

# Dementia in Nottinghamshire Framework for Action 2016-2020

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# Why is dementia a priority for the Health & Wellbeing Board?

- 10,246 people live with dementia in Nottinghamshire. This is expected to increase to 11,546 by 2020, an increase of 12.6%
- 30-50% of people in acute hospitals have dementia, delirium or other cognitive impairment
- Dementia is a key factor leading to admission to a care home
- People live for many years after the onset of symptoms
- Dementia is overwhelming for carers and they need support
- Centre for Dementia at Nottingham University  
<http://www.nottingham.ac.uk/research/groups/dementia/index.aspx>

# Prime Minister's Challenge2020

- Improve public awareness of the risk factors for dementia
- Access to diagnosis
- GPs' role in co-ordinating care
- Meaningful care after diagnosis,
- Education and training for NHS and social care staff
- Hospitals and care homes to become 'dementia friendly'
- Dementia Friends and Dementia Friendly communities campaign
- National and local government to encourage all organisations to become dementia friendly
- Increase in dementia research funding





  
Department  
of Health

Prime Minister's challenge on  
dementia 2020



February 2015

**NHS ENGLAND TRANSFORMATION FRAMEWORK – THE WELL PATHWAY FOR DEMENTIA**

PREVENTING WELL	DIAGNOSING WELL	LIVING WELL	SUPPORTED WELL	DYING WELL
 <p>Risk of people developing dementia is minimised</p>	 <p>Timely diagnosis, integrated care plan, and review within first year</p>	 <p>People with dementia can live normally in safe and accepting communities</p>	 <p>Access to safe high quality health &amp; social care for people with dementia and carers</p>	 <p>People living with dementia die with dignity in the place of their choosing</p>
<p>"I was given information about reducing my personal risk of getting dementia"</p>	<p>"I was diagnosed in a timely way"</p> <p>"I am able to make decisions and know what to do to help myself and who else can help"</p>	<p>"Those around me and looking after me are supported"</p> <p>"I feel included as part of society"</p>	<p>"I am treated with dignity &amp; respect"</p> <p>"I get treatment and support, which are best for my dementia and my life"</p>	<p>"I am confident my end of life wishes will be respected"</p> <p>"I can expect a good death"</p>
<p><b>STANDARDS:</b></p> <p>Prevention<sup>(1)</sup> Risk Reduction<sup>(5)</sup></p>	<p><b>STANDARDS:</b></p> <p>Diagnosis<sup>(1)(5)</sup> Memory Assessment<sup>(1)(2)</sup> Concerns Discussed<sup>(3)</sup> Investigation<sup>(4)</sup> Provide Information<sup>(4)</sup> Care Plan<sup>(2)</sup></p>	<p><b>STANDARDS:</b></p> <p>Integrated Services<sup>(1)(3)(5)</sup> Supporting Carers<sup>(2)(4)(5)</sup> Carers Respite<sup>(2)</sup> Co-ordinated Care<sup>(1)(5)</sup> Promote independence<sup>(1)(4)</sup> Relationships<sup>(3)</sup> Leisure<sup>(3)</sup> Safe Communities<sup>(3)(5)</sup></p>	<p><b>STANDARDS:</b></p> <p>Choice<sup>(2)(3)(4)</sup> BPSD<sup>(6)(2)</sup> Liaison<sup>(2)</sup> Advocates<sup>(3)</sup> Housing<sup>(3)</sup> Hospital Treatments<sup>(4)</sup> Technology<sup>(5)</sup> Health &amp; Social Services<sup>(5)</sup></p>	<p><b>STANDARDS:</b></p> <p>Palliative care and pain<sup>(1)(2)</sup> End of Life<sup>(4)</sup> Preferred Place of Death<sup>(5)</sup></p>

[PHOF Dementia Profile](#)

