

**4 May 2016****Agenda Item: 5****REPORT OF HEALTH AND WELLBEING BOARD****INTEGRATED HEALTHY CHILD AND PUBLIC HEALTH NURSING  
PROGRAMME****Purpose of the Report**

1. To share information regarding the commissioning of children's public health nursing services as a single, integrated 'Healthy Child and Public Health Nursing Programme' for 0 to 19 year olds.
2. To seek feedback from the Health and Wellbeing Board regarding the commissioning plans outlined in this paper.

**Information and Advice**

3. Contracts for children's public health nursing, comprised of Health Visiting, Public Health School Nursing and the Family Nurse Partnership, will cease 31<sup>st</sup> March 2017. In line with national direction, Nottinghamshire County Council is commissioning an integrated 'Healthy Child and Public Health Nursing Programme' for 0 to 19 year olds to be operational from 1<sup>st</sup> April 2017. Nottinghamshire County Council has engaged broadly to inform the development of the commissioning plans.

**Commissioning arrangements**

4. Commissioning responsibility for children's public health nursing services for 0 to 5 year olds, delivered via Health Visiting and the Family Nurse Partnership Programme (an intensive home visiting service for vulnerable young mothers) transferred from NHS England to Nottinghamshire County Council on 1<sup>st</sup> October 2015. Nottinghamshire County Council has commissioned children's public health nursing services for 5 to 19 year olds, delivered via Public Health School Nursing, since April 2013.
5. These changes have brought together commissioning responsibility for all children's public health nursing, offering an opportunity to integrate services more effectively in order to improve outcomes for children, young people and families.
6. These services are currently provided Nottinghamshire Healthcare NHS Foundation Trust and a direct award contract has been issued from 1<sup>st</sup> April 2016 to 31<sup>st</sup> March 2017 to enable a procurement process to take place.

**National policy and evidence base**

7. The importance of giving every child the best start in life and reducing health inequalities via prevention and early intervention is well documented.
8. The Healthy Child Programme (HCP) is an early intervention and prevention public health programme, published by the Department of Health in November 2009. The HCP offers every family a programme of screening tests, developmental reviews, and information and guidance to support parenting and promote healthy choices. It also provides a framework to identify families that are in need of additional support and children who are at risk of poor outcomes. The delivery of the HCP is led by Health Visitors, School Nurses and Family Nurses as public health practitioners working in partnership with a range of agencies to improve health, social and educational outcomes.
9. The national HCP 0-19 includes:
  - Healthy Child Programme: Pregnancy and the first five years of life (DH/DCSF 2009)
  - Healthy Child Programme Rapid review to update evidence (PHE 2015)
  - Healthy Child Programme: From 5-19 years old (DH/DCSF 2009)

### **Development of the service model**

10. The development of the service model has been informed by a broad programme of engagement with service users, parents and carers, the current workforce, professionals, provider organisations and Health and Wellbeing Board partners.
11. It has been informed by guidance published by the Department of Health in January 2016 to support the commissioning of the Healthy Child Programme, and by local intelligence and needs assessment.
12. A programme of market engagement has been carried out since December 2015 to shape the development of the proposed service model, evaluate the feasibility of delivery, and gauge the level of interest in the market.

### **Healthy Child and Public Health Nursing Programme**

13. The service delivery model reflects best available evidence, national guidance and local intelligence. The model also reflects the importance of developing an enhanced culture of multi-agency working across partners to most effectively meet the needs of children, young people and families in Nottinghamshire.
14. The integrated model:
  - a. Builds on the rapid national Health Visiting service transformation, led by NHS England, that has taken place over the past five years
  - b. Implements the recommendations from the Nottinghamshire County Council School Nursing review carried out across 2014/15
  - c. Allows flexibility in relation to the delivery of the Family Nurse Partnership Programme, a licensed programme which is likely to undergo transformation nationally over the next few years
  - d. Integrates services across the 0 to 19 age range to offer a seamless care pathway for children, young people and families
15. The aims of the integrated service are to:
  - help parents develop and sustain a strong bond with their children

- encourage care that keeps children healthy and safe
- protect children from serious disease, through screening and support for immunisation
- reduce childhood obesity by promoting healthy eating and physical activity
- identify health issues early, so support can be provided in a timely manner
- ensure children are prepared for and supported in all child care, early years and education settings and especially are supported to be ‘ready to learn at two and ready for school by five’.

