



## **REPORT OF THE CHAIR OF THE HEALTH AND WELLBEING BOARD**

### **CHAIR'S REPORT**

#### **Purpose of the Report**

1. The report provides an update by the Chair on local and national issues for consideration by Health and Wellbeing Board members to determine implications for the Joint Health and Wellbeing Strategy for 2022-26.

#### **Information**

##### **LOCAL**

#### **Create Healthy and Sustainable Places**

##### Nottinghamshire to become a Sustainable Food Place

2. [Sustainable Food Places](#) is a national programme led by the Soil Association, Food Matters and Sustain. The programme brings together pioneering food partnerships from across the UK that are driving innovation and best practice on all aspects of healthy and sustainable food. In November 2022 Nottinghamshire became a member of Sustainable Food Places (SFP), joining over 80 other areas across the country in improving their local food system.
3. Developing Nottinghamshire as a sustainable food place is part of the ambition to develop healthy and sustainable places as outlined in the Joint Health and Wellbeing Strategy 2022-26. The vision and call to action for food and health is set out in the county's [Food Charter](#), which was endorsed by the Health and Wellbeing Board in February 2022.
4. Nottinghamshire Sustainable Food Network (SFN) will build on the successful work to date on food insecurity and drive forward plans to improve the whole local food system. The Network brings together local authorities and the NHS with the voluntary and community sector, and other stakeholders such as academics, food producers and businesses. This is an umbrella network which aligns with others, such as district Feeding Britain partnerships, and county social eating and food growing networks to improve health outcomes through food.
5. Nottinghamshire as a sustainable food place will have access to a wide range of support, including peer-to-peer networking, regular events and conferences, grant and campaign opportunities, and Sustainable Food Places awards. Next steps are to develop a Nottinghamshire good food plan and progress towards a SFP bronze award putting Nottinghamshire on the Sustainable Food places map.
6. For further information, please contact Kathy Holmes [kathy.holmes@nottscc.gov.uk](mailto:kathy.holmes@nottscc.gov.uk).

#### [£1.14 billion devolution deal for the East Midlands](#)

7. The Government has confirmed that a £1.14 billion devolution deal is on offer for the East Midlands, covering Derbyshire, Nottinghamshire, Derby, and Nottingham. The deal will provide the region with a guaranteed income stream of £38 million per year over a 30-year period. Covering an area home to around 2.2 million people, an East Midlands combined authority would be one of the biggest in the country. The signing of the deal, will, subject to relevant approvals, consultation, and primary and secondary legislation passing through Parliament, establish the first ever Mayoral Combined County Authority in the country.

#### [Broxtowe Businesses receive boost thanks to Town Centre Recovery Fund](#)

8. Fifty Stapleford businesses are benefitting from a share of over £500,000 to help them recover from the pandemic. A local plumbing firm, dance school, sewing studio, micropub, food outlets and high street restaurants are just a few of the many businesses that have been able to fund vital improvements to their premises through the £1 million Town Centre Recovery Fund, part of the £21.1 million Stapleford Towns Fund.

#### [New council homes in Mansfield awarded coveted Passivhaus standard](#)

9. Four houses in Mansfield have become among fewer than 200 homes in the UK to officially achieve coveted Passivhaus accreditation for energy efficiency and ultra-low carbon emissions. The two-bedroom semi-detached houses in Saundby Avenue were completed in May and designed to world class energy efficiency and insulation standards in line with the Council's green agenda to become carbon neutral by 2040. The first of their kind in Mansfield, the homes are among only 181 Passivhaus certified homes in the UK.

#### [Bassetlaw District Council secures Government Grant to decarbonise Queen's Buildings](#)

10. Bassetlaw District Council is cutting its carbon footprint and reducing its reliance on fossil fuels thanks to a government grant to fully decarbonise Queen's Buildings, which contains the Council's Head Office, Worksop Job Centre, and Worksop Police Station. The funding has been made available by the Department for Business, Energy, and Industrial Strategy (BEIS) through the Government's Public Sector Decarbonisation Scheme, delivered by Salix Finance. The works are projected to cut the emissions of tonnes of Carbon Dioxide equivalent (tCO<sub>2</sub>eq) at Queen's Buildings by 65%.

