

## **REPORT OF THE CHAIR OF THE HEALTH AND WELLBEING BOARD**

### **THE NOTTINGHAMSHIRE JOINT HEALTH AND WELLBEING STRATEGY FOR 2022 - 2026**

#### **Purpose of the Report**

1. To secure approval of the Nottinghamshire Joint Health and Wellbeing Strategy for 2022 – 2026.

#### **Information**

##### **Statutory Context**

2. The Nottinghamshire Health and Wellbeing Board was established in May 2011 and became a formal committee of Nottinghamshire County Council in April 2012, tasked with promoting greater partnership between the National Health Service and local government. One of its statutory responsibilities (outlined in the Health and Care Act 2012) is to produce a Joint Health and Wellbeing Strategy for Nottinghamshire, informed by the [Joint Strategic Needs Assessment](#) (JSNA) that identifies the health and wellbeing needs of the local population.
3. Together with the JSNA, the Joint Health and Wellbeing Strategy identifies the priorities the Board will pursue to fulfil its statutory duty to improve the health and wellbeing of residents and reduce health inequalities in Nottinghamshire.
4. The third Joint Health and Wellbeing Strategy for 2022 – 2026 has been endorsed by the Nottinghamshire Health and Wellbeing Board at its meeting on 23 March 2022, and is now being presented as a key decision for Cabinet. This is due to the fact that the new health and wellbeing strategy will be significant in terms of its effect on communities living or working in all electoral divisions in the area of the County Council.

##### **Background**

5. Good health and wellbeing enables people to fulfil goals such as living healthier and independently for longer. The key building blocks for good health and wellbeing include the environments in which people are born, grow, live, work and age. These vary across the county resulting in differences in health outcomes. In general, communities with poorer access to good housing, good work, good education, healthy diet and transport experience poorer health and wellbeing.
6. In Nottinghamshire, the average length of life in which people enjoy good health (healthy life expectancy) is 62 years for women and 63 years for men. These averages obscure stark variations between different communities. Residents living in the least advantaged areas

spending an additional 14 years in ill-health and dying 7.5 years earlier compared to those living in the most advantaged areas of the County. Where the building blocks for good health and wellbeing are missing altogether, the inequalities in outcomes experienced by residents may be even greater.

7. The Nottinghamshire Health and Wellbeing Board outlines how it will address these health inequalities and enable residents to live healthier and happier lives, and remain independent for longer within the new Joint Health and Wellbeing Strategy for 2022 – 2026. This is provided in **Appendix 1**.

## Summary of the Joint Health and Wellbeing Strategy 2022 - 2026

8. The vision of the Joint Health and Wellbeing Strategy for 2022 – 2026:

*Working together to enable everyone in Nottinghamshire to live healthier and happier lives, to prosper in their communities and remain independent in later life.*

9. The ambitions of the new strategy align with other plans across the Nottinghamshire system. These include The Nottinghamshire Plan, The Nottinghamshire Integrated Care System's Health Inequalities Strategy, The Nottinghamshire Police and Crime Plan.

JHWS Ambition	Description
<b>Give every child the best chance of maximising their potential</b>	We will work together for every child in Nottinghamshire to have the best possible start in life, because we know that a good start shapes lifelong health, wellbeing and prosperity.
<b>Create Healthy and Sustainable Places</b>	We'll ensure that the environment we grow, live, work and age in promotes good health and wellbeing. We'll use the planning and transport system, along with economic planning, licensing and policy decisions, to create places that do this. This will also help to reduce health inequalities and benefit the environment, for a better quality of life.
<b>Everyone can access the right support to improve their health</b>	Health, care and community services will work together to strengthen their focus on promoting good health & wellbeing and preventing illness, by building on people's strengths.
<b>Keep our communities safe and healthy</b>	We will support people who are marginalised in our communities to ensure they are safe from harm and their needs are met. Services will support people to build on their strengths to live the lives they want.

10. The priorities of the strategy have been identified from the evidence of need outlined in the Joint Strategic Needs Assessment, and feedback received via the engagements undertaken for the Joint Health and Wellbeing Strategy that are outlined in **Appendix 2**.
11. The priorities are also areas where the member organisations of the Nottinghamshire Health and Wellbeing Board are well placed to address the major risk factors driving population health outcomes and health inequalities in our communities.

