## Report to Trustboard: October 2006

# The Development of a Wellbeing and Social Inclusion Service for Adults in Nottingham and South Nottinghamshire

## **Proposal**

#### 1. Introduction

1.1 Attached at appendix 1 is the proposal to develop a Wellbeing and Social Inclusion Service for Nottingham City and South Nottinghamshire. It will form the basis for public consultation between 1st November 2006 and 31st January 2007. It is linked to the Service and Financial Strategy for Adult Mental Health Services received by the Trust Board at its September 2006 meeting.

# 2. Summary of Proposal

- 2.1 It proposes to develop a service based on 5 domains. These are:
  - Arts and culture
  - Sport and leisure
  - Education
  - Volunteering
  - Employment

## 3. Process to develop the Proposal

- 3.1 The proposal has been developed as an integral part of the work to reshape community services. It is the product of a steering group under the chairmanship of Dr Ian Medley.
- 3.2 The work has a clinical leader, Dr John Howat, who will present the proposal to the Trust Board. In terms of the Employment Domain, it is built on a detailed piece of work to develop a Trust Vocational Services Strategy. This piece of work has been led by Professor Justine Schneider, which is attached at appendix 2.

## 4. Summary of Policy Context/Evidence Base

4.1 The proposal to establish a Wellbeing and Social Inclusion Service will enable the implementation of national social inclusion policy guidance contained in *Mental Health and Social Exclusion (ODPM, 2004)* and *Reaching Out: An Action Plan on Social Exclusion (Cabinet Office, 2006)*. It supports the

new direction for mental health and social care to support recovery and social inclusion identified by the National Director for Mental Health in his *Quinquennial Review of the National Service Framework (DH, 2006)* and accords with the general direction for health and social care with respect to choice and empowerment identified in *Our Health, Our Care, Our Say: making it happen (DH, 2006)*; and for public mental health with respect to mental health promotion and reduction of stigma and discrimination in *Choosing Health (DH, 2004)* and *Health Challenge England (DH, 2006)*.

- 4.2 The approach identified is in line with evidence based best practice and recent national guidance Vocational Services for People with Severe Mental Health Problems:

  Commissioning Guidance, DWP/DH 2006) and Modernising Day Services: a checklist for providers to bring about change (DH 2006).
- 4.3 The vocational services elements, in particular, will also achieve readiness for the impact of the *Welfare Reform Bill* currently before parliament with its radical changes in the incapacity benefit system and for vocational rehabilitation. Finally it will be necessary to set in place the mental health service contribution to the attainment of the *Local Area Agreement Outcome Targets* of achieving significant increases in the proportion of those with severe mental health problems engaged in employment, education and volunteering agreed for Nottingham and Nottinghamshire.

### 5. Conclusion

The Board is asked to receive the proposal as the basis for consultation commencing 1<sup>st</sup> November 2006 to 31<sup>st</sup> January 2007.

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