

16 November 2015**Agenda Item: 12****REPORT OF CONSULTANT IN PUBLIC HEALTH****CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH AND WELLBEING
TRANSFORMATION PLAN****Purpose of the Report**

1. The purpose of this report is to update the Committee on the development of the Nottinghamshire Children and Young People's Mental Health and Wellbeing Transformation Plan.

Information and Advice**Future in Mind**

2. In March 2015 the government published Future in Mind, a national taskforce report into children and young people's mental health. The taskforce considered ways to make it easier for children, young people, parents and carers to access help and support when needed and to improve how children and young people's mental health services are organised, commissioned and provided. The taskforce made a series of recommendations for transformation clustered around five key themes:
 - promoting resilience, prevention and early intervention: acting early to prevent harm, investing in early years and building resilience through to adulthood
 - improving access to effective support – a system without tiers: changing the way services are delivered to be built around the needs of children, young people and families
 - care for the most vulnerable: developing a flexible, integrated system without barriers
 - accountability and transparency: developing clear commissioning arrangements across partners with identified leads
 - developing the workforce: ensuring everyone who works with children, young people and their families is excellent in their practice and delivering evidence based care.
3. In August 2015 the Government announced that all Health and Wellbeing Board areas were required to develop a local transformation plan to describe how the recommendations of Future in Mind will be implemented. The deadline for these plans to be submitted was 16 October 2015. In line with the publication of the requirement to develop transformation plans, each Clinical Commissioning Group (CCG) was notified that they had been allocated additional investment to implement a child and adolescent eating disorder service in 2015/16 that is compliant with the newly published *Access and Waiting Time Standard for Children and Young People with an Eating Disorder*. Further funding for

improving children and young people's mental health and wellbeing services was also allocated subject to approval of the County's transformation plan. The total funding envelope for Nottinghamshire is outlined below:

| CCG | Initial allocation of funding for eating disorders and planning in 2015/16 | Additional funding available for 2015/16 when Transformation Plan is assured | Minimum recurrent uplift for 2016/17 and beyond if plans are assured. Includes £30m for Eating Disorders |
|-------------------------|---|---|---|
| | £ | £ | £ |
| Bassetlaw | 64,097 | 160,441 | 224,539 |
| Mansfield & Ashfield | 109,008 | 272,857 | 381,864 |
| Newark & Sherwood | 69,535 | 174,052 | 243,587 |
| Nottingham North & East | 79,219 | 198,294 | 277,514 |
| Nottingham West | 51,661 | 129,313 | 180,974 |
| Rushcliffe | 60,523 | 151,494 | 212,017 |
| Total | 434,043 | 1,086,451 | 1,520,495 |

4. The key objectives of the additional funding are to:

- build capacity and capability across the system so that measurable progress is made towards closing the health and wellbeing gap and securing sustainable improvements in children and young people's mental health outcomes by 2020
- roll-out the Children and Young People's Improving Access to Psychological Therapies programmes (CYP IAPT) so that by 2018, Child and Adolescent Mental Health Services (CAMHS) across the country are delivering a choice of evidence based interventions, adopting routine outcome monitoring and feedback to guide treatment and service design, and working collaboratively with children and young people
- develop evidence based community Eating Disorder services for children and young people with capacity in general teams released to improve self-harm and crisis services
- bring education and local children and young people's mental health services together around the needs of the individual child.

The Local Transformation Plan

5. In Nottinghamshire, the local transformation plan has been developed by refreshing and superseding the Children's Trust Emotional Health and Wellbeing Strategy 2014-2016. It incorporates the recommendations from the CAMHS pathway review, and thus delivers the following:
 - a. integrating current tier 2 and tier 3 services into one Community CAMHS service
 - b. implementing the Choice and Partnership Approach (CAPA) operating model and embedding the Children and Young People's IAPT principles into practice
 - c. integrating or aligning the CAMHS Single Point of Access with wider access arrangements for children's services
 - d. increasing provision for a primary mental health function to provide pre and post CAMHS support to tier 1 and universal services, including primary care and schools
 - e. investing in a Crisis and Extended Treatment Service that is aligned to an all ages Crisis Response Team.
6. The transformation plan will also incorporate existing work commenced through the Crisis Care Concordat in relation to the response to young people detained under the Section 135 of the Mental Health Act 1983.
7. As well as incorporating the recommendations from the pathway review, subject to approval, the new funding allocated will fund other priority areas such as building academic resilience amongst young people in schools, supporting acute paediatric settings for young people presenting in crisis and piloting universal access to online support such as counselling. Additionally, through the transformation plan, priority will be given to establishing a robust performance framework for children and young people's mental health services, incorporating core qualitative data as well as feedback from children, young people and families about their experience of the service they receive.

Next Steps

8. The transformation plan was submitted to NHS England for assurance on 16 October 2015. Pending successful assurance (to be confirmed prior to the Committee date), the funding will be released to CCGs to enable transformation activity to commence. Local areas will be required to report quarterly progress against spend and key performance indicators to NHS England. In terms of local governance, the Nottinghamshire transformation plan will be presented to the Health and Wellbeing Board in December 2015 and will be overseen by the Health and Wellbeing Board, with a multi-agency Children and Young People's Mental Health Executive driving progress against the plan.

Other Options Considered

9. None. All local areas were required to develop a transformation plan.

Reason/s for Recommendation/s

10. This report is for noting only.

Statutory and Policy Implications

11. This report has been compiled after consideration of implications in respect of crime and disorder, finance, human resources, human rights, the NHS Constitution (public health services), the public sector equality duty, safeguarding of children and adults at risk, service users, sustainability and the environment and ways of working and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

Implications for Service Users

12. The transformation plan will improve outcomes for children and young people experiencing mental health difficulties.

RECOMMENDATION/S

- 1) That the development of the Children and Young People's Transformation Plan be noted.

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Constitutional Comments

13. As this report is for noting only, no Constitutional Comments are required.

Financial Comments (SS 03/11/15)

14. There are no financial implications arising directly from this report.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

Nottinghamshire Children and Young People's Mental Health Strategy 2015-2020

Nottinghamshire CAMHS Pathway Review update to Children and Young People's Committee, 12 January 2015

Future in Mind - Department of Health, March 2015.

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf

Electoral Division(s) and Member(s) Affected

All.

C0720