS MEETINGS

5. Young People's Health Strategy Celebration Event

A <u>summary of the even</u>t which took place on 16 January at MyPlace in Mansfield is now available. Thanks again to everyone who attended to make it such a good event.

A summary of the Social Prescribing event which took place on 21 March will also follow. Thanks to everyone who attended this popular event.

6. Housing standards – query from December meeting

At the December 2016 meeting Bev Smith came to give us an update on how the integration of housing and health has progressed. During the discussion there was a question about whether there was a kite mark scheme for private landlords. In response to this I'm advised that there is not a national 'kite mark' for all private landlords. The only national mandatory requirement for rental properties is for landlords to register certain types of high risk houses in multiple occupation i.e. those that consist of 3 or more storeys and house 5 or more people who form 1 or more households and where facilities are shared. Councils can however introduce local licensing regimes tackling smaller houses in multiple occupation ('additional licensing') where there is a justified need (Nottingham City Council have introduced such a scheme) and/or 'selective licensing' schemes of rented properties in certain areas where there are poor housing conditions, significant and persistent anti-social behaviour or low demand. Ashfield District Council have now launched a selective licensing scheme in two distinct areas of the district and Nottingham City Council are also currently consulting on a selective licensing scheme.

In the Midlands though there is a voluntary landlord accreditation scheme which some Nottinghamshire authorities support managed by <u>Decent and Safe Homes (DASH)</u>. DASH offers a voluntary Quality Mark to accredited landlords supported by audits and training to maintain standards.

There is also a voluntary scheme for student homes in Greater Nottingham through <u>Unipol</u> <u>Student Homes</u> which is also aligned to the DASH standards.

Each local authority has dedicated officers tasked with improving private rented sector property conditions through advice, informal action and more formal enforcement where necessary. Properties are inspected against the national Housing Health and Safety Rating System (HHSRS) which considers a range of issues such as damp, electrical safety and overcrowding. These inspections are usually at the request of a renting tenant.

The <u>Housing and Planning Act 2016</u> recently received Royal Assent and will introduce a package of new measures from April 2017 to help tackle rogue landlords in the private rented sector. An update on progress in housing and health is being scheduled for June and I hope to hear more about how this will impact on housing standards in Nottinghamshire then. In the meantime, the City and district councils are collating data on local enforcement, advice and final assistance programmes targeted at improving private sector housing conditions as part of the Sustainability and Transformation Plan which will also be included within the June update.

For more information about housing standards in Nottinghamshire please contact John Shiel e: <u>JSheil@rushcliffe.gov.uk</u> or Jill Finnesey e: <u>jfinnesey@mansfield.gov.uk</u>

7. Principia Multi-specialty Community Provider (MCP)

The latest update from Principia is now available giving progress since January 2017.

For more information contact Fiona Callaghan, Head of Strategy and Service Development NHS Rushcliffe CCG e: Fiona.Callaghan@rushcliffeccg.nhs.uk

PAPERS TO OTHER LOCAL COMMITTEES

8. Update on Extra Care Services

Report to Adult Social Care and Health Committee 6 February 2017

9. Update to Police and Crime Delivery Plan 2016-18

10. Police and Crime Plan Priorities and Consultation

Reports to Nottinghamshire Police and Crime Panel 6 February 2017

11. Childhood Immunisation and Vaccination in Nottingham and Nottinghamshire

12. Nottingham University Hospitals NHS Trust Service Reviews

Reports to Joint Health Scrutiny Committee 7 February 2017

13. HealthWatch Nottinghamshire Funding 2017-18

Report to Policy Committee 8 February 2017

14. Personal Travel Planning

Report to Transport and Highways Committee 9 February 2017

15. <u>Special Educational Needs and Disability reforms 'New Burdens' Grants 2016-17 and 2017-18</u>

