



Meeting HEALTH AND WELLBEING BOARD

Date Wednesday, 7 September 2022 (commencing at 2:00 pm)

Membership

Persons absent are marked with an 'A'

COUNTY COUNCILLORS

John Doddy (Chair)
A Sinead Anderson
Andre Camilleri
Scott Carlton
Sheila Place
John Wilmott

DISTRICT COUNCILLORS

David Walters - Ashfield District Council
A Susan Shaw - Bassetlaw District Council
Colin Tideswell - Broxtowe Borough Council
Henry Wheeler - Gedling Borough Council
A Abby Brennan - Rushcliffe Borough Council
A Tim Wildgust - Newark and Sherwood District Council
A Marion Bradshaw - Mansfield District Council
Stuart Richardson - Mansfield District Council

OFFICERS

Melanie Williams - Corporate Director, Adult Social Care and Health
Colin Pettigrew - Corporate Director, Children and Families Services
Jonathan Gribbin - Director of Public Health

NHS PLACE-BASED PARTNERSHIPS (PBP)

	Nicole Atkinson	-	South Notts PBP
	Victoria McGregor-Riley	-	Bassetlaw PBP
	Dr Thilan Bartholemeuz	-	NHS Nottingham and Nottinghamshire Clinical Commissioning Group
A	Oliver Newbould	-	NHS England and NHS Improvement

ICB

Dr Dave Briggs

LOCAL HEALTHWATCH

Sarah Collis - Healthwatch Nottingham & Nottinghamshire

OFFICE OF THE NOTTINGHAMSHIRE POLICE AND CRIME COMMISSIONER

A Sharon Cadell - Chief Executive, OPCC
Caroline Henry - Police & Crime Commissioner

OFFICERS IN ATTENDANCE

Sue Foley - Consultant in Public Health (via Teams)
Briony Jones - Public Health and Commissioning Manager
Pete Barker - Democratic Services Officer

MINUTES

The minutes of the last meeting held on 15 June 2022, having been circulated to all Members, were taken as read and were confirmed.

APOLOGIES FOR ABSENCE

- Councillor Sinead Anderson, Nottinghamshire County Council (Councillor Andre Camilleri deputises)
- Nicole Atkinson, South Notts Place-Based Partnership
- Councillor Marion Bradshaw, Mansfield District Council (Councillor Stuart Richardson deputises)
- Sharon Cadell, Office of the Police & Crime Commissioner (Caroline Henry, Police & Crime Commissioner deputises)
- Victoria McGregor-Riley, Bassetlaw Place-Based Partnership
- Councillor Susan Shaw, Bassetlaw District Council

DECLARATIONS OF INTEREST BY BOARD MEMBERS AND OFFICERS

Dr Thilan Bartholemeuz declared an interest in Item 7, Targeted Lung Health Check Programme, as he is the Clinical Director of the Programme, which did not preclude him from speaking or voting on that item.

CHAIR'S REPORT

The Chair introduced the report and informed members of the following:

- Given that the agenda for today's meeting features items dealing with mental health it seems appropriate to mention that Friday 9 September is World Suicide Prevention Day. The aim is to encourage people to talk about their problems and to access services. There are 67,000 suicides in the UK every year, which equates to one every 90 minutes, 75% of which are male with the majority of those being under 50 years of age. A GP, Dr Gail Milligan, recently committed suicide and this illustrates the pressures that those working in the NHS are currently facing. A 24 hour crisis helpline is available to those contemplating suicide.
- The NottAlone website (www.nottalone.org.uk) is an award-winning website which helps young people in Nottingham and Nottinghamshire to find mental health support and information in one place. In future there will probably be similar websites set up for adults and carers.
- A report on the recent workshop on tobacco will be brought to the next meeting of the Board in October.
- The experience of being a young child or their parent has changed significantly over time with couples generally co-habiting rather than marrying, digital use has expanded, and though mothers are working they still have the majority of child care responsibilities.
- Following the Board's next meeting there will be a workshop on homelessness. There are concerns that the problem will worsen as the cost of living rises,

increasing the numbers of people who will not be able to either buy or rent their own home.

