

Welcome to our Putting People First Newsletter



	<p>Paul McKay Programme Director for Putting People First Adult Social Care and Health</p> <p>Adult Social Care and Health in Nottinghamshire is changing.</p>
	<p>Putting People First</p>
	<p>This is how the Government sees social care in the future.</p>
	<p>The aim is to give people more control and choice over how they get their support</p>
	<p>The newsletter will keep you up to date with what is happening</p>



We will be working with you, the people who use our services and carers, to make sure we get things right.



What we think Self Directed Support should be



We think Self Directed Support:



Will put the people of Nottinghamshire at the centre of a better social care system.



Will enable people to have more choice and control over their lives.

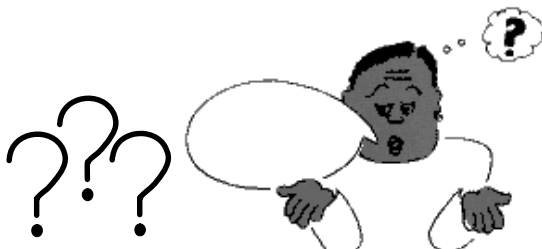
	<p>We think that everyone should be able to:</p>
	<ul style="list-style-type: none"> • Live the way they want
	<ul style="list-style-type: none"> • Make their own choices
	<ul style="list-style-type: none"> • Take risks if they want to
	<ul style="list-style-type: none"> • Be free from abuse and neglect



We will work together with service users, carers and other agencies to make sure that high quality services are delivered.
By putting the person at the centre of their assessment and through the introduction of Person Budgets





We think this will offer people more choice and control to help them get what they want






Have we got it right?



We want to know what you think.

	<p>Does it make sense to you?</p>
	<p>Is this what you would like us to do?</p>

	
	<p>Building on our excellent services</p>

	<p>Nottinghamshire is a 3 star Authority, this is the highest number of stars a council can get for the services it provides</p>
	<p>County Councillor Alan Rhodes Cabinet Member for Adult Services and Health</p> <p>“As a three star Authority, we are already one of the best performing councils in the country.</p>
	<p>Although we have been judged as providing an excellent service in many areas, we want to continue to improve the support and help we provide.</p>

	<p>We know people want to remain in their own home for as long as possible.</p>
	<p>We also know people want early support to avoid a crisis happening in the first place.</p>
	<p>To build on the excellent services we provide, we have set up a programme to implement Putting People First, the Government's new vision for social care."</p>

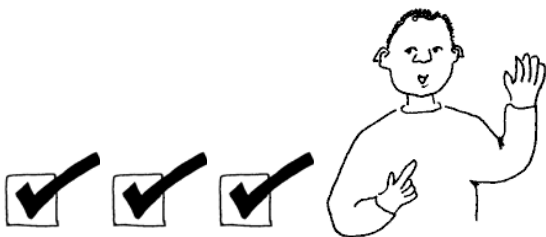


David Pearson
Corporate Director
Adult Social Care and
Health

“The main aim of **Putting People First** is to help people stay healthy and live as independently as possible.



At the heart is the focus on prevention and helping people to fully recover after illness.



If people do need support they should receive high quality services and have greater choice and control in deciding how the support is provided.”



**Mick Burrows
Chief Executive
Nottinghamshire County
Council**

"I am personally committed to ensuring that when people come into contact with the County Council, they go away thinking 'that was excellent'.


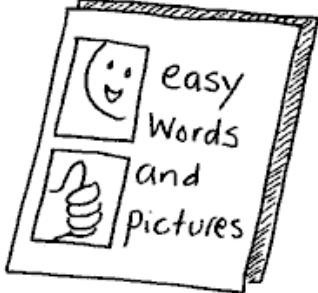





The **Putting People First** project will deliver this and I am excited by the changes ahead."



**Terry Gallagher
A service user**

"I am proud to be associated with a Council that is keen to put disabled people first and is working so hard to help people's independence and improve their quality of life."

	
	<p>What will Putting People First mean for you?</p>

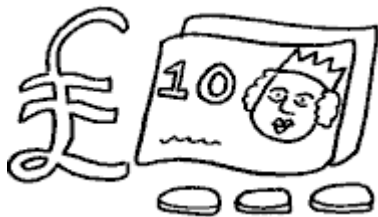
	<p>Putting People First means you will have more choice and control over the service you get</p>
	<p>This is about you making your own choices about the support you need.</p>
	<p>How will I get more choice and control?</p>



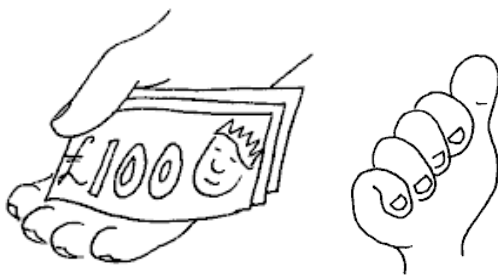
Through something called **Self Directed Support**, people who are eligible to get social care will be given a **Personal Budget** (money you get for your services to meet your needs)



Self Directed Support is based on an assessment.



After the assessment you will be given a Personal Budget, this is based on your needs.



You will know up front how much money you can get to pay for your support



Using a **support plan** you will decide how you want to spend that money to meet your needs and live your life your way.



