



8 March 2023

Agenda Item 4

REPORT OF THE CHAIR OF THE HEALTH AND WELLBEING BOARD

CHAIR'S REPORT

Purpose of the Report

1. The report provides an update by the Chair on local and national issues for consideration by Health & Wellbeing Board members to determine implications for the Joint Health and Wellbeing Strategy for 2022 – 2026.

Information

LOCAL

Everyone can access the right support to improve their health

8 March 2023 is National No Smoking Day

2. No Smoking Day is an annual health awareness day which is intended to help smokers who want to quit smoking.
3. Nottingham and Nottinghamshire's Strategic Smoking and Tobacco Group will shortly be launching their vision document illustrating their key objectives to address the harms from smoking and tobacco use for the future. This will be shared with the Health and Wellbeing Board and its partners in due course. The document has been developed alongside a live delivery plan by stakeholders to set out the clear ambition: 'to see smoking amongst adults reduced to 5% or lower by 2035'. The Alliance has a further ambition to 'make the harms of smoking a thing of the past for our next generation such that all of those born in 2022 are still non-smokers by their 18th birthday in 2040'.
4. The development of the vision and live delivery plan is the result of the partners of the Alliance undertaking the CLear Model an evidence-based improvement model. The four delivery themes are:
 - a) **Helping vulnerable groups to quit smoking** - We know that smoking is more prevalent in deprived communities and those with multiple needs, so working with people to develop seamless and easily accessible services for individuals to stop smoking is a priority.
 - b) **Effective regulation of Tobacco products** - Illegal, untaxed cigarettes and tobacco keep people smoking who would otherwise try to quit and are attractive to young people who want to experiment with tobacco. We will work to prevent illegal sales through intelligence gathering, enforcement and public communication.

- c) **Reducing exposure to second-hand smoke** - young people start smoking because they are exposed to other people smoking, live in environments where smoking is normalised, and have access to cigarettes and tobacco. We can prevent smoking uptake by young people by enforcing smokefree regulations and promoting smokefree homes and smokefree public environments and supporting adults to stop.
 - d) **Prevention & engagement with Children and Young People** - Action is required to prevent young people becoming smokers in the first instance to ensure the vision to have a smokefree generation is achieved. We need to reduce exposure to smoking and vaping to children and young people and ensure there is consistent messaging about the harms of smoking and vaping and continued enforcement of regulations that work to protect children and young people from the dangers of smoking.
5. The delivery themes will be progressed using a whole-systems approach. Tobacco is a priority for both Nottingham City and Nottinghamshire County Health and Wellbeing Boards and aligns with the Integrated Care Systems' priorities on reducing health inequalities too. The Alliance Group sets out to be a leading voice for Tobacco Control and will work with partners using a clear evidence base to achieve their ambitions.
 6. For further information, please contact Jo Marshall (jo.marshall@nottscc.gov.uk) for Nottinghamshire County Council, or Swathi Krishnan (swathi.krishnan@nottinghamcity.gov.uk) for Nottingham City Council.
 7. For support to stop smoking, please contact Your Health Your Way (website: <https://yourhealthnotts.co.uk/> , Telephone: 0115 772 2515 Email: yourhealth.notts@nhs.net)

Harmless Training

8. Public Health has commissioned Harmless to deliver suicide prevention, self-harm, suicide bereavement and mental health awareness training. The first wave of training was launched in December, with the sessions taking place January to April 2023. In the first 2 weeks of booking being open around 800 people have booked on to the training sessions, with January and February are already fully booked. There will be more dates of all sessions after the end of April.
9. Training is open to the voluntary and community sector, public health commissioned services, emergency services, adult social care, services who provide support to those who are financially vulnerable. Other target groups will be added in due course, and it is also open to councillors. The training covers;
 - Stigma and how to help reduce this
 - Adverse childhood experiences and impact of trauma
 - Prevalence and risk factors
 - Practical conversation skills and how to help someone to access support
 - What services are available and how they can help
10. To find about more and how to sign up please read this [digital newsletter](#).
11. Further sessions will be circulated with Board members once the details have been confirmed.

East Midlands NHS Gambling Harms Service

12. The East Midlands NHS Gambling Harms Service is a newly commissioned service which will be led by Derbyshire Healthcare NHS Foundation Trust. This is due to go live in April 2023. The clinics provide help to people with gambling addiction as well as those close to them such as family, partners and carers. Clinical teams are made up of psychologists, therapists, psychiatrists, mental health nurses and people who have recovered from gambling addiction themselves.

