

13 December 2023**Agenda Item:6**

REPORT OF THE CHAIR OF THE HEALTH AND WELLBEING BOARD

CHAIR'S REPORT

Purpose of the Report

1. The report provides an update by the Chair on local and national issues for consideration by Health and Wellbeing Board members to determine implications for the Joint Health and Wellbeing Strategy for 2022 – 2026.

Information

LOCAL

Create Healthy and Sustainable Places

[Community Grant Scheme launched by Newark and Sherwood District Council](#)

2. Following the success of the Community Grant Scheme which has seen local communities benefit across the district, Newark and Sherwood District Council has launched its Community Grant Scheme for 2023/24. The fund of £100,000 is open to groups and charities in the district who can now apply for grants up to £20,000 to help fund projects and schemes in Newark and Sherwood.
3. The District Council will consider any projects which help to meet the commitments of its Community Plan. The application process has been simplified and is aimed at encouraging local communities to deliver exciting and transformative projects to help improve the lives of residents.
4. Applications can be made to the fund between 13 November and 22 December 2023 with awards being made from 5 February 2024. For the full eligibility criteria and how to apply, visit: <https://www.newark-sherwooddc.gov.uk/communityfunding/>

[Gedling Borough Council wins award for environmental scheme](#)

5. Gedling Borough Council has received the award for Best Collaborative Working Initiative at the Association for Public Service Excellence (APSE) awards.
6. Shortlisted against eight other public sector organisations, Gedling Borough Council won the award for the environmental collaborative work it has carried out as part of the Green Rewards campaign, helping residents take action to reduce their carbon footprint and help tackle climate change.

Newark and Sherwood District Council invests to create carbon net zero

7. Newark and Sherwood District Council continues its work to reach carbon net zero by 2035, as plans to decarbonise Council owned buildings move ahead following Cabinet's funding approval.
8. The District Council has committed over £1m to be spent on greening initiatives by the end of the financial year. Work on decarbonisation began following the 2019 Climate Emergency Strategy and Action plan, within this the Council's targets of achieving carbon net zero by 2035 and reducing emissions were outlined.
9. The District Council has already begun work to decarbonise social housing and confirmed its commitment to the Local Area Energy Plan (LAEP). A government grant of up to £1.3m and the Council's match fund to deliver a £2.6m social housing decarbonisation programme over two years was agreed earlier this year, as were proposals in the LAEP to replace carbon intensive fossil fuel systems in both private and District Council-owned homes with carbon neutral alternatives.

Access Right Support to Improve Health

Beat The Blues – Body MOT

10. Bassetlaw Place Based Partners delivered three Body MOT sessions across Bassetlaw in October as part of a pilot scheme. The Beat The Blues Drop-In sessions incorporated the following elements:
 - a) Part 1 – Body MOT
 - Tanita scales including BMI, muscle mass, metabolic age etc.
 - Personalised body MOT record card
 - Blood pressure
 - Lung spirometry
 - Health referrals for smoking cessation, alcohol reduction, weight management, exercise, falls and more.
 - b) Part 2 – Winter Support
 - Cost of living support
 - Cancer support
 - Energy advice
 - Local care coordinators and social prescribers

11. These events were part of a pilot scheme to assess the interest in physical health events. For further information please contact katie.hainsworth@bassetlaw.gov.uk

INTENT Smoking Prevention Programme

12. Public Health commissioned a 4-year licence from Evidence to Impact in 2022 to deliver the INTENT smoking prevention programme. INTENT is an evidence-based programme aimed at 11–15-year-olds where students learn about tobacco, vaping and the reasons not to smoke or

vape. Students also create a Personal Plan that becomes unique to them over the course of 4 years about how to refuse an offer of cigarettes and vapes.

13. The Schools Health Hub have promoted INTENT over the past year, provided training sessions for schools and encouraged them to register with Evidence to Impact. At the end of the first year of commissioning, 11 schools have now registered and 2 of those schools have reported they have delivered the content to students, with another school planning to deliver in December 2023. As of September 2023, another 15 schools have either received training or requested training options from the Schools Health Hub.
14. As the new academic year is now underway, schools that have received training will be encouraged to go ahead and register with Evidence to Impact and deliver the content. INTENT will continue to be promoted to all other schools.
15. Schools that are interested in signing up to deliver INTENT should email Lauren Burns: lauren.burns@nottsc.gov.uk.

[Mansfield District Council: Getting Better Together](#)

16. A campaign to encourage people to be good neighbours is starting to bring a community closer together. As part of a wider Safer Streets project in the Warsop area, Better Together was set up earlier this year to strengthen connections between residents and share information about community services.
17. Better Together volunteers will also continue to support the work of Nottinghamshire County Council's Community Health and Wellbeing Champions, local volunteers who promote positive messages on issues such as vaccinations and mental health.
18. If interested in getting involved in Better Together please email: safestreets@mansfield.gov.uk.