Councillor Wilmott asked if it would be possible to publicise the NottAlone service via other media, for example, through the use of TV advertising. The Chair replied that it tended to be the older population that were not aware and that the NottAlone services were for younger people, though the social isolation of the elderly remained a challenge.

Councillor Place praised the services available via NottAlone and offered her support if required. The Chair informed the Board that improving people's health and reducing inequalities was a priority and emphasised the importance of looking at the transition of young people from care to adulthood.

RESOLVED: 2022/021

That the contents of the report be noted.

THE NOTTINGHAMSHIRE COMBATTING SUBSTANCE MISUSE PARTNERSHIP

The Chair spoke of the £3bn government initiative 'From Harm to Help' which will require a new partnership agreement and significant changes to targets.

Dr Jonathan Gribbin introduced the report and highlighted the following:

- Substance misuse is an enormous agenda and a priority in the joint health and wellbeing strategy agreed recently.
- In Nottinghamshire years of life are lost to death and disability, mainly through alcohol.
- Substance misuse has wider implications than just health related factors including for domestic violence. We are pleased therefore in NCC to work with such a wide range of partners.

Sue Foley then delivered a presentation on forthcoming changes and key points of the report, highlighting the following:

- National Government published its From Harm to Hope strategy in December 2021, with Local Guidance published in June 2022
- There is a requirement to set up a multi-agency partnership to implement the strategy and this forum will replace the current Substance Misuse Strategy Group.
- The new partnership will be expected to look at the bigger picture and link to other bodies such as the Domestic Abuse Partnership Board and the Safer Notts Board.

- Development requirements include agreeing the terms of reference for the partnership and governance structure; conducting a health needs assessment across all 3 ambitions of the strategy; agreeing a local drug strategy delivery plan; and agreeing a local performance network.

Following Sue Foley's presentation the Chair invited Caroline Henry to share the police's perspective and Caroline emphasised the importance of all partners working together.

Jonathan Gribbin informed the Board that central government had laid down the criteria about how the available funding could be spent.

Councillor Wilmott asked how the problem of substance misuse could be tackled and spoke of the possibility of increasing police powers.

Councillor Wheeler expressed his concern at the use of e cigs to tackle tobacco use as their use had become fashionable amongst young people despite the potential for addiction to them, the possibility of lung damage and the fact that they could be used in conjunction with marijuana. The Chair stated that e cigs are at least 95% safer than real cigarettes and that there are no carcinogens contained in e cigs.

RESOLVED: 2022/022

That the arrangements for the Nottinghamshire Combatting Substance Misuse Partnership be endorsed.

APPROVAL OF THE JOINT STRATEGIC NEEDS ASSESSMENT (JSNA) CHAPTER – SUBSTANCE ABUSE

Tristan Snowdon-Poole delivered a presentation on the key points of the Chapter and highlighted the following:

- 175,600 use substances frequently, of which 12,800 are dependent on substances, all of whom would benefit from a substance misuse intervention.
- Alcohol represents the greatest need. 91% of the 175,600 are drinking at levels that could harm their health and 66% of the 12,800 are alcohol dependent.
- Overall, alcohol-specific hospital admission rates in Notts are lower than the national average, though rates are higher in Mansfield and Ashfield.
- Alcohol-related hospital admission rates in Notts are higher than the national average in all Notts districts with the exception of Bassetlaw, for both males and females across all age groups.
- 4,500 people are in structured treatment, with 2,400 new referrals per annum. 20% exit the treatment drug and/or alcohol free with improvements having been made in their physical and mental health and in their social circumstances.

- Levels of drug use during the pandemic did not significantly change but there was an increase in drinking at home with an increase in consumption by those who drank and an increase in the number of referrals for treatment with a rise in the number of those referred who had more complex needs.
- Post pandemic, alcohol abuse represents the greatest need but the following need prioritising – education and prevention; reducing the supply of substances into communities; improving pathways for vulnerable individuals; improving data sharing between partners.
- Going forward there are 16 Recommendations grouped under the following 5 headings: governance; commissioning and service delivery; alcohol; prevention and early intervention; data.

