



Nottinghamshire Sustainability and Transformation Plan (STP): emerging themes

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Context

Transformation Programmes have been delivered through:

- Mid Nottinghamshire “Better Together”
- Greater Nottingham “Together We Care”
- 4 x Vanguards (Multi-speciality Care Provider, Primary and Acute Care System, Care Homes, Urgent Care)
- 2 x Integration Pioneer Programmes

Now moving towards a strengthened footprint through STP development

Strengths

- Strong history of partnership working
- Strong leadership from clinical and non clinical professionals from health and social care
- History of delivery and innovation

Areas for Development

- Continuing to drive transformation through collaborative commissioning
- Transcending organisational boundaries
- Workforce transformation

Transformation Underway

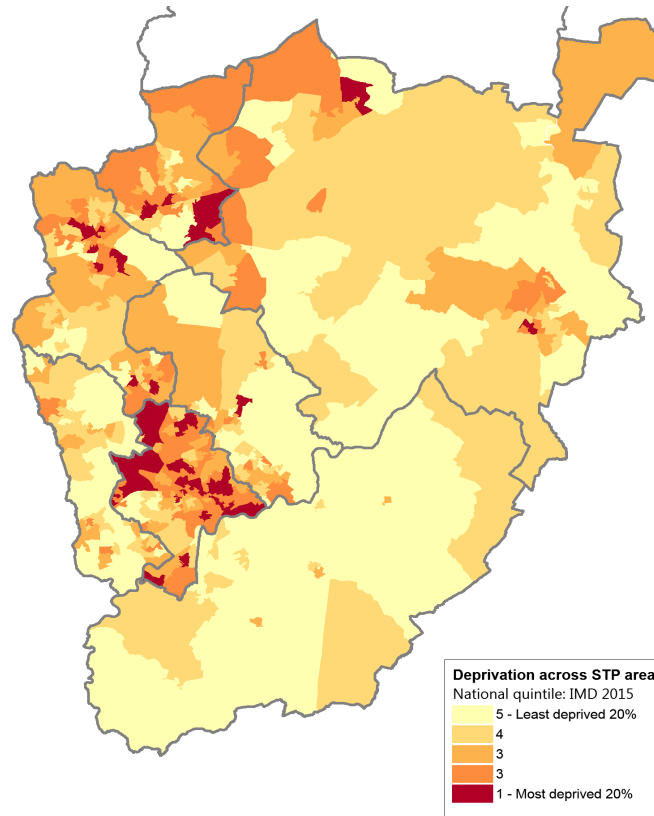


- Vanguards and other initiatives driving integration
- Developing out of hospital care models including mental health
- Development of multi disciplinary teams in primary care
- Successful development and implementation of Better Care Fund plans
- Formal partnership between Nottingham University Hospitals and Sherwood Forest Hospital
- Innovative engagement with local communities

Nottinghamshire and Nottingham at a glance

Characteristics

- Local resident population of approx. 1,001,600 people
- Total spend £2.1 billion
- Diverse, growing and ageing population
- Local people want:
 - Support to stay well and independent
 - Quality care, with more services in or close to home
 - Joined-up services, that will be there for future generations



The System

8 Local Authorities

- Nottinghamshire County and districts
- Nottingham City (unitary)

6 CCGs

- Nottingham City
- Nottingham North East
- Nottingham West
- Rushcliffe
- Mansfield and Ashfield
- Newark and Sherwood

NHS Providers;

- Nottinghamshire Healthcare Trust
- Nottingham University Hospitals
- Sherwood Forest Hospitals
- Primary Care
- OOH
- Ambulance

Patient flows into bordering areas

Strategic Oversight of STP development

CCGs
Local Authorities
NHS Provider Trusts
Healthwatch

**Nottinghamshire
Steering Group**

**Health and
Wellbeing
Boards**

Co-ordination of STP Development

STP Lead & STP Programme Director
CCG Chief Officer representatives
NHS Provider representatives
CCG and Local Authority Transformation Director
representatives and PMO

**STP Operational
Oversight Group**
with task and finish groups for
Nottinghamshire issues as
required

**Local Economy Plan
Development**

**Mid-Nottinghamshire
Alliance Board**

**Greater Nottingham
Partner Board**

A sustainable, high quality health and social care system that improves the health and wellbeing of the local population



People will be supported to develop the confidence and skills to be as independent as possible.