# Dementia Profile

Indicator keywords

Prevalence

Preventing well

Diagnosing well

Living well

Supporting well

Dying well

Overview

Compare indicators

Map

Trends

Compare areas

Area profiles

Definitions

Download

Area type: County & UA

Areas grouped by: Region

Benchmark: England

Area:  Search for an area

Region: East Midlands

[CIPFA nearest neighbours to Nottinghamshire](#)

Indicator:   Show all indicators

Compared with benchmark: ● Lower ● Similar ● Higher

\* a note is attached to the value, hover over to see more details

**Nottinghamshire**

Trends for: **All in East Midlands region**

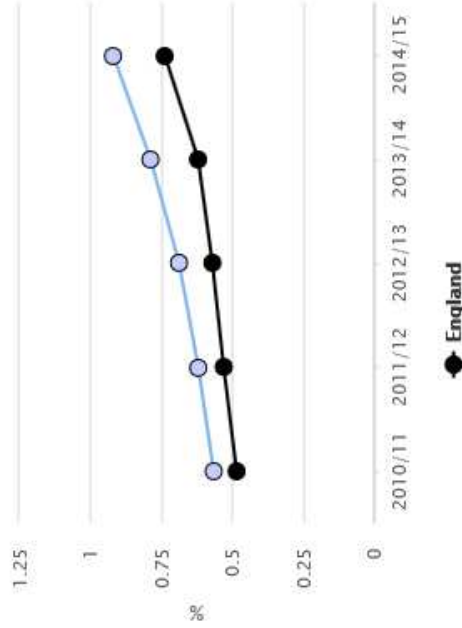
## Dementia: Recorded prevalence (all ages) Nottinghamshire

Nottinghamshire

Proportion - %

Export chart as image

Show confidence intervals



Period	Count	Value	Lower CI	Upper CI	East Midlands	England
2010/11	4,294	0.56	0.55	0.58	0.51	0.48
2011/12	4,734	0.62	0.60	0.64	0.56	0.53
2012/13	5,300	0.69	0.67	0.71	0.62	0.57
2013/14	6,022	0.79	0.77	0.81	0.69	0.62
2014/15	6,970	0.92	0.90	0.94	0.79	0.74

Source: Quality Outcomes Framework (QOF), Health and Social Care Information Centre (HSCIC)

Around a **third** of Alzheimer's disease cases might be attributable to potentially modifiable risk factors.