16. Proposed efficiency savings within the Integrated Children's Disability Service

17. Children, Young People and Families Plan - continuous improvement plan 2016-17 mid year review

18. Children and Young People's Mental Health & Wellbeing Transformation Plan

Report to Children and Young People's Committee 20 February 2017

19. Update on the work of the Community and Voluntary Sector Team

20. Update on Key Trading Standards Matters

Report to Community Safety Committee 21 February 2017

21. D2N2 Skills and Employability Stategy 2017-2020

Report to the City of Nottingham and Nottinghamshire Economic Prosperity Committee 24 February 2017

22. Nottinghamshire Community Learning & Skills Service Annual Plan and Fees 2017-18

Report to Culture Committee

7 March 2017

23. <u>Update on Progress with Arrangements to Integrate Health and Social Care in Mid</u> Nottinghamshire

24. Transforming Care

25. New Ways of Working in Adult Social Care

Reports to Adult Social Care and Health Committee 13 March 2017

26. Sustainability and Transformation Plan Governance Arrangements

27. Nottingham University Hospitals NHS Service Review

Report to Joint Health Scrutiny Committee 14 March 2017

A GOOD START

28. Evaluation of behaviour change interventions: school nurse toolkit

Public Health England

This toolkit aims to guide school nurses through evaluations and provides guidance on how to implement results to promote learning, make improvements, and demonstrate the impact of interventions.

29. Increasing Fruit and Vegetable Intake among Children and Youth through Gardening-Based Interventions: A Systematic Review

Journal of the academy of nutrition and dietetics

Although the evidence is mixed and fraught with limitations, most studies suggest a small but positive influence of gardening interventions on children's F/V intake.

30. The school run: cycling and walking to school

Sustrans

Encouraging children to walk, cycle and scoot will reduce congestion and pollution around the school gates. It will also help your child's mental and physical health. Teachers find that

pupils who walk and cycle arrive at school more relaxed, alert and ready to start the day than those who travel by car.

31. Unintentional injuries: prevention in children under 5 years

Public Health England

This guidance, produced in association with the Child Accident Prevention Trust (CAPT), is for all staff working with children under 5 years and covers the 5 injury priorities: choking, suffocation and strangulation; falls; burns and scalds; poisoning; and drowning. The guidance also covers fire and roads. Each injury priority includes data for England, actions for health professionals and safety messages for parents and carers.

32. Better Beginnings: improving health for pregnancy

NIHR Dissemination Centre

This themed review brings together NIHR research on different aspects of health before, during and after pregnancy. It covers smoking, healthy diet and weight, alcohol and drugs, mental health, violence against women, and supporting families using multifaceted approaches. It is aimed at healthcare professionals working with women around the time of pregnancy as well as those with a wider interest in women's and children's health including commissioners.

LIVING WELL

33. Preventing drugs misuse deaths

Public Health England

This guidance outlines how providers and commissioners can prevent deaths from drug abuse. It sets out the scale of the problem, factors causing the rise in drug misuse deaths, preventing drug misuse deaths and a call for action for local authorities and the NHS.

34. Highways and buyways: A snapshot of UK drug scenes 2016

DrugWise

This survey of representatives from 32 organisations and officers from 13 constabularies provides a snapshot in time (October-November 2016) of what is happening with UK street drug markets.

35. Alert February 2017

Institute of Alcohol Studies

The latest edition of Alcohol Alert.

36. UK E-Cigarette Research Forum

Cancer Research UK

The UK E-Cigarette Research Forum (UKECRF) is an initiative developed by Cancer Research UK in partnership with Public Health England (PHE) and the UK Centre for Tobacco and Alcohol Studies (UKCTAS). The Forum brings together policy-makers, researchers, practitioners and the NGO community to discuss the emerging evidence and knowledge gaps about e-cigarettes. The group also seeks to identify research priorities, generate ideas for new research projects and enhance collaboration between forum participants.