### **Everyone can access the right support to improve their health**

#### [Trading Standards enforcement action – Tobacco Control](#)

11. Nottinghamshire County Council Trading Standards Service receives funding from Public Health to provide enforcement action in relation to the supply of illegal tobacco products within the County. This intelligence led approach has traditionally centred around the illicit / counterfeit trade in cigarettes and hand rolling tobacco (HRT), sold at a lower price from retail outlets within the supply chain. During the first quarter of this year, seizures of 1,336 packets of cigarettes and 13,254 pouches of HRT have already taken place.

12. The Service has also an increase in complaints of vaping products not meant for the UK market. The legislation for the UK market limits the capacity of the product to 2ml (approx. 600 puffs), but some seized product contains up to 10,000 puffs. In September, a seizure took place from one general retail outlet of 1,356 vapes, 102 of which contained 10,000 puffs and also 28 packets of counterfeit cigarettes. The Service is investigating the suppliers with an aim to take further action.

#### Newark and Sherwood District Council's urging residents to register defibrillators to help if the unexpected happens

13. Newark and Sherwood District Council is urging all those who own a defibrillator or have one on their land in the district to register it with 'The Circuit' scheme. 'The Circuit' is a national defibrillator network run by The British Heart Foundation that provides an overview of where publicly available defibrillators are located. The location and status of all defibrillators registered on 'The Circuit' is instantly synchronised with the emergency services' systems to ensure that their information is always up to date and ready to help save lives. All defibrillators that are owned by the District Council are registered with 'The Circuit'. For more information or to register to 'The Circuit', please visit their website at: <https://www.thecircuit.uk/>.

#### Nottingham and Nottinghamshire Joint Local Transformation Plan for Children and Young People's Emotional and Mental Health 2016-2023

14. The September 2022 update for the Nottingham and Nottinghamshire Joint Local Transformation Plan for Children and Young People's Emotional Well-Being and Mental Health 2016-23 is now available. The aim of the local transformation plan is to explain progress to date and future priorities in relation to children and young people's mental health. Please find [here](#) the approved Nottinghamshire County and Nottingham City Joint Local Transformation Plan which has been endorsed by the ICS Mental Health and Social Care Partnership Board.

#### Nottinghamshire County Mental Health Promotion Action Plan 2022-2025

15. Mental health and preventing suicide and self-harm is everybody's business. We want to raise awareness by informing and influencing everyone in Nottinghamshire to respond to suicide, self-harm and mental ill health appropriately so that people get the right support at the right time. A summary of the Mental Health Promotion Action Plan 2022-2025 is provided in **Appendix 1**, as well as a guide to championing mental health awareness, self-harm and suicide prevention in **Appendix 2**.

### **Keep our Communities Safe and Healthy**

#### New Suicide Prevention Profile Update in November 2022

16. The Office for Health Improvement and Disparities releases local statistics on suicide at regular intervals throughout the year. New data on 'Years of life lost due to suicide' was released for Nottinghamshire as a 3-year average.
17. Data from 2019 to 2021 show in Nottinghamshire a total of 226 people died by suicide over this 3-year period. Years of life lost due to suicide (per 100,000) increased from 293 in 2018-2020 to 355 in 2019-2021, compared to England where years of life lost increased from 340 to 346 for the same period. The latest data release (2019 to 2021) shows Nottinghamshire remains

comparable to the England average for the years of life lost due to suicide. Nottinghamshire also ranks similarly to its Chartered Institute of Public Finance and Accountancy (CIPFA) nearest neighbours, when ranking populations by years of life lost. CIPFA nearest neighbours are areas which share similar demographics to Nottinghamshire. Nationally around 75% of people who die by suicide are men, compared to 82% in Nottinghamshire. For males in Nottinghamshire the years of life lost due to suicide is now 590 per 100,000 for 2019-2021, compared to 468 per 100,000 for 2018-2020. The latest figures remain comparable to England for the same period (518 per 100,000 and 515 per 100,000 respectively).