Give every child the best chance of maximising their potential

Peace of Mind Toolkit Launch

19. Since February 2023 Bassetlaw Children & Young People's Mental Health Alliance partners have been co-producing a mental health resource/toolkit 'Peace of Mind', with, and for, Bassetlaw children and young people.
20. The toolkit includes lived experience stories, coping strategies and 'top tips' from children and young people that have accessed mental health support, as well as evidence based perspectives on mental health, nutrition, physical health, neurodiversity, self-harm and suicide prevention. The toolkit links and signposts to local services as well as [NottAlone](#) and [Nottshelpyourself](#) websites.
21. For further information please contact Helen Azar: helen.azar@nhs.net

[Nursery children learn to chop, grow and prepare healthy food in Mansfield](#)

22. Nursery children have been learning how to grow, chop and cut vegetables with the help of a Mansfield District Council trial scheme.
23. Regular classes have been held in nurseries and FOOD clubs across the district to empower children and families to explore food in an exciting and informal way.
24. The project, supported by the charity Feeding Britain, aims to increase food knowledge to early years children (2-5 years old) and families across Mansfield and included talking about cooking, growing produce, recycling, and food waste.

Health Families Consultation

25. The Nottinghamshire Healthy Families Programme consultation launched on Monday 20 November 2023. The Programme is delivered by local Healthy Family Teams, which are made up of health visitors, school nurses and other experienced team members and support the health and wellbeing of children, young people, and families across Nottinghamshire.
26. The consultation is being undertaken through a survey, which is aimed at families (parents, caregivers and young people) and those who work with families. The survey is open **until 17 December 2023** and seeks feedback on proposals for the Healthy Families service, which have been shaped by engagement with local families and stakeholders. The consultation can be accessed here: [Nottinghamshire Healthy Families Programme Consultation - Nottinghamshire County Council - Citizen Space](#)
27. For further information, please contact Helena Cripps: helena.cripps@nottscc.gov.uk.

Nottinghamshire's first Baby Week a success

28. Baby Week is an annual celebration of all things 'baby', aiming to bring sectors and services together to promote giving every child the Best Start in Life.
29. Nottinghamshire joined eight other areas across the country to celebrate the week for the first time this year to great success. Various Baby Week celebration events took place between 14 and 20 November across the county, with the finale event at Kirkby Leisure Centre attended by an estimated 150 parents and carers and over 22 local partners.
30. Feedback from parents and carers highlighted the enjoyable activities and the useful variety of information from the wide range of stall holders. One shared that it was "very useful to find support available to me that I didn't know was about". Parents also shared what they thought was great about bringing their children up in Nottinghamshire and what could be even better, with an artist there to capture this on a visual wall.
31. For more information on Baby Week please visit: [Nottinghamshire – Baby Week UK](#)

Keep our Communities Safe & Healthy

Winter Wise 2023-24

32. Winter can be a challenging time, so Nottinghamshire County Council has pulled together some ideas to help health and wellbeing. Winter Wise is a campaign to help residents with

advice on different aspects of health and wellbeing from illnesses to physical activity, winter vaccinations, housing and volunteering.

33. Winter wellbeing messages will be shared across social media starting with winter vaccinations to encourage anyone who is eligible to attend for their flu and seasonal Covid-19 vaccinations. The campaign will run into 2024 during which time copies of the [Winter Wise booklet](#) will be sent with letters about the next round of the Household Support Fund and will be available at a variety of places across the county such as libraries and children's centres.

Cost of Living Support Booklet

34. Bassetlaw Place Based Partnership led by Bassetlaw District Council and Bassetlaw Community Voluntary Service (BCVS) are proud to announce their continued partnership for the second consecutive year, aimed at providing vital support to local residents as they navigate the challenges of the autumn/winter season.
35. The Bassetlaw Cost of Living booklet, initially introduced last year, quickly became an invaluable resource for residents seeking guidance on financial support, mental health services, family assistance, energy solutions, housing, access to affordable food and clothing and much more. Now, with additional information and resources, the 2023 edition is poised to be an even greater asset for those in need.