For example, you might want to employ someone to:



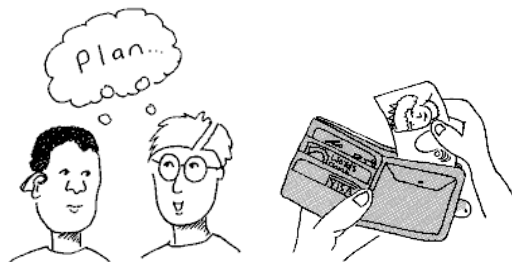
To support you at home or trying a new sport or hobby



What help can I get?


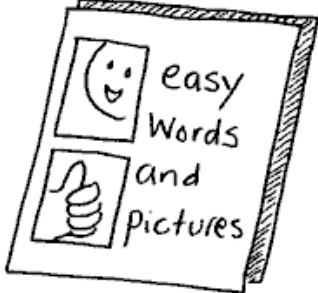


Staff from the County Council or Voluntary sector will be there to help you:







Plan and manage your money (budget) to get the care and support that is right for you

	<p>It is up to you to choose how much you want to be involved and the amount of help you want</p>
	<p>But, you do have to show that you have used the money:</p> <ul style="list-style-type: none"> • Properly • It has met your goals (outcomes)
	<p>This review is an opportunity to check how things are going and to see if any changes are needed</p>
	<p>When will this happen?</p>
	<p>In Nottinghamshire, we aim to get all new people eligible for social care on a Personal Budget from October 2010 and people already getting services by 2011</p>

	
	<h2>The 7 easy steps to being in control of your support</h2>

	<h3>1 Your needs</h3> <p>Through an assessment you can find out:</p> <ul style="list-style-type: none"> • If you are entitled to help • How much money you can get to meet your needs
	<h3>2 Making your plans</h3> <p>Once you know how much money you have you will need decide on your support plan.</p>
	<p>The plan must meet your goals-we call this meeting your outcomes</p>

	<p>3 Getting your plan agreed</p> <p>Now we have to agree your plan</p>
	<p>4 Sorting out your money</p> <p>The money is for your support and is called a Personal Budget.</p> <p>It can be paid to you, or someone who can help you look after it.</p> <p>A person, a Trust, an organisation or a care manager.</p>
	<p>5 Organising your support</p> <p>Next your support needs to be arranged.</p> <p>You can do this yourself or we can help you as little or much as you need</p>
	<p>6 Living your life</p> <p>With support in place you can now live your life you want to.</p>

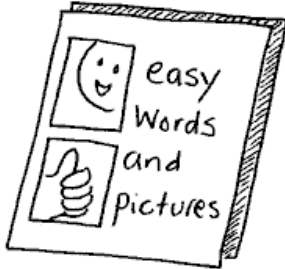


7 Seeing how it worked

You have to show that you use the money properly and that it has met your outcomes.

We call this a review. This is a chance to check how things are going and to see if any changes are needed

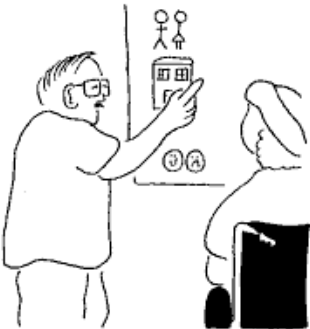
Based on In Control model. In Control is a national organisation helping people get real choice and control. It supports local authorities to deliver Self Directed support



How to get more information



There will be a lot of information telling you about the changes



It is important that you keep up to date with what is happening








The best way to do this is to visit our website

www.nottinghamshire.gov.uk/puttingpeoplefirst.



At the website you will find more information and be able to tell us what you think

	<p>You can also find our newsletters on the website</p> <p>You can get the newsletter and an easy read version by downloading it from the website</p>
	<p>You will be able to ask questions, make suggestions and leave comments</p>
	<p>If you can not do this yourself ask the people who support you to help</p>
How to contact us	
	<p>Tel. Lynne Cutts</p> <p>0115 977 3234</p>
	<p>The Self Directed Support Team. Adult Social Care and Health Nottinghamshire County Council Rc2.65 County Hall West Bridford Nottingham NG2 7QP</p>


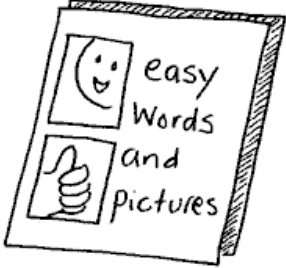


Email:

selfdirectedsupport@nottsc.gov.uk

Website:

www.nottinghamshire.gov.uk/puttingpeoplefirst

	
	<p>Help us get it right</p>

	<p>Help make our services better by telling us what you think and sharing you experiences</p>
	<p>Look out for Self Directed Support events for service users and carers</p>
	<p>Events will be happening all over Nottinghamshire</p>

	<p>You can find out about these events by looking on the council's website</p> <p>or</p> <p>Looking at leaflets and posters</p>
	<p>You can also ask people who support you tell you of any events</p>
	<p>We are doing everything we can to get a system in place that works for you and brings positive outcomes</p>
	<p>Self Directed Support is about helping you to live the life you want</p>
	<p>So your views are really important to us</p>