

NHS Health Check in Nottinghamshire 2013-2016



**Nottinghamshire
County Council**

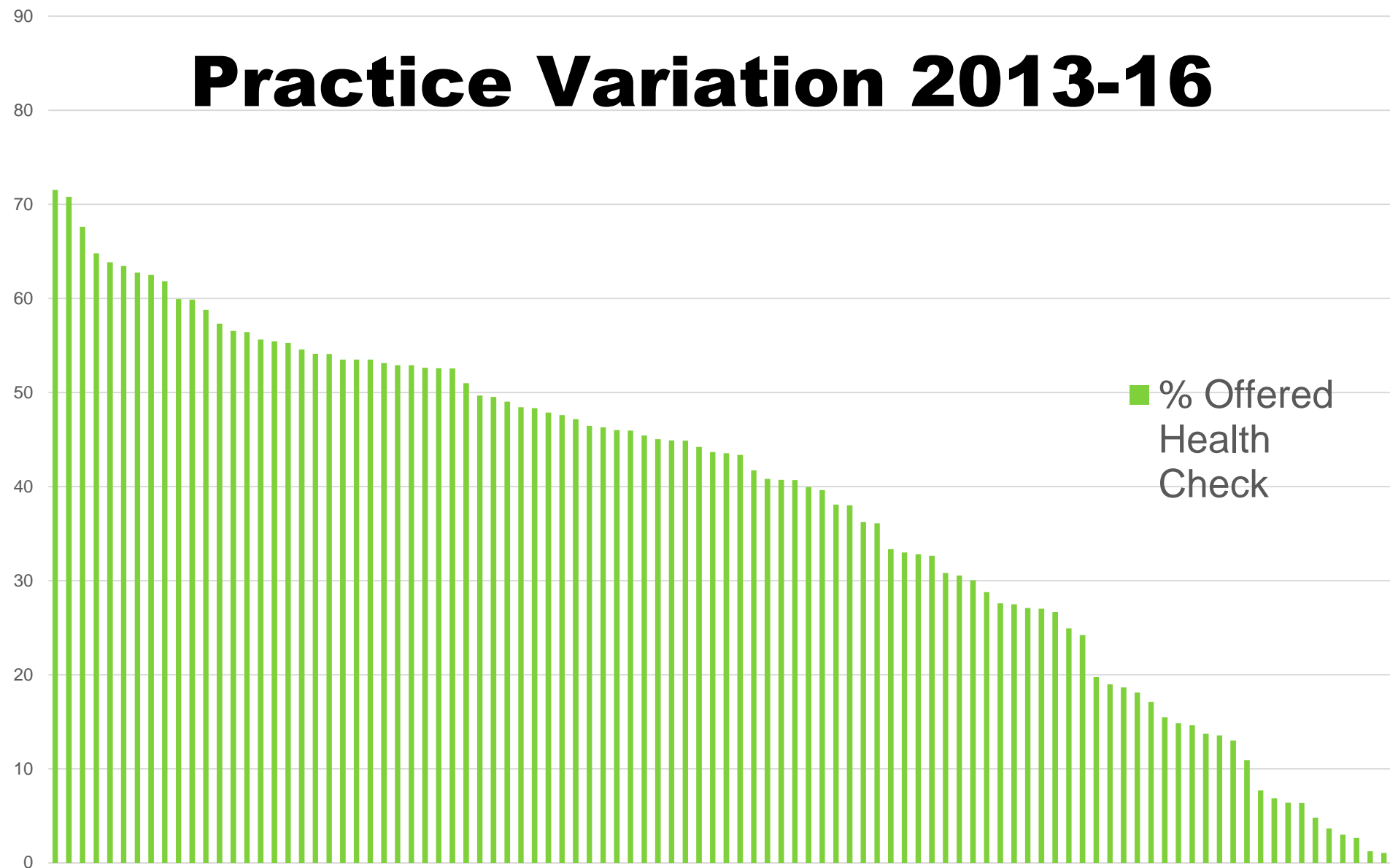
Outline of Service Provision

- National risk assessment and risk reduction programme for eligible 40-74 year olds
- Aim to reduce premature CVD deaths; synergy with smoking, obesity and alcohol services, diabetes prevention
- Commissioned by the local authority
- Delivered by GP practices
- Access via GP invitation (letter) or self-referral

