

**3 December 2019****Agenda Item: 4****REPORT OF THE CHAIRMAN OF HEALTH SCRUTINY COMMITTEE****NHS ENGLAND SOCIAL PRESCRIBING MODEL****Purpose of the Report**

1. To introduce a briefing on social prescribing.

**Information**

2. Social prescribing focuses on non-clinical activities (i.e. not medications or formal therapies) to help people of all ages manage their health and wellbeing through a person-centred approach that focuses on what matters to them.
3. Social prescribing helps people find ways to manage their health and wellbeing by connecting them to wider community support and activities that meet their emotional, physical and social needs, and deal with some of their underlying causes of ill health. This encompasses a wide range of possible activities such as exercise schemes, arts, educational courses, social activities and practical services, such as benefits advice.
4. A written briefing from the Nottinghamshire Integrated Care System is attached as an appendix to this report.
5. Amy Callaway, Programme Manager, Universal Personalised Care Programme, Nottinghamshire Integrated Care System will attend the Health Scrutiny Committee to present the information and answer questions, as necessary.

**RECOMMENDATION**

That the Health Scrutiny Committee:

- 1) Considers and comment on the information provided.

**Councillor Keith Girling**  
**Chairman of Health Scrutiny Committee**

**For any enquiries about this report please contact: Martin Gately – 0115 977 2826**

**Background Papers**

Nil

**Electoral Division(s) and Member(s) Affected**

All