Bassetlaw Health and Wellbeing Update

13. **Time to Talk Day:** 60 health and wellbeing organisations came together at [The Skills Hub](#) to spend the afternoon networking. The event was organised by Bassetlaw District Council's Leisure and Wellbeing Service, in partnership with [Barnsley Premier Leisure](#) and [Bassetlaw Action Centre](#), and supported by [BCVS](#) and [Bassetlaw Place Based Partnership](#). 99 attendees spent the afternoon exchanging valuable information and learning about the health and wellbeing services on offer in Bassetlaw. The first talk was from [Mind](#) on the topic of mental health services and the second talk from [Centreplace](#) regarding LGBTQ+ Services and celebrating LGBTQ+ History Month. Both talks were well attended; with over 30 listeners attending each talk and 85 attendees scored the event 10/10. For further information on this event please contact katie.brown@bassetlaw.gov.uk.
14. **Kilton Feel Good Memory Group:** On the 27 January 2023 [Kilton Forest Golf Club](#) delivered their first session with 26 attendees and 3 volunteers, providing people living with dementia and their carers emotional support. The sessions start at 11am with a tea/coffee and attendees meet and chat with new friends, play games and enjoy 1 hour of entertainment (singer). A light lunch is provided too, all for £6 per person and the session finishes at 2pm. The sessions take place every 2 weeks on a Friday - Booking is required. Please contact Angela Dainty for further information Angela.dainty@bpl.org.uk.

Gedling Health and Wellbeing Update

15. **Killisick NHSEI Prevention programme:** Killisick, in Gedling, has been selected as one of five pilots in Nottinghamshire and Nottingham to be funded through NHSEI Prevention Programme to promote happy and healthy communities in areas where the greatest health inequalities exist. Key to the project is a community engagement approach to ensure purposeful and sustained approaches to tackle health inequalities through co-production. A series of conversations have been held with residents and stakeholders in the Killisick area to try and understand what it is like living there and any impact this has on people's wider health and wellbeing. There have been successful engagement days including a Summer Fair and a cost of living event where local residents were given the opportunity to talk to partners about living in Killisick. Following these events, key themes have started to emerge from conversations to shape long term sustainable solutions which will have a positive impact on residents' future health and wellbeing.
16. **Stay active for life at Gedling Leisure Centres:** [Active for Life](#) sessions include a range of classes designed for people living with, or recovering from, various health conditions including heart conditions, strokes, arthritis, mobility issues and more. The classes and the '50+' sessions (a good opportunity to try out lots of activities, followed by a social meet up) take place in a relaxed environment and are a great way to meet new people, while keeping active and

improving both your physical and mental health. **Find out more on the [Gedling Leisure website](#).**

Keep our Communities Safe & Healthy

8 March is International Women's Day: Developing a Violence Against Women and Girls Strategy for Nottinghamshire

17. Our Mission is to reduce the occurrence of violence against women and girls, bring more perpetrators to justice and increase support for all victims and survivors. Crimes such as domestic abuse, sexual violence including child sexual exploitation and honour-based abuse disproportionately affect women and girls. However, we recognise that men and boys are affected by these issues too. Violence against women and girls can have a major impact on victims in terms of mental health, substance misuse, homelessness, loss of employment and lower educational outcomes and life chances.
18. Nottinghamshire has a well-developed range of skilled specialist organisations working to meet the needs of victims and survivors, but there are opportunities to improve access to services among some communities and how effectively agencies work together. There are also opportunities to improve our knowledge of what works in tackling violence against women and girls and ensure that the work we do is evidence-led and robustly evaluated. A new [Violence Against Women and Girls Strategy](#) is being developed by the Office of the Police and Crime Commissioner for Nottinghamshire alongside experts from local organisations.
19. To take part and help shape the strategy please visit: <https://www.ibyd.com/vawg>. The consultation closes 30 March 2023.

Nottinghamshire Combating Substance Misuse Partnership Update (January 2023)

20. Cllr Scott Carlton has been appointed as the Chair of the Nottinghamshire Combating Substance Misuse Partnership, with Nottinghamshire Police and Crime Commissioner Caroline Henry appointed as Vice Chair. At its January meeting, the partnership agreed:
 - a) The proposal from Change Grow Live on how the voice of lived experience will be made a key part of the Nottinghamshire Combating Substance Misuse Strategy and Delivery Plan (under development).
 - b) To develop communications on how to refer to people who use drugs and alcohol to promote non-stigmatising language, and how the group is delivering our local strategy and delivery plan to share with partners and services.
 - c) The Supplementary Substance Misuse Treatment and Recovery Grant in 2023/24 and 2024/25 will be used on treatment and recovery posts to improve the treatment and recovery service for those who use drugs and alcohol (subject to approval by Nottinghamshire County Council).
21. The Partnership has proposed to bring a copy of its Substance Misuse Strategy and Delivery Plan to the Health and Wellbeing Board in April 2023.