[Ashfield District Council becoming an accredited partner for the Domestic Abuse Housing Alliance \(DAHA\).](#)

36. The Council is following the fantastic work achieved in gaining the White Ribbon Accredited and is working in partnership with Juno Women's Aid to support gaining the DAHA accreditation. The process will include training opportunities across the Council to provide employees with the skills and knowledge to deliver its goals. As part of this process it will review the Council's current approaches and adopting a number of key standards developed by the Domestic Abuse Housing Alliance. The process is expected to take a year and is designed to support people experiencing domestic abuse.
37. The Domestic Abuse Housing Alliance is the leading specialist domestic abuse organisation supporting housing providers to improve their response to domestic abuse. Their model for a housing response to domestic abuse is nationally recognised as best practice, through the Domestic Abuse Act Statutory Guidance 2022, and is endorsed by the Domestic Abuse Commissioner for England and Wales, Nicole Jacobs.
38. Nottinghamshire County Council have a statutory duty to provide safe accommodation for domestic abuse survivors and their children under part 4 of the Domestic Abuse Act 2021. Funding of £1.5 million is provided by the Department for Levelling Up Housing and Communities to deliver the duty in Nottinghamshire. There has been extensive partnership work across the county on the delivery of the statutory duty and commissioning safe accommodation support. Introducing the District and Borough Councils to DAHA and supporting the delivery of this work forms part of the response. The vast majority of the funding delivers units of refuge accommodation across the County. The evidence of need for these services can be found on Domestic Abuse - Nottinghamshire Insight.

39. The strategic direction is provided by the Domestic Abuse Partnership Board which is a statutory requirement under the Domestic Abuse Act 2021.

[Bassetlaw District Council staff make White Ribbon Promise](#)

40. Bassetlaw District Council is encouraging its male members of staff to make the White Ribbon Promise – a promise to never use, excuse or remain silent about men’s violence against women.

41. Each year, White Ribbon Day takes place on 25 November ahead of 16 days of activism against gender-based violence. The Campaign encourages people, especially men and boys, to take action to end violence against women and girls. As part of the annual White Ribbon campaign, many members of Bassetlaw District Council staff have made the promise and are wearing White Ribbons in support of the campaign’s objectives.

42. More information about the [White Ribbon Campaign](#) can be found on the website, where the white ribbon promise can be made.

[£1.3 million of new public safety funding for Nottinghamshire](#)

43. New CCTV, street lighting and free home security devices will be coming to towns across Nottinghamshire as a result of £1.3 million in new funding. This is comprised of £1 million of new Safer Streets investment from the Home Office and £333,000 being committed by the Police and Crime Commissioner, for public safety schemes across Nottingham and Nottinghamshire.

44. Bingham, Woodthorpe, Beeston, Worksop, Balderton, Sutton-in-Ashfield and Mansfield are the areas that will benefit from the funding, which will also pay for expansion of a scheme designed to create Safe Spaces in shops for anyone in distress and a new guardianship scheme to promote women’s safety particularly during the night-time hours.

45. The project will involve working alongside Nottinghamshire Police, the seven district and borough councils and Nottingham City Council.

NATIONAL

[Creating a smokefree generation](#)

46. On 4 October 2023, the Department of Health and Social Care (DHSC) published a command paper [Stopping the start: our new plan to create a smokefree generation](#) setting out proposed action to protect future generations from the harms of smoking by creating the first smokefree generation.

47. Drawing on recommendations made in the 2022 independent Khan review, the Government’s proposed legislation will make it an offence for anyone born on or after 01 January 2009 to be sold tobacco products, raising the legal smoking age by a year each year, to create the first smokefree generation. It will also make it an offence for anyone at or over the legal age to purchase tobacco products on behalf of someone born on or after 1 January 2009.

48. The legislation provides a unique and significant opportunity to prevent future generations from starting smoking and a consultation has been running from 12 October to 06 December 2023 to seek views on the smokefree generation policy, as well as new measures to prevent youth vaping and proposed associated enforcement powers for local authorities.
49. Following agreement by Nottinghamshire Health and Wellbeing Board on 15 November 2023, a response to the consultation has been submitted on behalf of the Board, in support of the smokefree generation policy.

Physical Activity

[Get Active: a strategy for the future of sport and physical activity](#)

50. The Department for Culture, Media and Sport has published this policy paper which outlines a strategy to address challenges facing the sport and the physical activity sector in the UK.

Best Start

[The Good Childhood Report 2023](#)

51. This report published by The Children's Society reveals that too many young people are unhappy with their lives. 10% of the children aged 10 to 17 who completed their household survey in May and June 2023 had low wellbeing, and almost a third were unhappy with at least one specific area of their lives.

Keep Communities Safe & Healthy

[The Adverse Weather and Health Plan](#)

52. The national Adverse Weather and Health plan aims to protect individuals and communities from the health effects of adverse weather and to build community resilience.
53. The plan is published by the United Kingdom Health Security Agency (UKHSA) but developed collaboratively in partnership with the Department of Health and Social Care, NHS England, the Local Government Association and others including the voluntary and community sector.
54. The plan sets out a series of steps to reduce the risks to health from adverse weather for:
- The NHS, local authorities, social care, and other public agencies.
 - Professionals working with people at risk.
 - Individuals, local communities and voluntary groups.
55. The winter season brings an increased risk of respiratory infections, such as flu and COVID-19. It is critical that actions to prevent health harms from cold temperatures and winter weather continue, including identifying and supporting those at risk, with necessary adaptations in line with guidance to keep everyone safe.
56. General guidance for keeping warm and well and staying safe in the cold weather can be found on the Government website: [Keeping warm and well: staying safe in cold weather -](#)

[GOV.UK \(www.gov.uk\)](http://www.gov.uk). National Cold-Health Alert (CHA) action cards have also been developed, which outline suggested actions to be taken by different professional bodies and organisations in the event of cold weather: [Cold weather and health: action cards - GOV.UK \(www.gov.uk\)](#).