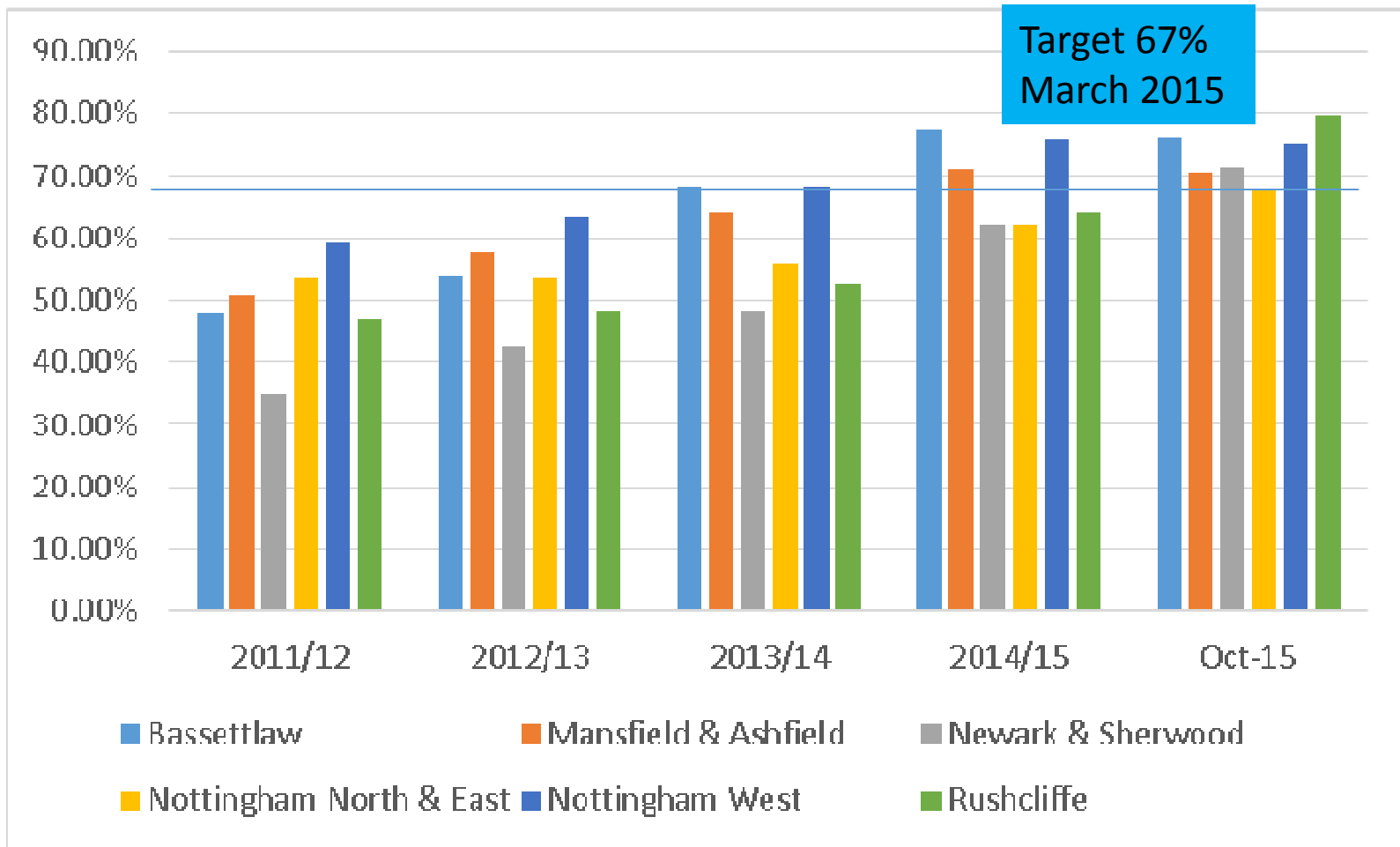
A **20% reduction** in risk factors per decade could reduce UK prevalence by **16.2%** (300,000 cases) by 2050

**What's good for the heart is good for the brain**



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# Dementia Diagnosis rates 2011/12 to Oct2015



# Dementia Friendly Communities

1. Do you feel your local community supports people with dementia?

I feel like I DO have community support

I feel like I DON'T have community support

2. Do you have the confidence to go out locally?

I feel like I DO have confidence going out locally

I feel like I DON'T have confidence going out locally

3. Do you get the service/support you need?

I feel like I DO get the services I need

I feel like I DON'T get the services I need

4. Do the public understand the needs of people living with dementia?

I feel the public DO understand the needs of people who have dementia

I feel the public DON'T understand the needs of people who have dementia

5. Would you feel more comfortable if an organisation/business displayed the Dementia Friendly symbol. (Maybe then show a picture of the symbol)



I would feel more comfortable if an organisation displayed a dementia friendly symbol

I WOULDN'T feel more comfortable if an organisation displayed a dementia friendly

**Key**  
I do is blue  
I don't is red



## Falling through the system

- Lack of accessible local services after discharge from Memory Service
- Lack of communication between different parts of the NHS and between health & social care
- Cost of social care
- Lack of understanding about dementia among staff and general public



