

Proposals to improve vocational, day and social inclusion services for people in Nottinghamshire



November 2006

What is the purpose of this document?

This document describes the review of day, social inclusion and vocational services, part of a wider review to modernise community services in Adult Mental Health (City and South). The review started in October 2005 and reached its recommendation stage at the Trust Board in September 2006 where it was agreed to formally consult on the proposal to develop a Wellbeing and Social Inclusion Service.

The purpose of the review is to:

- Deliver services meeting national guidance on day and vocational services and to maximise opportunities for social inclusion. These services will include a range of opportunities including drop-in and support groups, as well as training and employment opportunities. We aim to support the range of service users who currently use our services.
 - Ensure that services best meet the needs of the service users by being available to all community teams and providing in-reach to inpatient services.
 - Ensure that vocational services are offered across a continuation from a meaningful day to paid employment and are a central part of every service users care plan.
 - Ensure services are accessible to Black and Minority Ethnic Communities, and other groups who sometimes find it difficult to access services such as the deaf community.
 - Ensure the most effective use of resources.
- The aim of this leaflet is to explain very simply what the proposals for change are. This will allow you to express your views. A much more comprehensive full consultation document is also available, which gives greater detail on the background to the proposals.
- This three month consultation is being carried out by Nottinghamshire Healthcare on behalf of the NHS East Midlands Strategic Health Authority. Throughout the three month period, service users, carers, members of the public, members of staff and other NHS and partnership organisations are encouraged to comment on the proposals outlined in this document. There are a number of ways to do this and more details are given on pages 6 and 7.

Why are changes necessary?

It is recognised that any changes to the way in which services are delivered can create a worrying time for service users, carers and relatives.

The review of community services in Adult Mental Health (City and South) has been overseen by a steering group which reported to the Adult Mental Health Modernisation Board. The steering group has been chaired by a Clinical Director.

There were three associated multi-disciplinary, multi-agency work streams:

- Rehabilitation and Recovery (RR).
- Primary Care Liaison (PCL).
- Well Being and Social Inclusion (SI).

Each group had agreed terms of reference in relation to the tasks in hand and at the appropriate point in the process came together to form a single group to refine, integrate and finalise the recommendations for change. An interim report on day services was presented to the Modernisation Board in Spring 2006.

Why are we suggesting changes?

National Policy

The future model proposed reflects the following national guidance which is firmly evidence based. The two key guidance documents are:

- Vocational Services for People with Severe Mental Health Problems; Commissioning Guidance (DWP/DH 2006).
- Modernising Day Services; a checklist for providers to bring about change (DH 2006).

Local Findings

An audit of current health and social service day, social inclusion and vocational services took place in February 2006. The

audit showed that across current services there were gaps in provision for:

- Younger users.
- Black and Minority Ethnic groups.
- Service users requiring out of hours provision.

The audit did show that across services the development of women only space and activities had enabled services to be accessible to women service users. Care Programme Approach audits within Nottinghamshire Healthcare show that vocational aspirations are not central to the care planning and review process.

A mapping of group activity across day services identified duplication of activity and also indicated that there are opportunities to develop user led services.

Proposals

It is recommended that services currently provided by the Broad Street Centre, Heathcote Arts, the Community OT Team, Vocational Bridge builders and SPAN reconfigure to form a Wellbeing and Social Inclusion Service. Day centres and health and social care community groups would potentially integrate with this service.

This service will be central to the care packages of community service users and ensure that vocational aspirations in the widest sense are addressed. The service will also reach into inpatient services.

The Wellbeing and Social inclusion Service will have a central role in reaching into all community services and linking with mainstream community services. It would be accessed from a single referral route.

A Wellbeing and Social Inclusion Service will provide support in the following domains:

- Arts and culture.
- Sport and leisure.
- Education.
- Volunteering.
- Employment.

Each area will have a clinical lead and a bridge builder and will be supported by Support Time and Recovery Workers (STR). Bridge builders aim to provide sustainable opportunities for people with mental ill health to access a range of social, learning, arts, volunteering, employment, sports and leisure opportunities across Nottingham in a non discriminatory manner that encourages social integration and community inclusion.