[Multi-agency team established to support vulnerable residents](#)

22. A Vulnerable Adult Support Scheme is being pioneered in Kirkby-in-Ashfield, to help and support vulnerable residents under the Safer Streets initiative.
23. The scheme, which is unique to Ashfield, has been set up by Ashfield District Council, Nottinghamshire Police and the Office of the Police and Crime Commissioner for Nottinghamshire to assist residents with complex needs who are involved in crime, anti-social behaviour and exploitation. It is also designed to help victims or survivors of such behaviour.
24. The team is made up of domestic abuse, housing, social care, health, and housing specialists. It has so far provided intensive support to 17 residents who have presented with a combination of different support needs from mental health, domestic abuse, homelessness, unemployment and threats to life.

NATIONAL

[£200 million to improve walking and cycling routes and boost local economies](#)

25. Schools, high streets and main roads will benefit from improved crossings and junctions to support walking and cycling, reduce emissions and boost local economies, thanks to a £200 million fund announced in February 2023 by national government.
26. Active Travel England is today inviting local authorities in England to apply for funding to make improvements to enable people to choose active travel, which can help them save money and stay healthy. Schemes could include:
 - a) creating more paths in rural areas
 - b) developing safer routes for children to walk to school
 - c) improved safety at junctions for people walking and cycling
27. Funding will also be used to support people in wheelchairs and mobility scooters by making street designs more inclusive.
28. Projects will be designed in consultation with residents and businesses to ensure schemes are safe and work for local communities. The successful projects will be announced later this year. Guidance has been created to help local authorities develop active travel schemes that are well-designed and completed to a high standard.

Alcohol

[Evaluating the impact of minimum unit pricing \(MUP\) on sales-based alcohol consumption in Scotland at three years post-implementation](#)

29. This report and briefing paper published by Public Health Scotland, looks at the impact of minimum unit pricing (MUP) on alcohol sales in Scotland after three years of implementation.
30. MUP came into effect in Scotland in May 2018. Within the first three years, MUP has been effective in reducing alcohol consumption at the population level. MUP has had a positive impact in Scotland, reducing per-adult sales of pure alcohol in Scotland. In the same time period per-adult sales of pure alcohol has increased in England and Wales.

31. In Scotland, total alcohol sales have decreased too due to a decrease in sales of alcohol through the 'off-trade' (supermarkets and other shops). The decrease in total sales has not impacted sales through the on-trade (restaurants and bars).

[£53 million cash boost to improve housing support for drug and alcohol recovery](#)

32. National Government has announced 28 local authorities across England will receive funds to help people in drug and alcohol treatment. Funding will test the impact of providing additional housing support to improve recovery from addiction. This aims to strengthen commitment to reducing drug use, and improving treatment outcomes, as part of the government's 10-year drug strategy. People in alcohol and drug recovery will soon have access to housing support, helping to break the cycle of addiction and improve health outcomes. Up to £53 million will be allocated to 28 local authorities across all regions of England with the greatest need and allow new housing support schemes tailored to meet local need.

Mental Health

[No wrong door: A vision for mental health, autism and learning disability services in 2032: parliamentary briefing](#)

33. The NHS Confederation and Centre for Mental Health have worked together to produce a briefing for MPs based on their vision for mental health, autism and learning disability services in 2032.

[Connected: remote technology in mental health services](#)

34. This briefing published by the Centre for Mental Health, summarises evidence from six studies on the use of digital and telephone technology to deliver mental health services. It finds that using remote technology can improve access to mental health support for rural communities, disabled people or people needing a specialist service far from home. It also has potential to increase access and choice in mental health care. But it also risks exacerbating inequalities for people who are digitally excluded.

Health Inequalities

[Global report on health equity for persons with disabilities](#)

35. This report has been published by The World Health Organisation. An estimated 1.3 billion people – or 16% of the global population – experience a significant disability today. Persons with disabilities have the right to the highest attainable standard of health as those without disabilities. However, this report on health equity for persons with disabilities demonstrates that while some progress has been made in recent years, the world is still far from realising this right for many people with disabilities who continue to die earlier, have poorer health, and experience more limitations in everyday functioning than others. These poor health outcomes are due to unfair conditions faced by persons with disabilities in all facets of life, including the health system itself.

[Tackling inequality a priority as older population becomes more diverse](#)

36. New data from the 2021 Census shows that the older population in England is more diverse than ten years ago, though it is still not as diverse as the younger population. While the number of people aged 65 and older in the population as a whole has increased by 20% (to 10.4 million), the number of over 65s from Black, Asian and Minority Ethnic backgrounds has increased by 70% (to 698,000). Data on gender identity and sexual orientation in England and Wales was collected in the 2021 Census for the first time. Currently, one in five people who identify as trans, and one in eight who identify as LGB+ are aged 55 or over. Understanding this diversity is crucial because we know that inequality between different groups – whether those groups differ by ethnicity, sexual orientation or other characteristics – widens as people age.

