## **APPENDIX 1**

## Roadmap developments

1. Unplanned Care Service adult (Autistic Spectrum Disorder)	Provide short break intensive support for people with autism to prevent hospital admission. % reduction in admissions of adults into inpatient settings	Current 4 <sup>th</sup> bed to be extended by 1 <sup>st</sup> May 2021, and impact will be measured by the number of people who have used the bed and did not go into hospital, number of people returning back to their long term placement after being admitted into the unplanned care bed within 12 weeks, and will contained within an annual report of people who have received support enabling them to continue to live successfully in the community
2.Commissioning/Marketing Learning Disability and Autistic Spectrum Disorder specialist role	Develop a sustainable community market to meet the needs of Learning Disability and Autistic Spectrum Disorder commissioning packages. Increase discharges of long term inpatients into community settings successfully. Reduction in out of area placements. Quality standards improve in community provision. Clear pathways of journey in place.	Needs assessment across the Integrated Care System identified to inform and influence the development of a market strategy across the Integrated Care System area. Financial sustainable plan developed. Market managed. A reduction of the number of people in out of area placements. An increase in the number of people in in- patient settings been placed in community settings within the Integrated Care System footprint.
3.STOMP (Stopping the Over Medication of People with a Learning Disability) Lead Pharmacist	Reduce over prescribing of medication by GP's in managing challenging behaviour. Understanding the needs of people with Learning Disability and/or Autism.	Number of patients whose medication has been reduced as a result of the intervention of the pharmacist, Number of GP practices engaging with the pharmacist, number of GP practices reviewing medication as part of the annual health checks.
4.Children and Young People Diagnostic Offer	Integrated Care System meeting National Institute of Clinical Excellence (NICE) guidance for Autistic Spectrum Disorder diagnosis, ensures correct diagnoses. Timely diagnostic & support Development of community	Integrated Care System meeting the NICE guidance on Autistic Spectrum Disorder diagnosis, number of Children and Young People who have been given a diagnosis, number of Children and Young People supported

	capacity/improved care pathways.	
5.Training and Development	Health and Care staff feel confident in supporting people with Learning Disability and/or Autism. Unpaid Carers/families feel confident in their caring role.	Number of staff/unpaid carers/families who have attended the training, Number of staff/unpaid carers/families who feel more confident in supporting people with Learning Disability and/or Autism. Reduction in crisis in the community. Reduction in the number of adults & Children and Young People in inpatient settings.
6. Co-production worker	The programme is developed and reflects the views of key stakeholders (including people with lived experience) through co-production activity. Understanding the needs of adults and Children and Young People with Learning Disability and/or Autism. Increase in Personal Health Budgets.	Number of co-production activity that has taken place, number of conversations that has taken place with people with lived experience.
7. Learning from Learning Disability Mortality Reviews (LeDeR) & Annual Health Checks	% Increase in the number of LeDeR cases to be completed within 6 months of notification. Reduction in notifications as learning embedded across the system. Ensure that health inequalities are addressed through reasonable adjustments. Increase the number of professionals who can successfully undertake screening for cancer, including equipment and training packs. People are supported earlier on with managing ill health thus reducing premature deaths. Consistent approach to digital communication. Reasonable Adjustment Flags/Care Summary Review updates and address coding. Tackling	% Increase in the number of LeDeR cases to be completed within 6 months of notification. Number of professionals trained in screening appropriately for cancer and other health conditions with people with Learning Disability and/or Autism. Number of annual health checks carried out, Number of annual health checks for Black and Minority Ethnic people with Learning Disability and/or Autism and using people aged between 14-25 years of age. An annual qualitative and quantitative evaluation report to be produced in order to monitor/review how learning from LeDeR reviews and Programme have been embedded into the health and care system.

	the causes of morbidity and preventable death	
8. Three year Pilot of a Speech & Language Therapist to provide Intensive community support for people with Autism (and no Learning Disability) in crisis as part of the Intensive Community Assessment and Treatment Team	Provide intensive and wraparound community support for people with Autism only to prevent inappropriate hospital admission. Develop sustainable plan with system partners on the delivery and embedding of service.	Annual Report of the number of people who have received proactive interventions enabling them to live in the community. 100% of cases to have Health of the Nation Outcome Scale (HoNoS) prior and after intervention to measure impact of Speech & Language Therapist intervention and engagement. Annual analysis of HoNoS to measure the level of acuity and complexity of service user needs to inform future service planning. Annual report of the number of people who received a timely intensive intervention preventing an inappropriate hospital admission. Annual report of the number of training/facilitated sessions offered and provided for families and community placement providers to support person centred care. Maintaining a weekly At Risk/Potential risk register to identify and proactively prevent hospital admission, including supporting Local Area Emergency Protocol or Care and Treatment Review. Develop and strengthen the communication and pathways with Adult Mental Health services to ensure smooth transitions for people with Autism only experiencing a mental health episode.
9. Extension of Advocacy Provision (Children and Young People)	Voice of patient (Children and Young People) is at the centre of Care and Treatment Reviews, plans support effective discharge in the community, plans support prevention of admission into hospital. Increase in Personal Health Budgets.	Number of patients (Children and Young People) supported through advocacy at Care and Treatment Reviews, Number of patients feel that they have had their voice heard and feel supported.

10. Children and Young People Unplanned Care Bed	Provide short break intensive support for Children and Young People with Learning Disability and/or Autism to prevent hospital admission. % reduction in admissions of Children and Young People into inpatient settings	A bed will be procured by 1st of June 2021. We will fund the first two years from a different funding stream but for the third year we will need to utilise this funding. As part of our longer term sustainable plan we will incorporate this. Number of people who have used the bed, Number of people who have used the bed and did not go into hospital, Number of people returning back to their long term placement after being admitted into the unplanned care bed within 12 weeks, Annual report of people who have received support enabling them to continue to live successfully in the community
11. Community Wraparound Care	Increase discharges of long term inpatients into community settings successfully. Reducing the number of people and Children and Young People being readmitted into hospital, Reducing the number of Children and Young People being admitted into hospital for the first time.	Number of people with a history of long term inpatient admission successfully living in community provision. Number of people and Children and Young People with complex Learning Disability and/or Autistic Spectrum Disorder being supported effectively in community provision not being readmitted within the first two years of moving into community provision. Number of people and Children and Young People in community provision requiring a reduced level of outreach community wraparound care after the first 18 months in community provision. Number of providers developing skills and expertise to support people and Children and Young People with complex Learning Disability and/or Autistic Spectrum Disorder.