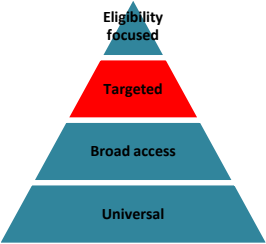
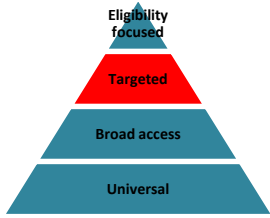


ADULT SOCIAL CARE & PUBLIC HEALTH - SERVICE OFFER TO SUPPORT MENTAL WELLNESS

	What we do... ✓	What we don't do... ✗
<p data-bbox="49 398 355 651"> Statutory social care underpinned by legislation in the Care Act, Mental Health Act and Mental Capacity Act </p> 	<p data-bbox="384 398 675 432">Under the Care Act</p> <p data-bbox="384 436 1182 577">If, as a result of physical or mental disability of illness, someone's well-being is impacted by not being able to achieve significant (defined eligibility) outcomes without assistance or distress, then the Council will:</p> <ul data-bbox="397 618 1182 1608" style="list-style-type: none"> • Provide signposting, information and advice on local mental health services. • Support access to services and resources in the community • Undertake an initial needs assessment of people with mental health issues and their carers to establish care and support needs and any risks. • Determine people's eligibility for care and support under the Care Act • Maximise the use of available resources to reduce further dependency on social care support. • Gather information on safeguarding concerns to determine the level of involvement needed. • Facilitate hospital discharge for patients with mental health illness. • Community support to avoid admission to hospital. • Reduce deterioration in people's situations and promote independence and wellbeing. • Mental Health reablement - preventative and recovery based helping to develop and implement goals whilst promoting independence, choice and control - to take positive steps to maintain good mental health and wellbeing. • Coproduction of support with people who have lived experience of Mental Health • Assess the impact of caring for someone with mental ill-health on the well-being of a carer. <p data-bbox="384 1648 1182 1715">Occupational Therapy, as part of the social care workforce can also:</p> <ul data-bbox="397 1727 1182 1977" style="list-style-type: none"> • Undertake Care Act Assessments adhering to the points noted above. • Undertake strength-based functional assessments. • Provide necessary equipment, minor or major adaptations, and consider alternative ways of undertaking a task, assess and refer for assistive technology. 	<p data-bbox="1209 436 1544 613">Support adults where the welfare of children is the primary concern (contact Children's Services).</p> <p data-bbox="1209 1648 1544 1933">OTs in social care do not lead involvement with people who are experiencing an acute mental health crisis but will work alongside Health OTs in these situations.</p>



For the Ageing Well cohort we will work with health colleagues to manage mental health conditions such as Dementia, Alzheimer's or is a progressive mental health illness, to maintain people in their own home for as long as possible.

Under the Mental Health Act

Approved Mental Health Practitioners co-ordinate assessments under the Mental Health Act and, when two medical recommendations have been made, make decisions regarding detentions and arrange admissions to hospital for people who are sectioned. The AMHP also has a role in agreeing to CTOs /extensions plus guardianship, Near Relative displacements, approving Breathing Space application, implementing new policy and legislation and supporting trainee AMHPs.

Under the Mental Capacity Act

Where required in order to determine whether someone has capacity to make decisions about their care, the Council will:

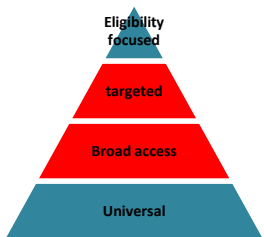
- Undertake decision-specific assessments, followed by Best Interest Decision-making if required.

Where the care arrangements of someone without capacity limit their freedoms, the Council will:

- As part of a Deprivation of Liberty Safeguard assessment process, undertake Best Interests assessments.
- Separately, where recommended, authorise Deprivation of Liberty Safeguards

The AMHP team will respond to referrals under the MHA on a 24-hour basis and can respond quite urgently at times to guide a situation around a people in crisis but can only do this as capacity allows.

Preventative Interventions

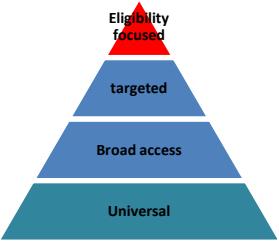
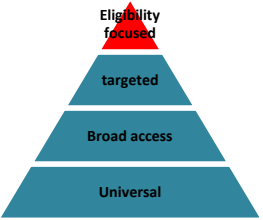


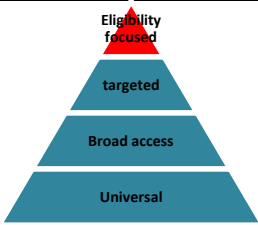
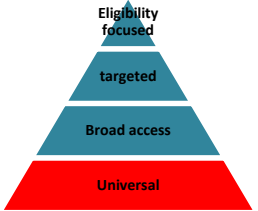
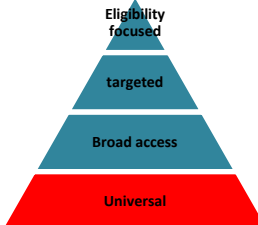
The Council has a duty under the Care Act to prevent, reduce or delay the need for more intensive social care interventions. It fulfils this duty through the activities described under the Care Act section above, and through a number commissioned and provided offers:

Moving Forward is a mental health support service delivered on our behalf by Framework HA to provide skilled support around housing, benefits, and debts. For those who access this service, Moving Forward will also support people to develop skills, connections, and confidence to build and sustain the life they want. Access is via a MH professional in a LMHT, NCC Living Well Team of through the Council's [Customer Service Centre](#).