<b>JHWS Priority</b>	<b>Description</b>
<b>Best Start in Life</b>	The earliest years of a child's life have a huge impact on their long-term development and future life chances. Good care before conception and during pregnancy, and the right support during their early years, gives a child the best chance of maximising their potential.
<b>Mental Health</b>	Good mental wellbeing at all ages supports and enables strong relationships, educational achievement, physical health and access to employment. Mental health, including for children and young people, has been particularly affected by the Covid-19 pandemic.
<b>Food insecurity and nutrition</b>	Everyone should have access to healthy, tasty, affordable food which enables them to live an active and healthy life. Our focus will be people who don't have enough good quality, healthy food and experience what is called food insecurity. The Covid-19 pandemic has highlighted the impact of food insecurity on communities, particularly on children.
<b>Homelessness</b>	Homeless people experience some of the worst health outcomes of all our communities. We want to tackle this by preventing people becoming homeless, and by ensuring health and support services work together to reduce the high levels of physical and mental health issues that homeless people face. Reducing homelessness will contribute to a reduction in health inequalities and improvements in a wide range of health outcomes.
<b>Tobacco</b>	Helping people to stop smoking (and making sure young or vulnerable people don't take up smoking) helps improve people's health, especially for residents living in our most deprived areas. It reduces the risk of dying early and protects others from second-hand smoke. Alongside this, tackling illegal tobacco reduces harm to our communities
<b>Alcohol</b>	Deaths due to alcohol have risen during the Covid-19 pandemic. Helping people to cut down their alcohol intake can improve mental health, boost weight loss and reduce the risk of conditions which cause a high number of deaths and reduce quality of life such as cancer, liver and heart disease.
<b>Domestic Abuse</b>	The impact of domestic abuse on both children and adults is devastating and affects all aspects of their lives. We need to improve everybody's understanding of abuse to prevent the causes, respond early and protect those affected. We will provide support to help survivors and their families rebuild their lives, and hold perpetrators to account for their actions
<b>Healthy weight</b>	We want to support residents to have control over their weight for health and wellbeing. To do this we will work to help make the food available and the environment around us easier to make healthy choices, get moving and to lose weight
<b>Air quality</b>	Clean air is essential for good health and for the environment and climate. We will work to make positive changes which can also have positive effects in terms of travel to school and work, being active and safety.

### **Development of the Joint Health and Wellbeing Strategy**

- At the Board's meeting on 1 September 2021, the Health and Wellbeing Board approved the approach to refreshing its current Joint Health and Wellbeing Strategy for 2022 – 2026. This included a workshop in October 2021 to establish the vision and priorities for the new strategy, followed by a series of engagements to seek residents' and partners' input into the proposals.

Engagements ran from October 2021 to December 2021 and included online surveys, roadshow events and presentations at various partnership meetings. Please see **Appendix 2** for a summary of the engagements undertaken and key messages that have informed the strategy.

13. The online survey attracted 272 responses from individuals and received 76 for the Children and Young People's survey. Key findings from the main survey were:
  - a. Nearly 90% of participants agreed or strongly agreed with the proposed vision for the strategy, with just over 3% disagreeing or strongly disagreeing;
  - b. 92% of participants agreed or strongly agreed with the four proposed ambitions of the strategy, with around 4% disagreeing or strongly disagreeing;
  - c. 80% of participants agreed or strongly agreed with the nine proposed priorities of the strategy, with just over 8% disagreeing or strongly disagreeing;
  - d. Over 90% of participants selected mental health as one of the top four priorities for them and their family, with 63% choosing it as their top priority.
14. The survey for children and young people asked a smaller number of questions and used alternative wording for the vision and priorities to ensure these were clear to all age groups. Key findings from the survey were:
  - a. 93% thought the vision ("goal") was the right one;
  - b. 79% thought the nine priorities ("issues") were the right ones to work one, but those that disagreed thought that personal safety (such as online safety, sexual assault at school and crime and drugs) should be considered, and others were concerned about climate change and loneliness;
  - c. Mental health was the highest priority for the young people responding and their families, with domestic abuse, homelessness and healthy weight coming next;
  - d. Mental health was again considered the highest priority for the local area and community, with homelessness, domestic abuse and best start in life ranked next
  - e. Alcohol and tobacco were the lowest ranked priorities for both young people and their families and for their local areas and communities.
15. The online engagement was supported by seven events held in each district, hosted by the Chair of the Health and Wellbeing Board. Two of the roadshow events became virtual events due to the rising cases of Covid-19 in December 2021, and in total 90 people attended the roadshow events. Overall (online and through events) there was support for the proposals and feedback was used to update the plans for the new strategy.
16. The third Joint Health and Wellbeing Strategy for 2022 – 2026 and its associated documents were presented for comment and endorsement by the Nottinghamshire Health and Wellbeing Board at its meeting on 23 March 2022.
17. A workshop on the 23 March 2022 also gave the Board an opportunity to consider the governance arrangements and monitoring framework required to enable delivery of the Strategy, including Board membership, supporting structures and relationships with other key bodies, such as the Place Based Partnerships. The Board will continue to develop the delivery plan and undertake a place-based approach to create a unified and clear vision for improving health and wellbeing of residents in Nottinghamshire. As such in May 2022 the Health and

Wellbeing Board will consult on the additions of Bassetlaw, Mid Nottinghamshire and South Nottinghamshire Place Based Partnerships to its membership.