Responding to a question from Councillor Walters, the Chair informed the Board that Buprenorphine was an opioid medication that had been used very successfully in Scottish prisons during the pandemic where its delivery had been changed from an oral form to an injectable one every 7 days.

Councillor Wilmott spoke of the huge problem that was substance misuse and called for the recruitment of more police officers, while also expressing his frustration that the sharing of data between partners was still proving problematical. Caroline Henry responded that the Police were not able to combat the problem alone and informed the Board of the 'Makes Notts Safe' initiative which had 3 priorities: Prevent, Respond Support.

Jonathan Gribbin endorsed the partnership approach referred to by Caroline Henry and stated the need for strong arrangements to be put in place with all partners, including Borough and District Councils, to support those in recovery once the funding becomes available.

RESOLVED: 2022/023

That the Substance Misuse (JSNA) Chapter, as attached as Appendix 1 to the report, be approved.

TARGETED LUNG HEALTH CHECK PROGRAMME

The Chair informed members that he had attended a presentation on the Programme recently and had been impressed how it is vulnerable people in areas such as Ashfield and Mansfield that are being targeted and that rolling out the Programme to other areas would be beneficial.

Simon Castle introduced the report and delivered a presentation that highlighted the following:

- The NHS Long Term Plan includes an ambition to diagnose 3 out of 4 cancers at an early stage by 2028

- The 5 year lung cancer survival rate in the UK is less than 13%.
- Prognosis for lung cancer is poor compared to most other cancers.
- This programme was launched in Mansfield and Ashfield in April 2021 and is due to be expanded into Nottingham City by October 2022.
- Early detection rates are increasing as a result of the Programme
- The people being screened initially are those aged between 55 and 74 who have ever smoked and who are registered with a GP practice in Mansfield & Ashfield
- This group are sent invitations to join the programme and if they accept an telephone triage is undertaken first where the person's level of risk is ascertained. Those classed as high risk will be tested, including undergoing a CT scan, and offered advice if they are still smoking. The results of the tests are assessed and any required hospital treatment accelerated.
- Smoking prevention is part of the Programme and all current smokers have the opportunity to speak to a smoking cessation adviser when undergoing their lung health checks. A lung health check and a CT scan take approximately 15 minutes in total.
- The service is mobile and goes out into the community.
- Resources have been put into communications to maximise engagement.
- 22,000 invitations have been sent out; 10,000 telephone assessments have been completed; 3,700 initial CT scans have been carried out and 30 cancers have been diagnosed.

Responding to a question, Simon informed the Board that only 30% of the smokers take up the option of seeing a smoking cessation adviser.

Councillor Place stated that she had been sent a letter saying she was a smoker when in fact she had never smoked in her life and asked that money was not wasted sending letters to non-smokers.

Councillor Richardson asked about residual health problems caused by industry and it was confirmed that the lung health checks are not designed to detect cancers exclusively with those experiencing non-cancer related problems being referred to the relevant services.

The strength of the evidence gained from the Programme in Mansfield & Ashfield suggests that the Programme will be rolled out widely in the future.

Lung cancer symptoms tend to be vague and unspecific. Sufferers do experience weight loss and loss of appetite but by this stage the disease is well advanced. Publicity has been used to raise awareness, for example the recent campaigns around coughing, but improved targeting is essential.

The diagnosis rate has risen compared to the pre covid period.

RESOLVED: 2022/024

That the contents of the report be noted.

APPROVAL OF THE PHARMACEUTICAL NEEDS ASSESSMENT (PNA) 2022-2025

Sue Foley delivered a presentation and highlighted the following:

- The Board has a statutory duty to assess the need for pharmaceutical services in its area and publish a statement of that assessment by October 2022.
- The Assessment looks at demographics and how the health needs of its population will change over a three-year period.
- A private company, PCC, were commissioned to undertake and produce the PNA with the support of a Steering Group.
- Following a 60-day consultation no concerns regarding non-compliance with regulatory requirements were found and no pharmaceutical service provision had been missed.
- Findings included the following: there are 163 pharmacies in Nottinghamshire; 22 are open for 100 hours a week; 7 are 'distance selling premises' ie providing a service over the internet; there are 6 dispensing appliance contractors in Nottinghamshire; 12 GP practices dispense to eligible patients.
- The main conclusion is that there are currently no gaps in the provision of pharmaceutical services
- The majority of the county's population live within a 20 minute drive of one of the pharmacies open for 100 hours a week.
- There is a potential problem in Retford where the provision of services on a Sunday between 10am and 4pm is under threat.

