

12 February 2018**Agenda Item: 9****REPORT OF CONSULTANT IN PUBLIC HEALTH****ANNUAL REFRESH OF LOCAL TRANSFORMATION PLAN FOR CHILDREN
AND YOUNG PEOPLE'S EMOTIONAL AND MENTAL HEALTH****Purpose of the Report**

1. To advise the Committee on the refreshed local transformation plan for children and young people's emotional and mental health.

Information

2. Local areas, led by clinical commissioning groups (CCGs), have been required to have a system-wide local transformation plan (LTP) for children and young people's emotional and mental health since 2015. The full LTP can be found at the link below. This plan, which covers from 2015 to 2021, is the third iteration, covering Nottingham and Nottinghamshire, in line with the Sustainability and Transformation Plan. Progress in implementing the plan was last reported to the Children and Young People's Committee in February 2017. The plan was approved by Clinical Commissioning Group governing bodies in line with NHS England requirements, at the end of 2017. The plan is system-wide and as such covers services commissioned and provided by the two local authorities (public health and children's services functions), local clinical commissioning groups and NHS England. Progress in implementing the plan is reported to Children and Young People's Committee in the context of the local authority's role in relation to safeguarding children and young people.

<http://www.nottinghamshire.gov.uk/care/childrens-social-care/nottinghamshire-childrens-trust/mental-health>

3. Achievements made over the last year in implementing the plan to improve children and young people's emotional and mental health include:
 - mobilising new services such as Kooth online counselling. In the first two quarters of 2017/18, 608 young people registered with the website, and 88% of these young people returned after their initial log in
 - mobilising Safe Time therapeutic support for children who have been sexually abused or exploited (jointly commissioned by the local authority and CCGs). The contract was awarded in July 2016, however the service did not go live until November 2016. Between November 2016 and November 2017 48 young people commenced a support package. There have been significant workforce issues for this service, however the provider is now in a position where the service is fully staffed with additional counselling resource available. Referral numbers have also reduced over

the past six months; in order to address this the service is actively marketing Safe Time to stakeholders and partners to remind them of the service offer and referral pathway.

- establishing a primary mental health service within Child and Adolescent Mental Health Services (CAMHS) to support schools, GPs and Healthy Family teams with case consultation and training
- establishing a crisis resolution and home treatment team within CAMHS in order to provide assessment and intensive support to young people in mental health crisis in the community. There has been some impact on outcomes, with fewer City and County young people admitted to in-patient mental health beds between 2015/16 and 2016/17 (95 to 74)
- piloting youth work sessions at King's Mill Hospital, providing support for young people on the paediatric wards with emotional health needs, and promoting engagement in community activities post-discharge.

4. Challenges remain in ensuring that all children and young people in need of support have timely access to an appropriate level of emotional or mental health services. As of 12 December 2017 (latest available data) average waiting time (weeks) from referral to assessment is 3.9 (CAMHS South), 3 (CAMHS North) and 3.2 (CAMHS West). Average waiting time (weeks) from referral to treatment is 10.1 (CAMHS South), 9.9 (CAMHS North) and 8.1 (CAMHS West). Maintaining and where possible improving waiting times will continue to be a key focus over the next year.
5. There are a number of pilot projects underway which will come to fruition in 2018:
 - improving links between schools and CAMHS through the engagement of approximately 60 schools across Nottinghamshire in the CASCADE project led by the Anna Freud National Centre for Children and Families
 - piloting speech and language therapy within the CAMHS team supporting young offenders, with the aim of better supporting those with speech, language and communication needs
 - rolling out CAMHS liaison in the emergency department at Queen's Medical Centre and mainstreaming the existing pilot at King's Mill Hospital so that young people who attend hospital emergency departments in psychological or psychiatric distress can receive a timely assessment within an hour of arrival
 - piloting a dynamic modelling tool for place based commissioning to inform decision making in relation to what capacity is needed where in the children's workforce in order to meet children's emotional health needs as early as possible
 - engaging young people in the development of our priorities around young people's mental health through involvement in the national MH:2K project, through which we are training local young people as citizen researchers to engage their peers around mental health.
6. Further areas for development in 2018 include further developing the emotional health support provided to looked after children and young people and working to improve the emotional health support to care leavers. This work will be undertaken as part of the refreshed looked after children and care leavers partnership strategy.
7. A green paper on children's mental health was published in December 2017 and proposes a much greater focus on the role of schools in supporting children's mental

health and wellbeing. Proposals include the establishment of a designated lead for mental health in schools, mental health support teams wrapping around schools and colleges, and a proposed referral to treatment maximum waiting time of four weeks for children in need of specialist mental health support. The consultation closes on 2 March 2018, however the proposed changes included within the green paper support the direction of travel already outlined with the local transformation plan.

Other Options Considered

8. No other options have been considered. This plan is line with NHS England planning requirements.

Reason/s for Recommendation/s

9. Children and young people's emotional and mental health is an issue for all services working with children and young people across local government, health, schools, police and voluntary, community and independent sectors. This is reflected in the content of the local transformation plan. It also falls within the Council's statutory duties in relation to safeguarding children and young people.

Statutory and Policy Implications

10. This report has been compiled after consideration of implications in respect of crime and disorder, data protection and information governance, finance, human resources, human rights, the NHS Constitution (public health services), the public sector equality duty, safeguarding of children and adults at risk, service users, smarter working, sustainability and the environment and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

Financial Implications

11. The services outlined in the plan are funded by individual partner and service budgets. There are no additional financial implications arising directly from this report.
12. It is a requirement of the Local Transformation Plan to publish each partners' spend. These figures can be found in the 'Accountability and Transparency' section on page 19 of the LTP.

Implications in relation to the NHS Constitution

13. Implementation of this plan is in line with NHS Constitutional Standards.

Public Sector Equality Duty implications

14. Implementation of this plan will contribute to reducing health inequalities for vulnerable children and young people.

Safeguarding of Children and Adults at Risk Implications

15. Implementation of this will plan will contribute to reducing the risk of harm to children and young people with emotional or mental health needs.

Implications for Service Users

16. Implementation of this plan will improve the response of services to children and young people with mental health needs and thus improve outcomes.

RECOMMENDATION/S

That:

- 1) Members consider whether there are any actions they require in relation to the issues contained within the local transformation plan.
- 2) Members agree to receive an update report on progress with implementing the plan in six months' time and that this be included in the work programme.

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Constitutional Comments (SLB 11/01/18)

17. Children and Young People's Committee is the appropriate body to consider the content of this report. If Committee resolves that any actions are required it must be satisfied that such actions are within the Committee's terms of reference.

Financial Comments (SAS 01/02/18)

18. There are no financial implications arising directly from this report.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

Nottinghamshire CAMHS Pathway Review update – report to Children and Young People's Committee on 12 January 2015

Children and Young People's Mental Health and Wellbeing Transformation Plan – report to Children and Young People's Committee on 20 February 2017.

Future in Mind. Department of Health. March 2015.

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf

Five Year Forward View for Mental Health.

Electoral Division(s) and Member(s) Affected

All.

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