

NOTTINGHAMSHIRE DISTRICT COUNCIL CONTRIBUTIONS TO HEALTH AND WELLBEING

<u>Ref.</u>	<u>Health and Wellbeing Board "Goals"</u>	<u>District Council Activity to Support Goals</u>
1.	Reduce rates of smoking	<ul style="list-style-type: none"> • Work with New Leaf – workplace promotions, help lines • Workplace Health Awards for businesses • Enforcement of smoke free legislation
2.	Achieve downward trend in levels of excess weight	<ul style="list-style-type: none"> • G.P. Referral Scheme • Workplace Healthy Eating (Eatwell) • Community outreach work <ul style="list-style-type: none"> - holiday activity programmes - activity programmes for older people - community allotment service - community nutrition services
3.	Prevent and reduce substance misuse	<ul style="list-style-type: none"> • Confiscating alcohol from under 18's when drinking in public spaces • Raising awareness of 'Direct Access' clinics and needle exchange facilities • Working in partnership to raise awareness of substance misuse issues • Enforcement of Licensing conditions • Workplace training on alcohol misuse
4.	Improve services for children and young people with physical disabilities	<ul style="list-style-type: none"> • Administration of disabled facilities grants • Development of initiatives to enable people with physical disabilities to get involved in as many activities as possible, to include specific targeted sessions for the physically disabled • 'Wheelchair' Basket Ball • 'Want to Play' sessions • Inclusive gyms • Swimming lessons/clubs
5.	Improve children and young people's emotional wellbeing	<ul style="list-style-type: none"> • Working to ensure mechanisms are in place to provide support and guidance on a variety of issues from debt crisis to involvement in activities within the community, e.g. nutrition advice for homeless • Access to affordable leisure • Theatre programmes in disadvantaged areas
6.	Improve the quality of life for individuals with physical or sensory impairment or disability, increasing their opportunity to	<ul style="list-style-type: none"> • Continually working to encourage the involvement of physically or sensory impaired and disabled individuals in community groups, especially when grant funding has been awarded. • Tele-care Service

	contribute to and take part in wider society and community	<ul style="list-style-type: none"> • Equality Policy is working to address inequalities
7.	Reduce inequalities leading to and arising from mental health	<ul style="list-style-type: none"> • Ensure relevant programmes of activities are in place for persons suffering from mental health issues and to actively help engage them to join in • Work in liaison with Kings Mill Hospital, Millbrook Unit
8.	Improve the quality of life and quality of care for older people, ensuring appropriate access to services closer to home to improve health and wellbeing and maintain independence	<ul style="list-style-type: none"> • Support and services for older people <ul style="list-style-type: none"> - alarms service - Tele-care and Tele-health - handyman's services • Review aids and adaptations as necessary • Disabled facilities grants
9.	Improve participation and attainment in learning up to age eighteen and reduce the achievement gap between vulnerable groups and their peers	<ul style="list-style-type: none"> • Work in partnership to assist in providing help and support with education, employment and training issues • Apprenticeship Schemes • Work Experience • Summer Jobs Shop
10.	Increase the use of early intervention techniques to improve community engagement, reduce domestic violence and prevent children and young people offending through reducing substance misuse	<ul style="list-style-type: none"> • Identification of programmes and support mechanisms to assist in the reduction of domestic violence, substance misuse, training, education, etc. • Parenting Support Officers • Temporary Accommodation and Support Services
11.	Prevent crime and offending, including violent and serious acquisitive crimes and reducing substance misuse by adults	<ul style="list-style-type: none"> • Continue effective partnership working with the Police <ul style="list-style-type: none"> - C.C.T.V. Services - Neighbourhood Warden Service
12.	Increase the confidence and satisfaction of local communities through reducing anti-social	<ul style="list-style-type: none"> • Work in partnership with various agencies to help provide social activities and address issues arising from anti-social behaviour • Neighbourhood Warden Services

	behaviour, victim support and ensuring an effective response to community safety issues	<ul style="list-style-type: none"> • C.C.T.V. Services • Noise Nuisance Enforcement Services
13.	Create sustainable communities and environments that promote and enable healthy living and wealthy lifestyles	<ul style="list-style-type: none"> • Maintain Environmental Health and Licensing legislation • Encourage healthy eating and a healthy living environment