37. The Switch

Inspired by people who have switched from smoking cigarettes to vaping, the NCSCT and the New Nicotine Alliance have produced this short film showing how some people have made The Switch.

38. Local Tobacco Control Profiles for England

Public Health England

These provide a snapshot of the extent of tobacco use, tobacco related harm, and measures being taken to reduce this harm at a local level. These profiles have been designed to help local government and health services to assess the effect of tobacco use on their local populations.

39. Overview of Electronic Nicotine Delivery Systems: A Systematic Review.

American journal of preventive medicine; Feb 2017; vol. 52 (no. 2); p. e33

Studies indicate that ENDS are increasing in use, particularly among current smokers, pose substantially less harm to smokers than cigarettes, are being used to reduce/quit smoking, and are widely available. More longitudinal studies and controlled trials are needed to evaluate the impact of ENDS on population-level tobacco use and determine the health effects of longer-term vaping.

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41. Emerging evidence on the NHS Health Check: findings and recommendations

NHS Health Check

This report summarises the key findings from a recently completed evidence synthesis. The report also sets out the ongoing case for prevention, summarises the key findings of the evidence synthesis and presents recommendations for future priorities for action.

42. Postal invitations, even with added incentives, don't improve NHS health check attendance

NIHR Dissemination Centre

An expert commentary is provided of study which reported that being sent an invitation that included questions about their intention and readiness to attend did not encourage people to have NHS health check even when they were offered £5 voucher to complete questionnaire.

43. Any journey is greener by bus

Greener Journeys

This new study focuses on the experience of bus users and the wider benefits of the bus to society and to the cities and communities in which they operate. Any Journey is Greener by Bus approaches the situation from the perspective of the passenger and those most directly affected by the developments in buses.

44. Public parks

Communities and Local Government Committee

This report warns that parks are at a tipping point and face a period of decline with potentially severe consequences unless their vital contribution to areas such as public health, community integration and climate change mitigation is recognised.

45. Working together to address obesity in adult mental health secure units

Public Health England

This review summarises the latest evidence on obesity in secure mental health units. It examines the evidence on the prevalence and impact of obesity in secure settings, and an investigation of potential interventions.

COPING WELL

46. Preventing prison suicides

Centre for Mental Health

This last of four reports from an investigation into suicides in prisons is based on interviews with health care staff working in prisons and those reviewing clinical care following suicide deaths. It finds that distress, self-harm and suicide attempts are on the rise and too often viewed as manipulative, rather than expressions of need and vulnerability.

47. Collaborative care can be moderately effective at treating depression regardless of physical health status

NIHR Dissemination Centre

An expert commentary is provided of NIHR-funded review of pooled individual patient data from 31 trials which found collaborative care can be modestly effective at treating depression vs. usual care, whether or not people also have long-term condition such as cancer/heart disease.

48. Maternal mental health: women's voices

RCOG

This report is based on the findings of a survey of over 2,300 women on their experiences of care in relation to their mental health during pregnancy and in the postnatal period. It provides recommendations for healthcare professionals, managers, providers, commissioners and policy-makers.

49. Veteran's mental health: a healthwatch Norfolk project

UK Health Forum

This animation describes a Healthwatch Norfolk project (April 2015-16) to find ways of improving health and care services for military veterans with mental health conditions in Norfolk and Suffolk. The animation was produced by Creative Connection and the recipient of an NHS England's 'Celebrating Participation in Healthcare' grant 2016

50. 'Borrowed time' to save social care system from collapse

AGE UK

This briefing examines the health and care needs of the ageing population, the state of social care, the state of healthcare and whether the health and care system is fit for the future. It demonstrates the challenges facing older people who need care and the impact of the failure to provide it on their health and wellbeing, as well as the NHS.