57. Further guidance is available for professionals who are supporting vulnerable people before and during a cold winter, including guidance for [healthcare professionals](#), for [adult social care managers](#), for educational professionals supporting [children in early years settings](#) and for those supporting people that are [homeless and sleeping rough](#).

Health Inequalities

[The history of public health](#)

58. The Association of Directors of Public Health (ADPH) has published a collection of explainers on a range of public health topics. The explainers detail the history of some of the biggest topics in public health and look ahead to what the future of public health could look like.

[Inequalities in mental healthcare for Gypsy, Roma, and Traveller communities: identifying best practice](#)

59. This research commissioned by the NHS Race and Health Observatory, and led by the University of Worcester, addresses the lack of mental health care provision, despite the significant need, and captures first hand insight and good practice examples from six effective services. These services are mainly run by Gypsy, Roma, and Traveller organisations for members of these communities.

Mental Health

[Maximising the potential of digital in mental health](#)

60. This report published by the NHS Confederation outlines the benefits, challenges and opportunities of digital mental health and explains how it can improve mental health care and population mental health.

[A mentally healthier nation: towards a ten year, cross government plan for better prevention, equality and support](#)

61. This report published by the Centre for Mental Health on behalf of over 30 national charities, sets out what a long-term government mental health plan for England could look like. It calls for action to tackle poverty, racial injustice, for reforms to the benefits and justice systems, and for further investment in better and more equitable mental health services. The report draws on evidence provided to the UK Government's consultation on its proposed ten-year plan to identify the actions that are necessary to protect people's mental health, reduce mental health inequalities, and improve mental health services nationwide.

[Exploring children and young people's mental health: a series of think pieces](#)

62. The Local Government Association has brought together a range of stakeholders, people of lived experience, researchers and experts in mental health, to independently develop a series

of think pieces exploring children’s mental health and provide an opportunity to think differently about what children and young people need to live well.

Papers to other local committees

- 63. [The Council’s Prevention and Early Help Approach – Supporting a resilient Healthy Nottinghamshire](#)
Nottinghamshire County Council Cabinet
21 September 2023
- 64. [Partnership Progress in Improving the Experiences and Outcomes for Children and Young People with SEND](#)
Children and Families Select Committee
16 October 2023
- 65. [Implementing the roll out of Family Hub Networks in Nottinghamshire](#)
Nottinghamshire County Council Cabinet
09 November 2023

Nottingham and Nottinghamshire Integrated Care System

- 66. [Board papers](#)
Nottingham & Nottinghamshire Integrated Care Board
09 November 2023
- 67. [Newsletter](#)
October 2023

Nottinghamshire Police and Crime Commissioner

- 68. [Newsletter](#)
November 2023

Other Options Considered

- 69. There was the option to not provide the Chair’s Report, however this option was discounted as the Chair’s Report provides important updates relating to the delivery of the Joint Health and Wellbeing Strategy for Nottinghamshire.

Reason for Recommendations

- 70. To identify potential opportunities to improve health and wellbeing in Nottinghamshire.

Statutory and Policy Implications

- 71. This report has been compiled after consideration of implications in respect of crime and disorder, data protection and information governance, finance, human resources, human rights, the NHS Constitution (public health services), the public-sector equality duty, safeguarding of children and adults at risk, service users, smarter working, sustainability and the environment

and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

Financial Implications

72. There are no direct financial implications arising from this report.

RECOMMENDATIONS

The Health and Wellbeing Board is asked:

- 1) To consider the Chair's Report and its implications for the Joint Health and Wellbeing Strategy 2022 – 2026.
- 2) To establish any actions required by the Health and Wellbeing Board in relation to the various issues outlined in the Chair's Report.

Councillor Dr John Doddy
Chairman of the Health & Wellbeing Board
Nottinghamshire County Council

For any enquiries about this report please contact:

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Constitutional Comments (LPW 29/11/23)

73. The recommendations fall within the remit of the Health and Wellbeing Board by virtue of its terms of references, subject to the requirement to obtain any additional approvals in relation to any actions established pursuant to recommendation 2.

Financial Comments (DG 27/11/23)

74. There are no direct financial implications arising from this report.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

- None

Electoral Division(s) and Member(s) Affected

- All