The [Maximising Independence Service \(MIS\)](#) is a County Council service that works with people for up to twelve weeks to promote independence through building daily living skills and confidence.

Moving Forward does not currently accept self-referrals, referrals from primary care or community-based organisations.

	<p>The MIS also provides Community Development activity to enable people to work together to develop services and activities that support social connection, skills sharing and creativity and enable people to achieve the Five Ways to Well-being.</p> <p>We also want to ensure that carers of people with mental ill-health are supported. The Carers Hub, which is available to all carers from Monday to Friday to advise and support people in all aspects of their caring roles from well-being to finances, peer support to respite.</p>	
<p>Commissioned personalised support</p> 	<p>Following a Care Act assessment to establish eligibility and care and support needs, the Council will, based on a calculated personal budget, either arrange care and support services to meet identified outcomes or make a direct payment to the person to arrange this themselves. This can be for:</p> <ul style="list-style-type: none"> • Occupational activity and day opportunities • Care Support and Enablement outreach support to provide 1:1 care and support hours to people in their own homes • Equipment and adaptations via housing partners • Supported accommodation (see below) • Other services as required to meet need • Direct payments can be used to pay Personal Assistants, so that people can take greater control of the care and support arrangements, tailored to their needs • Carers personal budgets are one off payments, based on assessed needs, to support and sustain carers and reduce carer stress 	<p>Provide statutory services for people who don't meet Care Act eligibility criteria.</p> <p>Directly provide drug and alcohol services.</p> <p>Provide services that Health have the responsibility for.</p>
<p>Advocacy</p> 	<p>In support of the statutory functions described above, the Council commissions Pohwer to provide independent advocacy to help people to understand their rights and choice and to enable their views and concerns to be heard. The service provides:</p> <ul style="list-style-type: none"> • Independent Mental Health Advocacy (IMHA) • Independent Mental Capacity Advocacy (IMCA) • Independent Care Act Advocacy (ICAA) • NHS Complaints Advocacy • Transforming Care Advocacy 	<p>Advocates will not:</p> <ul style="list-style-type: none"> • Give personal opinion • Make decisions for someone • Make judgements about people
<p>Supported Accommodation</p>	<p>As part of their care and support arrangements the Council can help people access specialist housing. This can be low level short term supported accommodation for people who do not need 24-hour support, or</p>	<p>The Council is not a housing provider but a commissioner of supported accommodation with</p>

	<p>supported living or residential care where people need a greater level of care and support.</p> <p>When the need for supported housing is identified the Council will ensure it:</p> <ul style="list-style-type: none"> • Is offered based on a person's needs • Will support people to develop the skills needed for living with greater independence • Promotes recovery and allows people to fulfil their own potential • Supports people, where possible, to move to less supported accommodation • Is in people's preferred locality (although this is balanced against availability and the level of support required) 	<p>eligible support needs under the Care Act.</p> <p>Access to general needs housing is via District Councils and other housing providers, including private landlords. This can be supported by <i>Moving Forward</i>.(see prevention)</p>
<p>Information and Navigation</p> 	<p>Whether people contact the Customer Service Centre or are being supported by their social worker, all points of contact will explore whether somebody might benefit from information about or signposting/referring to the broader range of resources available in their community or online.</p> <p>Some of these resources will be developed with the support of the Council and are part of the Co-production Network. Others might receive funding through the Council's Local Improvement Scheme.</p> <p>Local community resources can be found on the Council's online directory Notts Help Yourself</p>	
<p>Public Mental Health</p> 	<p>Our Public Health team play a key role around mental health in respect of:</p> <p>Promotion of good mental health including:</p> <ul style="list-style-type: none"> • Supporting a consistent approach to mental health promotion campaigns, including suicide prevention and awareness • Leading and championing the Mental Health Prevention Concordat • Explore options with District Councils to share learning and good practice across the County to support improvements in mental health promotion • Support the system in further improving the knowledge, competencies, and skills of the workforce in relation to mental health promotion and suicide prevention. This includes promotion of training across the system, some commissioning of training and developing a network of mental health champions. <p>Prevention of mental ill-health:</p>	<p>Provide or commission mental health or crisis services, however we work closely with the CCG and Notts Healthcare Trust to ensure an aligned approach with transformation programmes and commissioned services such as the Integrated Well-being Service and CGL Drug and Alcohol Support Services</p> <p>Deliver training, but we do commission training to address gaps that cannot reasonably be</p>

- Work with Community Friendly Nottinghamshire and the Place Department to support the promotion of a Community Organising Approach in relation to supporting good mental health across communities
- Explore options with District Councils to share learning and good practice

Reducing mental health inequalities, including work to embed parity of esteem between physical and mental health across Public Health commissioned services

Public Health also leads system wide **suicide prevention** work including:

- Strategic leadership, co-chairing the partnership-wide Suicide Prevention Strategic Steering Group and Suicide Prevention Stakeholder Network to review suicide pathways and develop and oversee delivery of the local Suicide Prevention Strategy and Action Plans
- Delivery of Wave 4 Suicide Prevention Programme, which will include commissioning of system and community training, targeted suicide prevention support, self-harm prevention and a universal and targeted communications campaign
- Managing the Real Time Surveillance System where suspected suicide deaths to inform appropriate suicide prevention responses, including responses to potential suicide clusters.
- Commission suicide awareness and prevention training to the CVS across Nottinghamshire County Council and to elected members.
- Complete the Joint Strategic Needs Assessments

met by employing organisations across the system and for the CVS and wider community.