

20<sup>th</sup> November 2018

Agenda Item: 7

## **REPORT OF THE CHAIRMAN OF HEALTH SCRUTINY COMMITTEE**

### **FOOD AND NUTRITION IN HOSPITALS – SHERWOOD FOREST HOSPITALS AND NOTTINGHAM UNIVERSITY HOSPITALS**

#### **Purpose of the Report**

1. To introduce information on food, nutrition and hydration in Nottinghamshire hospitals.

#### **Information**

2. In 2015, NHS England was asked by the Department of Health to review the Council of Europe's '10 key characteristics of good nutrition and hydration care.' These were reviewed and amended following feedback from stakeholders and are presented below:
  1. Screen all patients and service-users to identify malnourishment or risk of malnourishment and ensure actions are progressed and monitored.
  2. Together with each patient or service user, create a personal care/support plan enabling them to have choice and control over their own nutritional care and fluid needs.
  3. Care providers should include specific guidance on food and beverage services and other nutritional & hydration care in their service delivery and accountability arrangements.
  4. People using care services are involved in the planning and monitoring arrangements for food service and drinks provision.
  5. Food and drinks should be provided alone or with assistance in an environment conducive to patients being able to consume their food (Protected Mealtimes).
  6. All health care professionals and volunteers receive regular training to ensure they have the skills, qualifications and competencies needed to meet the nutritional and fluid requirements of people using their services.
  7. Facilities and services providing nutrition and hydration are designed to be flexible and centred on the needs of the people using them, 24 hours a day, every day.
  8. All care providers to have a nutrition and hydration policy centred on the needs of users, and is performance managed in line with local governance, national standards and regulatory frameworks.
  9. Food, drinks and other nutritional care are delivered safely.
  10. Care providers should take a multi-disciplinary approach to nutrition and hydrational care, valuing the contribution of all staff, people using the service, carers and volunteers working in partnership.

3. Senior officers from Sherwood Forest Hospitals and Nottingham University Hospitals will attend the committee to brief Members and answer questions as necessary.
4. Presentations from the Trusts are attached as appendices to this report.
5. Members may wish to schedule consideration of any matters that arise further to discussion.

## **RECOMMENDATION**

That the Health Scrutiny Committee:

- 1) Consider and comment on the information provided.
- 2) Schedule further consideration, as necessary.

**Councillor Keith Girling**  
**Chairman of Health Scrutiny Committee**

**For any enquiries about this report please contact: Martin Gately – 0115 977 2826**

## **Background Papers**

Nil

## **Electoral Division(s) and Member(s) Affected**

All