51. <u>Trends in diagnosis and treatment for people with dementia in the UK from 2005 to 2015: a longitudinal retrospective cohort study</u>

Lancet Public Health

The objectives of this study were to describe changes in the proportion of people diagnosed with dementia and the pharmacological treatments prescribed to them over a 10 year period from 2005 to 2015. This paper aims to explore the potential impact of policy on dementia care.

52. Retirement on hold: supporting older carers

Carers Trust

This report gives an insight into the experiences of older carers and highlights the need for greater support for these unpaid carers. Some of the key issues that are highlighted include the health of older carers and the use of personal finances to support care needs.

53. Local support for people with a learning disability

NAO

Report examines how NHS in England and local authorities (LAs) seek to improve lives of people using LA learning disability support services. It noted good progress made by government programme to close hospital beds but it is not yet on track to achieve value for money.

54. Air Quality: a briefing for Directors of Public Health

Local Government Association

This briefing provides the information to help Directors of Public Health consider the appropriate public health response to air pollution in their area. There is extensive evidence about the health impacts of air pollution, growing media and public interest and an indicator on mortality attributed to particulate matter air pollution in the Public Health Outcomes Framework.

WORKING TOGETHER

55. Tackling High Blood Pressure through Community Pharmacy: new report published

Pharmacy Voice

This report examines how the community pharmacy sector can expand and enhance its contribution to the national agenda around preventing, detecting and managing hypertension.

56. Engaging Health Care Volunteers

AHA

This report showcases how volunteer services support the Triple Aim, a framework developed by the Institute for Healthcare Improvement that outlines an approach for maximizing the performance of the health care system. This framework looks at improving the patient experience of care; improving the health of populations; and reducing the percapita cost of health care.

57. What's behind delayed transfer of care?

Nuffield Trust

This briefing explores what the data tells us about delayed transfers of care and dispels some myths about how to prevent them.

58. Addressing social, economic and environmental determinants of health and the health divide in the context of sustainable human development

UNDP

This report investigates how the effects of social, economic and environmental determinants of health and health equity are rarely fully addressed in development policy and practice. The research also aims to develop a methodology to embed health equity into development projects.

59. Understanding Society - A healthy understanding: Global attitudes to health IPSOS Mori

This report examines the state of health at both a national and global level covering patient experience and expectations, behavioural interventions, the importance of health literacy, exporting healthcare, the opportunities and challenges of ageing populations and sustainable development goals.

60. The economics of health inequality in the English NHS: the long view CHF

This paper briefly outlines some of the key milestones of health inequality policy in England and describes how socioeconomic inequalities in health, government policy towards it, and the academic literature about it, have evolved over time and in relation to each other. Whilst this historical review is far from comprehensive, its aim is to provide sufficient context within which to interpret current NHS health inequality policy from the perspective of an economist.

61. Integration resource library

Local Government Association

An integration resource library has been created for the Local Government Association (LGA) website and is expected to be signposted to in the forthcoming Better Care Fund (BCF) and integration policy guidance as a resource for those pursuing further integration.

62. Sustainability and transformation plans

Local Government Association

This document is aimed at lead members of local government and focuses on the role for elected members in the STP process and what plans may mean for lead members and local communities.

63. <u>Developing sustainability and transformation plan governance arrangements</u>

This briefing explores the emerging governance arrangements being developed to support the delivery of sustainability and transformation plans. It includes a view on what is working well and details of where further work is required.

64. Financial sustainability of the NHS

The House of Commons Public Accounts Committee

This report examines the growing pressure on health finances and sets out new and urgent recommendations to government. It calls on the Department of Health, NHS England and No.10 to work together saying that central government is asking local bodies to solve multiple problems and deliver a range of priorities without a proper understanding of what they can realistically achieve.

65. Health and Social Care Integration

The House of Commons Library

This paper analyses recent policy and debate on the integration of NHS-provided healthcare and local authority-provided social care.