16. Table 1 confirms the scope for the integrated service and highlights key interdependencies

Table 1: Scope of the integrated Healthy Child and Public Health Nursing Programme

<i>In scope (included in integrated service)</i>	<i>Out of scope ( key partner/ interdependency)</i>
<ul style="list-style-type: none"> <li>▪ Health Visiting</li> <li>▪ Family Nurse Partnership Programme</li> <li>▪ Public Health School Nursing</li> <li>▪ National Child Measurement Programme</li> <li>▪ Breastfeeding support (which may include peer support)</li> <li>▪ Preparation for Birth and Beyond (Department of Health’s antenatal education programme, delivered in conjunction with partners)</li> <li>▪ Promotion of public health and healthy lifestyle choices, brief intervention, making every contact count.</li> </ul>	<ul style="list-style-type: none"> <li>• Children’s centres / early years provision, commissioned by NCC</li> <li>• Antenatal and new-born screening, commissioned by NHS England</li> <li>• Maternity services, commissioned by CCGs</li> <li>• 6 to 8 week health review by GPs, commissioned by NHS England</li> <li>• Child health information systems, commissioned by NHS England</li> <li>• Targeted services, commissioned by NCC and/or CCGs</li> <li>• Vaccinations for school age children, commissioned by NHS England.</li> </ul>

17. The integrated model consists of:

- a. Nine universal reviews delivered in line with the Healthy Child Programme, widely promoted via a core offer and supported by universal access to advice and support
- b. Four levels of provision, based on need and delivered in line with the Healthy Child Programme, with safeguarding at the core
- c. Targeted support and evidence based interventions, focused on high impact areas
- d. Health promotion across the life-course

18. Figure 1 summarises the universal offer for the integrated Healthy Child and Public Health Nursing Programme for 0 to 19 year olds.

**Nottinghamshire Healthy Child and Public Health Nursing Programme for 0 to 19 year olds**



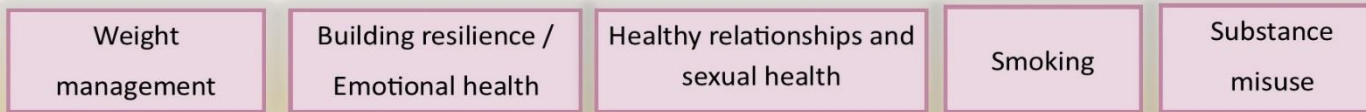
4 levels of service provision for 0 to 19 year olds:

- 1. Community
- 2. Universal
- 3. Universal Plus
- 4. Universal Partnership Plus

**Evidence based interventions/ targeted support: high impact areas: life-course approach**

- Transition to parenthood
- Maternal mental health
- Breastfeeding
- Healthy weight and nutrition
- Managing minor illnesses and reducing accidents
- Health, wellbeing and development at age 2, and support to be 'ready for school'
- Building resilience and improving emotional health and wellbeing
- Keeping safe, managing risk and reducing harm
- Healthy lifestyles
- Maximising achieving and learning
- Supporting additional health and wellbeing needs
- Transition and preparing for adulthood

**Public health life-course: support and brief interventions**



- Improved access
- Improved experience
- Improved outcomes
- Reduced inequalities