18. The Joint Health and Wellbeing Strategy and the Nottingham and Nottinghamshire Suicide Prevention Strategy has identified males as a strategic priority. The Suicide Prevention strategy commits to identifying groups at risk of suicide, giving particular focus to men, and ensuring they have access to evidence-based interventions. For further information about suicide prevention, please read [Nottingham City and Nottinghamshire Suicide Prevention Strategy](#).

#### [Ashfield's Cost of Living Hub launched](#)

19. The Council declared a cost-of-living emergency at Full Council in July and has since launched Feeding Ashfield and the Cost-of-Living Hub to support residents and businesses who are facing difficulties. The hub, which can be found on the Council's website, brings together key information, and guidance split across six sections relating to different issues. The website signposts residents and businesses for Benefits, Council Tax, and Housing support; Council services support; support for businesses; money, bills, and debt support; health and wellbeing support; and support from other organisations. You can access the [Cost of Living Hub on the website](#).

#### [Mansfield Council announces help available to residents at first Cost of Living Summit](#)

20. The Council declared a cost-of-living emergency during its meeting of the Full Council on 20 September, and brought together key partners across the district for its first Cost of Living Summit on 7 October. The summit, led by Elected Mayor Andy Abrahams, saw plans to immediately benefit residents, including a 'Warm Rooms' scheme and cost of living roadshow. The Warm Rooms scheme will be a network of warm spaces open to people struggling to heat their homes over the colder months. These will run with the support of council partners currently including, Mansfield Museum, Oak Tree Leisure Centre and a range of community and voluntary organisations. The meeting also saw keynote speeches from the Fuel Bank Foundation and Feeding Britain, followed by a group activity to capture challenges and gaps in the system that could be collaboratively filled.

#### [Bassetlaw District Council Grants support Cost of Living measures](#)

21. Bassetlaw District Council has awarded £65,000 in grants to local organisations to support their work in helping residents deal with the rising cost of living. The grants focus on addressing the key cost of living issues facing people in the district, which have been identified by the Bassetlaw Financial Inclusion Forum – a group of district-wide community partners, of which the Council is a member. The grants are part of a wider package of Council measures that include a 24/7 helpline for Council Tenants, additional tenancy support officers, extra money advice support for residents, the introduction of a hardship scheme, the development of a network of warm spaces across the district, and the promotion of Half Term Food Hubs.

22. BCVS in conjunction with the Council have also produced a cost-of-living booklet, detailing the support available in Bassetlaw including Money and Finance, Food, Clothing, Energy and Fuel and more. Copies are available via the [BCVS website](#) or from the Council Offices in Worksop, Retford, and Harworth.

#### [Ashfield Funding secured to support domestic abuse survivors](#)

23. Ashfield District Council has secured £30,000 match funding, £60,000 in total, to support domestic abuse survivors under the Sanctuary Scheme Programme. The Sanctuary Scheme allows survivors of domestic violence to safely remain in their own homes, without fear of the perpetrator returning, by installing a safe room in their home. The Scheme also allows other security measures to be installed, such as extra locks, stronger doors, security lights, and a portable police alarm. This funding follows the recent £63,333 secured for safety enhancements in Hucknall town centre, and the £1.3m secured from the Safer Streets Fund for interventions in Sutton and Kirkby.

#### [Office of the Police and Crime Commissioner for Nottinghamshire was successful in a £1m funding bid to help children affected by domestic abuse](#)

24. Children affected by domestic abuse in Nottinghamshire will be given more help to recover from the harm experienced in their homes as the Office of the Police and Crime Commissioner for Nottinghamshire was successful in a £1m funding bid to help tackle a growing need for support for some of the county's most vulnerable youngsters. The funding will help pay for specialist training and support to nursery and primary school workers to help spot the signs of domestic abuse, as well as giving more children access to a range of therapeutic support services.
25. The proposals include piloting a specialist Early Years domestic abuse training package to nursery practitioners across Nottingham and Nottinghamshire and creating more access for children to specialist therapy to help their emotional health and wellbeing, feelings of safety and freedom to go about their daily life. Additional wrap-around support will also be provided for some of the most vulnerable primary school children who disclose domestic abuse during existing healthy relationship programmes in school.