66.2016 Committee on Research: Next Generation of Community health

AHA

This report takes a U.S. focused view on how community health services are likely to develop as hospitals redefine themselves to keep pace with the changing health care landscape. It examines how community health has the potential to become the hub for population health and to bring together multiple sectors to reduce health inequalities.

67. Use of agency workers in the public sector

OME

This report seeks to enhance understanding about use of agency staff in the UK public sector. It draws on existing evidence and new qualitative research to provide an overview of the triangular relationship between the agency worker, the recruitment industry and public sector employers, as well as providing detailed accounts of the nature of agency working within public sector health and education.

68. Working well: a plan to reduce long term sickness absence IPPR

This report from the Institute for Public Policy Research (IPPR) makes the case for a new 'Fit Pay' policy that would give employers the incentive to work with staff to keep them healthy and in work.

69. Shifting the balance of care: Great expectations

Nuffield Trust

This report is based on a literature review assessing the evidence for moving care out of hospital and the assumption that it will save money. It explores five key areas: elective care, urgent and emergency care, admission avoidance and easier discharge, at risk populations, and self-care. The report is intended to help inform local strategies and STPs.

70. Performance: How do you know your council is performing well in adult social care?

Local Government Association

Councils are responsible for their own performance and for leading the delivery of improved outcomes for local people in their area. Lead members will want to enable their councils to perform well in adult social care and to manage any risk.

71. Adult Social Care Funding (England)

The House of Commons Library

These briefing papers relate to social care: Adult Social care funding (England) - and examine key funding pressures facing adult social care services and evidence of the impacts of these pressures on social care and health services. It explains the additional funding that the Government has made available and discusses stakeholder concerns about a growing social care funding gap, and calls for a review of the long-term sustainability of social care.

72. Public health working with the voluntary, community and social enterprise sector: new opportunities and sustainable change

Local Government Association

The case studies in this report show how public health and the voluntary, community and social enterprise sector (VCSE) are working together to make a real difference to people's health and wellbeing.

73. Sicker patients the main reason for A&E winter pressures

The Kings Fund

Despite the recent media focus on access to GPs, the latest Quarterly Monitoring Report finds that the rising number of patients with complex health needs is the key factor behind the increasing pressures on A&E departments.

The latest data highlighted in the report shows that more than 1 in 10 patients are now waiting for elective treatment. James Thompson explores what this means for patients and how the NHS might respond.

HEALTH INEQUALITIES

74. How poverty affects people's decision-making processes

Joseph Rowntree Foundation

As poverty continues to be a feature of the social and economic landscape in the United Kingdom, attention is turning towards the potentially damaging role played by individual decisions made in low-income contexts.

75. Households below a Minimum Income Standard: 2008/09 to 2014/15

Joseph Rowntree Foundation

This report shows how many people are living below an adequate standard of living in the UK.

76. Fixing our broken housing market

Department for Communities and Local Government

This housing white paper sets out the government's plans to reform the housing market and boost the supply of new homes in England.

All of the above records can be found in the CASH (Current Awareness Service for Health database by searching at:

http://cash.libraryservices.nhs.uk/cash-service/search-database/

Library and Knowledge Service, Sherwood Forest Hospitals NHS Foundation Trust

CONSULTATIONS

Other Options Considered

77. To note only

Reason/s for Recommendation/s

78. N/A

Statutory and Policy Implications

79. This report has been compiled after consideration of implications in respect of crime and disorder, finance, human resources, human rights, the NHS Constitution (Public Health only), the public sector equality duty, safeguarding of children and vulnerable adults, service users, sustainability and the environment and ways of working and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

RECOMMENDATION/S

1) To note the contents of this report.

Councillor Joyce Bosnjak
Chair of Health and Wellbeing Board

For any enquiries about this report please contact:

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Constitutional Comments (SLB 20/03/2017)

80. This report is for noting only

Financial Comments (KAS 17/03/17)

81. There are no financial implications contained within the report.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

None

Electoral Division(s) and Member(s) Affected

ΑII