

Seven steps to being in control of your support*



Step one - Your needs

Through an *assessment* you can find out

- if you are entitled to help
- how much money you can get to meet your needs.



Step two - Making your plan

Once you know how much money you have you will need to decide your *support plan*. We can help you do this. The plan must meet your goals - we call this *meeting your outcomes*.



Step three - Getting your plan agreed

The next step is for us to agree your plan.



Step four - Organising your money

The money is for your support and is called a *Personal Budget*. It can be paid to you, or to someone who can help you look after it (a person, a Trust, an organisation or a care manager).



Step five - Organising your support

Next, your support needs to be organised - you can do this yourself or we can help you as little or as much as you need.



Step six - Living your life

With your support in place you can now live your life the way you want to.



Step seven - Seeing how it worked

You have to show that you use the money properly and that it has met your outcomes.

We call this a *review*. This is a chance to check how things are going and to see if any changes are needed.