

Adoption means something different to each person

It may affect you differently:

- if you are black or a member of a minority ethnic group
- if you or a member of your family is disabled
- if you are gay or lesbian
- if your experience of adoption began recently or a long time ago.

Support After Adoption seeks to offer support to you whatever your situation.

What we can offer

We are a team of qualified social workers and volunteers from diverse ethnic backgrounds. We have personal and professional experience of adoption. Our post-adoption service is usually free of charge.

We offer a range of services including:

- appointments to discuss your situation
- groups where you can meet others with similar experiences
- activity groups for adopted children
- counselling and therapy
- individual support packages for adoptive families
- advice and information
- consultation and training for professionals.

How to contact us

By Phone

(0115) 978 7376

Monday: 9.30 am – 1.00 pm

Tuesday: 6.00 pm – 9.00 pm

Thursday: 1.00 pm – 4.00 pm

During these times we can usually answer calls personally.

There is a 24 hour answerphone.

By Post

Support After Adoption
Melrose House, Waverley Street
Nottingham NG7 4HF

By Email

support.afteradoption@nottscc.gov.uk

For information about adoption services visit our website:

www.nottinghamshire.gov.uk/adoption



Nottinghamshire
County Council

Support After Adoption



Many people's lives are affected by adoption ...

Are you:

- an adopted person?
- a birth relative separated from someone by adoption?
- an adoptive family?
- a professional working with adoption?

We can help ...



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If you have adopted a child

- Do you need support and advice as your adopted child grows up?
- Do you feel your child's early life is having an effect on them now?
- Is it sometimes difficult to talk about adoption in your family?
- Do you need advice about contact with birth relatives, including Letterbox?
- Is your child having difficulties in school?
- Would you like to talk about getting up to date information for your child about their birth family?
- If your child is grown up and has contacted their birth family, would you like to talk about how you feel?
- Have you adopted a black child, a child with a disability, an older child or siblings?
- Is your child from overseas?
- Are you a step-parent who has adopted your step-child?

We can help ...

If you are adopted

- Would you like to talk to someone about being adopted?
- Do you want information from your adoption records?
- Do you need help and advice with tracing birth family members?
- Are you a black person who was adopted into a white family?
- Would you like to talk to other adopted people?
- Would you like someone to act as a link between you and your birth family?
- Do you need support after a reunion?
- Are you under 18? Would you like to meet other adopted children and young people or talk individually about being adopted?

We can help ...

If you are a birth relative

- Has your child or a member of your family been adopted?
- Are you seeking information about a brother or sister who was adopted?
- Do you want to talk in confidence about your loss?
- Would you like to talk to others who have had the same experience?
- Do you need advice about contact with your child and their adoptive family?
- If both you and your adopted relative are over 18 would you like to discuss how you might be able to contact them?
- Has your relative traced you?
- Do you need advice and support before or after a reunion?

We can help ...

We have leaflets available with details of services for each group.
Please ask for copies.

For the latest advice and information from the Support After Adoption service join our mailing list (contact details overleaf).