Safeguarding children and families

Single assessment process

Shared language, culture and branding

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19. The model will be underpinned by delivery of brief interventions, supported referrals to appropriate services and pro-active follow-up for public health priorities such as healthy weight, healthy relationships and sexual health, smoking, substance misuse, and building resilience, emotional health and wellbeing. Increased support for breastfeeding will be included.
20. It is recognised that there will be challenges within a child or young persons' life and times when they need additional support. The model incorporates targeted support and evidence based interventions focused on high impact areas. Targeted support could include but is not limited to:
- promotion of parent and infant mental health and secure attachment
  - evidenced-based parenting interventions
  - prescribing medication
  - use of evidence based approaches to promote positive lifestyle choices
  - support for language and communication development
  - support for social and emotional development
  - individual or group work for children and young people at risk of poor outcomes linked to emerging public health needs, such as children identified as overweight or obese, young people who do not attend school, school aged pregnant teenagers and young people with emotional health and wellbeing needs.
21. In order to integrate care across the age range of 0 to 19 years the provider of the service will be expected to share resources and skill mix across the 0 to 19 years pathway, recognising particular specialisms where appropriate. Management structures will reflect management of multi-disciplinary staff groups rather than particular professional groups. These multi-disciplinary groups may include specialist community public health practitioners, family nurses, nursery nurses, assistant practitioners, volunteers, peer support workers and administrative staff. There will be named links for key partners.
22. NCC will contract with a single provider for delivery of the integrated service across Nottinghamshire, though subject to rigorous checks via the procurement process a provider could use a lead provider or sub-contracting model.
23. The integrated model, fully informed by a programme of engagement with key stakeholders, and formally consulted on across April 2016 will be presented to Public Health Committee in May 2016 for agreement to tender.

## **Statutory and Policy Implications**

24. This report has been compiled after consideration of implications in respect of crime and disorder, finance, human resources, human rights, the NHS Constitution (Public Health only), the public sector equality duty, safeguarding of children and vulnerable adults, service users, sustainability and the environment and ways of working and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

## **Financial Implications**

25. The financial envelope for the integrated Healthy Child and Public Health Nursing Programme will reduce year-on-year across the three year contract due to a reduction in the

national public health allocation, announced in the Comprehensive Spending Review in November 2015. The integrated service model aims to streamline service delivery and release capacity and commissioners will work closely with the new provider of the service to manage these efficiencies.

### **Safeguarding of Children and Vulnerable Adults Implications**

26. Safeguarding is a key element of the commissioning plan in relation to this service.

### **Implications for Service Users**

27. There will be improved health and wellbeing outcomes for children, young people and families as a result of an integrated Healthy Child and Public Health Nursing Programme for 0 to 19 year olds.

## **RECOMMENDATION/S**

- 1) The Board is asked to note the information provided regarding the commissioning of children's public health nursing services as an integrated 'Healthy Child and Public Health Nursing Programme' for 0 to 19 year olds.
- 2) The Board is asked to share feedback on the commissioning plans outlined in this paper as key stakeholders.

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### **Constitutional Comments (LM 14/04/2016)**

28. The recommendations in the report fall within the Terms of Reference of the Health and Wellbeing Board.

### **Financial Comments (KS – 14/04/2016)**

29. The financial implications are contained within paragraph 25 of the report.

### **Background Papers and Published Documents**

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

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Integrated Healthy Child Programme and Public Health Nursing – Commissioning Proposals, Public Health Committee, 17 March 2016

<http://www.nottinghamshire.gov.uk/dms/Meetings/tabid/70/ctl/ViewMeetingPublic/mid/397/Meeting/3697/Committee/507/SelectedTab/Documents/Default.aspx>

Healthy Child Programme and Public Health Nursing – Commissioning Plans, Public Health Committee, 12 May 2015

<http://www.nottinghamshire.gov.uk/dms/Meetings/tabid/70/ctl/ViewMeetingPublic/mid/397/Meeting/3500/Committee/507/Default.aspx>

Nottinghamshire School Nursing Review and proposed new model, September 2014 – implications for commissioners (including Appendices 1-3) available at

[www.nottinghamshire.gov.uk/schoolnursing](http://www.nottinghamshire.gov.uk/schoolnursing)

Nottinghamshire School Nursing Review – implications for Commissioners, Children’s Trust Board 6th November 2014

<http://www.nottinghamshire.gov.uk/caring/childrenstrust/about-the-childrens-trust/childrenstrustboard/?entryid217=431744&p=2>

Family Nurse Partnership Progress Report – report to Children Trust Board – 19 November 2015

<http://www.nottinghamshire.gov.uk/care/childrens-social-care/nottinghamshire-childrens-trust/childrens-trust-board-meeting-archive>

## **Electoral Division(s) and Member(s) Affected**

All