## **NATIONAL**

### **Homelessness**

#### [Life changing care: the role, gaps and solutions in providing social care to people experiencing homelessness](#)

26. This report published by St Mungo's, examines the provision of care services for people who have been homeless and finds they are missing out on the care they need and deserve because of lack of specialist provision. People who have experienced homelessness often have multiple and complex health conditions, which can result in their care needs being much higher and more prevalent at an earlier age than the general population. The report makes eight recommendations about how to improve the current situation.

#### [A new way of working: ending rough sleeping together - progress report](#)

27. The Kerslake Commission on Homelessness and Rough Sleeping has published this report which assesses the steps made towards ending rough sleeping in England and considers the

impact of the current economic crisis. It tracks the progress against its original recommendations made last September – grading them as green, amber or red – as well as providing an updated set of recommendations reflecting the present cost-of-living emergency.

#### [Working in partnership: creating an effective rough sleeper strategy](#)

28. On 19 May 2022 more than 30 councils attended a morning roundtable to discuss their priorities for the new rough sleeping strategy, due to be released later in the year. This report published by the Local Government Association, covers what was discussed at the roundtable, including what central government, local government and the third sector can do to help end rough sleeping.

#### [Housing our ageing population: Learning from councils meeting the housing need of our ageing population](#)

29. This report, commissioned by the Local Government Association, from the Housing Learning and Improvement Network, makes a number of recommendations to the government on how we can best meet the needs of people in later life, with case studies demonstrating how councils are addressing the housing needs of an ageing population. It highlights how the suitability of housing stock is of critical importance to the health of individuals and impacts on public spending, particularly adult social care, and the NHS.

### **Tobacco**

#### [Smoking, Drinking and Drug Use among young people in England 2021](#)

30. On the 6th of September 2022, NHS Digital published the Smoking, Drinking and Drug Use among young people, 2021 (SDDU). This is a biannual survey of 11- 15-year-olds in England, capturing their smoking, vaping, drinking and drug use. Based on the 2021 survey, these are the key findings:

- a) There has been a decrease in the prevalence of smoking cigarettes 12% of pupils had ever smoked (16% in 2018).
- b) Current e- cigarette (vaping) use has increased to 9%, up from 6% in 2018.
- c) 40% of pupils said that they had ever had an alcoholic drink (prevalence increases with age) .
- d) 6% of all pupils said they usually drank once a week, the same as in 2018.
- e) Fall in prevalence of lifetime and recent illicit drug use – 18% of pupils reported that they had ever used drugs (24% in 2018).
- f) Pupils who frequently met up with people outside their school or home, were more likely to have recently smoked, drunk alcohol or taken drugs.
- g) Low wellbeing is more likely amongst pupils who have recently smoked, drank / and or have taken drugs.

#### [Nicotine Vaping in England: Evidence Update](#)

31. In the Government's tobacco control plan for England, Public Health England was asked to update its 2015 review of e-cigarettes and other novel nicotine delivery systems every year until 2022. In October 2021, responsibility for commissioning this series of reviews was transferred to the Office for Health Improvement and Disparities. This report is the eighth and



final in the current series and was led by academics at King's College London with a group of international collaborators. Its main focus is a systematic review of the evidence on the health risks of nicotine vaping. It also includes recent vaping prevalence data for young people and adults, and looks at flavours, nicotine, and people's perceptions of vaping harm.

32. Key points include switching from smoking to vaping cuts health risks substantially by reducing the exposure to toxic substances that cause cancer, lung, and cardiovascular disease, however it strongly urges non-smokers not to take up either habit (smoking or vaping). It recommends that adults are given the right support, including provision of how vaping can help them to stop smoking, whilst providing information to non-smokers and young people to discourage them from starting to vape, in addition to better reinforcement of age of sale and advertising restrictions.