The Chair thanked Sue for her presentation and stated that he regarded pharmacies as under-utilised assets and that in an ideal world they would operate as mini surgeries.

Dave Briggs informed members that pharmacy, optometry and dentistry would move from being NHS commissioned services to ICB commissioned services, assuming that capability can be demonstrated, and that work will need to be undertaken to see how

access and outcomes can be improved with a locally based commissioning system in place.

RESOLVED: 2022/025

That the Pharmaceutical Needs Assessment (PNA) for 2022-2025 be approved and its publication by 1 October 2022 be authorised.

BETTER CARE FUND – SUBMISSION OF THE YEAR END REPORTING TEMPLATE

The Chair stated that in his opinion the BCF was the precursor to the ICS and could have become so had it been expanded. The Fund was instituted in 2013 and it was the first opportunity for money to be spent outside the NHS which facilitated joint working through the establishment of a single £100m budget, billions of which has subsequently been spent in this way over the years. It has been a mechanism for shifting monies from the NHS to community care and this sector may be the only way of relieving pressure on GPs, ambulances etc

Melanie Williams then introduced the report and highlighted the following:

- In addition to allowing the passing on of monies, the system has also been a way of receiving funds directly from central government
- There is a requirement to submit completed templates to the NHS first, meaning that it has not always been possible to obtain Board approval prior to expenditure. This report is asking for retrospective Board approval of a template agreed by myself, Amanda Sullivan and the Chair.
- The report also provides an update on the collaborative commissioning work that has taken place. There are already integrated arrangements in place for Learning Disability & Autism and Children's Commissioning and work is ongoing to develop similar arrangements for Mental Health & Care Health Management.
- Collaboration is now the term used rather than joint.
- The report is asking for approval to the use of reserves to progress adult social care reforms as there is no direct central funding for the required reforms.

The Chair thanked Melanie for her introduction and stated that the social care system is under severe strain as a result of increased utility costs and staffing crises and that the sector's role is crucial in reducing bed blocking through facilitating early hospital discharges, allowing independent living, and easing the burden on A&E units.

Councillor Tideswell pointed out that the NHS had been collaborating with social services since the mid-1970s when people were moved from being treated in psychiatric units to being treated in the community. The Chair agreed, stating that it was Enoch Powell when he was Health Secretary that began closing the old asylums.

Replying to a question from Councillor Richardson about the nature of the reforms Melanie Williams stated that they included the implications arising from the Green Paper, 'People at the Heart of Care', charging reforms, the fair cost of care, assurance and liberty protection. The report contains details of how the changes will be managed and our

readiness to do so. A report has been taken to Cabinet that explains the reforms in simple terms as it is a very technical area.

The Chair asked about the disparity in charges for nursing/rest homes levied on the Council and private individuals. Melanie replied that there is a paper going to the next ASCPH Select Committee which details the approach which aims at equality of charging by adopting a median approach which will mean that some individuals and authorities will gain and some will lose.

Councillor Richardson spoke of the problem of funding being spent on bureaucracy with monies not getting to those with the greatest need as a result.

RESOLVED: 2022/026

- 1) That the Nottinghamshire 2020-21 Better Care Fund End of Year reporting template that was submitted to NHS England on 27 May 2022, be endorsed.
- 2) That the use of Better Care Fund reserves to progress Social Care Reform until 31st March 2023, be approved.

WORK PROGRAMME

The Chair informed the Board that the meeting on 12 October will be a hybrid one with the meeting on the day to be followed by a workshop on the subject of homelessness.

RESOLVED: 2022/027

That the contents of the report be noted.

The meeting closed at 3:58pm

CHAIR