# THE WELL PATHWAY

PREVENTING WELL	DIAGNOSING WELL	SUPPORTING WELL	LIVING WELL	DYING WELL
Reduce risk of people developing dementia	Timely diagnosis, integrated care plan and review	Access to safe, high quality health & social care	People with dementia can live normally in a safe community	People die with dignity in a place of their choosing (and other hospital or care home )
Prevention Risk reduction Health Checks	<p>GP watchful waiting</p> <p>Diagnosis</p> <p>Memory Assessment Service</p> <p>Working Age Dementia</p> <p>Provision of Information</p> <p>Cognitive Stimulation Therapy (CST)</p> <p>Psychological therapies</p>	<p>Community Mental Health Teams</p> <p>Home Care</p> <p>Day Services</p> <p>Dementia Advice &amp; Support Service</p> <p>Intensive Recovery Intervention service (IRIS)</p> <p>Personal Budgets &amp; Direct Payments</p> <p>Assistive Technology</p> <p>Mainstream Intermediate Care, START &amp; Re-ablement</p> <p>PRISM and other Integrated Teams</p>	<p>Respite care</p> <p>Dementia Friends</p> <p>Dementia Friendly Communities</p> <p>Befriending Schemes</p> <p>Extra Care Housing</p> <p>Carers' support</p> <ul style="list-style-type: none"> <li>- Carers' Hub</li> <li>- Carers Information programmes</li> <li>- Carers' support groups</li> <li>- Compass workers</li> </ul>	<p>Specialist dementia assessment inpatient wards</p> <p>Care Homes</p> <p>Dementia Quality Mark</p> <p>Specialist dementia outreach to support care homes</p> <p>Rapid Response Liaison Psychiatry</p> <p>Continuing Health Care</p> <p>End of Life Care Pathway</p>



Working together to create and  
deliver meaningful care after  
diagnosis and to carers

Compass Workers

Personal Budgets

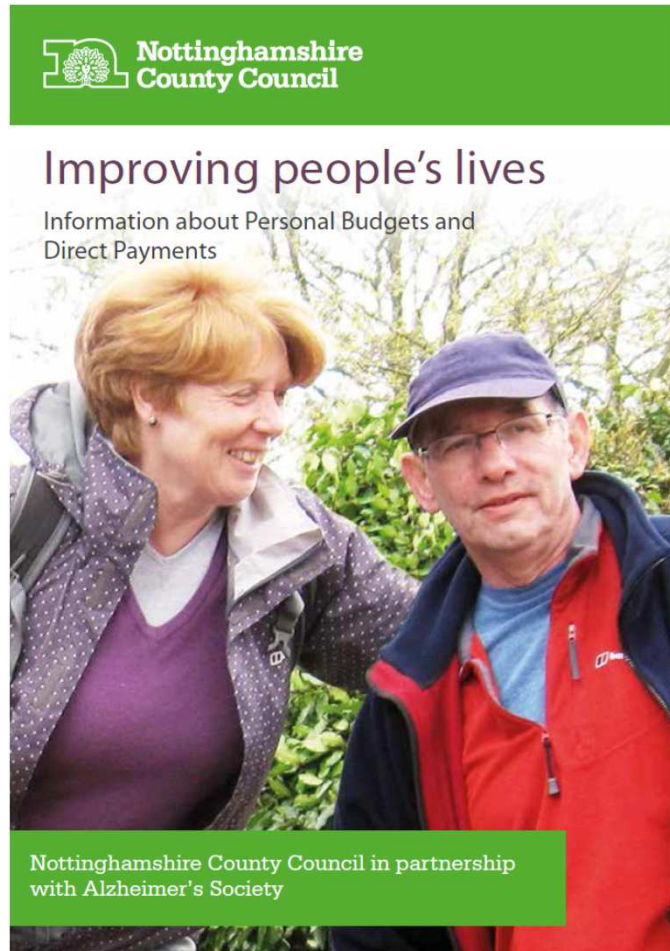
Specialist Extra Care



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# Meaningful care after diagnosis and carers



Produced information and advice.

Raised awareness of dementia

Creative options for care packages

Increased number of people in receipt of direct payments (140-300)

# Meaningful care after diagnosis



## **Poppy Court**

## **Mansfield – Extra Care**

Developed in partnership  
with Mansfield District  
Council and HCA funding



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# Meaningful care after diagnosis



10 specialist bungalows designed to meet the needs of people with dementia.

Opening mid May

8 people ready to move in.



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# Beyond the Narrative

- Evolution of the Sub-plot
- Heroes
- ... and of course villains
- Epilogue