People will remain at home whenever possible. Hospital, residential and nursing homes will only be for people who need care there.

Resources will be shifted to preventative, proactive care closer to home. Services will be proactive and fleet of foot.

Transcend organisations to ensure care is centred around individuals and carers.

Collaborative working to meet population health and care needs, focussing at system not organisational level.

Opportunities for Nottingham and Nottinghamshire

1. We can go further and deeper in our analysis of the gaps presented in the NHS Five Year Forward View tripe aim: Health and Wellbeing, Care and Quality, and Finance and Efficiency. We can investigate in more detail some of the key issues in practice and how we can improve outcomes to make the most of the public purse.
2. We can work together on big ticket items which support implementation of local innovations. These big tickets will be things that we can coalesce around across the whole of Nottingham and Nottinghamshire which will have more impact as we are doing them collectively.
3. We can collectively change the culture across Nottingham and Nottinghamshire to ensure that we deliver the necessary changes.

Nottingham and Nottinghamshire STP
Key Themes



Health and Wellbeing

Care and Quality

Finance and Efficiency

Care, treatment and support

Consistent and universal application of key pathways and practice

Prevention, self care and promoting independence

Mental Health

Enabling workstreams

Workforce

Technology Enabled

Estates

Finance

Service Configuration

Innovation

STP triple aim

- **Health and Wellbeing**
 - Ambition to be amongst the most improved areas for healthy lives in the country
 - Health and Wellbeing Strategies to address wider determinants of health and promote healthy lifestyle and environment e.g. diabetes prevention, physical activity, Wellbeing at Work scheme
- **Care and Quality**
 - Consistent and equitable standards of care for all
 - Single approach to quality and sustainable acute hospital care
 - Single approach to planning and delivery to meet needs of citizens
 - Oversight of place based plans
- **Finance and Efficiency**
 - Projected 5-year financial gap under a do-nothing scenario c. £500 million
 - STP as the route to gain clarity on the pathway to financial sustainability as a system

Emerging STP Hypotheses (1/2)



1. Care, treatment and support

- *Aim – to support the right care in the right place at the right time (first time) for citizens with long-term conditions and key population groups.*
- *Rationale – early intervention will delay the need for more expensive treatment.*

2. Prevention, self-care and promoting independence

- *Aim - Reducing levels of chronic disease across the population, and sharing the responsibility for health and wellbeing across the system.*
- *Rationale – prevention and encouraging self-care will support better health outcomes for our citizens and reduce demand on statutory services across the system.*

3. Consistent and universal application of key pathways and practice

- *Aim – to utilise the evidence base and apply best practice to key pathways across the system.*
- *Rationale – reduction in clinical variation and variation on outcomes for citizens to maximise health and care outcomes for citizens and reduce demand/expenditure.*

4 Mental Health

- *Aim – to ensure wellness across the population, and achieve parity of esteem and improve physical health outcomes for those with acute mental health problems.*
- *Rationale – to improve citizens health and care outcomes, and reduce demand on statutory services.*

Emerging STP Hypotheses (2/2)



5 Workforce

- *Aim – to adopt a single approach to workforce across Nottingham and Nottinghamshire to ensure that the workforce is mobilised to deliver future services in a timely manner.*
- *Rationale – working together will ensure consistency across the system leading to better patient care and outcomes.*

6 Technology Enabled

- *Aim – implementation of Local Digital Roadmap*
- *Rationale – working together will ensure consistency across the system and improve the effectiveness of key pathways.*

7 Estates

- *Aim - to ascertain the extent of available assets with a view ensuring that we have the right assets to deliver our priorities.*
- *Rationale - enhanced collaboration will enable better use of key assets*

8 Finance

- *Aim - maximise assets, resources and efficiency opportunities to ensure that the system is sustainable.*
- *Rationale – aligned with the Finance and Efficiency triple aim*

9 Service Configuration

- *Aim – to support a sustainable outcome focussed health and care provider sector*
- *Rationale – to maximise efficiency opportunities across the system.*

10 Innovation

- *Aim –maximise the impact of the public sector and ensure as many of our priorities develop radical outcomes through the effective implementation of new thinking and new technology*
- *Rationale – achieving radical outcomes requires radical actions which will only be achieved by thinking and acting differently*