



**Wave 4 Suicide Prevention Programme Transformation Funding  
Nottingham City and Nottinghamshire County Snap-shot Plan 2021-24**



**Nottingham City and Nottinghamshire County Suicide Prevention Strategy and Plan 2019-23: Our shared values are to...**  
 "Reduce the rate of suicide and self-harm in the Nottingham City and Nottinghamshire population, by proactively improving the population mental health and wellbeing, and by responding to known risks for suicide in the population"  
**Priorities within the Strategy are:**  
 1: at risk groups; 2: use of data; 3: training and bereavement support 4: staff training; 5: media

**Pre-work (Jan-Mar 2021)**

- Sort finances & S256
- Set up programme management group & governance structures
- Establish system wide underpinning principles
- Set up structure for co-production, oversight & governance with people with lived experience
- Engagement with ICS MH Board
- Engagement with HWBs (City & County)
- Ensure alignment with CYP local transformation plan for mental health & CCG long-term plans
- Commence recruitment/secondment of programme manager

**Areas for action: 3-year snapshot**

**YEAR 1**

- Identify & procure training provider
- Provider of training to develop training package & undertake training needs analysis
- Develop brand/identity
- Safe to talk targeted comms
- Self-harm pathway mapping
- Develop a 'spec' for targeted suicide prevention support & identify provider/model
- Set up process for small grants & advertise ready to run in Y2 & Y3 (possibly commence last half of Y1)
- Identify & procure Real Time Surveillance (RTS) data system
- Evaluation – setting up the process - evaluation built in from start of projects

**YEAR 2**

- Deliver training (train the trainer for longer term sustainability)
- Develop & deliver against recommendations from self-harm pathway mapping
- Deliver targeted suicide prevention support
- Deliver small grants scheme
- Continue communications campaigns
- Continue to deliver RTS data system & make further improvements to the process
- Ongoing evaluation

**YEAR 3**

- Deliver training (train the trainer for longer term sustainability)
- Develop & deliver against recommendations from self-harm pathway mapping
- Deliver targeted suicide prevention support
- Deliver small grants scheme
- Continue communications campaigns
- Continue to deliver RTS data system & make further improvements to the process
- Ongoing evaluation

**Long term: sustaining change**

**Suicide prevention becomes everybody's business**

- Train the trainer model to sustain & maintain skills development
- Programme manager/support secondment role spreads learning to other parts of system
- Comms work – branding embedded long term into Suicide Prevention & Steering Group initiatives
- Structures around coproduction with people with lived experience embedded into long term practice
- SPSG oversee continuation of changes & continual improvement
- ICS MH Board continue to champion & support suicide prevention
- HWB continue to champion suicide prevention
- Suicide prevention is part of organisational daily practice
- Strengthened multi-agency working & relationships including MH support teams in schools

**Underpinning principles**  
 Multi-agency working and collaboration with partner organisations and community groups  
 Co-production and participation of people with lived experience