## **Best Start**

### [Folic acid added to flour to prevent brain and spinal conditions in fetuses](#)

33. The number of pregnancies affected by life-threatening issues such as spina bifida could fall by more than a fifth as the government moves one step closer to actively adding folic acid to non-wholemeal flour. Following a consultation with industry and stakeholders on whether to add folic acid to non-wholemeal flour, a public health policy which has already been successful in Australia, New Zealand, and Canada, has been put to consultation by the Government on its proposal to add 250 micrograms of folic acid per 100 grams of flour.

## **Food Nutrition and Insecurity**

### [Children experiencing increased food insecurity](#)

34. New research for the Food Foundation has revealed that a quarter (26%) of households with children experienced food insecurity - such as skipping meals, eating less, or going hungry all day - in September, up from 18% of households the previous month. The majority (58%) say they have cut back on fruit, and almost half (48%) have cut back on vegetables, while more than half (54%) of households on Universal Credit are struggling to get enough to eat. The charity's executive director, Anna Taylor, warns that there are "very serious physical and mental health implications from these worsening trends".

## **Health Inequalities**

### [Menopause and the workplace](#)

35. This report is from the cross party House of Commons, Women and Equalities Committee. The report explores menopause as a health issue, a workplace issue and, fundamentally, as an equality issue, in relation to which people need better legal protection. It seeks to raise awareness across wider society, drive change among employers, and encourage a proactive and collaborative approach by the government.

### [Autistic people's healthcare information strategy for England](#)

36. This document sets out an initial strategy for the development of information about the health of, and healthcare received by autistic people in England, from sources already collected or in the process of being established.

### [Fuel poverty, cold homes and health inequalities in the UK](#)

37. This report published by the Institute of Health Equity, reviews the evidence on both the direct and indirect impacts of fuel poverty and cold homes on health. It looks at health inequalities and who this will affect the most, and the relation between health inequalities and climate change. The report makes the case for prioritising reducing fuel poverty through policy suggestions at both the national and local level.

### **Papers to other local committees**

38. [Health and Care System Winter Planning 2022 - 2023](#)  
Health Scrutiny Committee  
20 September 2022
39. [Adult Social Care Market Pressures](#)  
Adult Social Care and Public Health Select Committee  
6 October 2022
40. [Outcomes and Response from Ofsted Visit](#)  
Children and Young People's Select Committee  
10 October 2022
41. [Devolution Update](#)  
Cabinet  
13 October 2022
42. [Devolution Deal](#)  
Full Council  
13 October 2022
43. [Update on Health and Care System Winter Planning 2022 - 2023](#)  
Health Scrutiny Committee  
15 November 2022

### **Nottingham and Nottinghamshire Integrated Care System**

44. [Board papers](#)  
Nottingham & Nottinghamshire Integrated Care Board  
8 September 2022
45. [Board papers](#)  
Nottingham & Nottinghamshire Integrated Care Board  
10 November 2022



46. [Board Papers](#)  
Nottinghamshire Integrated Care Partnership  
13 October 2022

### **Other Options Considered**

47. Not applicable.

### **Reasons for Recommendation**

48. To identify potential opportunities to improve health and wellbeing in Nottinghamshire.

### **Statutory and Policy Implications**

49. This report has been compiled after consideration of implications in respect of crime and disorder, data protection and information governance, finance, human resources, human rights, the NHS Constitution (public health services), the public-sector equality duty, safeguarding of children and adults at risk, service users, smarter working, sustainability and the environment and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

### **Financial Implications**

50. There are no financial implications arising from this report.

## **RECOMMENDATION**

The Health and Wellbeing Board is asked:

- 1) To consider the update, determine implications for the Joint Health and Wellbeing Strategy 2022-26 and consider whether there are any actions required by the Health and Wellbeing Board in relation to the various issues outlined.

**Councillor Dr John Doddy**  
**Chairman of the Health and Wellbeing Board**  
**Nottinghamshire County Council**

**For any enquiries about this report please contact:**

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### **Constitutional Comments (LW 15/11/2022)**

51. The Health and Wellbeing Board is the appropriate body to consider the content of the report.

### **Financial Comments (DG 14/11/22)**

52. There are no direct financial implications arising from this report.

### **Background Papers and Published Documents**

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

- None

### **Electoral Division(s) and Member(s) Affected**

- All