They play an active role in the positive promotion of mental health. The bridge builders develop opportunities with community organisations. They aim to reduce social exclusion and promote the integration and inclusion of people with mental health problems into society and allow individuals to achieve their hopes and ambitions through positive community opportunities.

All clients are assessed and offered opportunities based on their need and ability, focusing on their strength and capacities.

Existing staff from the Broad Street Centre, Community Occupational Therapy Team, Volunteering and Education Bridge builders and design and woodwork areas at SPAN would be badged to the Arts and Culture, Sports and Leisure, Education and Volunteering domains. The remaining staff from SPAN and an increased number of Employment Bridge builders will develop the employment domain. STR workers will provide individual and group support across all domains.

The Trust is committed to:

- Build partnership working with service users, carers, local authorities, Jobcentre Plus, social enterprises, voluntary organisations and employer organisations to promote positive vocational outcomes for people with mental health problems.
- Foster social enterprises to meet the needs of people who do not aspire to open employment through partnership with the voluntary and private sectors, in line with national guidance.
- Regard paid employment as the norm for adults of working age, and to offer at all levels (inpatient,

Transition Team to make sure that current service users are offered extra support

Future Services:

Wellbeing and Social Inclusion Service



community and day care) services which do not prevent people from working.

- Treat paid employment as a key indicator of recovery from mental health problems.
- Monitor effective care planning in relation to employment.
- Monitor rates of employment and work-related activities for people who are treated by clinical teams.
- Be exemplary in the recruitment, retention and promotion of people with mental health problems as employees within the Trust.

This strategy has been informally discussed with our partners and commissioners, and it will now be formally presented to the Overview and Scrutiny Committee, the Lead Commissioners, the County Local Implementation Team, the City Core Commissioning Group and the Patient and Public Involvement Forum.

It is recognised that a transitions team will operate to support service users through these changes. This will ensure that all service user and carers directly affected by these changes will have robust, vocationally centred care plans in place and an acceptable alternative service offered.

What does consultation mean?

Consultation means asking people for their views, and listening to what they say before deciding whether or not to go ahead with any changes.

Section 11 of the Health and Social Care Act 2001 places a legal duty on the NHS to involve and consult patients and the public in the planning and development of health services and in making decisions that affect the way those services operate. This duty has been a legal requirement since January 2003. In February of that year the Department of Health published

the policy and practice guidance, 'Strengthening Accountability', to help the NHS to carry out the new duty.

'Involving and consulting' has a particular meaning in the context of Section 11. It means discussing with patients and the public their ideas, your plans, their experiences, why services need to change, what they want from services, how to make the best use of resources and so on. It is more about changing attitudes within the NHS and the way the NHS works than laying down rules for procedures.

How to make your views known

Comments can be made in a number of ways:

We are holding two public meetings where you will be able to express your views:

Tuesday 5 December 6-8pm
The Involvement Centre
Duncan Macmillan House
Porchester Road, Nottingham

Wednesday 6 December 11.30-1.30pm
Central Methodist Church,
Lower Parliament Street, Nottingham

In writing

You can write to:

Dr Mike Harris, Acting Chief Executive
Nottinghamshire Healthcare NHS Trust
The Resource, Duncan Macmillan House
Porchester Road, Nottingham NG3 6AA

By telephone
0115 993 4567

By email
involve@nottshc.nhs.uk

If you need additional copies of this document, or if you wish to receive a copy in large print, on tape, in a language other than English, or if you need someone to provide more information about the plans described in this document, please contact The Communications Team on 0115 993 4530.

All comments will be acknowledged and must be received by 31 January 2007. All who were consulted on the proposed changes will be informed of the outcome of the consultation during February 2007. This document refers to people that use services as 'service users' and the people that support them as 'carers'. We have used this wording throughout for consistency and continuity. We understand that our choice of words may not be everyone's preferred phraseology.

Let us have your views...

I agree with this proposal

I agree with this proposal but have some concerns

I disagree with this proposal

Tear this page off and post it to the freepost address overleaf. You do not need a stamp. Please complete your contact details so we can acknowledge your reply:

Name

Address

email

NO STAMP
NEEDED

Freepost MID30082
Involvement Team
Nottinghamshire Healthcare
NHS Trust
Nottingham
NG3 6ZX