[UK poverty 2023: the essential guide to understanding poverty in the UK](#)

37. This report published by the Joseph Rowntree Foundation, sets out recent trends in poverty across the UK and how levels of poverty differ between groups of people and regions. It also describes the impact it has on people's lives, including physical and mental health.

[Gypsies and Travellers in England and in Wales: lived experiences](#)

38. The Office for National Statistics has published this qualitative research, into the lived experiences of Gypsy and Traveller communities across England and Wales. It provides a detailed exploration of cultural identity and experiences both generally and with regard to key policy themes such as homes, health, education and employment, and justice.

[Long-term strategy launched to fix children's social care](#)

39. National Government has announced funding of £200 million over the next two years to support a new, ambitious and wide-ranging Children's Social Care Implementation Strategy that will transform the current care system to focus on more early support for families, reducing the need for crisis response at a later stage. The plan responds to recommendations made by three independent reviews by Josh MacAlister, the Child Safeguarding Practice Review Panel into the tragic murders of Arthur Labinjo-Hughes and Star Hobson, and the Competition and Markets Authority (CMA). The findings revealed the current care system is often fragmented, siloed, and struggling to meet the needs of children and families across England.

[£300 million investment in roll out of Family Hubs up to 2025](#)

40. Families across England will be offered help and support with issues such as infant feeding, mental health and relationship building with Family Hubs being rolled out in local communities.

41. 75 areas will benefit from the £300 million investment up to 2025, with the new hubs offering support from conception through to age 19, or up to 25 for children with special education needs and disabilities.

42. Previously these services could be disjointed and hard to navigate but family hubs will act as a 'one stop shop' to offer guidance and advice on a range of circumstances including, infant feeding, mental health support, health visits and parenting classes. Hubs will also bring together wider wraparound services that can make a huge difference to people who need extra support – such as advice on getting into work, relationship building and stop smoking services.

[4 in 5 teachers providing pupils with toothpaste and brushes](#)

43. A survey of secondary teachers by grassroots hygiene poverty charity Beauty Banks in partnership with the British Dental Association (BDA) revealed:

- a) 4 in 5 (83%) say they or their school have given students toothbrushes and toothpaste. 81% said there are children in their school who don't have regular access to toothpaste.
- b) 40% said this leads to students being socially excluded by their peers because of oral hygiene issues. Half report children isolating themselves. One third have witnessed bullying directly.
- c) 25% say children miss school because of poor oral hygiene. Three quarters (74%) said children who don't have regular access to oral health products have discoloured teeth. Half said children had noticeable tooth decay. 30% noted children in dental pain or suffering from halitosis.
- d) Nearly a third (31%) of teachers who witness poverty in the classroom said it affected their mental health. 1 in 4 are kept awake at night worrying about their students' wellbeing. 38% report feeling helpless.

44. You can read the full report [online](#).

Papers to other local committees

45. [Police and Crime Commissioners Update Report](#)

Nottinghamshire Police and Crime Panel
7 February 2023

Nottingham and Nottinghamshire Integrated Care System

46. [Board papers](#)

Nottingham & Nottinghamshire Integrated Care Board
9 March 2023

Nottinghamshire Police and Crime Commissioner

47. [Newsletter](#)

January 2023

Other Options Considered

48. None

Reasons for Recommendation

49. To identify potential opportunities to improve health and wellbeing in Nottinghamshire.

Statutory and Policy Implications

50. This report has been compiled after consideration of implications in respect of crime and disorder, data protection and information governance, finance, human resources, human rights, the NHS Constitution (public health services), the public-sector equality duty, safeguarding of children and adults at risk, service users, smarter working, sustainability and the environment

and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

Financial Implications

51. There are no financial implications arising from this report.

RECOMMENDATION

The Health and Wellbeing Board is asked:

- 1) To consider the update, determine the implications for the Joint Health and Wellbeing Strategy 2022-26 and consider whether there are any actions required by the Board in relation to the various issues outlined.

Councillor Dr John Doddy
Chair of the Nottinghamshire Health and Wellbeing Board
Nottinghamshire County Council

For any enquiries about this report please contact:

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Constitutional Comments (LW240/02/2023)

52. The Health and Wellbeing Board is the appropriate body to consider the content of the report.

Financial Comments (DG 27/02/23)

53. There are no direct financial implications arising from this report.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

- None

Electoral Division(s) and Member(s) Affected

- All