

Health Inequalities Prioritisation & Planning workshop summary

A Health Inequalities Prioritisation & Planning workshop was held on 22nd March 2016 to build on the Health Inequalities report presented to the Health and Wellbeing Board in November 2015.

The session was aimed at Health and Wellbeing Board members and strategic leads for:

- health / health inequalities planning
- service integration and transformation
- primary care quality improvement
- early years and education
- economic development
- voluntary sector supporting vulnerable groups.

Cllr Bosnjak welcomed participants as Chair of the Health & Wellbeing Board, and emphasised the inequalities that exist within Nottinghamshire, such as the life expectancy gap between the most and least deprived groups, and recent evidence of contributors to gaps in healthy life expectancy. Following an introductory presentation on the topic of health inequalities and a brief explanation of the comprehensive information and evidence packs, participants worked in district-based groups to prioritise actions to address local health inequalities. There was an emphasis on actions with an existing economic evidence base to support their impact on reducing health inequalities.

The top priorities for action agreed for the majority of districts were:

- tobacco, drugs, alcohol
- maternity and early years (teenage pregnancy, birth weight, breast feeding, child poverty, education)
- housing (fuel poverty, warm homes)
- mental health, social isolation, emotional health
- obesity, green spaces.

Ashfield	Substance misuse; drugs, alcohol, smoking	Obesity	Mental health, social isolation, community aspect	Education, child poverty	Warm safe homes; fuel poverty, private sector	
Bassetlaw	Early years; low birth weight/maternal smoking, parenting, excess weight	Mental health; resilience in children & young people, adults	Excess weight in adults	Substance misuse; tobacco, alcohol, drugs	Healthy housing	
Broxtowe	Tobacco declaration, smoking in pregnancy	Obesity, breast feeding	Mental health	Alcohol	Housing, winter deaths, affordable warmth	
Gedling	Obesity: nutrition services, sugar	Teen pregnancy	Low birthweight; smoking in	CVD premature deaths; tobacco,	Employment; long term	Mental health underpinning all five

	campaign, school meals		pregnancy, alcohol, diet & exercise	obesity, alcohol	unemployed	
Mansfield	Substance misuse; EIP, Children & young people, licensing	Children & young people's emotional health and wellbeing, resilience	Housing; safe and warm, spatial planning	Mental health & resilience; working age, social isolation	Obesity; spatial planning, green spaces	
Newark & Sherwood	Early years	Excess weight, nutrition and physical activity, all ages	Tobacco	Gypsy & Traveller community	Older people incl winter warmth, loneliness and falls	
Rushcliffe	Social isolation; repository of groups, activities and services, transport policy, internet access	Smoking; schools, work places	Excess winter deaths	Alcohol	Active travel and physical activity	School health and wellbeing strategies (cross-cutting theme)

Dr Jeremy Griffiths, GP in Rushcliffe CCG and Deputy Chair of the Health & Wellbeing Board, gave a frank presentation on the experience of developing a health inequalities action plan for Rushcliffe using a locally created framework.

Whilst most areas had already produced health and wellbeing or health inequalities action plans, the workshop offered an opportunity to review and refresh these existing plans or embed new actions in partnership between the NHS, local authorities and the business and voluntary sectors. Additional points brought up were:

- Local partnership groups may need to review their ToR and membership
- Avoid duplication between Health & Wellbeing Board, Community Safety Partnership and the Sustainability & Transformation Plan
- Central repository where partners (e.g. GPs) can easily find out about ALL local activities/initiatives/commissioned services in one place, to enable signposting/referrals, especially of vulnerable groups where social isolation, mental health and wider support/social prescribing would be beneficial
- Priorities are not in silos.

Before concluding, the groups also agreed how and who best to take forward the agreed priority actions within their area, and made personal pledges as a result of the workshop.

The session evaluated well, with 97% of respondents agreeing that it met their expectations, 100% having felt able to participate, 100% having found the event useful and 100% understanding their role in developing and implementing their local action plan. Comments included:

- "Areas of need are not always the areas you are aware of"
- "This event has helped to shape discussions at meetings to be more productive"

- “Good event with lots of outcomes & actions”
- “Opportunities to join things up with the CSP”
- “What we need to do to join up H&WB strategy to local delivery”
- “Creates emphasis on Health Inequalities in the STP”.

The outcomes of the workshop are being used to refresh the Nottinghamshire Health and Wellbeing Strategy and to inform the Sustainability and Transformation Plan, as well as informing actions at county, district and borough level.

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