## **Conclusion**

18. This report seeks approval for the Joint Health and Wellbeing Strategy for 2022 – 2026 detailed in **Appendix 1**. This is a public document, clearly outlining the key ambitions and priorities for the new strategy and has been written and presented in a way to be understandable to everyone.
19. There are two subsidiary documents under development that support the Joint Health and Wellbeing Strategy for 2022 – 2026 that include an executive summary and a full working document.
  - a. The Executive Summary provides further detail on current health and wellbeing in Nottinghamshire, the objectives of the Joint Health and Wellbeing Strategy and the plans for achieving the strategy.
  - b. The working document is comprehensive and strategic in its focus to ensure that partners and board members are clear on the evidence that has informed the proposals, the plans for delivery, and member's roles and responsibilities in relation to the Joint Health and Wellbeing Strategy for 2022 – 2026.
20. A new website has been developed to launch the new Joint Health and Wellbeing Strategy for 2022 -2026 and ensure it is more accessible to our residents, as well as give greater visibility of the Nottinghamshire Health and Wellbeing Board and its work. Similar to the approach undertaken for The Nottinghamshire Plan, the website will be used to provide updates on progress and delivery on the new health and wellbeing strategy over the next four years. All formal reporting and monitoring of the strategy will remain the remit of the Nottinghamshire Health and Wellbeing Board and the responsibility of its members and sub-groups.

## **Other Options Considered**

21. There were no other options considered as the new Joint Health and Wellbeing Strategy requires approval by Nottinghamshire County Council as outlined in its constitution. Cabinet has been identified as the appropriate forum as the new strategy is deemed a key decision as its delivery will significantly impact all electoral divisions in the area of the County Council.

## **Reason/s for Recommendation/s**

22. The Health and Wellbeing Board has a statutory duty to produce a Joint Health and Wellbeing Strategy as outlined in the Health and Care Act 2012. Within the Health and Wellbeing Board's Terms of Reference outlined in the Nottinghamshire County Council Constitution, the strategy requires approval of the Cabinet due to its remit spanning across multiple committees and the anticipated impact on multiple electoral divisions in the County. The Joint Health and Wellbeing Strategy has been informed by the Joint Strategic Needs Assessment which also underpins the Nottinghamshire Plan.

## **Statutory and Policy Implications**

23. This report has been compiled after consideration of implications in respect of crime and disorder, data protection and information governance, finance, human resources, human rights, the NHS Constitution (public health services), the public-sector equality duty, safeguarding of children and adults at risk, service users, smarter working, sustainability and the environment and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

### **Financial Implications**

24. There are no direct financial implications arising from this report.

## **RECOMMENDATION/S**

That Cabinet:

- 1) Approves the new Joint Health and Wellbeing Strategy for 2022 – 2026 for Nottinghamshire.

**Cllr John Doddy**

**Chair of the Nottinghamshire Health and Wellbeing Board**

**For any enquiries about this report please contact:**

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### **Constitutional Comments (CEH 04.05.2022)**

25. Cabinet can consider the report and recommendations.

### **Financial Comments (DG 04.05.2022)**

26. There are no direct financial implications arising from this report.

### **Background Papers and Published Documents**

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

[The Second Nottinghamshire Joint Health and Wellbeing Strategy](#)

**Report to the Nottinghamshire Health and Wellbeing Board (6 December 2017)**

[The Refresh of the Nottinghamshire Joint Health and Wellbeing Strategy for 2022 – 2026](#)

**Report to the Nottinghamshire Health and Wellbeing Board (1 September 2021)**

[Nottinghamshire Joint Health and Wellbeing Strategy 2022 – 2026](#)

**Report to the Nottinghamshire Health and Wellbeing Board (23 March 2022)**

[Make Notts Safe Plan – Police and Crime Plan 2021 – 2025](#)

**Nottinghamshire Office of the Police and Crime Commissioner**

[Health Inequalities Strategy 2020 – 2024](#)

**Nottingham and Nottinghamshire Integrated Care System**

**Electoral Division(s) and Member(s) Affected**

**All**