



The Nottingham and Nottinghamshire Sustainability and Transformation Plan

Health and Wellbeing Board briefing, June 2016

A plan for the future of health and social care

New guidance from the NHS is set to introduce a new set of initials into our lives – STP. STP stands for ‘Sustainability and Transformation Plan’ which is a five-year plan showing how health and social care services will work together to improve the quality of care, their population’s health and wellbeing, and NHS finances. A total of 44 areas across the country have been asked to produce a local plan. Each plan is expected to put forward big changes in the way services are provided.

The local ‘footprint’

Each local area is being called a ‘footprint’. Our ‘footprint’ locally covers Nottingham City and Nottinghamshire. This includes NHS and local government organisations within the local authority areas of Mansfield, Ashfield, Newark and Sherwood, Broxtowe, Gedling, Rushcliffe and Nottingham City. As many people in Bassetlaw use services in South Yorkshire, this area has ‘associate’ status within the plan.

The STP ‘footprint’ for Nottingham and Nottinghamshire covers eight local authorities, six NHS clinical commissioning group (CCG) areas, and a population of slightly more than one million people.

Aims and objectives

Nationally the NHS has identified three main challenges, which it has described as ‘gaps’. These challenges relate to improving population health and wellbeing, improving the care provided and quality of services, and tackling growing overspends in NHS budgets.

The STP is currently being written and refined with a focus on addressing these three ‘gaps’. Locally, we have also identified a fourth ‘gap’ and that relates to culture. We believe we need to change the culture of organisations and how local organisations work together if we are to achieve our aims.

Initial proposals

There is much to be done and it is critical we put our energies into tackling the big issues where we can make the most difference. Our initial proposals have identified four high impact changes:

1. *Prevention, self-care and promoting independence* – encouraging citizens to adopt healthy behaviours and take charge of their own health and wellbeing, with the support of services when they need them.
2. *Primary and community care* – ensuring citizens receive their care close to home, avoiding hospital admissions wherever possible, with primary/community care teams working together to consider the whole of an individual’s needs.
3. *Urgent and emergency care* – providing urgent and crisis care in the right places when people need and helping them access more appropriate services when it is not an emergency.
4. *Embracing new technologies* – helping citizens benefit from technology, using everything from phone apps, video consultations and care alarms to health monitoring devices, and helping our staff by linking up computer systems and enabling remote working.

In addition, we will be setting up specific programmes of work looking at other important areas such as mental health care, the services provided for people with long-term health conditions, and how other aspects of our lives such as housing and the environment can affect our health and wellbeing.

Work in progress

We're starting from a good place. Already in Nottingham City and Nottinghamshire we are home to two transformation programmes and five NHS 'vanguard' sites – projects that are creating innovative new ways to provide care and services. We have two national 'pioneer' sites exploring the best ways of linking up health and social care services in the city and in the county. These pioneer sites have been useful in helping implement the Better Care Fund which has seen NHS and social care budgets brought together. We also have a 'fast track' site for improving care for people with learning disabilities. In our STP we want to use the learning from all this forward-thinking work and apply it across the whole of our area so everyone benefits. We want to take existing projects and further improve them as well as introducing new initiatives in areas where we have historically failed to make progress. Our work intends to be 'strategically sound and locally sensitive' reflecting the needs of our diverse communities.

Leadership

Lead for our STP is David Pearson, corporate director of adult social care, health and public protection and deputy chief executive at Nottinghamshire County Council. Programme director is Lucy Dadge, seconded from her role as a strategic director at Mansfield and Ashfield CCG. A number of workstreams are being established, each headed up by a senior leader from a health or local government organisation. Our work will report into the city and county Health and Wellbeing Boards and we welcome your involvement and input.

Work to date

A draft STP is being progressed based on insights we have gained from the work already in progress locally. We have also held two major stakeholder events in March and June 2016 with representatives from health, local government, the third/community sector and Healthwatch. We are aiming to produce a more advanced plan by 30 June 2016. Implementation will begin once the plan has been submitted and approved, under the guidance of NHS England.

Better Care Fund Links to the Sustainability and Transformation Plan

The Better Care Fund was announced as part of the 2013 spending round to create a local single local pooled budget to incentivise the NHS and local government to work more closely together around people, placing their well-being as the focus of health and care services. Nottinghamshire has made good progress across the health and social care economy in line with the national BCF requirements, including progress against the 6 national conditions. In 2016/17 we will build on our locally designed models of integrated care which places the focus on promoting health, wellbeing, prevention and independence rather than illness. By 2018, we will have used the BCF as a key enabler to mobilise a fully integrated care model that will significantly reduce the demand for hospital services. Ultimately the BCF plan will be incorporated in the wider system plan, and reflected within the overarching STP for Nottinghamshire. The BCF is therefore a key enabler in the implementation of our STP.

The development of the STP signals a move away from an annual planning process that has delivered incremental, organisational-specific improvement to a longer-term view that delivers transformational change across organisational boundaries.

The co-production of the five year STP will enable the health and social care community across Nottinghamshire to continue to plan together with confidence, alongside the Better Care Fund and emerging new models of community placed based care in a way that demonstrates collaboration of partners across organisational boundaries. It will represent the combined strategy and framework for joint working across health, social care and public health