

Meeting: Nottinghamshire Health and Wellbeing Board

Date: Wednesday 12 October 2022 (commencing at 2:00pm)

Membership:

Persons absent are marked with an 'Ap' (apologies given) or 'Ab' (where apologies have not been sent). Substitute members are marked with a 'S'.

County Councillors

John Doddy (Chairman)
Sinead Anderson
Scott Carlton
Sheila Place
John Wilmott

District and Borough Councillors

	David Walters	-	Ashfield District Council
Ap	Susan Shaw	-	Bassetlaw District Council
	Colin Tideswell	-	Broxtowe Borough Council
	Henry Wheeler	-	Gedling Borough Council
	Marion Bradshaw	-	Mansfield District Council
	Tim Wildgust	-	Newark and Sherwood District Council
	Abby Brennan	-	Rushcliffe Borough Council

County Council Officers

Ap	Colin Pettigrew	-	Corporate Director for Children and Families Services
Ap	Melanie Williams	-	Corporate Director for Adult Social Care And Health
	Jonathan Gribbin	-	Director for Public Health
S	Heather Bennet	-	Executive Officer, Children and Families Services

NHS Partners

Ap	Dr Dave Briggs	-	Nottingham and Nottinghamshire Integrated Care Board
	Dr Thilan Bartholomeuz	-	Mid-Nottinghamshire Place-Based Partnership
Ab	Lorraine Palmer	-	Mid-Nottinghamshire Place-Based Partnership
	Dr Nicole Atkinson	-	South Nottinghamshire Place Based Partnership

Ap	Helen Smith	-	South Nottinghamshire Place-Based Partnership
Ab	Dr Eric Kelly	-	Bassetlaw Place Based-Partnership
Ab	Lee Edell	-	Bassetlaw Place Based-Partnership
Ab	Oliver Newbould	-	NHS England

Healthwatch Nottingham and Nottinghamshire

Ap	Sarah Collis	-	Chair
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Nottinghamshire Office of the Police and Crime Commissioner

Ap	Sharon Cadell	-	Chief Executive
S	Dan Howitt	-	Head of Strategy, Research, Information and Assurance

Substitute Members

Heather Bennet for Colin Pettigrew
 Dan Howitt for Sharon Cadell

Officers and colleagues in attendance:

Briony Jones	-	Public Health and Commissioning Manager, Nottinghamshire County Council
Adrian Mann	-	Democratic Services Officer, Nottinghamshire County Council
Catherine Pritchard	-	Consultant in Public Health, Nottinghamshire County Council
Jane Roberts	-	Senior Public Health and Commissioning Manager, Nottinghamshire County Council

1. Minutes of the Last Meeting

The minutes of the last meeting held on 7 September 2022, having been circulated to all Members, were taken as read and were confirmed and signed by the Chairman, subject to the following amendment:

- Item 4: “There are 67,000 suicides in the UK every year” is corrected to “There are 6,000 to 7,000 suicides in the UK every year”.

2. Apologies for Absence

Dr Dave Briggs
 Sharon Cadell
 Sarah Collis
 Colin Pettigrew
 Councillor Susan Shaw
 Helen Smith
 Melanie Williams

3. Declarations of Interests

No declarations of interests were made.

4. Securing a Smokefree Generation for Nottinghamshire

Catherine Pritchard (Consultant in Public Health at Nottinghamshire County Council) and Jane Roberts (Senior Public Health and Commissioning Manager at Nottinghamshire County Council) presented a report on securing a smokefree generation for Nottinghamshire. The following points were discussed:

- a) Smoking is a longstanding issue and its associated risks are well known – it has a wide impact on health, wellbeing and the ability to enjoy a long and healthy life. Smoking is the leading cause of preventable illness and premature death in England and it is one of the main causes of health inequality across Nottinghamshire, where there are high concentrations of smokers in certain parts of the county. Smoking disproportionately affects the poorest and most vulnerable in society, especially those with mental health issues, and it represents a particular risk during pregnancy.
- b) There is a clear need for targeted intervention in the places of greatest vulnerability, and tobacco control is a priority area of the Joint Health and Wellbeing Strategy. A workshop was held by the Board in July to review the current scale of smoking, the emerging trends, the lived experience and how services can be best provided in the context of the NHS Long-Term Plan. Partners were asked to participate in the Tobacco Control Alliance, support the updated Tobacco Declaration and agree to the vision to work together to create a smokefree generation for all communities in Nottinghamshire by 2040. A Framework for Action has been established for all partners, to drive forward in their individual organisations.
- c) Work is underway to tackle smoking dependency and to help people move away from smoking, including through therapy services. Effective tobacco control mechanisms will require interventions at the civic, community and service level. The 'Stoptober' national campaign is being used to improve the uptake of the services available to help people quit smoking.
- d) Consideration is being given to how commissioned services can play a part in ensuring that e-cigarettes are used as a tool for smoking cessation and harm reduction for existing smokers. Potentially, some individuals (and particularly younger people) who have never smoked have taken up e-cigarettes, so it is important that this issue is also addressed. Other forms of smoking (such as shisha) nevertheless result in exposure to carcinogens as they involve deep inhalation, and so still have a significant negative impact upon health.
- e) It is important to develop consistent messaging on vaping, while taking into account the national policy position on e-cigarettes. Currently, e-cigarettes are not classed as a medical product. They are controlled through the Tobacco and Related Products Regulations and are subject to product safety and testing standards. However, illegal vaping products do exist and powers of enforcement are in place. Illicit tobacco is also a serious issue and work is underway to combat this.

- f) The Board asked what statistics are available on the number of people who start vaping without having been a smoker previously, and advised that consideration should be given to the pricing and availability of e-cigarettes and their availability to young people. Members considered that a proactive approach is required to discourage both smoking and vaping, particularly amongst young people, and that there is an opportunity for the Board membership to participate in the existing engagement activity taking place in schools on this issue, to highlight that vaping is not a safe alternative to smoking. The Board requested that members promote the School Health Hub Intent programme to their local secondary schools.
- g) The Board noted that smoking can be symptomatic of other wider personal and social pressures such as anxiety, stress and mental ill health, and that targeted support in addressing these broader issues of wellbeing could contribute to preventing people from taking up smoking.
- h) The Board emphasised that tobacco and nicotine are highly addictive, and that smoking can result in very complex illnesses that may become impossible to cure. Members recommended that, as such, everything possible must be done to prevent people from taking up smoking, while early medical screening is vital for people who do smoke to seek to identify and address symptoms of lung cancer at the earliest stage possible.
- i) The Board noted, however, that the rates of smoking are now much lower than they have been in the past, so strong improvements have been made and partners should continue to work together closely to further slow the rate of people taking up smoking.

Resolved (2022/028):

- 1) To approve and adopt the vision 'To work with our local partners to create a smokefree generation for all communities in Nottinghamshire by 2040.'
- 2) To sign up to the Nottingham and Nottinghamshire Tobacco Declaration and to agree to take relevant action on smoking and tobacco, and for the previous signatories to recommit to the Declaration.
- 3) To commit to actions arising from the Challenge, Leadership and Results (CLear) process and the Nottingham and Nottinghamshire Framework for Action (as set out in Appendix 2 to the report).
- 4) To ensure that partner organisations have identified tobacco-related outputs and outcomes (as set out in Appendix 2) that they will deliver on, and to add these to the organisational pledges (as set out in Appendix 1).
- 5) To review and endorse the consensus statement on e-cigarettes (as set out in Appendix 3).

5. Work Programme

The Chairman presented the Board's current work programme.

Resolved (2022/029):

- 1) To note the work programme for 2022/23.

There being no further business, the Chairman closed the meeting at 2:37pm.

Chairman: