



# about mental health and learning disability















# Mental Health Services for Older **People**

Day Hospital Services Review

Joint City/County Health Scrutiny Committee

9 September 2008





# **Background**

- Multi agency review group (November 2007)
  - to review the function of Day Hospital Services provided by Nottinghamshire Healthcare NHS Trust to ensure that it meets both local and national expectations and meets accepted models of good practice and guidance in relation to assessment and treatment.



# **Drivers for change**

- Forget Me Not, The Audit Commission 2000 and 2002. National Service Framework Older People, (Standard 7) Dept. of Health 2001.
- Anxiety, NICE, December 2004.
- Depression; management of depression in primary and secondary care, NICE, December 2004.
- Everybody's Business, CSIP, 2005.
- 10 High Impact Changes for Mental Health, CSIP & NIMHE 2006.
- Dementia; supporting people with dementia and their carers in health and social care, NICE, December 2006.
- Improving Services and Support for People with Dementia, National Audit Office, 2007.
- Commissioning a Brighter Future; Improving access to psychological therapies positive practice guide, 2007
- Our Health Our Care Our Say, Dept of Health, 2007.
- The Changing Face of Day Hospitals for Older People with Mental Illness. Consensual Development of Functions and Standards. A Report by The Day Hospital Network. Faculty of Old Age Psychiatry, Royal College of Psychiatrists, 2008



## Multi-agency review group objectives

- Review of all previous work
- Confirmation of user & carer involvement process to date
- Enhancing stakeholder engagement
- Proposal analysis critique & further work and development needs identified and undertaken by Trust
- Consideration of formal proposal



# Mental Health Services for Older People

# A Proposal to Modernise Day Services for Older People with Mental Health Problems



## The Service Model

#### Benefits

- better access to specialist mental health services for a wider range of people
- Increased access to Psychological Therapies
- Meets the requirements of the Dementia
  Strategy and other National drivers



## The Service Model

### Challenges

- Managing the transition to a new service
- Address the identified gaps in service provision and capacity
- Financial impact
- Managing multiple service changes



# **The Way Forward**

- Formal handover to the Joint PCT and Local Authority Project Group (September 9, 2008)
- 3 main areas of further work;
  - Transition planning
  - Joint commissioning
  - Service model specification

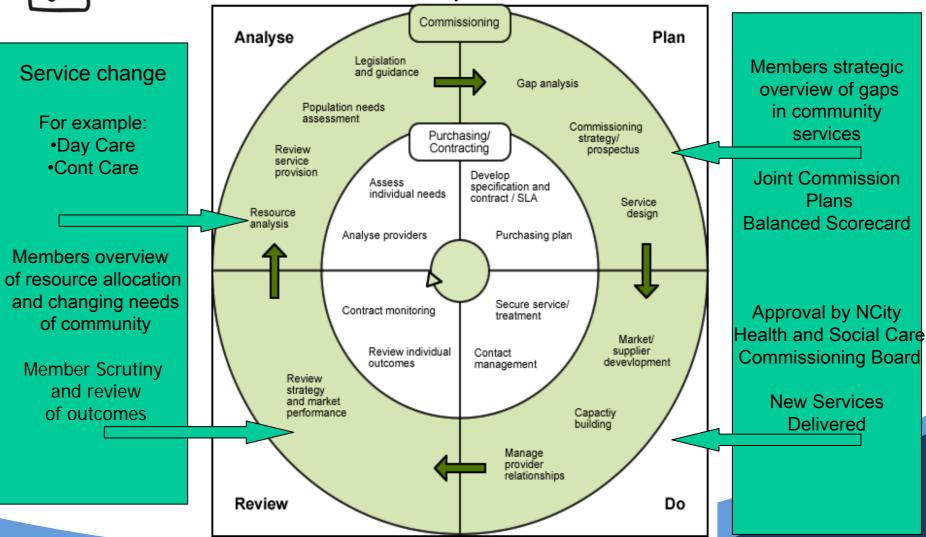


#### Nottinghamshire Healthcare



**NHS Trust** 

## Joint PCT Local Authority Commissioning process







## Reassurance

There will be **no change** to services provided until appropriate alternative services had been commissioned and are available