

Appendix 2

Family Hub Networks in Nottinghamshire will be able to consolidate existing services and interventions which may include:

Antenatal and postnatal care – maternity clinics and appointments	Support groups for new parents	Health assessments	Breastfeeding support	Sleep programmes	Healthy Family Team appointments and clinics
Self weigh	Speech and language interventions	Help to access Childcare	Family support	School readiness interventions	Public health interventions
Youth training and employment	Volunteering opportunities	Parenting programmes	Money management	Supporting parents into employment	Contraception and Sexual Health Services
Counselling / emotional health support	Violence and domestic abuse advice and support	Reducing Parental Conflict interventions	SEND services up to 25 years	Smoking cessation and healthy lifestyles	Stay and play sessions
Peer support	Relationships and sexual health advice	Substance use advice, appointments and groups	Youth Services and activities	Welfare Rights	Social prescribing
Perinatal mental health support	C-Card Scheme	Housing advice and support	Signposting and referral to specialist service	FOOD Clubs	Links to sports and leisure activities