Activity, KPIs

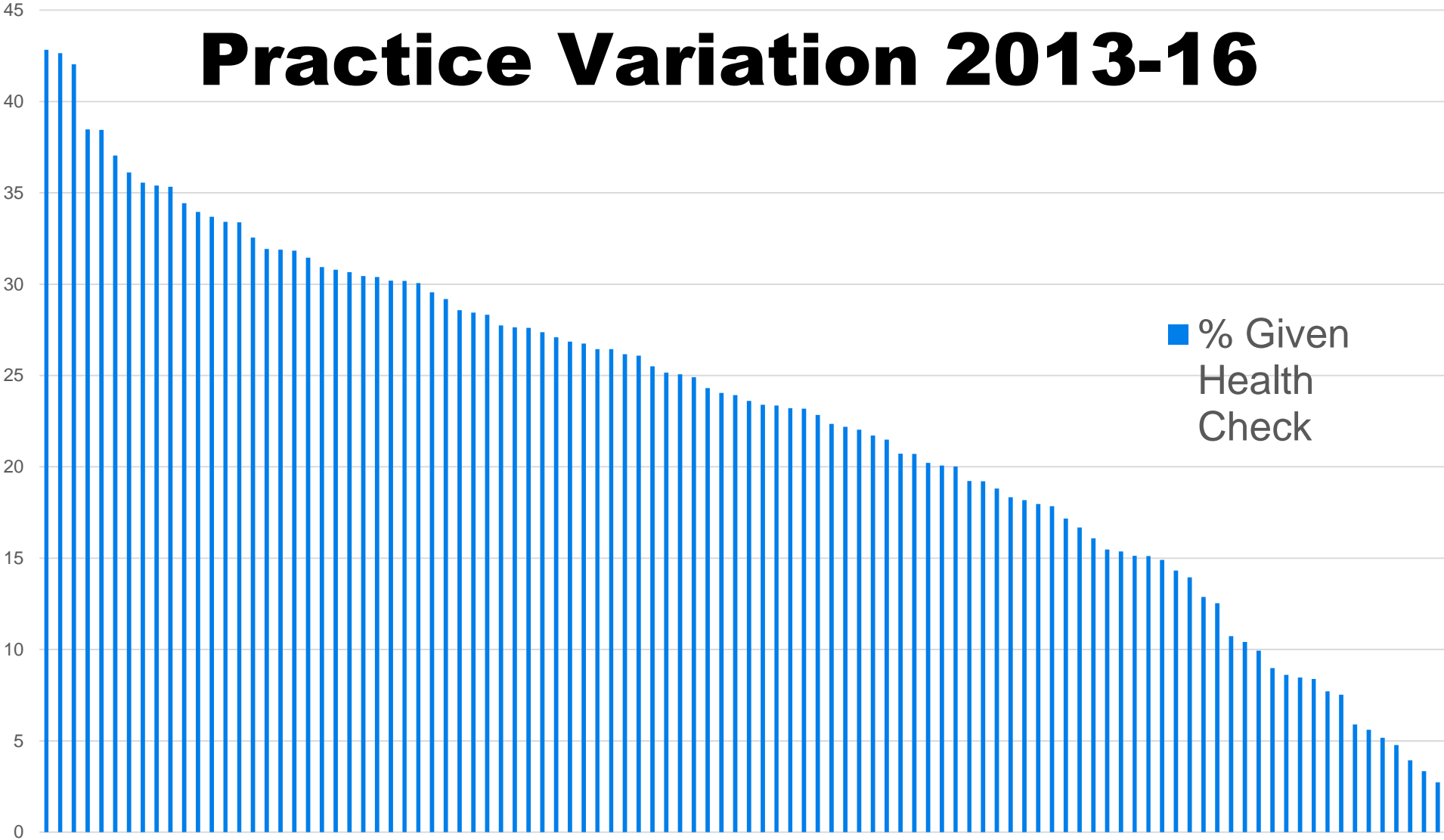
- Eligible population 278,648 people (at 1st April 2015)
- Targets:
 - offer to 20% of eligible population a year
 - 66% take up the offer (aspiring to 75%)
- Between 1st April 2013 and 21st February 2016
 - 111,618 people were offered a check for the first time (40% of the eligible population)
 - 64,943 people had a check (58% uptake)
 - 2,666 people were recorded as high risk (5% of checks; was 13% following 2010-12 targeting)
 - 1,126 CVD diagnoses were attributable to health checks

Practice Variation 2013-16



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Practice Variation 2013-16



■ % Given Health Check

Outcomes

Between 1st April 2013 and 21st February 2016, the following CVD risk factors were recorded:

- Obese 15,196 (25%)
- High blood pressure 14,448 (23%)
- Smokers 9,536 (15%)
- Pre-diabetes 4,265 (8%)
- Diabetes 1,132 (2%)

Development

- Practice liaison framework incorporating national standards audit
- CCG dashboards
- Updated GP contract
- IT procurement; system to go live 1st April '17
- Social marketing and targeting
 - routine manual workers, younger males, smokers
 - point of care testing
 - heart age online